



Manitoba Child Care Association

2 - 2350 McPhillips Street

Winnipeg, MB R2V 4J6

(204) 586-8587 or Toll Free 1-888-323-4676

Fax: (204) 589-5613 email: info@mccahouse.org

Visit us online at www.mccahouse.org

2024 WINTER **Workshop Brochure** *Professional Development*



Welcome to the Winter Workshop Series

Welcome to our winter workshop series. We are happy to offer 60 workshops this series. We are continuing with offering in-person workshops and zoom. We have brought back a few workshops that sold out in the fall series quickly and we have a bunch of new workshops. We have also added some information into the brochure about who the workshop is suitable for. So if the workshop is geared for those working with infants someone working with school age children won't sign up, we hope that is helpful in registering for workshops.

Please ensure that you register early to avoid missing out on any workshop that you are hoping to attend. Most workshops are capped at 30 participants and canceled if registration is below 10.

Prior to registering, please read over the workshop descriptions. Ensure you note how the workshop is being delivered as refunds will not be provided. Make sure to read the description so you know if the workshop being offered is the right fit for you and meets your professional development goals.


Information about registration and payment is below. Information about certificates and substitutions is on pages 3 & 4.

If you have any questions about the workshops, please contact Karen Kowalski at 204-336-5062 (toll-free in MB at 1-888-323-4676 ext. 224) or kkowalski@mcchouse.org.

If you have any questions about registration or substitutions, please contact Dianne at 204-336-5065 (toll-free in MB at 1-888-323-4676 ext. 227) or djonespearson@mccahouse.org.

WORKSHOP DELIVERY

The brochure is divided into three parts: In-Person Workshops, Zoom Workshops, and SECD online workshops and are listed chronologically for each type.

In-Person Workshops (pages 6 - 28): Most of these will be held at MCCA. Please watch for the finger icon.  This indicates that the location is elsewhere. In-person workshop participants will receive a paper certificate at the end of the workshop and a paper evaluation.. Make sure the name is the person who is attending and not who is doing the registering

Zoom Workshops (pages 30 - 43): These workshops are all virtual. A reliable internet connection is required for zoom workshops. Please note the zoom policies listed on page 24. Zoom workshop participants will receive an electronic certificate and the link for the survey on the next business day.

SECD Online Workshop (page 45)

HOW TO REGISTER AND PAY

If you are paying by credit card then you must use our online registration. Go to www.mccahouse.org, click on the professional development button, select workshops and then click on the link to access the online registrations. Please avoid using auto-fill when registering online.

If you are paying by cheque, please complete the registration form (found online) and mail it with your cheque to MCCA. If you are registering people from the same centre, you can fill out one registration form for everyone.

You can also come to MCCA during our office hours to drop off your completed registration form and pay by cash, cheque, or debit/credit.

Please ensure that registration has the correct email address and the correct spelling of the participant's name.

WHERE TO FIND US

MCCA is located on the second floor of the Royal Bank Building on the corner of Court and McPhillips Street.

Manitoba Child Care Association
2 - 2350 McPhillips Street
Winnipeg, Manitoba R2V 4J6



POLICIES

Prior to registering for workshops, please read the workshop policies, particularly cancellations and substitutions. The policies can be found on page 46.

PARKING

There is no parking allowed in the parking lot at the strip mall at 1021 Court. If you park there, your vehicle will likely be towed. There is no parking permitted in the Royal Bank Parking lot (this includes evenings and Saturdays).

Next to 1021 Court Medical Centre parking lot is a paid parking lots. It is \$8.00 for the full day. You may also download the hangTag app and pay via Visa debit or credit card. There is limited street parking available.



****MCCA is not responsible for towed vehicles. Ensure you are parking in the paid parking lot or on the street. ****

WORKSHOP CERTIFICATES

Please ensure when you register someone for a workshop the name is spelled correctly. That is how it will appear on the certificate. Errors made by the person doing the registration will result in a \$10.00 charge to have a new certificate issued.

When you attend an in-person workshop, you will receive a paper certificate of participation. Zoom participants will receive an electronic certificate. Each certificate will have the amount of workshop hours on it to help you track your professional development hours. Best Practices recommends 24 hours of professional development each year.

Replacement certificates for workshops are available for \$10.00 each.

If you are attending Best Choices: Ethics Part II, III, or IV, you will need to bring your certificate with you or mail it in to MCCA to receive your sticker and have it signed.



SUBSTITUTIONS

MCCA does not offer refunds for workshops. If you are unable to attend a workshop for any reason that you have registered for, you can send someone in your place as a substitute. Contact Dianne Jones at MCCA at 204-336-5065 or djones@mccahouse.org. Substitutions must be made by 3:00 pm the day of the workshop for workshops held Monday – Thursday or 3:00 pm on Friday for Saturday workshops.

FEELING UNDER THE WEATHER?

If you are not feeling well, have a fever, coughing, achiness, or sore throat, we ask that you **do not** attend your in-person workshop to reduce the chance of infecting others. If you cannot attend a workshop that you are registered for (for whatever reason, illness or other), there are no refunds. You can send a substitute in your place. Please see above and refer to the workshop policies on page 46 for more information.

GETTING THE MOST OUT OF YOUR WORKSHOP

At MCCA we strive to provide our members with professional development opportunities that are relevant, presented by professionals, and offer opportunities to learn. We want your workshop experience to be an uplifting and valuable one so we have a few suggestions that can help you accomplish this.

Professional goals: You are looking over the workshop line up and deciding what workshops to take. What factors help you to decide what workshops to take? Do you have a goal to work on, are you looking for new ideas on a specific topic, or are you just filling professional development hours?

Arrive on time: Once you have signed up for a workshop, jot down the time and date on a calendar so you remember to attend your workshop on time or log on before the workshop begins. MCCA does not send out reminders. Put a note that if the workshop is in-person and where or if its via zoom

Venture out: People who work together over a period of time will usually have the same work philosophies, experiences, ways in which things get done, etc. How about spreading your wings and connecting with people you don't know? Try sitting with new people or use the break out room as an opportunity to connect with new people, learn from each other, share your ideas, and network.

Participate: If you have signed up for a workshop, it is your obligation to fully participate in that workshop. This can be difficult after a long work day but you will only get out of the workshop what you put in. Sharing your experiences may provide someone else with a solution to a dilemma that they have encountered or maybe your story will give someone a boost, or just a much needed laugh. A Zoom workshop is a live event and participation is expected. Zoom workshops are not webinars.

Evaluate: In order to provide you with quality workshops, MCCA needs your feedback. It is important for us to know what you thought about your workshop, the presenter, and what type of workshops you would like to see offered in the future. Please take the time to complete the online evaluation you are sent after the workshop.

PROFESSIONAL DEVELOPMENT BROUGHT TO YOUR DOOR!

Are you looking for a workshop that would benefit your staff? Are you looking for some professional development for a staff meeting or a staff retreat? Have you attended a workshop and wished your entire staff heard the same message? If you answered yes to any of these questions then perhaps we have the solution. You can contact MCCA to arrange for your personalized professional development. This service is available to child care centres across the province and can be delivered by Zoom or in-person.

Benefits of your own personalized professional development opportunity:

- Everyone hears the same message
- Reduced cost – the cost to bring someone in for 35 people is cheaper than registering 35 people for a workshop
- Topic specific to your needs
- Flexibility with dates and times

MCCA has an extensive database of presenters, many of which have been presenting professional development for many years. Due to this consistent relationship with us, the presenters may be able to provide a discounted rate through MCCA. In 2023, MCCA has organized almost 50 personalized PDs for programs throughout Manitoba. The most popular workshop topic is Team Building.

What do you need to do to book a workshop?

Contact Karen Kowalski at kkowalski@mccahouse.org and provide the following information:

- Topic you are seeking
- Number of staff that will participate
- Possible dates and times for your event
- Budget
- * In-person or Zoom

What MCCA will provide:

MCCA will search our presenter database to match your topic & budget and we will provide the following:

- Initial contact of the presenter
- Contract with the presenter
- Organize audiovisual, handouts, etc.
- Invoice the centre
- Provide participation certificates for your staff
- Provide evaluation forms
- Payment of the facilitator

Cost for the service is dependent on length of event and number of attendees.

If you have questions or are interested in having MCCA book your next professional development event, contact Karen Kowalski at kkowalski@mccahouse.org or 204-336-5062 or toll free 1-888-323-4676 ext. 224.

After the wonderful news of receiving the Quality Enhancement Grants, my plan was to provide a full 1-2 day professional development day for my employees. One of my first thoughts was the work involved in organizing such a large event for up to 110 employees. Shortly after, an email circulated from Karen Kowalski at MCCA in regards to personalized professional development. The email was exactly at the right time and what I was looking for. I was so excited to touch base with Karen and start planning! To my delight, Karen was able to provide exactly what I was looking for. It was easy and I was truly impressed with the entire process. I let her know the topics I was interested in and the type of mini retreat I had in mind. All we did was show up, she organized every detail, including the amazing guest speakers, an agenda with times including a brief description of topics, hotel rooms and meals. Karen is a gem and I am so happy that I reached out to her. Any questions I had through the process, she was there for me. Our personalized Rainbow Day Nursery event was a huge success because of Karen's hard work, knowledge and professionalism!

Thank you Karen from all of us at Rainbow!!!

*Brenda Charriere, Executive Director
Rainbow Day Nursery Inc.*



IN-PERSON WORKSHOPS



***Please ensure you make note of where
your in-person workshop is located.***

***Not all in-person workshops
are held at MCCA.***

Experience Forest School In Partnership with FortWhyte Alive



EXP - 001

Saturday, January 27, 2024

10:00 am - 2:00 pm

EXP - 002

Saturday, April 6, 2024

10:00 am – 2:00 pm

Suitable for: All

PD Hours: 4

Have you ever wanted to Play the Forest School way?

Join Leah around the fire and in the woods for a few hours of storytelling, risk assessments and of course, free-play.

For us adults that free play could look like anything from tool use, cooking with fire, skill development, hiking, fort building, and whittling.

Following the principles of Child-led Emergent Curriculum, we will co-create the day's activities and flow based on the needs of the individuals and the group.

Let us not forget that personal development is professional development and it's our job to have fun.

Closing our session as tradition, with journalling and a sharing circle.

Things to Bring:

- Something to write on/in
- Something to write with
- Weather-appropriate gear
- An idea about what you'd like to learn/do
- Reusable mug (if you want a warm bevvy)



FACILITATOR: Leah Smith, after completing her Forest School Practitioner course at FortWhyte in 2016, Leah has brought her passion for nature-based learning everywhere she goes.

With nearly 20 years of experience and an honours diploma in Early Childhood Education, Leah has found inspiration in many settings of early learning. From large centres, to Montessori schools, to private multi-family care, to her own entrepreneurial Forest School sessions along the riverbanks of Winnipeg, her commitment to outdoor child-led curriculum runs deep. Leading workshops on risky play and the forest school ethos for independent childcare centres and professional development conferences has also been a big part of her career in recent years. Leah is a mother of two young teens who love exploring new and familiar places in nature, in their neighbourhood, along with a few annual road trips

WORKSHOP DELIVERY: In-Person

LOCATION: Fort Whyte Alive - Forest School
(Field Station)
Parking Information to follow.



COST: \$50.00 MCCA Member
\$100.00 Non-member

Working Collaboratively in a Cross Cultural Workplace

WOR - 001
Wednesday, January 31, 2024
6:30 pm - 9:00 pm

Suitable for: All
PD Hours: 2.5

Navigating a multi-cultural workplace can sometimes feel tricky. During this in-person workshop we will talk about cultural differences and how they influence our work, values, and experiences. We will touch on global context, discuss how miscommunication can sometimes happen, and some suggestions for collaborating well in a multicultural environment to meet the needs of the program and better serve our community. Participants will walk away with a new lens to apply to their work and some tips for reducing and dealing with communication differences.

FACILITATORS: **Irene Sheldon** is an ECE III who has walked in the childcare and settlement services fields for the past 20 years. In that time, she has worked as a front line ECE, supervised English classes for newcomers, supported bridge building between Indigenous and newcomer communities, supervised multi-site care for newcomer children’s programs and licensed child care facilities. She has had the opportunity to connect with, mentor and learn from thousands of newcomer families from as many as 75 different language groups, cultures, and communities. Irene is passionate about reducing barriers and providing inclusive community service that feels good to all stakeholders.

Nouran Eldesouki is a newcomer herself with a bachelor degree in Psychology from the U of W. She has been working closely with newcomers and refugees to Winnipeg through IRCOM (the Immigrant and Refugee Community Organization of Manitoba) in her work as a Childcare Assistant as well as an Employment Coordinator. Her current roll is focused in assisting newcomers in building their skills and knowledge about Canadian culture, workplace culture, safety, and communication. She is a team player and enthusiastic about seeing people gain confidence and succeed while living and working in Canada.

WORKSHOP DELIVERY: In-Person

LOCATION:	MCCA	COST:	\$45.00	MCCA Member
	2 - 2350 McPhillips St.		\$90.00	Non-member
	Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.			

Pedagogical Leaders - Community of Practice

Suitable for: Leaders

PED - 001

Thursday, February 1, 2024
9:00 am - 12:00 pm

Location:

Seven Oaks Child
Day Care Centre
2300 McPhillips St.
Entrance off Court St.



PD Hours: 3

Cost:

\$25.00 MCCA member

\$50.00 Non-member

PED - 002

Thursday, April 11, 2024
9:00 am - 12:00 pm

Location:

Discovery Children's Centre
367 Hampton St.



PD Hours: 3

Cost:

\$25.00 MCCA member

\$50.00 Non-member

PED - 003

Thursday, June 20, 2024
9:00 am - 3:00 pm

Location:

FortWhyte Alive Field Station



FortWhyte Alive
HUMAN. NATURE.



PD Hours: 6

Cost:

\$60.00 MCCA member
(includes lunch)

\$120.00 Non-member
(includes lunch)

This Community of Practice grew out of a group of directors who wanted to meet to support each other on their pedagogical journey after they attended the 11th Annual Directors Conference – 'Leading a Year of Reflection'. This group has had members come and go but a core group has kept it going. We invite you to join us if you are in a leadership position or may be the pedagogical leader at your centre and mentor or coach staff.

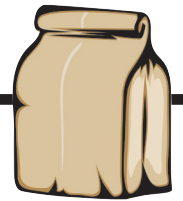
Join us as we share and support each other's pedagogical journey. At each meeting, we spend three hours, getting together to think deeper about topics that are current and relevant to our daily practice. The meeting content includes a round table discussion of a specific questions posed to everyone, discussion of articles, pedagogical focused activities, and sharing of resources. To receive the full benefit of this group we encourage you to register and attend all five of the meetings that happen throughout the year.

Once you register, approximately one week before the meeting you will be sent an agenda and readings (to discuss at the meeting) by Karen Kowalski. The email will be sent to the email entered on the registration, so if multiple people from one centre are attending then please share with others.

FACILITATOR: Karen Kowalski is MCCA's Assistant Executive Director/Director of Professionalism

WORKSHOP DELIVERY: In-Person

Lunch 'N Learn For Directors



Suitable for: Leaders (Directors & Assistant Directors)
PD Hours: 2.5

*Please join us
for lunch!*

LUN - 001

Tuesday, February 6, 2024
11:15 am - 2:00 pm



Location: The Pavillion Atrium
Assiniboine Park

Topic: Benefits - What's Taxable
and What's Not

Speaker: Patrick Pantel,
Talbot & Associates

LUN - 002

Wednesday, April 24, 2024
11:15 am - 2:00 pm



Location: Canad Inns
Club Regent Casino Hotel
1415 Regent Ave. W.

Topic: ELCC Highlights and
Happenings in Canada

Speaker: Don Giesbrecht
Chair, National Advisory
Council

LUN - 003

Thursday, June 13, 2024
11:15 am - 2:00 pm



Location: The Gates on Roblin
6945 Roblin Blvd.
Headingly

Topic: Navigating Short and Long
Term Disability Claims

Speaker: Steve Mansbridge, Hub
International Limited

Networking & MCCA News: 11:15 am – 12:00 pm

Lunch: 12:00 pm – 1:00 pm

Speaker: 1:00 pm – 2:00 pm

*Please indicate if you require a vegetarian, vegan or gluten free meal.

WORKSHOP DELIVERY: In-Person

COST: \$55.00 MCCA Member (each)
\$110.00 Non-member (each)

WATCH FOR THIS!



IT MEANS THE WORKSHOP LOCATION IS NOT AT THE MCCA.

Best Choices: Ethics IV

ETH - 004

Thursday, February 15, 2024

6:30 pm - 9:30 pm

Suitable for: All

PD Hours: 3

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation.

This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

This capstone workshop will help you to make a commitment of ethical practice in your daily work and enhance your awareness of your own values, beliefs and assumptions. You will also understand why, when faced with an ethical dilemma, it is difficult to follow through with your best choice. In this session, come with examples of ethical dilemmas that you have faced since you completed part three, and how you used the framework for ethical decision making to help you to make the best choice for that situation, at that time, with the information that you had on hand. Reflection is a big part of part IV!

****Please note you must have completed Ethics Part III at least 4 months prior to the date of taking Part IV.***

FACILITATORS: **Keri Waterman** has over 30 years experience within the child care community, working with children of all ages, from front line to finance and administration including four years at the University of Manitoba as practicum supervisor. An Ethics Guide since 2002, she enjoys guiding people along their own ethical journeys.

Sharon Balasko has been in the field for over 30 years. She began her career in infant care in the Child Development Centre at the University of Manitoba. She has worked as an instructor, curriculum developer and consultant working with the University of Manitoba, University of Winnipeg, and Red River College. She has been an Ethics Guide and a part of the Ethics Committee since 2002.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$45.00 MCCA Member
\$90.00 Non-member

Intro to Excel



INT - 001

Wednesday, February 21, 2024

9:00 am - 3:00 pm

Suitable for: Leaders

PD Hours: 6

Have you ever started or been working in a job that required Microsoft excel knowledge but weren't sure what to expect or how to get started? Well, this is the course for you!

During this **Microsoft Excel Beginner Course - Introduction Excel** you will build a solid foundation on which you will be able to learn, grow more and be able build confidence when using this friendly Microsoft program.

This class will provide you the Microsoft Excel basics such as:

- Understanding the Excel Interface and Document Structure
- Entering and Working with Data in an Excel Worksheet
- Formatting Your Excel Data to make it more Presentable
- Working with Formulas and the most common Excel Functions
- Creating and working with Excel Charts to Visually Present Data
- Have time to "Ask the instructor" questions related to Excel

Participants are on their own for lunch. There will be an hour lunch break. MCCA has a fridge, microwave, and a toaster oven for your convenience. There are several restaurants in the area.

Note: You must bring a laptop with Excel on it to this session, computers are not provided.

FACILITATOR: Ronald Sarran is proud to share that he was born and raised in Winnipeg and embraces what it takes to brave a Prairie Winter and enjoy our beautiful (yet too short!) summers. He is a graduate of the University of Manitoba with a Bachelor's Degree in Business (Commerce) and Adult Learning & Development (Education). This is an addition to completion of his designation from the Canadian Institute of Management with a Professional Manager's Designation and as a Certified Facilitator from Design Dimensions International (DDI). His current role is the Director, Strategy and Consultant Care with Paradigm Consulting Group where he lead a team of professionals who deliver on their unmatched offer across the organization. The 20+ years of work experience has allowed him to learn about banking, retail, telecom, public sectors management and now consulting. His responsibilities have spanned multi-million-dollar Capital and Operating Expense Programs at Bell MTS, Organizational Initiatives such as the updated Strategic Plan for Economic Development Winnipeg to the development of Leadership Programs across multiple companies. These valuable experiences have led to successful outcomes that can be seen at each of these organizations.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$140.00 MCCA Member
\$280.00 Non-member

Decoding Difficult Behaviour

DEC - 001

Saturday, February 24, 2024

9:00 am - 4:00 pm

Suitable for: Frontline

PD Hours: 7

Using an attachment lens, we look at why children behave as they do, how they learned to be in relationship in this manner, and how we can shift that for the child. We will look at attachment patterns, how they are shifted by trauma and by cogent caregiving, and take a glance at the Circle of Security as a lens for understanding our role in working with children.

FACILITATOR: Joanne Brown is a Clinician at New Directions Family Therapy Services with 35 years of working with families struggling to be the best parents they can be. In her role, she is a consultant to child care centres, providing groups and workshops around attachment and trauma. She also co chairs the Attachment Network of Manitoba (www.attachmentnetwork.ca).

Participants are on their own for lunch. There will be an hour lunch break. MCCA has a fridge, microwave, and a toaster oven for your convenience. There are several restaurants in the area.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$75.00 MCCA Member
\$150.00 Non-member

ETHICS WORKSHOPS INFO

The workshops in the ethics series are a unique set of workshops. Some things to keep in mind when registering for an Ethics workshop:

- You must take the workshops in consecutive order beginning with Part I.
- If you took Part I prior to 2013 you may want to start over as Part I is now a 3 hour workshop and it would be a good refresher. If it has been over five years since you have taken Part I, you might want to start over.
- There must be at least 4 months between the time you attended Part III and taking Part IV.
- It is a good idea to leave some time between workshops so that you have time to reflect and practice what you have experienced in the workshop.
- Before signing up for an Ethics workshop you should have worked at least 4 months to a year in the child care field to gain some experience, this applies to child care assistants as well as early childhood educators.

The Ethics workshops are like any other workshop, know why you are signing up to take this workshop. If you are a director who is registering staff for the Ethics workshops, make sure it is for the right reason, communication problems cannot be fixed by taking an Ethics workshop.

The Ethics workshops fill up very quickly. Once they are full, the workshop is placed on our full list and no further registrations are taken. If you register for multiple parts and do not attend the first part you registered for, you cannot attend the following part and you will forfeit both workshop fees, eg. you register for Part II & Part III at the same time but do not attend Part II, you will not be able to attend Part III and you will not receive a refund for EITHER workshop. You may still send a substitute, but they must have previously attended the pre-requisite workshop and you need to call Dianne at 204-336-5065 with the name of the substitute.

Currently, the Best Choices: Ethics workshops that are held in Winnipeg are at MCCA. We are open to have them held around the city if 5 or more centres in a particular area (for example St. James) want to get together and host an Ethics workshop at one of the locations.

For more information please contact Karen Kowalski at kkowalski@mccahouse.org

Does Everyone Advocate?

DOE - 001

Monday, February 26, 2024

6:30 pm - 9:00 pm

Suitable for: All

PD Hours: 2.5

What is advocacy? Have you thought about how you can be an advocate for yourself and the children in your care? What does that look like? Do your families understand what your role is at the centre? Join others in a discussion about what you can do to promote early learning and child care and take the first steps in speaking up about this amazing career you have chosen! Bring your imagination as there will be time to create your own message.

FACILITATOR: Michele Grant has been connected to our sector for many years as a front-line caregiver, director, instructor and board member and believes being a quiet advocate does not mean being silent!

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$50.00 MCCA Member
\$100.00 Non-member

Gardening and Land Based Emergent Curriculum

GAR - 001

Tuesday, February 27, 2024

6:30 pm - 9:00 pm

Suitable for: All

PD Hours: 2.5

Unlock the secrets of land-based curriculum and gardening in this workshop for early years educators. Dive into the world of outdoor education, promoting holistic development and environmental stewardship. Gain insights and create plans for your unique program, to help you design emergent, garden-based activities and curriculum - helping nurture reciprocal relationship with the land for the children, families, and educators in your unique program!

FACILITATOR: Kisa MacIsaac is Métis with family ties to manitow sakahikan, the Métis community of Lac Ste. Anne, Alberta. She also is part settler (Scottish, European), and calls Treaty 1 her home, since moving to Winnipeg as a teenager. Kisa is a mother of three, an artist, a workshop facilitator, and is an ECE III, with a BA Degree in Developmental Studies from the University of Winnipeg. She has been dedicated to working with children and families for over 20 years of her life, with the majority of her career working as an educator in non-profit child care in the inner city of Winnipeg. Kisa is passionate about land-based curriculum, emergent & child-led curriculum, loves to sing with children, get creative and encourage exploration! She believes that we must strive - most of all - to provide a joyful and respectful learning environment where each child feels loved, feels safe, and has a strong sense of belonging, celebrated for the unique gifts they bring.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$50.00 MCCA Member
\$100.00 Non-member

Best Choices: Ethics I

ETH - 001

Thursday, February 29, 2024

6:30 pm - 9:30 pm

Suitable for: All

PD Hours: 3

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

This is the first workshop in the MCCA's ethical journey series. In Part I, you will learn about beliefs, values, and ethics and the relationship between them. You will learn to identify your own beliefs, values, and ethics and understand how they impact your actions. You will also learn to understand others' beliefs, values, and ethics.

MCCA provides participants with a certificate which tracks your journey through all four parts. This workshop is the pre-requisite for the other three parts of the ethical journey.

FACILITATORS: **Michele Grant** has been involved in Manitoba's early childhood community for many years as an early childhood practitioner, centre director, adult educator and volunteer. She is a past board member of both the MCCA and the CCCF and is a founding member and past chairperson of the MCCA Ethics Committee.

Shannon Curtaz is the Executive Director of Horizons Children's Centre. She has been working in the field of Early Childhood Education since 1997 as a front line ECE, a Supervisor and a Director. She believes that the relationships we form with all of the people who come in and out of our lives, both personal and professional, shape the person that we ultimately become and that therefore growth and learning is never ending.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$45.00 MCCA Member
\$90.00 Non-member



Workshops begin promptly at
the start time, please ensure you have
arrived at your workshop 10 minutes
prior to the start time.

Best Choices: Ethics II & III

ETH - 012

Saturday, March 2, 2024

9:00 am - 4:00 pm

Suitable for: All

PD Hours: 7

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

In this second session in your ethical journey, you will be introduced to the MCCA Code of Ethics and understand its benefits. You will also begin to learn the process of ethical decision making. In this session you will receive your personal copy of the Code of Ethics and a handy wallet size card with the principles to keep at your fingertips

In this third step of your ethical journey, you will use MCCA's Code of Ethics as a tool and examine a process for ethical decision making. Again, the complexity of best choice decision making will be apparent, but you will feel like you know how to decide what should be considered prior to making that best choice.

Participants are on their own for lunch. There will be an hour lunch break. MCCA has a fridge, microwave, and a toaster oven for your convenience. There are several restaurants in the area.

Bring your handouts from part I and your ethics certificate to receive your part II & III stickers.

FACILITATORS: **Mariella Carr** is the Executive Director at Prairie Children's Centre Inc. She started in the child care field in 1990 and has loved all of her different roles over the years. Mariella has been an Ethics Guide since 2008 and is on MCCA's Board of Directors, Ethics Committee and the Public Policy and Professionalism Committees. She is passionate about reconnecting children with nature and inclusive practice.

Tracy Smith is an ECE III and has been dedicated to Early Childhood Education for more than 20 years. She has worked in a wide variety educational roles and settings from front-line practitioner to curriculum consultant. Tracy lives in Steinbach, Manitoba and works at Red River College. Tracy is a member of MCCA's Ethics Committee and looks forward to sharing her ethical journey with others..

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$90.00 MCCA Member
\$180.00 Non-member

Canva Essentials for Child Care Programs

CAN - 001

Tuesday, March 5, 2024
9:00 am - 12:00 pm

Suitable for: All
PD Hours: 3

Canva is an excellent tool to use in a child care program. In this hands-on workshop, we will navigate the program together and look through its main features, how to navigate templates, build a brand and start on a newsletter together. A pre workshop survey will be sent to participants to ensure the materials we learn together are relevant to the group of participants. Helpful tips and tricks will be shared in the form of a resource.

Note: You must bring a laptop and have a Canva account, computers are not provided.

FACILITATOR: Kayla Mauricio is MCCA's Program Services Administrator. Kayla has used Canva in her role working in centre programs, her own small business as well as in her daily work at MCCA.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$50.00 MCCA Member
\$100.00 Non-member

Setting Employee Expectations

SET - 001

Wednesday, March 6, 2024
9:00 am - 3:00 pm

Suitable for: Leaders
PD Hours: 6

It's a bit of an understatement to say that the way we work has changed over the past few years. From the global pandemic and other societal factors, employees and employers alike have had to adapt to what sometimes feels like a whole new world. As we face this "new normal" together, you may be wondering how to better set employee expectations. Whether you're focused on retention, employee performance, or preventing burnout, setting expectations can help. In fact, a survey from Gallup showed that most employees don't know what's expected of them at work. This can lead to drops in employee engagement, which ultimately, can cause people to leave your centre altogether.

In this session, we will cover these objectives:

- What are employee expectations and what factors impact them in today's workforce;
- How to set clear employee expectations;
- How to communicate employee expectations; and
- How to set employee versus team expectations

Participants are on their own for lunch. There will be an hour lunch break. MCCA has a fridge, microwave, and a toaster oven for your convenience. There are several restaurants in the area.

FACILITATOR: Melenie Olfert has worked as an independent consultant sharing her knowledge and expertise through leadership projects and workplace training. With a background in adult education and training, Melenie is now a published writer, as well as an accomplished speaker on intercultural & diversity in the workplace, human resources and leadership development. Further to her training experience, Melenie is an instructor with the University of Winnipeg, PACE Program, where she teaches in the Leadership Program. She is also the co-facilitator of the Language Interpreter Training Program which supports language diversity in work and community settings. Outside of work, Melenie volunteers in assisting newcomers in preparing for their Canadian citizenship exams.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$90.00 MCCA Member
\$180.00 Non-member

Fort Building With School Agers

FOR - 001
Saturday, March 9, 2024
10:00 am - 12:00 pm

Suitable for: Frontline
PD Hours: 2

Fort building is a popular activity. I'm sure each and every one of us can think back to our childhood and remember times when we have built forts. In this workshop we will discuss the intrinsic motivation that children have that draws them to the activity. Why do children like forts? What developmental needs are being met? What kinds of materials would be good to provide? And how can we support this activity in our different programs? Participants will be able to bring out their inner child and be hands on in this workshop as they work in teams to create their very own fort with a selection of provided materials.

FACILITATOR: Kim Rondeau is the Site Supervisor for the YMCA YWCA Ecole Robert Browning School-Age Program. Kim has spent decades in the field working in both preschool and school-age settings. She currently volunteers her time to both the MCCA School-Age committee as well as the Manitoba Nature Summit. Kim is a passionate ECE who is dedicated to growing and sharing her knowledge, experience and enthusiasm for early learning and childcare.

WORKSHOP DELIVERY: In-Person

LOCATION: West Portage SACC
3550 Portage Ave.
Free Parking Lot Parking



COST: \$45.00 MCCA Member
\$90.00 Non-member

Hot Topics – ANYTHING GOES

HOT - 001

Tuesday, March 12, 2024

6:30 pm - 9:00 pm

Suitable for: All

PD Hours: 2.5

It's been over two years since we got together and let loose with some hot topics.

Join your colleagues for an evening of fun with the issues that get us fired up! This is an interactive chance to tackle some current things that perplex us, get under our skin or just floor us...and yet come with the uncertainty of how to move forward with them in a professional manner. We have some current hot topics we will throw out to you, but bring yours and we'll have a lottery (anonymous) to see which get tackled that night. Come with a hot topic or scenario to add to the lottery pool and with that passion for which you are known!

FACILITATORS: **Mariëlla Carr** is the Executive Director at Prairie Children's Centre Inc. She started in the child care field in 1990 and has loved all of her different roles over the years. Mariëlla has been an Ethics Guide since 2008 and is on MCCA's Board of Directors, Ethics Committee and the Public Policy and Professionalism Committees. She is passionate about reconnecting children with nature and inclusive practice.

Melanie D'Souza is a member of the Research Faculty in the School of Health Sciences and Community Services at Red River College Polytechnic. She is interested in issues of diversity, inclusion, and children's rights in early childhood settings; her current projects involve early childhood intervention strategies in inner-city child-care programs. Melanie has been a member of the MCCA Ethics committee since 2003.

Shannon Curtaz is the Executive Director of Horizons Children's Centre. She has been working in the field of Early Childhood Education since 1997 as a front line ECE, a Supervisor and a Director. She believes that the relationships we form with all of the people who come in and out of our lives, both personal and professional, shape the person that we ultimately become and that therefore growth and learning is never ending.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$45.00 MCCA Member
\$90.00 Non-member

W.E.V.A.S. - Working Effectively with Violent and Aggressive States

WEV - 001

Friday and Saturday, March 15 & 16, 2024 (2 days)
9:00 am - 4:00 pm

Suitable for: All
PD Hours: 12

When people are in an optimal learning state they are referred to as being in the Competent State. As they move out of this state and into the Problem State, they become anxious, agitated, aggressive and sometimes assaultive. This course will help you identify and develop new skills that will help individuals who have left the Competent State to return to it. This program is designed to help participants to develop and improve their effective teaching skills.

FACILITATOR: Trevor Holroyd has been teaching for 25 years, with the past 20 spent at John. G. Stewart School in the River East Transcona School Division. Trevor is currently the Principal at John G. Stewart School. It is designed for students who struggle with behaviour and is located on the grounds of an adolescent treatment centre. This experience, coupled with years of work as a support worker with child and family services, provides a genuine approach to the delivery of the WEVAS program.

Participants are on their own for lunch. There will be an hour lunch break. MCCA has a fridge, microwave, and a toaster oven for your convenience. There are several restaurants in the area.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$150.00 MCCA Member
\$300.00 Non-member

They Said What? Interpreting ELCC Data from Annual Reports

DAT - 001

Wednesday, March 20, 2024
9:00 am - 12:00 pm

Suitable for: Leaders
PD Hours: 3

Understanding key features of Manitoba's ELCC policy landscape can help make you a better ECE practitioner, leader, and advocate. Every year, Manitoba publishes important information in an annual report - and learning how to read these reports, and to track changes over time, can be tricky. In this hands-on workshop, we will learn about the Annual Reports, how to 'de-code' the information, and how to watch for year-over-year changes. We will also review some national reports that help to put Manitoba data in context. At the end of this workshop, participants will have the skills and confidence to make accurate claims about Manitoba ELCC policy and spending."

FACILITATOR: Susan Prentice is a professor of Sociology at the University of Manitoba, where she specializes in childcare policy. She is a member of MCCA's Public Policy Committee and the Child Care Coalition Manitoba.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$20.00 MCCA Member
\$40.00 Non-member

Sing Me a Story, Read me a Song

SON - 001

Thursday, March 21, 2024

6:30 pm - 8:30 pm

Suitable for: Frontline

PD Hours: 2

This workshop focuses on using songs and rhymes in developing early literacy skills. Through music, rhymes, stories, movement, props and more, participants will come away with a variety of ideas for books, songs and literacy extension activities that nurture healthy child development – including language building, numeracy support, gross and fine motor skills, and social-emotional development. No musical background or singing skills required! This workshop is ideal for those working with preschool aged children.

FACILITATOR: This workshop will be presented by a **Bookmates** Facilitator. Bookmates is a non-profit organization based in Winnipeg with over 39 years experience in supporting early learning educators. Bookmates stays current with emerging research and themes related to healthy child development and uses a literacy lens to share strategies, information, resources and practical experiences.

WORKSHOP DELIVERY: In-Person

LOCATION:	MCCA 2 - 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	COST:	\$45.00 \$90.00	MCCA Member Non-member
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Supporting Children and Families with FASD

FAS - 001

Friday, March 22, 2024

9:00 am - 3:30 pm

Suitable for: All

PD Hours: 6.5

This workshop will discuss how FASD impacts the brain and results in behaviors that require careful attention. In the workshop we will describe how FASD affects a child's ability to function throughout the day and strategies to accommodate for this in a day care setting. The workshop will include interactive activities and a variety of resources.

FACILITATOR: **Andrea Auch**, OT Reg. (MB) is an Occupational Therapist with the FASD Family Support, Education and Counselling Program in Winnipeg. She has worked in the field of FASD for 20 years with young children prenatally exposed to alcohol to address self-regulation and motor difficulties, sensory processing dysfunctions, brain-based behavior struggles and developmental delays. She assists children and caregivers by providing strategies in the home, child care centre, and school settings. She has also worked as an occupational therapist in the field of mental health and in the school system. In her work, Andrea uses a holistic, strength based and compassionate approach. She enjoys the outdoors, travelling and spending time with family.

Devra Buhler has a Bachelor of Arts degree in Sociology and Psychology and has been working in the Social Services field for 22 years. Her work has always focused around supporting children, youth and their caregivers in a variety of capacities including developing and facilitating parent support groups, community outreach work, supporting moms and children fleeing domestic violence, working in level 5 residential homes, just to name a few. For the last seven years, Devra has been the youth counsellor in the FASD Family Support, Education and Counselling program, supporting families with children ages 5-14 who have been prenatally exposed to alcohol. Devra enjoys reading, yoga, knitting and going on hikes with her husband, son and their dog, Everly.

WORKSHOP DELIVERY: In-Person

LOCATION:	MCCA 2 - 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	COST:	\$75.00 \$150.00	MCCA Member Non-member
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Metis Beading



MET - 001

Saturday, March 23, 2024

10:00 am - 12:00 pm

Suitable for: All

PD Hours: 2

Participants will learn how to bead a large flower with the technique of using one needle. The instructor will go over a brief history of the Red River Métis beading with a PowerPoint presentation, and why they were called the "Flower Beadwork People." The participants will have a completed beaded flower and have better knowledge about the significance of Métis beadwork and what it means to the Red River Métis. The finished flower can be showcased in a 4x6 picture frame.

FACILITATOR: This workshop will be facilitated by The Louis Riel Institute.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$50.00 MCCA Member
\$100.00 Non-member
Includes Supply Kit

Managing Mental Health at Work

MAN - 001

Tuesday, April 2, 2024

9:00 am - 3:00 pm

Suitable for: Leaders

PD Hours: 6

In a recent study, the Mental Health Commission of Canada found that in any given week, 500,000 Canadians do not go to work due to mental health challenges. There is significant evidence that poor mental health at work affects performance at both the individual and organizational level. This session is designed to assist leaders in addressing & promoting mental health and reducing stigma of mental illness within an organization.

The learning objectives will help participants:

- Gain an awareness of mental health issues, signs and symptoms;
- Find out how to approach someone who may be struggling;
- Understand prevention – factors in the workplace that increase the risk of mental health challenges; and
- Discuss support strategies for all staff to foster a mentally-healthy work environment.

Participants are on their own for lunch. There will be an hour lunch break. MCCA has a fridge, microwave, and a toaster oven for your convenience. There are several restaurants in the area.

FACILITATOR: Melenie Olfert has worked as an independent consultant sharing her knowledge and expertise through leadership projects and workplace training. With a background in adult education and training, Melenie is now a published writer, as well as an accomplished speaker on intercultural & diversity in the workplace, human resources and leadership development. Further to her training experience, Melenie is an instructor with the University of Winnipeg, PACE Program, where she teaches in the Leadership Program. She is also the co-facilitator of the Language Interpreter Training Program which supports language diversity in work and community settings. Outside of work, Melenie volunteers in assisting newcomers in preparing for their Canadian citizenship exams.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$75.00 MCCA Member
\$150.00 Non-member

Stories of Spring

STO - 001

Thursday, April 4, 2024

6:30 pm - 8:30 pm

Suitable for: Frontline

PD Hours: 2

This workshop will help refresh and rejuvenate your planning process with new ideas that support spring themed play-based, early learning activities. Plenty of rhymes and songs with children's' picture books and hands-on activities will be shared. A variety of literacy extension ideas based on the rhymes, songs and books presented will be provided as a resource. This workshop is ideal for those working with toddlers and preschool aged children.

FACILITATOR: This workshop will be presented by a **Bookmates** Facilitator. Bookmates is a non-profit organization based in Winnipeg with over 39 years experience in supporting early learning educators. Bookmates stays current with emerging research and themes related to healthy child development and uses a literacy lens to share strategies, information, resources and practical experiences.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$45.00 MCCA Member
\$90.00 Non-member

Strategic Planning for Cohesive Board and Management

STR - 001
Friday, April 5, 2024
9:00 am - 3:00 pm

Suitable for: Leaders
PD Hours: 6

This workshop will take you through the process of strategic planning for valuing diversity on the road to consensus.

Child care centres need vibrant relevant strategic plans like any other non profit.

However, it can be challenging to find the time and the funds to do the process and project justice. And there are funding sources that recognize how crucial a strategic plan is and are willing to fund those projects, in part. The old model of strategic planning involved gathering the Board and Management or even all staff for a 1-1.5 day to undertake the whole process; Reviewing the past plan, conducting an environmental scan, brainstorming and setting priorities.

While plans were developed that way, that concentrated method creates a feeling of being under pressure or under duress, which is not conducive to strong teamwork and building consensus. If you want to get the most out of your planning process it is much better to do it over months, gradually. The process of developing the plan is as valuable as the plan itself!

Engaging stakeholder groups through surveys and possibly focus groups, builds a deeper sense of belonging and commitment from those stakeholder groups, as well as increases the quality and relevance of the plan.

The final step is pulling all the feedback together and sharing it with Board and management and giving them time to digest it, discuss it before they aim to achieve consensus on the priorities. This style of gradual process animates high engagement which is a dividend that can last for years and help fuel the Board and management into the implementation stage. While it takes patience, the gradual gaining of momentum allows for ease of consensus at the final stage.

Participants are on their own for lunch. There will be an hour lunch break. MCCA has a fridge, microwave, and a toaster oven for your convenience. There are several restaurants in the area.

FACILITATOR: Sue Hemphill is the founder and principal Consultant with Healthy Hive consulting. For 15 years Healthy Hive has worked across diverse sectors in a variety of mutually reinforcing roles and services. Healthy Hive works within the Child care sector as a trainer, coach, facilitator and organizational development consultant. Sue has presented twice at the Directors conference, trained staff of child care centres and worked with ED's and their Boards on strategic plans.

WORKSHOP DELIVERY: In-Person

LOCATION:	MCCA	COST:	\$110.00	MCCA Member
	2 - 2350 McPhillips St.		\$220.00	Non-member
	Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.			

The Metis Sash

SAS - 001

Thursday, April 11, 2024

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

The Métis Sash workshop will teach the importance of what the sash means to the Red River Métis, the history, the uses, the weaving styles, and the meaning of the colours that are woven into the Métis sash. In addition, participants will learn how to finger weave a small sash, through a step-by-step process. The outcome will be the participants will gain an understanding of the Métis sash and its rich history. They will walk away with the knowledge of how to finger weave a small Métis sash that can be used as a lanyard, bookmark, or bracelet.

FACILITATOR: This workshop will be facilitated by The Louis Riel Institute.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$50.00 MCCA Member
\$100.00 Non-member
Includes Supplies

Fairy Garden Wellness

FAI - 001

Saturday, April 13, 2024

10:00 am - 12:00 pm

Suitable for: All

PD Hours: 2

During this workshop you are going to have a chance to have an exciting yet relaxing space, where you can showcase your creativity! Participants will be provided with all the materials to create a magical fairy garden to keep or bring back to their child care program!

FACILITATOR: **Sherryll Stenberg** is a Site Leader at Freight House Early Learning and Care. She has four children, ages 27, 24, 22 and 17 who are her pride and joy! Sherryll has been in the child care field for over 30 years and working with children inspires her to always be creative and imaginative. This in turn, allows them the space to do the same. She feels as educators we need to allow ourselves time to decompress. She has found that gardening and enjoying the beauty of nature, helps to bring peacefulness into her busy life. She hopes to inspire you to do this for yourself as well!

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$45.00 MCCA Member
\$90.00 Non-member

Writing Effective Minutes

WRI - 001

Saturday, April 20, 2024

9:00 am - 3:00 pm

Suitable for: Board Members

PD Hours: 6

Who takes the minutes at your board meeting? This workshop is for them. We purposely planned this on a Saturday so that your board member could attend.

When someone asks you to take minutes at a meeting, do you cringe and ask, “Why me?” Do you write furiously during a discussion and then scratch your head to make sense of what you wrote after the meeting? Have you ever read minutes and then wondered if you and the minute-taker were even on the same planet? If you’ve said “yes” to any of these questions... you’re not alone.

Creating effective minutes is a process that people commonly struggle with. The reason? They usually have never had the opportunity to learn the tools and techniques for mastering the art of writing effective minutes. As well, people often don’t recognize the important role the minute-taker plays in the success of a meeting.

This high-energy workshop resolves those issues. During the session, you will take an active part in learning the techniques for writing effective minutes.

This workshop focuses on:

- taking and summarizing notes efficiently
- interacting with the chair to keep the discussion on track
- giving your readers the information, they need
- using clear, concise language
- using templates to write the minutes
- developing effective agendas

Participants are on their own for lunch. There will be an hour lunch break. MCCA has a fridge, microwave, and a toaster oven for your convenience. There are several restaurants in the area.

FACILITATOR: Susan Portelance is a consultant and facilitator for Eclectic Communications. After many years in the corporate world, Susan has turned her love of language into a career as a writer, editor and trainer. As an editor, Susan works with her clients to craft effective communications – from newsletters and blogs to eBooks and proposals. Susan brings to the classroom over 20 years of training experience and four years of Toastmasters participation where she has honed her public speaking and leadership skills.

Susan has completed training in adult education, presentation skills and coaching skills. She is certified to deliver presentations, workshops and one-on-one sessions using the EQ-i 2.0 Emotional Intelligence instrument. Susan is also a Certified Training and Development Professional (CTDP).

A board member can register for this workshop at the member rate if the centre is a member.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$110.00 MCCA Member
\$220.00 Non-member

Motivation and Influence - How am I doing?

MOT - 001
Tuesday, April 23, 2024
9:00 am - 3:00 pm

Suitable for: Leaders
PD Hours: 6

Building a dynamic and engaged team can be rewarding but also comes with challenges. To be able to do this, you must recognize the importance of having valued employees who see themselves as important parts of the team and are recognized the best ways possible.

Motivation, Influence and Coaching are key parts of our daily interactions in the workplace and beyond. There are times where we want to understand the best approach to communicate with those who share different styles from ourselves. If you do this well, you will be able to build dynamic teams that contribute to an amazing workplace.

In this workshop, we will explore what motivates us, how to create a motivating environment, different types of coaching and ways to influence our teams. It's not always technical expertise, or even heightened intelligence that makes people effective in their roles. It's often their understanding of the situation and ways to approach it. We will explore ways to enhance these important skills necessary to benefit not only yourself, but everyone around you.

- What You'll Learn:
- How do people think
 - Different styles/types of motivation, coaching and influence
 - Ways to create a motivating environment
 - Scenario Based Activities to practice

FACILITATOR: Ronald Sarran is proud to share that he was born and raised in Winnipeg and embraces what it takes to brave a Prairie Winter and enjoy our beautiful (yet too short!) summers. He is a graduate of the University of Manitoba with a Bachelor's Degree in Business (Commerce) and Adult Learning & Development (Education). This is an addition to completion of his designation from the Canadian Institute of Management with a Professional Manager's Designation and as a Certified Facilitator from Design Dimensions International (DDI). His current role is the Director, Strategy and Consultant Care with Paradigm Consulting Group where he lead a team of professionals who deliver on their unmatched offer across the organization. The 20+ years of work experience has allowed him to learn about banking, retail, telecom, public sectors management and now consulting. His responsibilities have spanned multi-million-dollar Capital and Operating Expense Programs at Bell MTS, Organizational Initiatives such as the updated Strategic Plan for Economic Development Winnipeg to the development of Leadership Programs across multiple companies. These valuable experiences have led to successful outcomes that can be seen at each of these organizations.

WORKSHOP DELIVERY: In-Person

LOCATION:	MCCA	COST:	\$150.00	MCCA Member
	2 - 2350 McPhillips St.		\$300.00	Non-member
	Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.			

Let's Play Outside: Embracing Forest & Nature School Practices in Urban Areas

URB - 001
Saturday, June 1, 2024
10:00 am - 12:00 pm

Suitable for: All
PD Hours: 2

Forest & Nature programs are for children of ALL ages and can take place in any outdoor space we have available to us. We will explore the definition, the pillars, and the principles of forest and nature programs and how they can fit into the spaces we have. We will delve into the importance of loose parts and risky play in children's growth and development in all developmental areas. We will test our own comfort levels and explore how they impact children's experiences.

There will be lots of opportunities for hands-on exploration of tools and how to use them with children. We will also have many activities for you to try out and take back to your program to help you start getting your children outside in all weather!

FACILITATOR: **Cindy Curry** has been in the field of Early Childhood Education for over 34 years. Currently she operates Growing Wild (a forest and nature school program), instructs part time at Red River College, Portage la Prairie Campus, facilitates workshops, and is an active advocate for children learning through play.

WORKSHOP DELIVERY: In-Person

LOCATION: Assiniboine Forest
Entrance located at the corner
of Grant and Chalfront Rd.



COST:	\$45.00	MCCA Member
	\$90.00	Non-member

ZOOM WORKSHOPS



POLICIES FOR ZOOM WORKSHOPS

- Please click on the zoom link 10 - 15 minutes before the workshop begins. Our zoom workshop hostess will begin admitting participants in at that time.
- Zoom workshops are live workshops that require participants to keep their video on the entire time.
- Upon entering the workshop everyone will be muted to minimize background sounds. If you wish to make a comment or ask a question you can unmute yourself or comment in the chat feature.
- Please name your device with your full name so that we can check you off on the attendance. We don't know who you are if it just says iPhone 10 or iPad. We want to make sure we have verified your attendance so that you will receive a certificate.



- After the workshop you will be sent a link to complete a workshop evaluation using Survey Monkey. Please do the evaluation within 48 hours.
- Certificates of Participation will be emailed to participants after 75% of participants have completed the evaluation.
- If for any reason we cannot identify who you are, we will need to remove you from the workshop. Unfortunately you will not be let back into the workshop and will not receive a certificate.
- The zoom link we send is only for you. It should not be shared and other people should not be listening to the workshop who have not registered.
- If two or more people are registered and sharing one screen, please let the host/hostess know. It is recommended that each person is on their own device.
- The zoom link is sent out at least 24 hours to the workshop start time. If you have not received the zoom link contact MCCA by 3:00pm so that we can send you the link.

Article Review: Creating Inviting Indoor Spaces

ART - 001

Monday, January 15, 2024

7:00 pm - 8:30 pm

Suitable for: All

PD Hours: 1.5

Join us in unpacking and discussing articles that influence our practice, challenge our thinking, and help keep us current in the field. This is a great opportunity to connect with others and stretch our thinking.

The article(s) are chosen based on a specific topic and sent before the workshop for you to read so you will be ready to have a deep discussion that may lead us to places, we never imagined.

This session is going to be exploring **inviting indoor spaces**.

FACILITATOR: Cindy Curry has been in the field of Early Childhood Education for over 34 years. Currently she operates Growing Wild (a forest and nature school program), instructs part time at Red River College, Portage la Prairie Campus, facilitates workshops, and is an active advocate for children learning through play.

WORKSHOP DELIVERY: Zoom



COST:

\$25.00

MCCA Member

\$50.00

Non-member

School Age Networking



SAN - 001

Thursday, January 18, 2024

7:00 pm - 9:00 pm

SAN - 002

Thursday, March 14, 2024

7:00 pm - 9:00 pm

SAN - 003

Thursday, June 13, 2024

7:00 pm - 9:00 pm

Topic:

But I Don't Want to Go Outside

Topic:

Summer Planning

Topic:

Community Connections

Suitable for: School Age Educators

PD Hours: 2

School Age Networking evenings allow early childhood educators and child care assistants, working in school age programs, the opportunity to collaborate and network with other SA educators that understand school age care and learning. These casual sessions allow you to bounce ideas off of each other and hopefully get some answers and insight. Each session has a different topic. We hope to have people from all over the province join us, as the more perspectives we have from different programs, the more we can all learn.

Note: School age networking sessions are now 2 hours long (not 1.5)

Please come prepared to share, discuss, and brainstorm ideas based on the topic.

FACILITATORS: Members of MCCA's School Age Committee.

WORKSHOP DELIVERY: Zoom



COST:

\$10.00

MCCA Member

\$20.00

Non-member

YES Spaces

YES - 001

Monday, January 22, 2024

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

This workshop will cover the benefits of designing a YES space and how to design one. Participants will learn to design a program space that allows children to discover who they are rather than educators telling them who they are.

By the end of this workshop, participants will be able to:

- Understand the theory behind the classroom as the third teacher
- Design a space that encourages children to be individuals
- Design a space where children can move freely without interruption
- Support the importance of a YES space

FACILITATOR: **Carla Ward** is an Early Childhood Educator and the founder of Early Learning Foundations, a business dedicated to education and enhancing the work of Early Childhood Educators. She has held various roles in the education profession for more than 18 years. Carla is a certified Wonder-Based educator and brings a sense of wonder and passion into every aspect of her business, from hosting The Everything ECE Podcast to workshop and course development. Carla loves to share actionable and inspiring ideas with fellow educators both in and out of the classroom to help support professional practices in Early Childhood Education.

WORKSHOP DELIVERY: Zoom



COST: \$50.00 MCCA Member
\$100.00 Non-member

Letting Children Think, Feel, See and Problem Solve

LET - 001

Tuesday, January 23, 2024

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

In Early Childhood Education (ECE) settings, supporting the holistic development of young children goes beyond academics. This workshop focuses on equipping educators with practical strategies to foster critical thinking, emotional intelligence, and problem-solving skills in young children. By nurturing these competencies, we can empower children to become confident, resilient, and independent thinkers.

In this workshop, participants will:

- Explore the foundations that underpin critical thinking, emotional intelligence, and problem-solving skills in early childhood
- Discuss the role of play, exploration, and authentic experiences in fostering a growth mindset
- Gain insights into strategies for fostering emotional intelligence in young children
- Explore activities that promote self-awareness, empathy, self-regulation, and problem-solving skills

Problem-solving is a vital skill for lifelong learning and success. This workshop emphasizes the importance of collaboration and reflective practice with colleagues and children.

FACILITATOR: **Ana Valle Rivera** is a proud mother of three, a public speaker, a consultant, and the founder of Early Years Thriving. Since 2007 Ana has worked with children and families with complex needs using inclusive and trauma-informed approaches. Ana has a background in ECE, a Bachelor's Degree in Child & Youth Care, and is currently completing a Master's Degree in Professional Education in ECE.

WORKSHOP DELIVERY: Zoom



COST: \$45.00 MCCA Member
\$90.00 Non-member

Winter is a Magical Time for Children's Outdoor Play

WIN - 001

Wednesday, January 24, 2024

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

Children's outdoor play in the winter is magical. The more they run, jump, slide, climb and experiment with rain, snow, ice, and frost, the more opportunities they have to have their curiosity heightened and embrace the beauty of the season. Outdoor play in the winter inspires children to become explorers and discovers of many things such as animal tracks, what makes crunching sounds, and how snowflakes and snow feel on mittens and tongues. This session will provide practical ideas for making outdoor play magical in the winter and highlights how math, science, language, physical literacy, and dramatic play are inherent in winter play.

FACILITATOR: Dr. Beverlie Dietze is the Director of Learning and Applied Research at Okanagan College. She is the lead researcher for both a national and a local research project that is examining strategies to advance children's outdoor play through training and space design. She is the author of ten textbooks related to play and children's programming and has several peer-reviewed articles published on early childhood and adult education topics. She hosts in-person and online workshops, keynote addresses and consultations. She is the publisher and Editor of the Play Outdoors magazine. Follow her on Twitter @PlayDietze.

WORKSHOP DELIVERY: Zoom



COST:	\$45.00	MCCA Member
	\$90.00	Non-member

Understanding Indigenous Parenting

UND - 001

Monday, January 29, 2024

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

Winnipeg has the highest Urban Indigenous population in Canada at 38%. No matter what facility you work at, it is important to understand that traditional parenting has always been and continues to be an exceptional way to raise children. Learn about the strengths and barriers to Indigenous Parents raising their children to best support Indigenous families.

FACILITATOR: Rebecca LaRiviere (she/her) is a member of the Métis nation and resides in Treaty 1 territory. She is a mother, and Early Childhood Educator (ECE III), a professional speaker, and an ECE instructor. She has spent her career learning from and working with Indigenous caregivers across Turtle Island by providing training and professional development, promoting collaboration and peer mentorship, and advocating for the strengths that already exist in community. Rebecca seeks to bridge Indigenous worldview and traditional child rearing practices with contemporary child development research.

WORKSHOP DELIVERY: Zoom



COST:	\$45.00	MCCA Member
	\$90.00	Non-member

Understanding Temperament: A Great Help in Understanding Children and Ourselves

TEM - 001

Tuesday, January 30, 2024

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

Temperament is not at all the same as “having a temper,” and this workshop really clears that up. We’ll look at the actual definition and understanding of temperament. We’ll examine the nine traits that together make up temperament and explore the ranges of behaviours within each trait. We’ll also look at the concept of “goodness of fit” as a way to use our insights into temperament to tailor responses, interactions and environments to individual children. This is a workshop that almost always produces lots of “Aha!” moments as we discover how this information helps us understand individual children – and ourselves – better. As we work through the information, we’ll consider how we can share this information with parents. This information applies to children of all ages – and adults, too.

FACILITATOR: **Gretchen Kinnell** has worked in the early childhood and adult education fields for over 50 years. Her experience includes teaching special education in Washington DC, serving as the education director of a Child Care Resource and Referral agency in the Syracuse area, teaching child development courses at Onondaga Community College and consulting on a number of early literacy and social emotional development projects. She is the author of two books and accompanying booklets for parents on toddler care in child care settings. In her career she has developed and presented over a thousand workshops for people who work with young children and is known for presentations that feature practical approaches to issues, humor and warmth. She currently works as a consultant and continues to develop and present workshops on important issues for people who work with young children and their families.

WORKSHOP DELIVERY: Zoom



COST:

\$45.00

MCCA Member

\$90.00

Non-member

ADHD: Supports



ADH - 001

Monday, February 5, 2024

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

Cover a foundational understanding of ADHD, executive functioning, and the impact on early childhood classrooms. We explore the history and stigma behind an ADHD diagnosis, how it fits under the neurodiversity umbrella, as well as how children with ADHD may interact differently with their environment with strategies to support.

FACILITATOR: **Monica Maddison (she/her)** has spent the last 13 years providing support for neurodiverse children and their families. These years provided her the opportunities to aid in classroom support, IEP development and advocacy, behavioural & play-based therapy, parent coaching, instructing college programs, and serving as a Director of Specialized Education & Inclusion. Now, she is fortunate to extend this extensive experience to other educators - facilitating professional development and mentorship in not only understanding neurodiversity, but stewarding best practice strategies.

WORKSHOP DELIVERY: Zoom



COST:

\$50.00

MCCA Member

\$100.00

Non-member

Transitioning Out of Theme-Based Curriculum

TRA - 001

Tuesday, February 6, 2024
6:30 pm - 8:30 pm

Suitable for: All
PD Hours: 2

Transitioning from a theme-based curriculum to following children's interests can be daunting at first. This is an introductory workshop about how educators can go from pre-planned curriculum to following children's interests.

In this workshop, educators will:

- Learn why we as educators lean into theme-based curriculum as a default
- Begin to understand inquiry-based learning
- Think creatively about ways to observe, document and, reflect to move toward an emergent curriculum.

Educators are introduced to the "see, think, do" framework to support emergent curriculum. Educators are provided examples of how to use the framework.

FACILITATOR: Ana Valle Rivera is a proud mother of three, a public speaker, a consultant, and the founder of Early Years Thriving. Since 2007 Ana has worked with children and families with complex needs using inclusive and trauma-informed approaches. Ana has a background in ECE, a Bachelor's Degree in Child & Youth Care, and is currently completing a Master's Degree in Professional Education in ECE.

WORKSHOP DELIVERY: Zoom



COST:	\$45.00	MCCA Member
	\$90.00	Non-member

Nurturing Healthy Eaters in Child Care

NUR - 001

Wednesday, February 7, 2024
6:30 pm - 8:30 pm

Suitable for: All
PD Hours: 2

Trust and respect are important aspects of meals and snacks in child care and are also the foundation of the **Satter Division of Responsibility in Feeding (sDOR)**. Ellyn Satter, a dietitian and family therapist, created this evidence-based approach in 1986. Clearly understanding and applying everyone's role in child care can take the stress out of mealtimes and can help children feel more connected with themselves, their world, and their food. Join this workshop to learn how to support positive eating environments in your childcare setting!

In this workshop you will learn new and helpful ways to nurture healthy eaters by exploring:

- Suggestions for building positive eating environments,
- Information on natural hunger and fullness cues,
- Tips to build trust with children and families, and
- Suggestions for exploring food in a fun way.

We will be sharing resources, information on our workshops, and much more!

FACILITATOR: Tressa Beaulieu is a proud Métis woman and registered dietitian. She currently works as a nutrition educator with Nüton, a team of registered dietitians who provide training and nutrition programs to Manitoba educators so they can help kids feel comfortable around food and eating. Her area of expertise is early childhood where she aims to inspire educators to have a positive impact on kids' food journeys using experience-based learning by discovering and exploring a variety of foods.

WORKSHOP DELIVERY: Zoom



COST:	\$15.00	MCCA Member
	\$30.00	Non-member

Rebounding From & Managing Burnout in a Burnt Out World

REB - 001

Monday, February 12, 2024

6:30 pm - 8:30 pm

Suitable for: Leaders

PD Hours: 2

Around the globe, employees and leaders are trying to figure out how to revive and thrive while still adjusting and recovering from a time of uncertainty. Staff continue to feel wired and tired while trying to fully show up, do great work and get along. In this leader-focused session, we will dive into key factors that support psychological safety at work and support burnout prevention and recovery. We will look at how to integrate these into our daily interactions in support of employee well-being, engagement and overall team resilience. Let's make sense of what's happening in our bodies, in our centres and the shared responsibility of what we can do next!

From this interactive and dynamic workshop, participants learn:

- Why we aren't recovering faster from the pandemic
- What challenges and symptoms continue to be common in individuals and workplaces
- The factors that create safety and help minimize burnout
- Where you need to invest as a leader for your own recovery (and it doesn't cost money)
- How to manage burnout in staff when it's all over the map
- How to best support an employee that may be struggling
- Resources for support

FACILITATOR: Shannon Gander is a Mental Health and Resiliency Strategist and global speaker. As a skilled trainer, counselor and mediator, she has been consulting with individuals, workplaces and teams for over 25 years. Shannon is also Director of Life Work Wellness, a company that empowers individuals and workplaces to achieve their goals for better mental health.

She has worked with multiple clients whose stress level has impacted their ability to work and contributed to disability. Shannon is highly motivated to change this by equipping individuals and teams with skills for mastering stress, preventing burnout and protecting their mental health. She also demonstrates how everyone can contribute to healthy organizational culture for better engagement, connection and safety at work.

Shannon's dynamic background in counselling and workplace interventions help her to bring mental wellness topics to life in a way that is both captivating and authentic. She leaves her audience with portable skills and practical strategies to apply right away from the Boardroom to the kitchen table.

WORKSHOP DELIVERY: Zoom



COST: \$50.00 MCCA Member
\$100.00 Non-member



Workshops begin promptly at
the start time, please ensure you have
joined the Zoom workshop 10 minutes
prior to the start time.

The Essential Basics of Observation and Documentation

ESS - 001

Monday, March 4, 2024

6:30 pm - 8:30 pm

Suitable for: Frontline

PD Hours: 2

Observations and documentation...they may seem tedious however they are absolutely necessary in our day-to-day work in our ELCC programs!

Why is this practice so important, you ask?

- It supports the Early Childhood Educator as a certified and recognized professional
- It dives deep into the children's developmental domains, supporting their varied needs
- It is relevant and directly associated to daily program planning, in particular of children's interests. After all is said and done, everything children do has meaning for them!

During this learning opportunity, we will present:

Varied methods of observation and documentation, with group work practice, including:

- Anecdotal Records
- Running Records
- Tally Sampling
- Checklists, including LookSee and ASQ
- Apps, such as HiMama, followed by a discussion of what are the advantages/disadvantages of going digital?
- Additional methods

Next steps...how do I apply these observations and documentation in my program planning tomorrow in the classroom?

How to have those challenging, emotionally filled discussions with families when your observations conclude that there are concerns regarding a child's development.

- What to say (and not say!)
- How do you communicate sensitive information and be empathetic during these times
- What do you do when the family is not open to supports? Or to even listening, stating that their child is "just fine"

We will also run through practice conversations, to build your confidence and capacity in these moments.

FACILITATORS: Mia Gunhouse, Founder and CEO of Cornerstone Coaching has been in the fields of education, early learning and childcare for over 27 years. She first began her career as a public-school teacher in Winnipeg and in the Greater Toronto Area, eventually transitioning into a career of Early Child Development in Calgary. Mia has enjoyed several positions along the way, including Preschool and Kindergarten Educator, Coach and Consultant, as well as various leadership roles. Mia considers it an absolute honour to work alongside Early Learning and Child Care programs, supporting the crucial developmental years of children's lives, enhancing each individual's future and potential. In addition, she loves establishing, developing, and fostering strong and intentional relationships with educators, children and their families.

Carla Crann, Co-Owner and CCO of Cornerstone Coaching has been in the ELCC field since graduating from Mount Royal University in 2003. Alongside her Early Childhood Education Diploma, Carla also holds a Not-for-Profit Business Management Certificate, effectively propelling her through various career roles. Carla began to establish her career as a frontline Educator and along the way, has had the privilege of working with children and co-educators in a variety of settings, from infants to out of school care. She transitioned to Executive Director positions, eventually leading to her most satisfying role to date - Coach and Consultant. Carla is passionate about children exploring their world, building their confidence and learning alongside them.

WORKSHOP DELIVERY: Zoom



COST:	\$60.00	MCCA Member
	\$120.00	Non-member

Making the Most Out of Play: How to be a Play Partner

MAK - 001

Tuesday, March 5, 2024
6:30 pm - 8:30 pm

Suitable for: Frontline
PD Hours: 2

Play is essential for children in ways that go beyond fun. Play supports the holistic development of children and when educators master the art of play partnering, they unlock the key to support the healthy development of young children.

In this session educators will:

- Learn about types of play and properties of play
- Explore the development of play
- Think about their role within the different types of play

Educators will also get the opportunity to think about play partnering outside of their comfort zone (rough and tumble and weapon play) and think about ways to honour all types of play and support pro-social learning.

FACILITATOR: **Ana Valle Rivera** is a proud mother of three, a public speaker, a consultant, and the founder of Early Years Thriving. Since 2007 Ana has worked with children and families with complex needs using inclusive and trauma-informed approaches. Ana has a background in ECE, a Bachelor's Degree in Child & Youth Care, and is currently completing a Master's Degree in Professional Education in ECE.

WORKSHOP DELIVERY: Zoom



COST:	\$45.00	MCCA Member
	\$90.00	Non-member

Healthy Connections with Parents

HEA - 001

Wednesday, March 6, 2024
6:00 pm - 9:00 pm

Suitable for: All
PD Hours: 3

Let's look at the things that get in the way of this for both staff and for parents. Using an attachment lens, we will look at ways to manage ourselves to clearly communicate and offer acceptance of the other.

FACILITATOR: **Joanne Brown** is a Clinician at New Directions Family Therapy Services with 35 years of working with families struggling to be the best parents they can be. In her role, she is a consultant to child care centres, providing groups and workshops around attachment and trauma. She also co chairs the Attachment Network of Manitoba (www.attachmentnetwork.ca).

WORKSHOP DELIVERY: Zoom



COST:	\$50.00	MCCA Member
	\$100.00	Non-member

Plants in the Learning Environment

PLA - 001

Thursday, March 7, 2024

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

This workshop will inspire educators to embrace the world of plants. We will take an in-depth look at why plants need to be in every learning environment and how they go beyond aesthetics.

- Understand the benefits of having plants in the learning environment
- Confidently introduce plants
- Learn how and why to involve children in plant care
- The physical and mental health benefits of plants
- How to include children in plant care and why
- Safe plants to have in the learning environment

FACILITATOR: **Carla Ward** is an Early Childhood Educator and the founder of Early Learning Foundations, a business dedicated to education and enhancing the work of Early Childhood Educators. She has held various roles in the education profession for more than 18 years. Carla is a certified Wonder-Based educator and brings a sense of wonder and passion into every aspect of her business, from hosting The Everything ECE Podcast to workshop and course development. Carla loves to share actionable and inspiring ideas with fellow educators both in and out of the classroom to help support professional practices in Early Childhood Education.

WORKSHOP DELIVERY: Zoom



COST:	\$50.00	MCCA Member
	\$100.00	Non-member

Dramatic Play..More than Just Housekeeping

DRA - 001

Monday, March 11, 2024

6:30 pm - 8:30 pm

Suitable for: Frontline

PD Hours: 2

Curious about ways you can encourage dramatic play with children? Looking for ways to change the house-keeping corner space or support with rough & tumble play? This workshop looks at discussing the importance of dramatic play and ways to encourage and expand on it within the classroom. Workshop covers ideas around materials and set-up for dramatic play areas both indoors and outdoors as well as conversations around children's engagement in rough & tumble dramatic play (such as superhero play), and how we as educators can create an environment rich with socioemotional development.

FACILITATOR: **Ashleigh Davies** is an early childhood educator with her bachelors in ECCE and has worked with children in a variety of roles over the last decade. Ashleigh has worked as a post-secondary instructor, leading ECE post-basic courses, and currently is the CAPC Coordinator and Parent Community Liaison with North Shore Community Resources and leads community of practices with her local CCRR. Ashleigh presents her workshops throughout Canada, bringing her passion for ECE into every session, and can be found online as @Pedagogyandchill.

WORKSHOP DELIVERY: Zoom



COST:	\$45.00	MCCA Member
	\$90.00	Non-member

Supporting the Lovely Minds of Infants and Toddlers

SUP - 001

Monday, March 18, 2024

6:30 pm - 8:30 pm

Suitable for: Frontline

PD Hours: 2

Very young children are born with a deep desire and natural abilities to seek relationships with others. They are also constantly taking in information and creating millions of brain connections that will be the foundation for learning the rest of their lives. Seeing the significance of this time of life and the natural ways children seek what they benefit from is the first step to supporting and enhancing their brain development and learning and relationships. In this session we will study documentation of children's lively minds and tender hearts at work and see examples of environments, materials and interactions that provide what these amazing humans deserve.

FACILITATOR: Deb Curtis, MA. is a passionate advocate for children and childhood. She has spent many, many years working with children and teachers in early childhood programs, observing and studying children and child development. Her experiences have led her to a deep respect for children and their abilities, and a strong commitment to work in their behalf. She is a strong advocate for social justice and anti-bias, anti-racist education in early childhood programs. Along with teaching children, Deb also works with teachers in child care programs, college settings, seminars and institutes all over North America, New Zealand and Australia. Currently she spends her time with children at Interlaken Child Care Center in Seattle, WA. She is the co-author of 10 books related to working with young children. You can learn more about these resources at redleafpress.org.

WORKSHOP DELIVERY: Zoom



COST:	\$50.00	MCCA Member
	\$100.00	Non-member

Fourtastic Discoveries: The Magical Leap in Four-Year-Old Development

DIS - 001

Tuesday, April 2, 2024

6:30 pm - 8:30 pm

Suitable for: Frontline

PD Hours: 2

Four is a unique and transformative age in a child's life, marked by a huge developmental leap. This stage presents an essential turning point, as children become increasingly independent, curious about the world around them, and more capable in their communication and problem-solving skills. This workshop aims to shine a light on the wonders and challenges of the 'fours,' equipping early childhood educators with the knowledge and tools needed to effectively nurture and guide children during this critical period at group child care settings.

FACILITATOR: Dr. Minnie Mossop is a dedicated specialist in infant and toddler care, with a profound commitment to early childhood education. She holds a Ph.D. and an MA in Infant and Early Childhood Development, as well as an M.Ed. and another MA in Early Childhood Education. Dr. Mossop's research interests span a broad array of topics in early childhood mental health, including attachment, brain development, and co-regulation. Her focus is on the application of these principles to group childcare settings, which present unique challenges and opportunities. Currently, she is a faculty member of the Early Childhood Education Program at Douglas College. Dr. Mossop has offered expert guidance to families and early childhood educators across North America, providing support through online and offline consultations, as well as group workshops.

WORKSHOP DELIVERY: Zoom



COST:	\$45.00	MCCA Member
	\$90.00	Non-member

Quality Sleep for Infants and Toddlers

QUA - 001

Wednesday, April 3, 2024

6:30 pm - 8:30 pm

Suitable for: Frontline

PD Hours: 2

Recent social change has resulted in a greater demand for group child care for infants and toddlers. Simultaneously, sleep issues at group child care centres have become more and more prevalent among this age group – who are the most sensitive and vulnerable. The goal of this workshop is to prepare ECEs with the appropriate knowledge, skills, and attitudes as it relates to young children's sleep in group child care settings. This workshop is based on a behavioural approach.

FACILITATOR: Dr. Minnie Mossop is a dedicated specialist in infant and toddler care, with a profound commitment to early childhood education. She holds a Ph.D. and an MA in Infant and Early Childhood Development, as well as an M.Ed. and another MA in Early Childhood Education. Dr. Mossop's research interests span a broad array of topics in early childhood mental health, including attachment, brain development, and co-regulation. Her focus is on the application of these principles to group childcare settings, which present unique challenges and opportunities. Currently, she is a faculty member of the Early Childhood Education Program at Douglas College. Dr. Mossop has offered expert guidance to families and early childhood educators across North America, providing support through online and offline consultations, as well as group workshops.

WORKSHOP DELIVERY: Zoom



COST:	\$45.00	MCCA Member
	\$90.00	Non-member

Creating a Growth Mindset for Educators

CRE - 001

Monday, April 8, 2024

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

Having a growth mindset is not only essential for children, it is essential for educators as well. Educators hold the power to create the environment and therefore are the key to supporting resiliency and creating growth-oriented early years spaces. But what exactly is a growth mindset?

- A growth mindset is the belief that abilities and intelligence can be developed through effort, learning, and perseverance
- It is literally the opposite of a fixed mindset. It is a “can” vs “can’t” mindset
- A growth mindset is about instilling ourselves and the children with the understanding that challenges are opportunities for growth and that potential is limitless

In this workshop, educators will explore what it means to have a growth mindset and how to apply it in ECE practice. Educators will also get an opportunity to think about how to foster a growth mindset in children through the language they use, the way they set up the environment, and the way they navigate challenges with children.

FACILITATOR: Ana Valle Rivera is a proud mother of three, a public speaker, a consultant, and the founder of Early Years Thriving. Since 2007 Ana has worked with children and families with complex needs using inclusive and trauma-informed approaches. Ana has a background in ECE, a Bachelor's Degree in Child & Youth Care, and is currently completing a Master's Degree in Professional Education in ECE.

WORKSHOP DELIVERY: Zoom



COST:	\$45.00	MCCA Member
	\$90.00	Non-member

Diet Culture: How its Harmful to Kids and What Educators can do to Help

CUL - 001

Wednesday, April 10, 2024

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

Diet culture shows up in sneaky ways for kids in child care settings. Recognizing diet culture and spreading awareness helps protect kids from the harmful effects. Join Tressa, a registered dietitian with Nüton, to learn how to spot diet culture and ways to support children (and ourselves) towards a more positive relationship with food! Everyone is welcome.

In this workshop, you will learn ways to promote positive relationships with food and body by exploring:

- The meaning of 'healthy eating' and 'health'
- The nuances of diet culture
- How to spot diet culture and consider its impact on health
- Alternatives to the ways we talk and think about food, bodies, and movement, and
- How you can apply this in everyday life and your work with children

We will be sharing resources, information on our workshops, and much more!

FACILITATOR: To Be Confirmed.

WORKSHOP DELIVERY: Zoom



COST:

\$15.00

MCCA Member

\$30.00

Non-member

**The Best Practices Licensing Manual recommends
24 hours of professional development
for Directors, ECEs, and CCAs.**

Thriving as an ECE

THR - 001

Monday, April 15, 2024

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

A workshop for those just joining the Early Learning Sector. Get insight into what it means to be an ECE Professional.

In this workshop we will look at:

- What it means to be an Early Childhood Professional
- How to use ethics as a guide to professionalism in the workplace
- Strategies that support adult-child interactions that are aligned with pedagogy
- Skills to confidently communicate with families
- The importance of creating meaningful relationships
- How to build meaningful relationships through observation, documentation and reflective practices

FACILITATOR: **Carla Ward** is an Early Childhood Educator and the founder of Early Learning Foundations, a business dedicated to education and enhancing the work of Early Childhood Educators. She has held various roles in the education profession for more than 18 years. Carla is a certified Wonder-Based educator and brings a sense of wonder and passion into every aspect of her business, from hosting The Everything ECE Podcast to workshop and course development. Carla loves to share actionable and inspiring ideas with fellow educators both in and out of the classroom to help support professional practices in Early Childhood Education.

WORKSHOP DELIVERY: Zoom



COST:	\$50.00	MCCA Member
	\$100.00	Non-member

The Weight of Words

WEI - 001

Monday, June 3, 2024

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

An introductory workshop to philosophy, neurodiversity, and language use in our early years practice. In this workshop we explore why the language we choose to use, both when speaking to and about children, matters. We review growth vs deficit mindset, positive language use, and focus on specific terminology that is now considered outdated and even at times outright harmful. Some of these terms are directly related to ASD, such as functioning labels (high/low functioning), and others are general terms used to speak about neurodiverse populations or disability as a whole, such as "special needs" or "special interests" etc. Participants are invited to reflect on inclusive practices when considering both the medical and social model of disability.

FACILITATOR: **Monica Maddison (she/her)** has spent the last 13 years providing support for neurodiverse children and their families. These years provided her the opportunities to aid in classroom support, IEP development and advocacy, behavioural & play-based therapy, parent coaching, instructing college programs, and serving as a Director of Specialized Education & Inclusion. Now, she is fortunate to extend this extensive experience to other educators - facilitating professional development and mentorship in not only understanding neurodiversity, but stewarding best practice strategies.

WORKSHOP DELIVERY: Zoom



COST:	\$50.00	MCCA Member
	\$100.00	Non-member

The Early Childhood Educator as an Advocate

ADV - 001

Monday, June 10, 2024

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

As an ECE, there is great responsibility bestowed upon us when families leave their children in their care, as we have the potential to make a huge impact on the lives of those children and of the families. As a child advocate, You are committing to promoting the best interests of the children in your care, valuing them, protecting them, and standing up for them, no matter how small.

During this workshop, we will explore:

- The 5 W's of advocacy
- Simple vs. complex forms of advocacy
- Intentional vs. unintentional comparisons of advocacy
- When advocacy is not accepted or appropriate
- Advocacy organizations in your area

FACILITATORS: **Mia Gunhouse**, Founder and CEO of Cornerstone Coaching has been in the fields of education, early learning and childcare for over 27 years. She first began her career as a public-school teacher in Winnipeg and in the Greater Toronto Area, eventually transitioning into a career of Early Child Development in Calgary. Mia has enjoyed several positions along the way, including Preschool and Kindergarten Educator, Coach and Consultant, as well as various leadership roles. Mia considers it an absolute honour to work alongside Early Learning and Child Care programs, supporting the crucial developmental years of children's lives, enhancing each individual's future and potential. In addition, she loves establishing, developing, and fostering strong and intentional relationships with educators, children and their families.

Carla Crann, Co-Owner and CCO of Cornerstone Coaching has been in the ELCC field since graduating from Mount Royal University in 2003. Alongside her Early Childhood Education Diploma, Carla also holds a Not-for-Profit Business Management Certificate, effectively propelling her through various career roles. Carla began to establish her career as a frontline Educator and along the way, has had the privilege of working with children and co-educators in a variety of settings, from infants to out of school care. She transitioned to Executive Director positions, eventually leading to her most satisfying role to date - Coach and Consultant. Carla is passionate about children exploring their world, building their confidence and learning alongside them.

WORKSHOP DELIVERY: Zoom



COST:	\$60.00	MCCA Member
	\$120.00	Non-member

ONLINE WORKSHOPS



Focus on Play

FOC - 001

January 25 - February 7, 2024

Suitable for: Frontline

PD Hours: 6

The Manitoba Child Care Association and Red River College have partnered to offer online workshops. The workshop content (videos, readings, links, games, discussions) is completely online and available to participants during the duration of the workshop. There are weekly expectations and participants have complete flexibility to work through the materials at times of the day that are most convenient for them.

The content is from the Science of Early Child Development (SECD). SECD's engaging, multimedia resources are used around the world by people who want to learn more about the impact of the early years on lifelong health and well-being. Please note: Participants should have a reliable internet connection and be comfortable reading and writing in English.

Topics include:

- The power of play and the role of play in self-regulation
- The value of play for learning and development
- Risky play
- Active play
- Outdoor play
- Setting the stage for play

The Focus on Play workshop is equivalent to a full day workshop, or six hours of professional development.

Participants should have a reliable internet connection and be comfortable reading and writing in English.

When registering, please provide the email of the person who will be participating in the workshop, not the centre email.

FACILITATORS: Each SECD online workshop is facilitated by a Red River College Polytechnic Instructor or an ECE practitioner, each of whom brings a wealth of knowledge and experience in the childcare sector.

WORKSHOP DELIVERY: On-Line

COST:	\$90.00	MCCA Member
	\$180.00	Non-member

WINTER 2024 PROFESSIONAL DEVELOPMENT WORKSHOPS

REGISTRATION PROCEDURES & POLICIES

- You must be a personal member of MCCA to qualify for member pricing. To confirm your membership number check your card or ask your director.
- Please check our website to see which workshops are full or have been postponed/cancelled.
- Your registration will not be processed unless we have received your completed registration form detailing sessions you would like to be registered for with payment enclosed. We do not invoice for workshops.
- Telephone, faxed registrations and post dated cheques will not be accepted.
- Registration deadline is one day prior to each session unless otherwise indicated.
- Methods of Payment:
Cheque, Visa, MasterCard are accepted. Interac is available for in person registration. If paying by cheque, mail your registration form and payment to:

**Manitoba Child Care Association
2 - 2350 McPhillips Street
Royal Bank Building
Winnipeg, Manitoba R2V 4J6**

If you are paying by credit card then you must register online. Go to mccahouse.org and click on the professional development button, select workshops, and then click on the link for online registration. Please use Chrome/Firefox as your browser and use a computer, not a cell phone. Please avoid using auto-fill.

- Receipts will be emailed.
- If you are unable to attend a workshop that you have registered for and would like to send someone in your place (must be from the same centre and must be a replacing a member) email Dianne Jones before 3:00 pm prior to the workshop at djones@mccahouse.org. Dianne's direct line is 204-336-5065. We require the name and email of the replacement so that the Zoom link, any handouts, and certificate can be sent to the new person attending.
- There are no workshop refunds and this includes if the participant misses the workshop.
- To replace a "Certificate of Participation" the cost is \$10.00.
- Participants for Zoom workshops will receive a certificate of participation via email once 75% of participants have completed the workshop survey. Participants for in-person workshops will receive a paper certificate at the workshop.
- Mark the workshops you have registered for on your calendar as we will not call or send out reminders.
- If enrollment for any workshop is insufficient, MCCA reserves the right to cancel or reschedule it. In such instances, registrants will be notified and the fee refunded.
- In the event that weather prevents a participant (from outside of Winnipeg) from attending a workshop, a workshop credit will be granted if Environment Canada has recommended that a specific highway not be travelled on or is closed. A workshop credit allows the transfer of money from one workshop towards a future workshop and must be used in the same calendar year.
- If a workshop is cancelled due to weather, we will call to advise you the workshop is cancelled.
- If you are ill please do not attend your in person workshop, send a substitute.
- We reserve the right to change the workshop location. Registrants will be notified by phone or email.