

# Westman Winter Workshops

**EXC-WES** 

## Excel Basics Wednesday February 7, 2024

#### **Objective:**

- Improve confidence in basic functions of Excel for the workplace
- Increase understanding of Excel functions necessary in the workplace

#### **Course Outline:**

- ·Basic terminology used in Excel ribbon, toolbar and buttons
- ·Controls e.g. left click, right click, selecting, tabbing
- ·Functions cell references, calculations, basic formula
- ·Building tables within Excel
- ·Creating charts and graphs for reporting
- ·Job specific tasks in Excel what information do you use? What would you like to be able to do?

·Q&A

Please note: You must bring your own laptop with the EXCEL program already on it.

Facilitator: Jesse Gilbert

Workshop Delivery: In-Person

**Location:** Assiniboine Community College, Room 515 in the Victoria East Campus building.

Cost: MCCA Member \$125.00 Non-member \$250.00



## **Westman Winter Workshops**

**MOV-WES** 

### Moving our Focus From Product to Process; Embracing Children's Development Through Play

Saturday March 2, 2024

The focus on the outcomes and end products of children's play has been prevalent over the years. In this workshop, we will shift our attention from the product to the process of play and identify the growth and development of skills that are occurring. By doing so, we can gain a deeper understanding of the complex components of what children are creating in their play experiences. We will explore the development that is happening in all domains and curriculum areas, as well as learn how to create experiences and an environment that supports exploration and play in all areas. When we learn to trust in the process, it will allow us to trust that the learning will happen naturally for children of all ages. Together we will have the opportunity to play as we learn some new skills that will help us move from looking at the product to enjoying the process!

**Facilitator:** Cindy Curry is an ECE III, CAE, Forest & Nature School Practitioner. Cindy has dedicated over 34 years to the field of Early Childhood Education. She has worked in various roles including as a frontline worker, director, and operated a group family child care program that emphasized outdoor and nature play. Currently, she operates Growing Wild Forest & Nature School, instructs part-time at Red River College Polytechnic's Portage la Prairie Campus, facilitates workshops, and advocates for children to connecting with nature. In the fall of 2023, she was recognized as an Exchange Leader through the Exchange Leadership Initiative. Cindy believes that learning is a never-ending process and enjoys inspiring others who work with children to strive for excellence.

Workshop Delivery: In-Person

**Location:** Assiniboine Community College, Room 227 & 229 **Cost: MCCA Member** \$40.00 **Non-member** \$80.00



## Westman Winter Workshops

**RIS-WES** 

### Risky Play Saturday, March 2, 2024

Many of us struggle with the concept of Risky Play. There are fears we have and misconceptions in our field that create barriers to us allowing this type of play. However, research shows that risky play, including rough and tumble play, helps in children's growth in all developmental domains. Together we will define risky play and explore what it really looks like for children of all ages. We will challenge ourselves to examine our beliefs and the roadblocks that prevent us from feeling comfortable when children want to engage in such play. As we delve deeper into this type of play, we will explore ways to not only allow it but also set up our environments to support it and help children develop skills including risk assessments, to keep themselves safe. This will assist us in feeling not only comfortable but also confident and be able to advocate for it when faced with Risky Play. Let's be risky together and open up the conversation on how we might be able to not only get comfortable but embrace Risky Play!

**Facilitator:** Cindy Curry is an ECE III, CAE, Forest & Nature School Practitioner. Cindy has dedicated over 34 years to the field of Early Childhood Education. She has worked in various roles including as a frontline worker, director, and operated a group family child care program that emphasized outdoor and nature play. Currently, she operates Growing Wild Forest & Nature School, instructs part-time at Red River College Polytechnic's Portage la Prairie Campus, facilitates workshops, and advocates for children to connecting with nature. In the fall of 2023, she was recognized as an Exchange Leader through the Exchange Leadership Initiative. Cindy believes that learning is a never-ending process and enjoys inspiring others who work with children to strive for excellence.

Workshop Delivery: In-Person

Location: Assiniboine Community College, Room 227 & 229

Cost: MCCA Member \$40.00 Non-member \$80.00

\*\*If you are registering for both workshops on Saturday, March 2, 2024, you can bring a lunch, there will be a 45 minute break between workshops\*\*