



MCCA Interlake Region Fall Workshop 2023

Date: October 21st 2023

Time: 8:15-3:45

Location: Starting Blocks Inc.

510 3rd street west Stonewall Manitoba.

Registration starts at 8:15 when doors open.

Morning workshop -9:00-12:00

lunch -12:00-12:45

Lunch will be prepared by Subway Restaurant.

Afternoon workshop -12:45-3:45

Registration forms Due: October 6th 2023

If you are using a printed copy please email to: mccainterlakebranch@hotmail.com

Subject title: Workshop Registration Form.

Registration Fee: MCCA Members- Full day \$90.00 Non Members \$180.00- Half Day -Member \$45- Non member-\$90

Paid by: Cheque (Total amount of cheques made payable to MCCA Interlake Region)

Workshop Descriptions and Presenters Bios

Presenter: Joanna Quanbury OT Reg (MB)

Managing challenging behaviours PD session

Preschoolers have big emotions and helping them move through these feelings can be challenging to say the least! In this session we'll talk about why these big feelings happen and what we as caregivers can do – and not do! - to help our children return to calm.

Session will include:

- sensory processing 101
- dysregulation: what happens in our brains and bodies during a meltdown
- the importance of co-regulation; what we as caregivers bring to a meltdown
- an introduction to the Low Arousal Approach – (information only, not to be considered formal training)
- Q&A

Presenter: Carla Betker

Carla Betker is a School Psychologist with nearly 30 years of experience working with children with diverse learning and mental health issues from Kindergarten to Grade 12. She has extensive assessment and consultation experience, assisting school teams in meeting students' needs and facilitating their success academically, socially, and behaviourally. Carla also has a private counselling practice where she works directly with children, youth, and adults struggling with depression, anxiety, low self-esteem, and a host of related difficulties. She has presented professional development seminars to counsellors, teachers, educational assistants, school administrators and other professionals, as well as information sessions to parents.

This will be a 3-hour workshop which will provide an overview of depression, anxiety, and ADHD, as well as strategies for helping children cope and be more successful socially and behaviourally within a childcare setting.

* Required

Presenters:

Kisa Maclsaac is Métis, a mother, an educator, artist, advocate, and volunteer. She is an ECE III and holds a BA degree in Developmental Studies. Kisa jumped into the field of early learning and child-care back in 2002, has been a member of the MCCA Ethics Committee since 2008, and is a proud member of the MCCA Board of Directors. She is passionate about land based curriculum, and loves to garden with children!

Mandy Plett is working at Fisher Branch Care A Lot for Tots and is a floor supervisor and ECE II. She has been in the field for 24 years and enjoys all the children she provides care to. She has been a guide since 2008 and looks forward to sharing the ethical journey together.

Best Choices: Ethics Part II

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

In this second session in your ethical journey, you will be introduced to the MCCA Code of Ethics and understand its benefits. You will also begin to learn the process of ethical decision making. In this session you will receive your personal copy of the Code of Ethics and a handy wallet size card with the principles to keep at your fingertips

Best Choices: Ethics Part III

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

In this third step of your ethical journey, you will use MCCA's Code of Ethics as a tool and examine a process for ethical decision making. Again, the complexity of best choice decision making will be apparent, but you will feel like you know how to decide what should be considered prior to making that best choice.

1. Full name (First and Last Name) *

2. Email address *

3. Phone number

4. Please enter the name of your Centre/Family Child Care *

5. Payment information *

Centre

Individual

6. Please enter you MCCA member number/ If you are not a member please put non-member in the answer key. *

7. Please chose one workshop for the morning.

- Best Choices: Ethics Part 2
- Carla Betker

8. Please choice one afternoon workshop

- Best Choices: Part 3
- Managing challenging behavior's Presenter: Joanna Quanbury

9. Will you be attending lunch *

- Yes
- No
- Maybe

10. Please list any allergies or dietary requirements.

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