Manitoba Child Care Association
2350 McPhillips Street
2nd Floor, Royal Bank Building
Winnipeg, MB R2V 4J6
(204) 586-8587 or Toll Free 1-888-323-4676
Fax: (204) 589-5613 email: info@mccahouse.org

Visit us online at www.mccahouse.org

2023 WINTER/SPRING Workshop Brochure

Professional Development

Welcome to the Winter Workshop Series

Welcome to our winter/spring workshop series. We are happy to offer 42 workshops this series. We are continuing with offering in-person workshops and zoom. We have brought back a few workshops that sold out in the fall series quickly and we have a bunch of new workshops. We have also added some information into the brochure about who the workshop is suitable for. So if the workshop is geared for those working with infants someone working with school age children won't sign up, we hope that is helpful in registering for workshops.

Please ensure that you register early to avoid missing out on any workshop that you are hoping to attend. Most workshops are capped at 30 participants and canceled if registration is below 10.

Prior to registering, please read over the workshop descriptions. Ensure you note how the workshop is being delivered as refunds will not be provided. Make sure to read the description so you know if the workshop being offered is the right fit for you and meets your professional development goals.

Information about registration and payment is below. Information about certificates and substitutions is on pages 3 & 4.

If you have any questions about the workshops, please contact Karen Kowalski at 204-336-5062 (toll-free in MB at 1-888-323-4676 ext. 224) or kkowalski@mcchouse.org.

If you have any questions about registration or substitutions, please contact Dianne at 204-336-5065 (toll-free in MB at 1-888-323-4676 ext. 227) or djonespearson@mccahouse.org.

WORKSHOP **DELIVERY**

The brochure is divided into three parts: In-Person Workshops, Zoom Workshops, and SECD online workshops and are listed chronologically for each type.

In-Person Workshops (pages 6 - 19): Most of these will be held at MCCA. Please watch for the finger icon. This indicates that the location is elsewhere. In-person workshop participants will receive a paper certificate at the end of the workshop and a paper evaluation.. Make sure the name is the person who is attending and not who is doing the registering

SECD Online Workshop (page 20-21)

Zoom Workshops (pages 22 - 35): These workshops are all virtual. A reliable internet connection is required for zoom workshops. Please note the zoom policies listed on page 24. Zoom workshop participants will receive an electronic certificate and the link for the survey on the next business day.

HOW TO **REGISTER AND PAY**

If you are paying by credit card then you must use our online registration. Go to www.mccahouse.org, click on the professional development button, select workshops and then click on the link to access the online registrations. Please avoid using auto-fill when registering online.

If you are paying by cheque, please complete the registration form (found online) and mail it with your cheque to MCCA. If you are registering people from the same centre, you can fill out one registration form for everyone.

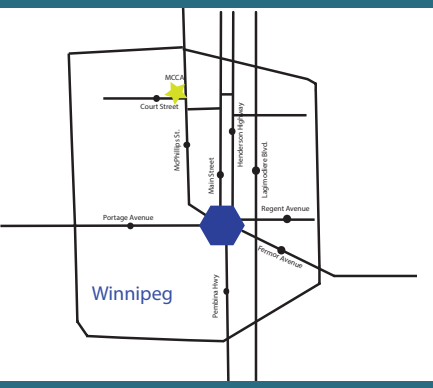
You can also come to MCCA during our office hours to drop off your completed registration form and pay by cash, cheque, or debit/credit.

Please ensure that registration has the correct email address and the correct spelling of the participant's name.

WHERE TO **FIND US**

MCCA is located on the second floor of the Royal Bank Building on the corner of Court and McPhillips Street.

Manitoba Child Care Association
2nd Floor, 2350 McPhillips Street
Royal Bank Building
Winnipeg, Manitoba R2V 4J6



POLICIES

Prior to registering for workshops, please read the workshop policies, particularly cancellations and substitutions. The policies can be found on page 36.

PARKING

There is no parking allowed in the parking lot at the strip mall at 1021 Court. If you park there, your vehicle will likely be towed. There is no parking permitted in the Royal Back Parking lot (this includes evenings and Saturdays).

Next to 1021 Court Medical Centre parking lot is a paid parking lots. It is $4.00 for the full day. So remember to bring change and purchase a ticket. There is limited street parking available.

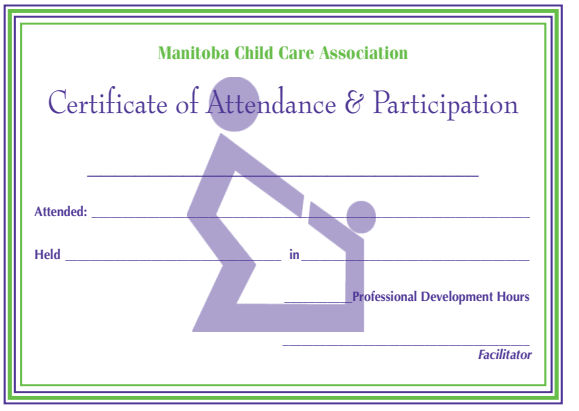
***MCCA is not responsible for towed vehicles. Ensure you are parking in the paid parking lot or on the street. ***

WORKSHOP **CERTIFICATES**

Please ensure when you register someone for a workshop the name is spelled correctly. That is how it will appear on the certificate. Errors made by the person doing the registration will result in a $10.00 charge to have a new certificate issued.

When you attend an in-person workshop, you will receive a certificate of participation. Zoom participants will receive an electronic certificate. Each certificate will have the amount of workshop hours on it to help you track your professional development hours. Best Practices recommends 24 hours of professional development each year.

Replacement certificates for workshops are available for $10.00 each.



If you are attending Best Choices: Ethics Part II, III, or IV, you will need to bring your certificate with you or mail it in to MCCA to receive your sticker and have it signed.

SUBSTITUTIONS

MCCA does not offer refunds for workshops. If you are unable to attend a workshop that you have registered for, you can send someone in your place as a substitute. Contact Dianne Jones-Pearson at MCCA at 204-336-5065 or djonespearson@mccahouse.org. Substitutions must be made by 3:00 pm the day of the workshop for workshops held Monday – Thursday or 3:00 pm on Friday for Saturday workshops.

FEELING UNDER THE WEATHER?

If you have any COVID or flu like symptoms, such as fever, cough, achiness, or sore throat, we ask that you do not attend your in-person workshop to reduce the chance of infecting others. If you cannot attend a workshop that you are registered for (for whatever reason, illness or other), there are no refunds. You can send a substitute in your place. Please see above and refer to the workshop policies on page 36 for more information.

GETTING THE MOST OUT OF YOUR WORKSHOP

At MCCA we strive to provide our members with professional development opportunities that are relevant, presented by professionals, and offer opportunities to learn. We want your workshop experience to be an uplifting and valuable one so we have a few suggestions that can help you accomplish this.

Professional goals: You are looking over the workshop line up and deciding what workshops to take. What factors help you to decide what workshops to take? Do you have a goal to work on, are you looking for new ideas on a specific topic, or are you just filling professional development hours?

Arrive on time: Once you have signed up for a workshop, jot down the time and date on a calendar so you remember to attend your workshop on time or log on before the workshop begins. MCCA does not send out reminders. Put a note that if the workshop is in-person and where or if its via zoom

Venture out: People who work together over a period of time will usually have the same work philosophies, experiences, ways in which things get done, etc. How about spreading your wings and connecting with people you don't know? Try sitting with new people or use the break out room as an opportunity to connect with new people, learn from each other, share your ideas, and network.

Participate: If you have signed up for a workshop, it is your obligation to fully participate in that workshop. This can be difficult after a long work day but you will only get out of the workshop what you put in. Sharing your experiences may provide someone else with a solution to a dilemma that they have encountered or maybe your story will give someone a boost, or just a much needed laugh. A Zoom workshop is a live event and participation is expected. Zoom workshops are not webinars.

Evaluate: In order to provide you with quality workshops, MCCA needs your feedback. It is important for us to know what you thought about your workshop, the presenter, and what type of workshops you would like to see offered in the future. Please take the time to complete the online evaluation you are sent after the workshop.

PROFESSIONAL DEVELOPMENT **BROUGHT TO YOUR DOOR!**

Are you looking for a workshop that would benefit your staff? Are you looking for some professional development for a staff meeting or a staff retreat? Have you attended a workshop and wished your entire staff heard the same message? If you answered yes to any of these questions then perhaps we have the solution. You can now contact MCCA to arrange for your personalized professional development. This service is available to child care centres across the province and can be delivered by Zoom or in-person..

Benefits of your own personalized professional development opportunity:

- Everyone hears the same message
- Reduced cost – the cost to bring someone in for 35 people is cheaper than registering 35 people for a workshop
- Topic specific to your needs
- Flexibility with dates and times

MCCA has an extensive database of presenters, many of which have been presenting professional development for many years. Due to this consistent relationship with us, the presenters may be able to provide a discounted rate through MCCA. In 2022 alone, MCCA has organized 23 personalized PDs for programs throughout Manitoba. Some of the popular topics have been MCCA's pedagogical workshops (learning stories, anti-bias, etc.), guiding children's behaviour, and respectful workplaces.

What do you need to do to book a workshop?

Contact Karen Kowalski at kkowalski@mccahouse.org and provide the following information:

- Topic you are seeking
- Number of staff that will participate
- Possible dates and times for your event
- Budget
* In-person or Zoom

What MCCA will provide:

MCCA will search our presenter database to match your topic & budget and we will provide the following:

- Initial contact of the presenter
- Contract with the presenter
- Organize audiovisual, handouts, etc.
- Invoice the centre
- Provide participation certificates for your staff
- Provide evaluation forms
- Payment of the facilitator

Cost for the service is dependent on length of event and number of attendees.

If you have questions or are interested in having MCCA book your next professional development event, contact Karen Kowalski at kkowalski@mccahouse.org or 204-336-5062 or toll free 1-888-323-4676 ext. 224.

"Working with MCCA to plan our Together Again Celebration dinner and professional development evening was phenomenal (as usual. Karen listened to our ideas, was supportive and collaborative through the whole process. Her wealth of knowledge, experience and attention to detail really helped the evening come together. The beautiful venue, food, beverages, guest speaker and custom gifts were just the basics of the professional services we received. MCCA is our go to for planning quality events for our amazing team of educators! We are so lucky to have this service through MCCA!"

– Sharon Lee, K.I.D.S. Inc.

"Over the past year, MCCA has quickly become our go to when it comes to planning our professional development for our group! Working with MCCA has saved me time in planning for such a large group. It's been so easy to pick up the phone, call Karen to let her know my idea and just like that she takes all the stress out of planning by saying she has the perfect person in mind! It's not only personalized but it is cost effective. MCCA takes care of it all!"

– Brenda Bachinsky, O.K. Before & After School Child Care Centres Inc.

Please ensure you make note of where your in-person workshop is located.

Not all in-person workshops are held at MCCA.

Writing Grant Proposals That Win

WRI - 001
Tuesday, January 31, 2023 **Suitable for: Leadership**
9:00 am - 3:30 pm **PD Hours: 6**

When it comes to writing grant proposals, they are often won or lost based on the writer's ability to win the confidence of the reader that they are solving a need. What makes the difference between a regular proposal and a winning proposal? A winning proposal is one that uses the art of persuasion.

To use the art of persuasion, you must SELL the benefits of your idea so that the readers are convinced it is in their best interest to say YES! Learn the key rules of persuasion and how to combine them with high-energy language to write a winning proposal.

In this workshop, you will learn strategies of how to apply for grants that are specifically geared to what child care centres can apply for. As a group, we will work through a sample grant application together and review the writing techniques that will help create a winning proposal.

This workshop focuses on:

- using the art of persuasion so your readers say "yes"
- proving that your proposal will solve a need
- planning and organizing to put the right information in the right place
- guiding your readers so they "head nod" as you present the information

Participants are on their own for lunch. There will be an hour lunch break. MCCA has a fridge, microwave, and a toaster oven for your convenience. There are several restaurants in the area.

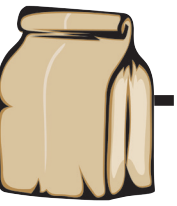
FACILITATOR: **Susan Portelance,** Instructional Designer and Writing Coach. After many years in the corporate world, Susan has turned her love of language into a career as a writer, editor and trainer. As an editor, Susan works with her clients to craft effective communications – from newsletters and blogs to eBooks and proposals. Susan brings to the classroom over 20 years of training experience and four years of Toastmasters participation where she has honed her public speaking and leadership skills. Susan joined Eclectic in January 2013 and has quickly proven to be an exceptional facilitator. Susan has completed training in adult education, presentation skills and coaching skills. She is certified to deliver presentations, workshops and one-on-one sessions using the EQ-i 2.0 Emotional Intelligence instrument. Susan is also a Certified Training and Development Professional (CTDP).

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2nd Floor, 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: $100.00 MCCA Member
$200.00 Non-member

Lunch 'N Learn For Directors



Suitable for: Leaders (Directors & Assistant Directors)
PD Hours: 2.5

Please join us for lunch!

LUN - 001
Wednesday, February 1, 2023
11:15 am - 2:00 pm

Location: Caboto Centre

Topic: Employment Standards: An Overview

Speakers: Don Allan & Chantal Smith

LUN - 002
Tuesday, April 4, 2023
11:15 am - 2:30 pm

Location: Larters at St. Andrews Golf & Country Club

Topic: TBD

Speakers: TBD

LUN - 003
Tuesday, June 13, 2023
11:15 am - 2:00 pm

Location: The Gates on Roblin

Topic: Access to Capital and Other Resources

Speaker: Nigel Mohammed

Networking & MCCA News: 11:15 am – 12:00 pm
Lunch: 12:00 pm – 1:00 pm (April 4 will be 12:00 pm - 1:30 pm)
Speaker: 1:00 pm – 2:00 pm (April 4 will be 1:30 pm - 2:30 pm)

*Please indicate if you require a vegetarian, vegan or gluten free meal.

WORKSHOP DELIVERY: In-Person

COST: $55.00 MCCA Member (each)
$110.00 Non-member (each)

Positive Body Image for School Agers

PBI - 001
Monday, Febraury 6, 2023
6:30 pm - 8:30 pm

Suitable for: School Age
PD Hours: 2

This workshop will discuss the concepts of body image, weight neutrality/health at every size, diet culture and much more. It will address providing positive messaging that promotes body positivity for school aged children.

FACILITATOR: **Oribim Kingson** serves as the Health Promotion and Eating Disorder Dietitian with the Women's Health Clinic. She uses a weight neutral approach to nutritional counselling. Her vision is to support individuals in a way that enables them reach their health goals without fear or shame by providing the knowledge and tools to make healthy decisions confidently.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: $45.00 MCCA Member
$90.00 Non-member

Best Choices: Ethics Part I & II

ETH - 012
Saturday, February 4, 2023
9:00 am - 4:00 pm

Suitable for: All
PD Hours: 6

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

This is the first workshop in the MCCA's ethical journey series. In Part I, you will learn about beliefs, values, and ethics and the relationship between them. You will learn to identify your own beliefs, values, and ethics and understand how they impact your actions. You will also learn to understand others' beliefs, values, and ethics.

In this second session in your ethical journey, you will be introduced to the MCCA Code of Ethics and understand its benefits. You will also begin to learn the process of ethical decision making. In this session you will receive your personal copy of the Code of Ethics and a handy wallet size card with the principles to keep at your fingertips.

Participants are on their own for lunch. There will be an hour lunch break. MCCA has a fridge, microwave, and a toaster oven for your convenience. There are several restaurants in the area.

FACILITATORS: **Kisa MacIsaac** is Métis, a mother, an educator, artist, advocate, and volunteer. She is an ECE III and holds a BA degree in Developmental Studies. Kisa jumped into the field of early learning and childcare back in 2002, has been a member of the MCCA Ethics Committee since 2008, and is a proud member of the MCCA Board of Directors. She is passionate about land based curriculum, and loves to garden with children!

Keri Waterman has over 30 years experience within the child care community, working with children of all ages, from front line to finance and administration including four years at the University of Manitoba as practicum supervisor. An Ethics Guide since 2002, she enjoys guiding people along their own ethical journeys.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: $90.00 MCCA Member
$180.00 Non-member

Sharing Stories of Resiliency and Reconciliation

MAKE THIS YOUR FEBRUARY STAFF MEETING

SHA - 001
Thursday, February 2, 2023
6:30 pm - 8:30 pm

Suitable for: All
PD Hours: 2

Thank you to The Winnipeg Foundation for providing sponsorship for this workshop.

As a sought after speaker, Kevin draws on his humble beginnings as an Indigenous youth in Winnipeg's North End to working alongside business, community, and government leaders. Through sharing personal stories of resiliency, possibility, and hope, he is able to engage diverse crowds into inclusive and healthy conversations about reconciliation.

THE WINNIPEG FOUNDATION
For Good. Forever.

FACILITATOR: **Kevin Chief** is Principal of Chief Partnerships Manitoba Incorporated. He is currently the chairperson for the Centre of Aboriginal Human Resource Development Inc. and Senior Advisor at True North Sports and Entertainment. Kevin brings a commitment to community and leadership development through his dedication to education, training, and employment. Born and raised in Winnipeg's North End, he has considerable public sector and community experience. He served as a member of the Legislative Assembly of Manitoba, representing Point Douglas, and was appointed to Cabinet as Minister of Children and Youth Opportunities in 2012, Minister responsible for the City of Winnipeg in 2013, and Minister of Jobs and the Economy in 2014. Following public service, Kevin was the Vice President at the Business Council of Manitoba. Chief is the co-founder of the Winnipeg Aboriginal Sport Achievement Centre. Kevin and his wife Melanie have three young sons: Hayden, Kellan, and Daxton. He is also known as a high steppin' square dancer as a part of the Norman Chief Memorial Dancers.

Refreshments will be served.

WORKSHOP DELIVERY: In-Person

LOCATION: Victoria Inn
1808 Wellington Avenue
Winnipeg, MB

COST: $20.00 MCCA Member
$40.00 Non-member

Pedagogical Leaders Community of Practice

Suitable for: Leaders

PED - 001
Thursday, February 9, 2023
9:00 am - 12:00 pm

Location:
Seven Oaks Hospital
2300 McPhillips St.
Room: Auditorium

PD Hours: 3

Cost:
$25.00 MCCA member
$50.00 Non-members

PED - 002
Thursday, April 13, 2023
9:00 am - 12:00 pm

Location:
Seven Oaks Hospital
2300 McPhillips St.
Room: Auditorium

PD Hours: 3

Cost:
$25.00 MCCA member
$50.00 Non-members

PED - 003
Thursday, June 8, 2023
9:00 am - 3:00 pm

Location:
Fort Whyte

PD Hours: 6

Cost: (includes snacks & lunch)
$60.00 MCCA member
$120.00 Non-members

*For June 8, please indicate if you require a vegetarian, vegan or gluten free meal.

This Community of Practice grew out of a group of directors who wanted to meet to support each other on their pedagogical journey after they attended the 11th Annual Directors Conference – 'Leading a Year of Reflection'. This group has had members come and go but a core group has kept it going. We invite you to join us if you are in a leadership position or may be the pedagogical leader at your centre and mentor or coach staff.

Join us as we share and support each other's pedagogical journey. At each meeting, we spend three hours, getting together to think deeper about topics that are current and relevant to our daily practice. The meeting content includes a round table discussion of a specific questions posed to everyone, discussion of articles, pedagogical focused activities, and sharing of resources. To receive the full benefit of this group we encourage you to register and attend all five of the meetings that happen throughout the year.

Once you register, approximately one week before the meeting you will be sent an agenda and readings *(to discuss at the meeting)* by Karen Kowalski. The email will be sent to the email entered on the registration, so if multiple people from one centre are attending then please share with others.

FACILITATOR: Karen Kowalski is MCCA's Assistant Executive Director/Director of Professionalism

WORKSHOP DELIVERY: In-Person

WATCH FOR THIS!

IT MEANS THE WORKSHOP LOCATION IS NOT AT THE MCCA.

No One Owes You a Living - Professionalism in ECE

NOO - 001
Monday, Febraury 13, 2023
6:30 pm - 8:30 pm

Suitable for: Frontline
PD Hours: 2

Do you understand your workplace expectations? Do your coworkers expect you to do things that you didn't even know were your responsibility? We'll explore the common and not-so-common areas of performance and teamwork and have a look at some of the non-negotiables of the workplace. "No one owes you a living. It is up to you to adapt, evolve, and thrive!"

FACILITATOR: **Michele Grant** has been working and volunteering in the early childhood community for four decades. During that time, she has experienced the ebb and flow of working within a team.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: $45.00 MCCA Member
$90.00 Non-member

Inspired by the Reggio Emilia Approach

INS - 001
Wednesday, Febraury 15, 2023
6:30 pm - 8:30 pm

Suitable for: Frontline
PD Hours: 2

This two hour session will provide you an introduction to how the Reggio Emilia Approach is used as an inspiration in child care centres here in Manitoba. The Reggio Emilia Approach is a child centered and constructivist pedagogical approach from a small town in Italy (Reggio Emilia).

This session will include:

- Why current research on brain development and the whole child supports the principals in the Reggio Emilia approach
- Your view of children as learners
- Questions to reflect on current beliefs, values, and practices

We will share beginning steps that we can take to reflect on and start articulating our own pedagogical values and approaches. You will leave this session with inspiration and excitement to support children's learning experiences. We hope you will gain an understanding of the importance of early childhood development that shapes and scaffolds a child's journey in life.

FACILITATOR: **Gerrie Stolz** is classified as an Early Childhood Educator III with years of experience in a variety of roles in the field of early childhood education. She started her career working with infants and preschoolers, was an instructor in the Early Childhood Education Program at Red River College and spent the majority of her career as a Quality Enhancement Specialist for the Manitoba Early Learning and Child Care Program. Gerrie has been involved in developing a variety of resources focused on early learning curriculum. She has a Bachelor of Arts Degree in Developmental Studies with an Advanced Diploma in Studies of Special Rights. Gerrie is a trained facilitator in Circle of Security and a member of the Manitoba Reggio Inspired Coalition of Educators. Currently, Gerrie is working at Red Road Child Care, St. Amant.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: $45.00 MCCA Member
$90.00 Non-member

Making a Short Story Long: Enriching the Literary Experience

MAK - 001
Thursday, February 16, 2023
6:30 pm - 8:30 pm

Suitable for: Frontline
PD Hours: 2

"Outside of a dog, a book is a man's best friend. Inside of a dog it's too dark to read." -Groucho Marx

Do you remember being read to from someone important in your life? Do you remember taking your time on each page and spinning conversations that extended well beyond the pages of the story? Do you remember the tricks and techniques that your favourite librarian used to mesmerize and enchant you and bring you into the story? Do you realize that right now you are that same person in the life of a child?

Join us for a workshop that explores how we can use children's books and stories in variety of ways to bring literature alive, meaningful and just plain fun. Using examples from my brilliant wife and her work, a couple of my favourite methods and of course ideas from you, we will spin a story that will leave us excited and eager to create our own literacy adventures for our group of kids.

You are encouraged to bring and share your favourite kid's book to the workshop.

FACILITATOR: **Marc Battle** is an Early Childhood Education Instructor at Red River Polytech in Winnipeg.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: $45.00 MCCA Member
$90.00 Non-member

Baby Talk: Encouraging Language Development With Infants And Toddlers

BAB - 001
Tuesday, February 21, 2023
6:30 pm - 9:00 pm

Suitable for: Infant
PD Hours: 2.5

This workshop focuses on how we can support children's language development in the early years. Included will be practical, interactive strategies to help children engage and communicate with their caregivers. Some of the topics covered will be:

- Children's conversational styles
- The roles caregivers play
- Knowing how and why children communicate and how we can more effectively support them
- Strategies we can use to encourage interaction and conversation
- How to use rhymes and stories to help build emergent literacy skills
- Ways of supporting families as partners in building language skills

FACILITATOR: This workshop will be presented by a Bookmates Facilitator. Bookmates is a non-profit organization based in Winnipeg with over 38 years' experience in supporting early learning educators. Bookmates stays current with emerging research and themes related to healthy child development and uses a literacy lens to share strategies, information, resources and practical experiences.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: $45.00 MCCA Member
$90.00 Non-member

Excel Level I

EXC - 001
Thursday, February 23, 2023
9:00 am - 3:00 pm

Suitable for: Leadership
PD Hours: 5

Have you ever started or been working in a job that required Microsoft Excel knowledge but weren't sure what to expect or how to get started? Well, this is the course for you!

During this Microsoft Excel Beginner Course - Introduction Excel you will build a solid foundation on which you will be able to learn, grow more and be able build confidence when using this friendly Microsoft program.

This class will provide you the Microsoft Excel basics such as:

- Understanding the Excel interface and document structure
- Entering and working with data in an Excel worksheet
- Formatting your Excel data to make it more presentable
- Working with formulas and the most common Excel functions
- Creating and working with Excel charts to visually present data
- Have time to "ask the instructor" questions related to Excel

Participants are on their own for lunch. There will be an hour lunch break. MCCA has a fridge, microwave, and a toaster oven for your convenience. There are several restaurants in the area.

Note: **You must bring a laptop with Excel on it to this session, computers are not provided.**

FACILITATOR: **Ronald Sarran** is proud to share that he was born and raised in Winnipeg and embraces what it takes to brave a prairie winter and enjoy our beautiful (yet too short!) summers. He is a graduate of the University of Manitoba with a Bachelor's Degree in Business (Commerce) and Adult Learning & Development (Education). This is an addition to completion of his designation from the Canadian Institute of Management with a Professional Manager's Designation and as a Certified Facilitator from Design Dimensions International (DDI). His current role is the Director, Strategy and Consultant Care with Paradigm Consulting Group where he lead a team of professionals who deliver on their unmatchable offer across the organization. The 20+ years of work experience has allowed him to learn about banking, retail, telecom, public sectors management and now consulting. His responsibilities have spanned multi-million-dollar Capital and Operating Expense Programs at Bell MTS, Organizational Initiatives such as the updated Strategic Plan for Economic Development Winnipeg to the development of Leadership Programs across multiple companies. These valuable experiences have led to successful outcomes that can be seen at each of these organizations.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: $140.00 MCCA Member
$280.00 Non-member

Supporting Sensory Needs

SEN - 001
Saturday, Februray 25, 2023 **Suitable for: Frontline**
9:00 am - 12:00 pm **PD Hours: 3**

In this introductory workshop of understanding how our senses are communicating needs through behaviour is broken down into the different senses. Educators will learn what sensory processing is, go deep into the eight sensory systems and see the connections between behaviours and self-regulation. They'll clearly understand the myths around sensory play and how integral it is to all children's development. Along with many practical and inexpensive ideas to support all children as I walk you through our sensory journey and our son's sensory diet.

Participants Will Also Receive:

- Accommodations for the Environment Guide
- Reflection to Action
- Sensory Cheatsheets

In this workshop Educators will:

1. Develop a growth mindset that behaviour is a communication
2. Understand Sensory Processing and how our bodies receive daily sensory information and process it
3. Take an in-depth look at our 8 senses and how challenging behaviours are communicating needs
4. Learn accommodations for our environments based on individual needs
5. Create a list of sensory diet activities to help the child self-regulate and support their needs, and
6. Discuss ways to build our Educator-Parent relationships to present our observations and strategies to support the child.

FACILITATOR: **Veronica Green** is an Early Childhood Consultant and Mentor with 10 years of experience supporting children and educators across all age groups and types of programs. She's spent the last five years solely inspiring and mentoring Early Childhood Educators globally through professional development workshops and resources on loose parts play, sensory processing, documentation, planning, curating the third teacher and her reggio inspired practice. As a keynote speaker, trainer, mentor and developer of workshop curriculum, Veronica has the ability to easily infuse theory to practice and creates engaging adult learning experiences with storytelling, images, videos, hands on play experiences and meaningful dialogue.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: $45.00 MCCA Member
$90.00 Non-member

Let's Take A Hike

LET - 001
Saturday, March 11, 2023
10:00 am - 12:00 pm

Suitable for: All
PD Hours: 2

Witnessing the micro and macro changes that happen in nature, from the movement of an animal, the falling of a leaf, the process of travelling and the teachings that come from The Journey, not the Destination. Join in the discussion of how we can be more present with the natural world and sharpen our senses to the magic of nature. Learning mindfulness practices, participating in sit spots, creative writing and group sharing we will emerge from the forest, grounded, uplifted and inspired to share this gentle path with the children and colleagues in our lives.

"Nature never rushes and everything gets done."

FACILITATOR: **Leah Smith** is an ECE II, Forest School Practitioner and parent of two wild children! With nearly 20 years of experience in childcare, she has explored many different styles of program in early learning. From large centres to private family child care, running her own entrepreneurial Forest School programs and workshops to her current role as Forest School Manager at Fort Whyte Alive. Leah brings the love of nature and the passion for connecting to natural rhythms to those around her. Her experience brings a holistic approach to working with children and the adults in their lives, with her main objective being fostering a re-connection to the natural world through following the seasonal successions as well as encouraging ones own authentic expression.

WORKSHOP DELIVERY: In-Person

LOCATION: Bois-des-Esprit
650 Shorehill Drive, Winnipeg.

COST: $45.00 MCCA Member
$90.00 Non-member

Getting Out of Our Comfort Zone to Have Difficult Conversations

GET - 001
Monday, March 13, 2023
6:30 pm - 9:00 pm

Suitable for: All
PD Hours: 2.5

We often have to have uncomfortable conversations with parents about their children, or even about themselves, and sometimes we have these tough conversations with staff as they are struggling. We will use this time to break down some of the emotional material that is happening for us so that we can establish clarity of task with the other.

FACILITATOR: **Joanne Brown** Brown is a Clinician at New Directions Family Therapy Services with 35 years of working with families struggling to be the best parents they can be. In her role, she is a consultant to child care centres, providing groups and workshops around attachment and trauma. She also co chairs the Attachment Network of Manitoba (www.attachmentnetwork.ca).

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: $45.00 MCCA Member
$90.00 Non-member

Spark New Ideas and Fuel Results

SPA - 001
Wednesday, March 15, 2023
9:00 am - 3:30 pm

Suitable for: Leadership
PD Hours: 6

Do you sometimes feel like you're in a bit of a rut using the same ideas year after year? Do you know what works well and what doesn't? Do you sometimes find it challenging to come up with new ideas?

In our workplaces, we get into patterns and start making assumptions. This can hold us back. We're not trying to look for the opposite idea but, rather, other alternatives. In this interactive workshop, we'll explore various individual and group techniques that will spark new ideas and fuel results. We'll challenge the status quo and help you have different conversations on familiar topics.

This workshop focuses on...

- recognizing the internal and external factors that limit creative thinking
- applying various individual and group thinking exercises to generate new ideas
- evaluating and selecting the best ideas and solutions
- developing your own personal creativity

Participants are on their own for lunch. There will be an hour lunch break. MCCA has a fridge, microwave, and a toaster oven for your convenience. There are several restaurants in the area.

FACILITATOR: **Marie Anataya** Performance Consultant, Instructional Designer and Facilitator) is the president of Eclectic Communications and co-founder of Odality. With over 20 years experience as an educator in a variety of subjects, including business communication, she has led numerous program and workshop development projects. Along with her training and workshop development work, Marie has shared her expertise as a learning and development consultant with clients in private, non-profit and public sector organizations throughout Canada. Using her combined experiences, Marie creates informative and practical online and offline workshops tailored to the audience's needs. Marie has direct adult education training with her certificates in Teaching English as a Second Language from the University of Manitoba, Workshop Facilitation from the University of Winnipeg, and Adult Education from St. Francis Xavier University. She is certified to deliver presentations, workshops and one-on-one sessions using EQ-i 2.0 Emotional Intelligence and Myers-Briggs Type Indicator instruments. Also, she is a Certified Training and Development Professional (CTDP).

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: $100.00 MCCA Member
$200.00 Non-member

Managing Responses, Not Reactions: School Aged Children and What Their Behaviour Communicates

MAN - 001
Saturday, March 18, 2023
9:00 am - 3:00 pm

Suitable for: School Age
PD Hours: 5

We tend to expect more from older children, but they might not be able to deliver. We will stop and understand how children are "composed", so we can identify parts that might be missing in their emotional development. As with any child, their behaviour is their alarm bell, so we will focus on ways to pay attention to this alarm, and help settle it. Borrowing from attachment focused work, we will look at this age group through a relationship lens and manage their emotions not so much their behaviours.

Participants are on their own for lunch. There will be an hour lunch break. MCCA has a fridge, microwave, and a toaster oven for your convenience. There are several restaurants in the area.

FACILITATOR: **Joanne Brown** is a Clinician at New Directions Family Therapy Services with 35 years of working with families struggling to be the best parents they can be. In her role, she is a consultant to child care centres, providing groups and workshops around attachment and trauma. She also co chairs the Attachment Network of Manitoba (www.attachmentnetwork.ca).

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: $75.00 MCCA Member
$150.00 Non-member

Workshops begin promptly at the start time, please ensure you have joined the Zoom workshop 10 minutes prior to the start time.

The Power of Peace: Using the Environment to Promote Language & Literacy, Relationships and Representation

POW - 001
Wednesday, March 22, 2023
6:30 pm - 8:30 pm

Suitable for: All
PD Hours: 2

As ECEs, we recognize that the environment is a part of play-based curriculum and has an impact on our practice. Buth this isn't just about addressing challenging behaviour or keeping children engaged. It's about harnessing the power of the Environment as Third Teacher to inform and shape children's learning, to promote communication and realtionships, and even to affect children's mood and behaviour! When educators reflect on their surroundings and consider how this environment impacts everyone who lives and works in the space, we can harness this information to foster children's learning and positive relationships.

Through the lens of a project used to promotoe language and literacy, participants will be offered simple ways to design a warm and welcoming envrionment for learning, how to create an environment that builds positive relationships thorugh representation, and how to use children's interests to create an environment where children feel accepted and recognized.

FACILITATORS: **Zen Rio Quinsaat** is a second-year Early Childhood Education (Workplace Program) student at Red River College Polytech. Currently, she is an ECE II in Training at Fort Rouge Co-op Day Nursery. She has a passion for creating educational activities that nurture the natural curiosity of children of different ages. She is fond of doing S.T.E.A.M. programming that incorporates an anti-bias cultural component. She loves hiking, photography, arts, design, and architecture. She also dreams of becoming a children's book author some day.

Dr. Kelly Andrushko is an Instructor in the ECE Workplace program at Red River College Polytech. She is also an ECE III and spends time learning about children's health, body image, eating attitudes and behaviours, physical activity, and gender. She loves to play with her food, read a book in a tree, and roughhouse with her niece and nephews. She has also been known to carry three or four children on her back while playing 'horsie'.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: $45.00 MCCA Member
$90.00 Non-member

ONLINE
WORKSHOPS

Positive Guidance

POS - 001
February 16 - March 1, 2023

Suitable for: Frontline
PD Hours: 6

The Manitoba Child Care Association and Red River College have partnered to offer online workshops. The workshop content (videos, readings, links, games, discussions) is completely online and available to participants during the duration of the workshop. There are weekly expectations and participants have complete flexibility to work through the materials at times of the day that are most convenient for them. The content is from the Science of Early Child Development (SECD). SECD's engaging, multimedia resources are used around the world by people who want to learn more about the impact of the early years on lifelong health and well-being.

The Positive Guidance Workshop focuses on the principles of positive guidance; the importance of relationships; tools for guiding and how to put them into practice.

Topics include:

- Approaches to positive guidance
- A child rights perspective
- Relationships and communication
- Friendships and getting along with peers
- Self-regulation
- Challenging behaviours

The Positive Guidance workshop is equivalent to a full day workshop, or six hours of professional development.

Please note: **Participants should have a reliable internet connection and be comfortable reading and writing in English.**

When registering, please provide the email of the person who will be participating in the workshop, not the centre email.

FACILITATOR: Each SECD online workshop is facilitated by a Red River College ECE instructor or an ECE practitioner, each of whom brings a wealth of knowledge and experience in the childcare sector.

WORKSHOP DELIVERY: Online

COST: $90.00 MCCA Member
$180.00 Non-member

ZOOM WORKSHOPS

POLICIES FOR ZOOM WORKSHOPS

- Please click on the zoom link 10 - 15 minutes before the workshop begins. Our zoom workshop hostess will begin admitting participants in at that time.
- Zoom workshops are live workshops that require participants to keep their video on the entire time.
- Upon entering the workshop everyone will be muted to minimize background sounds. If you wish to make a comment or ask a question you can unmute yourself or comment in the chat feature.
- Please name your device with your full name so that we can check you off on the attendance. We don't know who you are if it just says iPhone 10 or iPad. We want to make sure we have verified your attendance so that you will receive a certificate.
- After the workshop you will be sent a link to complete a workshop evaluation using Survey Monkey. Please do the evaluation within 48 hours.
- Certificates of Participation will be emailed to participants after 75% of participants have completed the evaluation.
- If for any reason we cannot identify who you are, we will need to remove you from the workshop. Unfortunately you will not be let back into the workshop and will not receive a certificate.
- The zoom link we send is only for you. It should not be shared and other people should not be listening to the workshop who have not registered.
- If two or more people are registered and sharing one screen, please let the host/hostess know. It is recommended that each person is on their own device.
- The zoom link is sent out at least 24 hours to the workshop start time. If you have not received the zoom link contact MCCA by 3:00pm so that we can send you the link.

Bouncing Back: The Importance of Active Outdoor Play

BOU - 001
Tuesday, January 24, 2023
6:30 pm - 8:30 pm

Suitable for: Frontline
PD Hours: 2

In the early months of the pandemic, time spent outdoors decreased for many as public health restrictions affected access to outdoor spaces. Over time, as our world slowly opened up again, many have found a new appreciation for the outdoors for the following reasons: for physical health (including lower risk of viral transmission) and mental health; for enjoyment, fun and relaxation; and for a way to feel a sense of normalcy in this strange time. This rediscovery of the outdoors has great potential to be an accelerator for ensuring active outdoor play is a priority, and subsequently for educators and families to integrate the organic, natural learning opportunities that occur when we play outside. This workshop focuses on providing early literacy resources, tools and strategies that encourage young children and their caregivers to get active outdoors. Using children's picture books as a framework, we will look at how we can extend concepts in a natural setting, focusing on inquiry-based learning while enhancing children's early literacy skills and overall healthy development. This workshop is geared towards those working with children in the preschool years.

FACILITATOR: This workshop will be presented by a Bookmates Facilitator. Bookmates is a non-profit organization based in Winnipeg with over 33 years' experience developing and delivering family literacy training. Bookmates' trainings are created with the goal of enhancing pre-school children's development and learning capabilities to help prepare them for success as they enter the school years."

WORKSHOP DELIVERY: Zoom

COST: $45.00 MCCA Member
$90.00 Non-member

School Age Networking

Suitable for: School Age
PD Hours: 1.5

SCH - 001
Thursday, January 26, 2023
7:00 pm - 8:30 pm

Topic:
Embracing the Winter

SCH - 002
Wednesday, March 1, 2023
7:00 pm - 8:30 pm

Topic:
Summer/Inservice Planning

SCH - 003
Wednesday, May 3, 2023
7:00 pm - 8:30 pm

Topic:
Engaging with Families

School Age Networking evenings allow early childhood educators and child care assistants, working in school age programs, the opportunity to collaborate and network with other SA educators that understand school age care and learning. These casual sessions allow you to bounce ideas off of each other and hopefully get some answers and insight. Prior to each session, a topic will be chosen and shared with participants in advance of the meeting. Please come prepared to share, discuss, and brainstorm ideas based on the topic. We hope to have people from all over the province join us, as the more perspectives we have from different programs, the more we can all learn.

FACILITATORS: Members of MCCA's School Age Committee.

WORKSHOP DELIVERY: Zoom

COST: $10.00 MCCA Member
$20.00 Non-member
*Each Session

Indigenous Culture in Early Childhood Settings

IND - 001
Monday, January 30, 2023
7:00 pm - 9:00 pm

Suitable for: Frontline
PD Hours: 2

Reconciliation and Indigenous Pedagogies in Early Learning and Child Care: Awakening and Coming to Know Indigenous Pedagogies in Early Learning.

Indigenous knowledge is a knowledge system that is different from Eurocentric knowledge – it is closely tied to place.

Lori Huston, a Metis early childhood educator, will share teaching and learning processes that are holistic and narrative-based. Stories are a primary medium for conveying Indigenous knowledge. In this workshop, participants will hear stories about the Indigenous child, family, and community's pedagogies that support Indigenous knowledge and children in early learning programs.

FACILITATOR: **Lori Huston** (she/her) is a doctoral student in the Education, Curriculum and Pedagogy program of the University of British Columbia. Lori is Métis from the Treaty 3 Territory in north-western Ontario. Lori's cumulative research experiences and graduate studies have focused on Indigenous ECE leadership, highlighting Indigenous pedagogies connected to reconciliation, place, and land-based teachings. Lori founded a mentorship program called Rising Indigenous Voices in Early Learning in 2018, where she collaborates with over 100 Indigenous ECEs living in First Nation communities across northern Ontario.

WORKSHOP DELIVERY: Zoom

COST: $45.00 MCCA Member
$90.00 Non-member

Thriving Through Life's Transitions

THR - 001
Tuesday, January 31, 2023
6:30 pm - 8:30 pm

Suitable for: Frontline
PD Hours: 2

Life transitions can be challenging for adults and even more so for children. In this workshop participants will engage in an activity to explore the common life transitions that may happen in the lives of children. Participants will discuss how these life transitions impact children within a child care program. By taking into consideration child development, participants will collaborate and generate ideas about how to best support children with curriculum differentiation.

FACILITATOR: **Ana Valle Rivera** is a proud mother of three, a children's book author, and the founder of Early Years Thriving. Ana's life purpose is to support adult caregivers and help children thrive. Ana hopes to inspire positive change in the early years field by sharing a vision of social wellness and social justice for all.

WORKSHOP DELIVERY: Zoom

COST: $45.00 MCCA Member
$90.00 Non-member

Setting Boundaries for Children in Early Childhood Settings

SET - 001
Wednesday, February 1, 2023
7:00 pm - 9:00 pm

Suitable for: Frontline
PD Hours: 2

Children and adults need boundaries for a variety of reasons. For educators, knowing when and how to appropriately set boundaries with children can be challenging. Boundaries keep children safe, but we also want to honour their opinions, choices, autonomy and decision-making.

This workshop will give practical applications on how and when to use boundaries. It will explore educators' own needs and challenges around boundaries and how to support children in establishing their own voice and boundaries.

FACILITATOR: **Drew Harms** is a Registered Clinical Counsellor and Early Childhood Educator in British Columbia. She has her degree in Early Childhood Care and Education and Masters Degree in Counselling Psychology. She has worked on the floor as an educator in a variety of early childhood settings, as well as supported families as an infant development consultant and supported child development consultant. She now works in private practice as a clinical counsellor supporting children, families, teens and adults.

WORKSHOP DELIVERY: Zoom

COST: $45.00 MCCA Member
$90.00 Non-member

Facilitating Friendship Skills

BACK BY POPULAR DEMAND

FAC - 001
Tuesday, February 7, 2023
6:30 pm - 8:30 pm

Suitable for: Frontline
PD Hours: 2

As an ECE, you may be asking yourself why do we need to explore the topic of facilitating friendship skills with children? Why is this so relevant in our field?

During this interactive learning opportunity, we will examine the positive benefits of building these early relationships for children, including increasing their vital self esteem and giving them the tools to navigate their environments in a healthy and open manner.

During this workshop, we will explore:

- setting up our classroom environment to support the children in our care
- supporting children while navigating the social/emotional aspect of friendships in an age-appropriate manner, while respecting each child's individual personality
- practicing social skills through the use of games, dramatic play, music, conversation and daily activities
- the impact and importance of role modeling for children
- developmentally appropriate conflict resolution

FACILITATORS: **Mia Gunhouse** has been in the fields of Education, Early Learning and Child Care since graduating from University. She first began her career as a Public School Teacher in Winnipeg and in the Greater Toronto Area, eventually transitioning into a career of Early Child Development in Calgary. Mia has enjoyed several positions along the way, including Preschool/Kindergarten Educator, Coach/Consultant, as well as fully immersing herself into various management roles.

Carla Crann has been in the Early Learning and Care field since graduating from Mount Royal University in 2003. She started her career as a frontline Educator and gradually transitioned to senior management roles, all while continuing her dedication to lifelong learning. Carla is passionate about children exploring their world, building their confidence and learning alongside them.

WORKSHOP DELIVERY: Zoom

COST: $50.00 MCCA Member
$100.00 Non-member

Promoting Self-Regulation with the Bottom-Up Approach

PSR - 001
Wednesday, February 8, 2023
6:30 pm - 8:30 pm

Suitable for: Infants/Toddlers
PD Hours: 2

Research has shown that self-regulation is one of the key life skills related to learning as well as emotional, social, and physical well-being. From taking turns to expressing their big emotions appropriately, infants and toddlers require much learning, practice, and support from early childhood educators.

During this workshop, early childhood educators will be introduced to their crucial role as co-regulators while discussing the development of regulation. They will explore different strategies to meet an individual child's needs based on tackling different levels of the brain.

This workshop is designed for early childhood educators, especially those who work with infants and toddlers in group child care settings.

FACILITATOR: **Dr. Minnie Mossop** is a passionate infant and toddler specialist with a Ph.D. and MA in Infant and Early Childhood Development and an M.Ed. in Early Childhood Education. Her research interests cover various mental health areas (e.g., attachment, brain development, co-regulation) of young children, especially infants and toddlers. She is a faculty member of the Early Childhood Education Program at Douglas College. She has also supported hundreds of families and ECEs in North America through online/offline consultations and group workshops.

WORKSHOP DELIVERY: Zoom

COST: $45.00 MCCA Member
$90.00 Non-member

Planning for Mixed Ages

PLA - 001
Thursday, February 9, 2023
6:30 pm - 8:30 pm

Suitable for: Frontline
PD Hours: 2

Working with a mixed age group can be a challenge. It can often feel overwhelming and an impossible task. In this workshop we will explore how children learn, what developmentally appropriate practice looks like and how to set up the environment with intention to support a variety of ages, developmental levels and interests. We will also look at how to mange all these aspects when you are working on your own with a group in a centre or in a family child care environment.

FACILITATOR: **Cindy Curry** has been in the field of Early Childhood Education for over 32 years. She has worked the front lines as well as held various roles in management including director of a non-profit program. Currently she operates a licensed group family child care program, a forest and nature school program, facilitates workshops for various groups, instructs part time at Red River College, Portage Campus in the Early Childhood Education program, sits on the board of directors of International Play Association - Canada, and is an active advocate for child care and all ECEs.

WORKSHOP DELIVERY: Zoom

COST: $45.00 MCCA Member
$90.00 Non-member

Dis is Wat it Mus Be Like! Learning Disabilities from the Inside Out

BACK BY POPULAR DEMAND

DIS - 001
Wednesday, February 22, 2023
6:30 pm - 8:30 pm

Suitable for: Frontline
PD Hours: 2

An interactive workshop for Educators or Parents of Children with Special Needs – Because Some Children Just Learn Differently.

A child is struggling in school. He just doesn't seem to grasp concepts as quickly as others, and simply can't keep up. He works hard! In fact, he has to work harder than anyone else in his class just to "appear" like he understands. He often becomes tearful, anxious, or even immobilized by a change in routine. He's always losing things. He never seems to listen, yet can tell you, with great detail, how the engine of a train works. His teachers say he's often getting into fights on the playground. He just doesn't seem to understand all the non-verbal social cues that go on when he's playing with his friends. For some reason, he just can't seem to get through a single school day without a struggle. His parents are bright, caring, and very concerned, and they just don't know what to do.

…Could it be that this child has special learning needs that require a different teaching approach? Could it be that this child has some kind of learning disability?

This workshop will dispel the myths and provide an in-depth overview of some of the most common learning difficulties faced by so many children in our programs today. Through a variety of interactive activities, participants will have the opportunity to experience first-hand what it's like to actually have a learning disability of their own! As well, we'll look at a wide range of strategies, accommodations and alternative approaches that can be used, in order to build a child's self-esteem, demystify their challenges, and maximize opportunities for social and academic success.

In this workshop, we'll look at:

- Visual/Spatial Perception Deficits
- Auditory Language Processing Difficulties
- Conceptual Challenges
- ADD/ADHD Attention Deficit (Hyperactivity) Disorder
- Pervasive Developmental Disorders –Autism and Asperger's
- Childhood Anxiety and other areas related to Mental Health

Yes, some children just learn differently. The more we begin to understand, accept and appreciate learning challenges for what they truly are, the more opportune a world we can provide for all children.

FACILITATOR: **Simmy Zaret** as an educator for both the school and public health systems, Simmy feels privileged to have worked with, taught, counselled, and supported children with special needs and their families over 35 years. Through an array of workshops and speaking engagements, she now brings her extensive experience to early childhood educators, teachers, administrators, and parents on-line from coast to coast. Simmy's focus remains on promoting a holistic, compassionate approach, to optimize success for all students both inside and outside of the classroom. She is currently working on a book which will encapsulate her methodologies, and provide practical, well-honed strategies for promoting joy and success for children of all ages. Besides her active teaching and consulting career, Simmy enjoy a busy family life in Toronto Ontario, where she is a well-known local storyteller, avid painter, and the proud mom of two wonderful young men.

WORKSHOP DELIVERY: Zoom

COST: $50.00 MCCA Member
$100.00 Non-member

Building a High-Performance Team

BUI - 001
Tuesday, February 28, 2023
9:30 am - 11:30 am

Suitable for: Leadership
PD Hours: 2

A great team is not just a group of great employees: research shows that how a team works together is actually more important than who's on the team. High-performing teams exhibit accountability, purpose, respect and collaboration. How can you turn a dysfunctional group into a productive team?

In this session, we will identify the benefits & challenges of teamwork as well as what happens when an employee refuses to contribute to the team, examine the stages of teambuilding and their impact to the individual, the team, and the centre.

FACILITATOR: **Melenie Olfert** has worked as an independent consultant sharing her knowledge and expertise through leadership projects and workplace training. With a background in adult education and training, Melenie is now a published writer, as well as an accomplished speaker on intercultural & diversity in the workplace, human resources and leadership development. Further to her training experience, Melenie is an instructor with the University of Winnipeg, PACE Program, where she teaches in the Leadership Program. She is also the co-facilitator of the Language Interpreter Training Program which supports language diversity in work and community settings. Outside of work, Melenie volunteers in assisting newcomers in preparing for their Canadian citizenship exams.

WORKSHOP DELIVERY: Zoom

COST: $45.00 MCCA Member
$90.00 Non-member

Supporting Infant and Childhood Mental Wellness

SUP - 001
Tuesday, February 28, 2023
6:30 pm - 8:30 pm

Suitable for: Infant
PD Hours: 2

Being present and responsive is not only essential for building a secure attachment and relationship, but it is also essential for supporting infant and childhood mental wellness. In the past few years, childrenand families have been exposed to additional risk factors for experiencing adversity. In this workshop, educators will be asked to identify injustices, inequities, risk factors, and adversity that impact families and children. In this workshop participants will also strengthen their understanding of how to support all children using a primary caregiver model and co-regulation.

FACILITATOR: **Ana Valle Rivera** is a proud mother of three, a children's book author, and the founder of Early Years Thriving. Ana's life purpose is to support adult caregivers and help children thrive. Ana hopes to inspire positive change in the early years field by sharing a vision of social wellness and social justice for all.

WORKSHOP DELIVERY: Zoom

COST: $45.00 MCCA Member
$90.00 Non-member

Best Choices: Ethics Part I

ETHZ - 001
Thursday, March 2, 2023
6:30 pm - 9:30 pm

Suitable for: All
PD Hours: 3

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

MCCA provides participants with a certificate which tracks your journey through all four parts.

This is the first workshop in the MCCA's ethical journey series. In Part I, you will learn about beliefs, values, and ethics and the relationship between them. You will learn to identify your own beliefs, values, and ethics and understand how they impact your actions. You will also learn to understand others' beliefs, values, and ethics.

This workshop is the pre-requisite for the other three parts of the ethical journey.

FACILITATORS: **Michele Grant** has been involved in Manitoba's early childhood community for many years as an early childhood practitioner, centre director, adult educator and volunteer. She is a past board member of both the MCCA and the CCCF and is a founding member and past chairperson of the MCCA Ethics Committee.

Barbara Wierckx is an ECE III, has served children in many capacities over the years, both within and outside of the Early Childhood field. Barb highly values quality of life and her main goal is to help equip children to live long, healthy, happy lives. Barb is also a facilitator for Handle With Care and Active Start workshops.

WORKSHOP DELIVERY: Zoom

COST: $45.00 MCCA Member
$90.00 Non-member

Food from Home: What Can You Do?

FOO - 001
Tuesday, March 7, 2023
6:30 pm - 8:30 pm

Suitable for: Frontline
PD Hours: 2

Is the food children bring from home a concern at your facility? Have you tried everything and still feel children are bringing lunches that are less than adequate? In this virtual workshop, we will explore:

- How to approach food from home
- How to talk about food with children and families,
- Your role when meals are coming from home, and,
- Helpful ways to address concerns.

Join this workshop if you're looking for new and helpful ways to support children in becoming competent and curious eaters.

FACILITATOR: **Tressa Beaulieu** his a proud Métis woman and Registered Dietitian. She currently works as a nutrition educator with Nüton, a team of registered dietitians who provide training and nutrition programs to Manitoba educators so they can help kids feel comfortable around food and eating. Her area of expertise is early childhood where she aims to inspire educators to have a positive impact on kids' food journeys using experience-based learning to discover and explore a variety of foods.

WORKSHOP DELIVERY: Zoom

COST: $45.00 MCCA Member
$90.00 Non-member

Being the Best Supervisor You Can Be

BACK BY POPULAR DEMAND

BEI - 001
Wednesday, March 8, 2023
9:30 am - 11:30 am

Suitable for: Leadership
PD Hours: 2

An interactive workshop for all mentors, including supervisors, directors, team leaders, and anyone aspiring to take on a leadership role.

Empowering participants with the critical components that make one a positive, effective and inspirational leader.

A good mentor inspires

A good mentor is unforgettable

A good mentor can make an impact that lasts a lifetime

As the supervisor or manager, you play a key role in the lives of all those with whom you work. You have the capacity to inspire, support, and strengthen those around you, bringing out the very best in each and every member of your team. In this workshop we'll explore the fundamental attributes of a motivational leader, in order to best support your staff, build a cohesive team, provide constructive feedback, and foster a positive and productive environment for all.

A good leader makes all the difference in the world. I hope you will enjoy the opportunity to engage in some fun and enlightening activities and facilitated discussions, as you gain a deeper understanding of the critical role you play and the positive influence you have, in assuring the best in quality care for the children and families coming to your facility.

Join me for this active, fun-filled, and highly informative workshop, and find out what it takes to become that unforgettably Amazing Supervisor!

FACILITATOR: **Simmy Zaret** as an educator for both the school and public health systems, Simmy feels privileged to have worked with, taught, counselled, and supported children with special needs and their families over 35 years. Through an array of workshops and speaking engagements, she now brings her extensive experience to early childhood educators, teachers, administrators, and parents on-line from coast to coast. Simmy's focus remains on promoting a holistic, compassionate approach, to optimize success for all students both inside and outside of the classroom. She is currently working on a book which will encapsulate her methodologies, and provide practical, well-honed strategies for promoting joy and success for children of all ages. Besides her active teaching and consulting career, Simmy enjoy a busy family life in Toronto Ontario, where she is a well-known local storyteller, avid painter, and the proud mom of two wonderful young men.

WORKSHOP DELIVERY: Zoom

COST: $50.00 MCCA Member
$100.00 Non-member

Best Choices: Ethics Part II

ETHZ - 002
Thursday, March 9, 2023
6:30 pm - 9:30 pm

Suitable for: All
PD Hours: 3

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

In this second session in your ethical journey, you will be introduced to the MCCA Code of Ethics and understand its benefits. You will also begin to learn the process of ethical decision making. In this session you will receive your personal copy of the Code of Ethics and a handy wallet size card with the principles to keep at your fingertips.

FACILITATORS: **Melanie D'Souza** is a member of the Research Faculty in the School of Health Sciences and Community Services at Red River College. She is interested in issues of diversity, inclusion, and children's rights in early childhood settings; her current projects involve early childhood intervention strategies in inner city child care programs. Melanie has been a member of the MCCA Ethics committee since 2003.

Shannon Curtaz is the Executive Director of Horizons Children's Centre. She has been working in the field of Early Childhood Education since 1997 as a front line ECE, a Supervisor and a Director. She believes that the relationships we form with all of the people who come in and out of our lives, both personal and professional, shape the person that we ultimately become and that therefore growth and learning is never ending.

WORKSHOP DELIVERY: Zoom

COST: $45.00 MCCA Member
$90.00 Non-member

Creating a Curriculum with Kindness and Empathy

CRE - 001
Wednesday, March 15, 2023
6:30 pm - 8:30 pm

Suitable for: Frontline
PD Hours: 2

A growth mindset drives motivation and learning. While kindness and empathy are often taught as emotional themes. The way educators teach these concepts can either positively or negatively impact the mindset and emotional learning of children. In this workshop participants will learn to cultivate a living curriculum that balances a growth mindset with kindness and empathy. Educators will be asked to consider using mindfulness techniques and an abundance mindset to promote harmony of the heart and mind within the classroom.

FACILITATOR: **Ana Valle Rivera** is a proud mother of three, a children's book author, and the founder of Early Years Thriving. Ana's life purpose is to support adult caregivers and help children thrive. Ana hopes to inspire positive change in the early years field by sharing a vision of social wellness and social justice for all.

WORKSHOP DELIVERY: Zoom

COST: $45.00 MCCA Member
$90.00 Non-member

Best Choices: Ethics Part III

ETHZ - 003
Thursday, March 16, 2023
6:30 pm - 9:30 pm

Suitable for: All
PD Hours: 3

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In this third step of your ethical journey, you will use MCCA's Code of Ethics as a tool and examine a process for ethical decision making. Again, the complexity of best choice decision making will be apparent, but you will feel like you know how to decide what should be considered prior to making that best choice.

FACILITATORS: **Shannon Curtaz** is the Executive Director of Horizons Children's Centre. She has been working in the field of Early Childhood Education since 1997 as a front line ECE, a Supervisor and a Director. She believes that the relationships we form with all of the people who come in and out of our lives, both personal and professional, shape the person that we ultimately become and that therefore growth and learning is never ending.

Melanie D'Souza is a member of the Research Faculty in the School of Health Sciences and Community Services at Red River College. She is interested in issues of diversity, inclusion, and children's rights in early childhood settings; her current projects involve early childhood intervention strategies in inner city child care programs. Melanie has been a member of the MCCA Ethics committee since 2003.

WORKSHOP DELIVERY: Zoom

COST: $45.00 MCCA Member
$90.00 Non-member

The Best Practices Licensing Manual recommends 24 hours of professional development for Directors, ECEs, and CCAs.

Best Choices: Ethics Part IV

ETHZ - 004
Monday, March 20, 2023
6:30 pm - 9:30 pm

Suitable for: All
PD Hours: 3

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation.

This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

This capstone workshop will help you to make a commitment of ethical practice in your daily work and enhance your awareness of your own values, beliefs and assumptions. You will also understand why, when faced with an ethical dilemma, it is difficult to follow through with your best choice. In this session, come with examples of ethical dilemmas that you have faced since you completed part three, and how you used the framework for ethical decision making to help you to make the best choice for that situation, at that time, with the information that you had on hand. Reflection is a big part of part IV!

Please note you must have completed Ethics Part III at least 4 months prior to the date of taking Part IV.

FACILITATORS: **Michele Grant** has been involved in Manitoba's early childhood community for many years as an early childhood practitioner, centre director, adult educator and volunteer. She is a past board member of both the MCCA and the CCCF and is a founding member and past chairperson of the MCCA Ethics Committee.

Barbara Wierckx is an ECE III, has served children in many capacities over the years, both within and outside of the Early Childhood field. Barb highly values quality of life and her main goal is to help equip children to live long, healthy, happy lives. Barb is also a facilitator for Handle With Care and Active Start workshops.

WORKSHOP DELIVERY: Zoom

COST: $45.00 MCCA Member
$90.00 Non-member

Cultural Consideration

CUL - 001
Tuesday, March 21, 2023
9:30 am - 11:30 am

Suitable for: Leadership
PD Hours: 2

This session is designed to build more cultural awareness in the industry on the multi-cultural and diverse population of Manitoba and the families you support. The need to build cultural sensitivity and awareness is vital to your centre because it will open the doors to communication, growth and inclusion.

Learning Objectives - Current immigration demographics impacting Manitoba - Learn your personal biases, values and assumptions and how it relates to cultural awareness - Positive impact of cultural awareness in building teams, everyday conversations, and fostering inclusion.

FACILITATOR: **Melenie Olfert** has worked as an independent consultant sharing her knowledge and expertise through leadership projects and workplace training. With a background in adult education and training, Melenie is now a published writer, as well as an accomplished speaker on intercultural & diversity in the workplace, human resources and leadership development. Further to her training experience, Melenie is an instructor with the University of Winnipeg, PACE Program, where she teaches in the Leadership Program. She is also the co-facilitator of the Language Interpreter Training Program which supports language diversity in work and community settings. Outside of work, Melenie volunteers in assisting newcomers in preparing for their Canadian citizenship exams.

WORKSHOP DELIVERY: Zoom

COST: $45.00 MCCA Member
$90.00 Non-member

ETHICS WORKSHOPS INFO

The workshops in the ethics series are a unique set of workshops. Some things to keep in mind when registering for an Ethics workshop:

- You must take the workshops in consecutive order beginning with Part I.
- If you took Part I prior to 2010 you may want to start over as Part I is now a 3 hour workshop and it would be a good refresher. If it has been over five years since you have taken Part I, you might want to start over.
- There must be at least 4 months between the time you attended Part III and taking Part IV.
- It is a good idea to leave some time between workshops so that you have time to reflect and practice what you have experienced in the workshop.
- Before signing up for an Ethics workshop yaou should have worked at least 4 months to a year in the child care field to gain some experience, this applies to child care assistants as well as early childhood educators.

The Ethics workshops are like any other workshop, know why you are signing up to take this workshop. If you are a director who is registering staff for the Ethics workshops, make sure it is for the right reason, communication problems cannot be fixed by taking an Ethics workshop.

The Ethics workshops fill up very quickly. Once they are full, the workshop is placed on our full list and no further registrations are taken. If you register for multiple parts and do not attend the first part you registered for, you cannot attend the following part and you will forfeit both workshop fees, eg. you register for Part II & Part III at the same time but do not attend Part II, you will not be able to attend Part III and you will not receive a refund for EITHER workshop. You may still send a substitute, but they must have previously attended the pre-requisite workshop and you need to call Dianne at 204-336-5065 with the name of the substitute.

Currently, the Best Choices: Ethics workshops that are held in Winnipeg are at MCCA. We are open to have them held around the city if 5 or more centres in a particular area (for example St. James) want to get together and host an Ethics workshop at one of the locations.

For more information please contact Karen Kowalski at kkowalski@mccahouse.org

WINTER 2023 PROFESSIONAL DEVELOPMENT WORKSHOPS

REGISTRATION PROCEDURES & POLICIES

- You must be a personal member of MCCA to qualify for member pricing. To confirm your membership number check your card or ask your director.
- Please check our website to see which workshops are full or have been postponed/cancelled.
- Your registration will not be processed unless we have received your completed registration form detailing sessions you would like to be registered for with payment enclosed. We do not invoice for workshops.
- Telephone, faxed registrations and post dated cheques will not be accepted.
- Registration deadline is one day prior to each session unless otherwise indicated.
- Methods of Payment:
  Cheque, Visa, MasterCard are accepted. Interac is available for in person registration. If paying by cheque, mail your registration form and payment to:

  Manitoba Child Care Association
  2nd Floor, 2350 McPhillips Street
  Royal Bank Building
  Winnipeg, Manitoba R2V 4J6

  If you are paying by credit card then you must register online. Go to mccahouse.org and click on the professional development button, select workshops, and then click on the link for online registration. Please use Chrome/Firefox as your browser and use a computer, not a cell phone. Please avoid using auto-fill.
- Receipts will be emailed.
- If you are unable to attend a workshop that you have registered for and would like to send someone in your place (must be from the same centre and must be a replacing a member) email Dianne Jones-Pearson before 3:00 pm prior to the workshop at djonespearson@mccahouse.org. Dianne's direct line is 204-336-5065. We require the name and email of the replacement so that the Zoom link, any handouts, and certificate can be sent to the new person attending.
- There are no workshop refunds and this includes if the participant misses the workshop.
- To replace a "Certificate of Participation" the cost is $10.00.
- Participants for Zoom workshops will receive a certificate of participation via email once 75% of participants have completed the workshop survey. Participants for in-person workshops will receive a paper certificate at the workshop.
- Mark the workshops you have registered for on your calendar as we will not call or send out reminders.
- If enrollment for any workshop is insufficient, MCCA reserves the right to cancel or reschedule it. In such instances, registrants will be notified and the fee refunded.
- In the event that weather prevents a participant (from outside of Winnipeg) from attending a workshop, a workshop credit will be granted if Environment Canada has recommended that a specific highway not be travelled on or is closed. A workshop credit allows the transfer of money from one workshop towards a future workshop and must be used in the same calendar year.
- If a workshop is cancelled due to weather, we will call to advise you the workshop is cancelled.
- We reserve the right to change the workshop location. Registrants will be notified by phone or email.