



Manitoba Child Care Association

2350 McPhillips Street
2nd Floor, Royal Bank Building
Winnipeg, MB R2V 4J6
(204) 586-8587 or Toll Free 1-888-323-4676
Fax: (204) 589-5613 email: info@mccahouse.org

Visit us online at www.mccahouse.org

2022 FALL Workshop Brochure

*Professional
Development*



Welcome to the Fall Workshop Series

After two long years, we have missed being able to meet, connect and learn together face to face. We wanted to be able to get back to this. But, as we know, the last two years has taught us the benefit of Zoom, such as meeting the professional development needs of more of our members, having presenters from different locations with a wider range of topics, and of course, accessibility and easy access. Because of this, we decided that we would offer workshops in both In-Person and Zoom! We tried to balance how many workshops we had for each and have a variety of topics for both. Please note that each workshop is either in-person or zoom, not a combination.

Please ensure that you register early to avoid missing out on any workshop that you are hoping to attend. Most workshops are capped at 30 participants and canceled if registration is below 10.

Prior to registering, please read over the workshop descriptions. Ensure you note how the workshop is being delivered as refunds will not be provided. Make sure to read the description so you know if the workshop being offered is the right fit for you and meets your professional development goals.

Information about registration and payment is below. Information about certificates and substitutions is on pages 3 & 4.

If you have any questions about the workshops, please contact Jenna Poborsa at 204-336-5061 (toll-free in MB at 1888-323-4676 ext. 223) or jpoborsa@mcchouse.org.

If you have any questions about registration or substitutions, please contact Dianne at 204-336-5065 (toll-free in MB at 1-888-323-4676 ext. 227) or djonespearson@mccahouse.org.

WORKSHOP DELIVERY

The brochure is divided into two parts: In-Person Workshops then Zoom Workshops and listed chronologically for each type.

In-Person Workshops (pages 7 - 23): Most of these will be held at MCCA. Please watch for the finger icon.  This indicates that the location is elsewhere. In-person workshop participants will receive a paper certificate at the end of the workshop and a link for a survey will be sent out the next business day.

Zoom Workshops (pages 24 - 46): These workshops are all virtual. A reliable internet connection is required for zoom workshops. Please note the zoom policies listed on page 24. Zoom workshop participants will receive an electronic certificate and the link for the survey on the next business day.

HOW TO REGISTER AND PAY

If you are paying by credit card then you must use our online registration. Go to www.mccahouse.org, click on the professional development button, select workshops and then click on the link to access the online registrations. Please avoid using auto-fill when registering online.

If you are paying by cheque, please complete the registration form (found online) and mail it with your cheque to MCCA. If you are registering people from the same centre, you can fill out one registration form for everyone.

You can also come to MCCA during our office hours to drop off your completed registration form and pay by cash, cheque, or debit/credit.

Please ensure that registration has the correct email address and the correct spelling of the participant's name.

WHERE TO FIND US

MCCA is located on the second floor of the Royal Bank Building on the corner of Court and McPhillips Street.

Manitoba Child Care Association
2nd Floor, 2350 McPhillips Street
Royal Bank Building
Winnipeg, Manitoba R2V 4J6



PARKING

There is no parking allowed in the parking lot at the strip mall at 1021 Court. If you park there, your vehicle will likely be towed. There is no parking permitted in the Royal Back Parking lot (this includes evening and Saturdays).

Next to 1021 Court Medical Centre parking lot is a paid parking lots. It is \$4.00 for the full day. So remember to bring change and purchase a ticket. There is limited street parking available.

****MCCA is not responsible for towed vehicles. Ensure you are parking in the paid parking lot or on the street. ****

WORKSHOP CERTIFICATES

Please ensure when you register someone for a workshop the name is spelled correctly. That is how it will appear on the certificate. Errors made by the person doing the registration will result in a \$10.00 charge to have a new certificate issued.

When you attend an in-person workshop, you will receive a certificate of participation. Zoom participants will receive an electronic certificate. Each certificate will have the amount of workshop hours on it to help you track your professional development hours. Best Practices recommends 24 hours of professional development each year.

Replacement certificates for workshops are available for \$10.00 each.

If you are attending Best Choices: Ethics Part II, III, or IV, you will need to bring your certificate with you or mail it in to MCCA to receive your sticker and have it signed.



SUBSTITUTIONS

MCCA does not offer refunds for workshops. If you are unable to attend a workshop that you have registered for, you can send someone in your place as a substitute. Contact Dianne Jones-Pearson at MCCA at 204-336-5065 or djonespearson@mccahouse.org. Substitutions must be made by 3:00 pm the day of the workshop for workshops held Monday – Thursday or 3:00 pm on Friday for Saturday workshops.

FEELING UNDER THE WEATHER?

If you have any COVID or flu like symptoms, such as fever, cough, achiness, or sore throat, we ask that you do not attend your in-person workshop to reduce the chance of infecting others. If you cannot attend a workshop that you are registered for (for whatever reason, illness or other), there are no refunds. You can send a substitute in your place. Please see above and refer to the workshop policies on page 47 for more information.

GETTING THE MOST OUT OF YOUR WORKSHOP

At MCCA we strive to provide our members with professional workshops that are relevant, presented by professionals, and offer opportunities to learn. We want your workshop experience to be an uplifting and valuable one so we have a few suggestions that can help you accomplish this.

Professional goals: You are looking over the workshop line up and deciding what workshops to take. What factors help you to decide what workshops to take? Do you have a goal to work on, are you looking for new ideas on a specific topic, or are you just filling professional development hours?

Arrive on time: Once you have signed up for a workshop, jot down the time and date on a calendar so you remember to attend your workshop on time or log on before the workshop begins. MCCA does not send out reminders.

Venture out: People who work together over a period of time will usually have the same work philosophies, experiences, ways in which things get done, etc. How about spreading your wings and connecting with people you don't know? Try sitting with new people or use the break out room as an opportunity to connect with new people, learn from each other, share your ideas, and network.

Participate: If you have signed up for a workshop, it is your obligation to fully participate in that workshop. This can be difficult after a long work day but you will only get out of the workshop what you put in. Sharing your experiences may provide someone else with a solution to a dilemma that they have encountered or maybe your story will give someone a boost, or just a much needed laugh.

Evaluate: In order to provide you with quality workshops, MCCA needs your feedback. It is important for us to know what you thought about your workshop, the presenter, and what type of workshops you would like to see offered in the future. Please take the time to complete the online evaluation you are sent after the workshop.

PROFESSIONAL DEVELOPMENT BROUGHT TO YOUR DOOR!

Are you looking for a workshop that would benefit your staff? Are you looking for some professional development for a staff meeting or a staff retreat? Have you attended a workshop and wished your entire staff heard the same message? If you answered yes to any of these questions then perhaps we have the solution. You can now contact MCCA to arrange for your personalized professional development. This service is available to child care centres across the province and can be delivered by Zoom or in-person..

Benefits of your own personalized professional development opportunity:

- Everyone hears the same message
- Reduced cost – the cost to bring someone in for 35 people is cheaper than registering 35 people for a workshop
- Topic specific to your needs
- Flexibility with dates and times

MCCA has an extensive database of presenters, many of which have been presenting professional development for many years. Due to this consistent relationship with us, the presenters may be able to provide a discounted rate through MCCA. In 2021 alone, MCCA has done 21 personalized PDs for programs throughout Manitoba. Some of the popular topics have been MCCA's pedagogical workshops (learning stories, anti-bias, etc.), guiding children's behaviour, and respectful workplaces.

What do you need to do to book a workshop?

Contact Karen Kowalski at kkowalski@mccahouse.org and provide the following information:

- Topic you are seeking
- Number of staff that will participate
- Possible dates and times for your event
- Budget
- * In-person or Zoom

What MCCA will provide:

MCCA will search our presenter database to match your topic & budget and we will provide the following:

- Initial contact of the presenter
- Contract with the presenter
- Organize audiovisual, handouts, etc.
- Invoice the centre
- Provide participation certificates for your staff
- Provide evaluation forms
- Payment of the facilitator

Cost for the service is dependent on length of event and number of attendees.

If you have questions or are interested in having MCCA book your next professional development event, contact Karen Kowalski at kkowalski@mccahouse.org or 204-336-5062 or toll free 1-888-323-4676 ext. 224.

“Working with MCCA to plan our Together Again Celebration dinner and professional development evening was phenomenal (as usual. Karen listened to our ideas, was supportive and collaborative through the whole process. Her wealth of knowledge, experience and attention to detail really helped the evening come together. The beautiful venue, food, beverages, guest speaker and custom gifts were just the basics of the professional services we received. MCCA is our go to for planning quality events for our amazing team of educators! We are so lucky to have this service through MCCA!”

– Sharon Lee, K.I.D.S. Inc.

“Over the past year, MCCA has quickly become our go to when it comes to planning our professional development for our group! Working with MCCA has saved me time in planning for such a large group. It's been so easy to pick up the phone, call Karen to let her know my idea and just like that she takes all the stress out of planning by saying she has the perfect person in mind! It's not only personalized but it is cost effective. MCCA takes care of it all!”

– Brenda Bachinsky, O.K. Before & After School Child Care Centres Inc.



IN-PERSON WORKSHOPS

Best Choices: Ethics Part IV

ETH - 004

Tuesday, October 4, 2022

6:30 pm - 9:30 pm

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

This capstone workshop will help you to make a commitment of ethical practice in your daily work and enhance your awareness of your own values, beliefs and assumptions. You will also understand why, when faced with an ethical dilemma, it is difficult to follow through with your best choice. This session is a pre-requisite to enroll in future "Train the Guide" sessions which would prepare you to assume the role of an ethics guide.

***Please note you must have completed Ethics Part III at least 6 months from the date of taking Part IV.**

FACILITATORS: **Barbara Wierckx** is an ECE III, has served children in many capacities over the years, both within and outside of the Early Childhood field. Barb highly values quality of life and her main goal is to help equip children to live long, healthy, happy lives. Barb is also a facilitator for Handle With Care and Active Start workshops.

Mariëlla Carr is the Executive Director at Prairie Nature Children's Centre Inc. She started in the child care field in 1990 and has loved all of her different roles over the years. Mariëlla has been an Ethics Guide since 2008 and is on MCCA's Ethics committee and Board of Directors. She is passionate about reconnecting children with nature and inclusive practice.

WORKSHOP DELIVERY: In-Person

LOCATION:	MCCA 2nd floor, 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	COST:	\$45.00 MCCA Member \$90.00 Non-member
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ETHICS WORKSHOPS INFO

The workshops in the ethics series are a unique set of workshops. Some things to keep in mind when registering for an Ethics workshop:

- You must take the workshops in consecutive order beginning with Part I.
- If you took Part I prior to 2006 you may want to start over as Part I is now a 3 hour workshop and it would be a good refresher. If it has been over five years since you have taken Part I, you might want to start over.
- There must be at least 6 months between the time you attended Part III and taking Part IV.
- It is a good idea to leave some time between workshops so that you have time to reflect and practice what you have experienced in the workshop.
- Before signing up for an Ethics workshop you should have worked at least 6 months to a year in the child care field to gain some experience, this applies to child care assistants as well as early childhood educators.

The Ethics workshops are like any other workshop, know why you are signing up to take this workshop. If you are a director who is registering staff for the Ethics workshops, make sure it is for the right reason, communication problems cannot be fixed by taking an Ethics workshop.

The Ethics workshops fill up very quickly. Once they are full, the workshop is placed on our full list and no further registrations are taken. If you register for multiple parts and do not attend the first part you registered for, you cannot attend the following part and you will forfeit both workshop fees, eg. you register for Part II & Part III at the same time but do not attend Part II, you will not be able to attend Part III and you will not receive a refund for EITHER workshop. You may still send a substitute, but they must have previously attended the pre-requisite workshop and you need to call Dianne at 204-336-5065 with the name of the substitute.

Currently, the Best Choices: Ethics workshops that are held in Winnipeg are at MCCA. We are open to have them held around the city if 5 or more centres in a particular area (for example St. James) want to get together and host an Ethics workshop at one of the locations.

For more information please contact Karen Kowalski at kkowalski@mccahouse.org

What's The Risk? Embracing School Age Risky Play

WHA - 001

Thursday, October 6, 2022

6:30 pm - 8:30 pm

From the time children can move they have an innate motivation to take risks. As they continue to grow, children want and need more risk-taking opportunities in order to develop self-esteem, confidence and independence. Yet, we have entered an era of "helicopter parenting" and "being as safe as possible" where children are being stopped from testing out their abilities and taking appropriate risks. This has a lifelong effect on overall child development. Let's be the change for our children. Let's embrace risky play and give children back their independence.

This workshop will focus on how we can help school age children develop self-esteem, confidence and independence through the 6 categories of risky play.

FACILITATOR: **Melinda Walden** has been in the Early Childhood Education field for over 20 years. She has been a front line ECE in a variety of child care settings, including preschool, school age, and nursery centres, with experience in infant and family child care as well. Currently, Melinda is an ECE Instructor in the Workplace Program at Red River College in Winnipeg. Every chance she gets, she shares her passion about the kinds of play that are usually restricted by adults and proudly applies her knowledge with her two sons. As a mother she sees the value that comes with entrusting her sons to take risks and gain knowledge about the things they are interested in. *"Without risk there is no learning."* (Carl Rodgers).

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$40.00 MCCA Member
\$80.00 Non-member

WATCH FOR THIS!



IT MEANS THE WORKSHOP LOCATION IS NOT AT THE MCCA.

Best Choices: Ethics Part I

ETH - 001

Tuesday, October 11, 2022

6:30 pm - 9:30 pm

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews.

Here's your chance to find out what the buzz is all about. MCCA provides participants with a certificate which tracks your journey through all four parts.

This is the first workshop in the MCCA's ethical journey series. In Part I, you will learn about beliefs, values, and ethics and the relationship between them. You will learn to identify your own beliefs, values, and ethics and understand how they impact your actions. You will also learn to understand others' beliefs, values, and ethics.

This workshop is the pre-requisite for the other three parts of the ethical journey.

FACILITATORS: **Keri Waterman** has over 30 years experience within the child care community, working with children of all ages, from front line to finance and administration including four years at the University of Manitoba as practicum supervisor. An Ethics Guide since 2002, she enjoys guiding people along their own ethical journeys.

Sheila Bogoch is an ECE III. She has been employed at the Behavioural Health Foundation, a residential addictions treatment centre, since 1989, where she has fulfilled a number of roles including director of the on-site licensed daycare, parenting facilitator, counselling for adults and families, and facilitator of FASD education. Sheila is also a mother, grandmother, and long-time volunteer with Amnesty International.

WORKSHOP DELIVERY: In-Person

LOCATION:	MCCA 2nd floor, 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	COST:	\$45.00 MCCA Member \$90.00 Non-member
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The Pedagogical Leader Community of Practice

PED - 001

Thursday, October 13, 2022

9:00 am - 12:00 pm

PED - 002

Thursday, December 8, 2022

9:00 am - 12:00 pm

This Community of Practice grew out of a group of directors who wanted to meet to support each other on their pedagogical journey after they attended the 11th Annual Directors Conference – Leading a Year of Reflection. This group has had members come and go but a core group has kept it going. We invite you to join us if you are in a leadership position or the pedagogical leader at your centre and you mentor or coach staff.

Join us as we share and support each other's pedagogical journey. At each meeting, we spend three hours getting together to think deeper about topics that are current and relevant to our daily practice. The meeting content includes a round table discussion of specific questions posed to everyone, discussion of articles, pedagogical focused activities, and sharing of resources. To receive the full benefit of this group we encourage you to register and attend all five of the meetings that happen throughout the year.

Once you register, approximately one week before the meeting you will be sent an agenda and readings (to discuss at the meeting) by Karen Kowalski. The email will be sent to the email entered on the registration, so if multiple people from one centre are attending then please share with others.

FACILITATOR: Karen Kowalski is MCCA's Assistant Executive Director.

WORKSHOP DELIVERY: In-Person

LOCATION: Discovery Children's Centre
367 Hampton St.



COST: \$25.00 MCCA Member
\$50.00 Non-member

Excel Level I For Directors

EXC - 001

Tuesday, October 18, 2022

9:00 am - 4:00 pm

In this full day workshop, you will have the opportunity to study the operation and application of Microsoft Excel. Topics include building a spreadsheet, creating formulas, using functions, creating charts, maps, and graphics, lists and data management, worksheet and workbook management, creating and printing reports. A survey will be sent prior to the workshop about what skills you would like to build in Excel.

FACILITATOR: Wade Slater brings over 18 years of experience in the following areas: Training Specialist at the Winnipeg Transition Centre, Instructor and course developer at Red River Polytechnic, Career Development Specialist at Herzing College Winnipeg, and Sales Consultant. He's a passionate and engaging Workshop leader who makes sure his participants are having fun and understanding the presented course materials.

WORKSHOP DELIVERY: In-Person

LOCATION: Herzing College Winnipeg
Computer lab, Room 103



COST: \$150.00 MCCA Member
\$300.00 Non-member

Best Choices: Ethics Part II

ETH - 002

Tuesday, October 18, 2022

6:30 pm - 9:30 pm

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

In this second session in your ethical journey, you will be introduced to the MCCA Code of Ethics and understand its benefits. You will also begin to learn the process of ethical decision making. In this session you will receive your personal copy of the Code of Ethics and a handy wallet size card with the principles to keep at your fingertips.

FACILITATORS: **Barbara Wierckx** is an ECE III, has served children in many capacities over the years, both within and outside of the Early Childhood field. Barb highly values quality of life and her main goal is to help equip children to live long, healthy, happy lives. Barb is also a facilitator for Handle With Care and Active Start workshops.

Mariëlla Carr is the Executive Director at Prairie Nature Children's Centre Inc. She started in the child care field in 1990 and has loved all of her different roles over the years. Mariëlla has been an Ethics Guide since 2008 and is on MCCA's Ethics committee and Board of Directors. She is passionate about reconnecting children with nature and inclusive practice.

WORKSHOP DELIVERY: In-Person

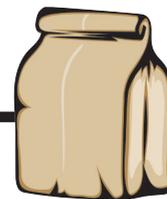
LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$45.00 MCCA Member
\$90.00 Non-member

**Remember to bring your
Ethic Certificate
to receive your next sticker.**



Lunch 'N Learn For Directors



*Please join us
for lunch!*

LUN - 001
Thursday, October 20, 2022
11:15 am – 2:00 pm

Location: Larters Golf and Country Club
30 River Road, St. Andrews

Topic: Applying for Grants

Speaker: Megan Tate, Winnipeg Foundation

Assistant Directors can register on
October 3, 2022

Networking & MCCA News: 11:15 am – 12:00 pm
Lunch: 1:00 pm – 2:00 pm
Speaker: 12:00 pm – 1:00 pm

*Please indicate if you require a vegetarian, vegan or gluten free meal.

LUN - 002
Wednesday, December 7, 2022
11:15 am – 2:00 pm

Location: Fort Gibraltar
866 Rue St. Joseph, Winnipeg

Topic: ELCC Question and Answer
With opening remarks being delivered by the Minister of
Education and Early Childhood Learning.

Speakers: Early Learning and Child Care Division
Senior Leadership:

- Executive Director of Program Operations and Services
- Director of Quality Assurance and Program Support

Assistant Directors can register
on November 1, 2022

WORKSHOP DELIVERY: In-Person

COST: \$50.00 MCCA Member (each)
\$100.00 Non-member (each)

WEVAS - Working Effectively with Violent and Aggressive States

WEV - 001
Saturday, October 22 & 29, 2022
9:00 am – 4:30 pm

When people are in an optimal learning state they are referred to as being in the Competent State. As they move out of this state and into the Problem State they become anxious, agitated, aggressive and sometimes assaultive. This course will help you identify and develop new skills that will help individuals who have left the Competent State to return to it. This program is designed to help participants to develop and improve their effective teaching skills.

FACILITATOR: Trevor Holroyd has been teaching for 25 years, with the past 20 spent at John. G. Stewart School in the River East Transcona School Division. Trevor is currently the Principal at John G. Stewart School. It is designed for students who struggle with behaviour and is located on the grounds of an adolescent treatment centre. This experience, coupled with years of work as a support worker with child and family services, provides a genuine approach to the delivery of the WEVAS program.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$150.00 MCCA Member
\$300.00 Non-member

Best Choices: Ethics Part III

ETH - 003

Tuesday, October 25, 2022

6:30 pm - 9:30 pm

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

In this third step of your ethical journey, you will use MCCA's Code of Ethics as a tool and examine a process for ethical decision making. Again, the complexity of best choice decision making will be apparent, but you will feel like you know how to decide what should be considered prior to making that best choice.

FACILITATORS: **Michele Grant** has been involved in Manitoba's early childhood community for many years as an early childhood practitioner, centre director, adult educator and volunteer. She is a past board member of both the MCCA and the CCCF and is a founding member and past chairperson of the MCCA Ethics Committee.

Shannon Curtaz is the Executive Director of Horizons Children's Centre. She has been working in the field of Early Childhood Education since 1997 as a front line ECE, a Supervisor and a Director. She believes that the relationships we form with all of the people who come in and out of our lives, both personal and professional, shape the person that we ultimately become and that therefore growth and learning is never ending.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$45.00 MCCA Member
\$90.00 Non-member

**Remember to bring your
Ethic Certificate
to receive your next sticker.**



Moving Staff Meetings from Mundane to Meaningful 3.0

MOV - 001

Friday, October 28, 2022

9:00 am - 12:00 pm

Does your staff bubble over with excitement on staff meeting days? Do the staff have their coats on and their lunch bags on their laps 10 mins before the staff meeting is supposed to end? Are you talking about the “same” things at each staff meeting? Are the majority of your agenda items “shop talk”? If you answered yes to any of these questions, then you may be a great participant for this workshop. A few members from the pedagogical leader community of practice group want to help you make your staff meetings more meaningful and filled with opportunities to dialogue and reflect, yes reflect. So, let’s toss away the notion that we have to spend the entire staff meeting talking about the behaviour management issues in the gym or who is going to make snack next month and roll up our sleeves and get ready to think deeply about things that are more important. This workshop will have some live scenarios of staff meetings, some time to dialogue and reflect on the different scenarios and sharing of great ideas to bring your staff meetings from mundane to meaningful.

This workshop was offered in 2016 and 2019, and we had a few requests to offer it again. We made a few changes for the 3.0 version.

FACILITATORS: **Robyn Burnet** is the Centre Director at Day Nursery Centre- Crossways Unit. She has been there for 21 years and has been the director for almost 10. Robyn believes that life should be joyful...even while in a staff meeting, and believes that we are always learning and growing.

Fernanda Hodgson is the Executive Director of Day Nursery Centres and serves on the MCCA Board of Directors.

Susana Lam is the Executive Director of Seven Oaks Child Day Care and serves on the Board of Directors. She is also a member of the MCCA Editorial Committee.

Karen Kowalski is MCCA’s Assistant Executive Director and chairs the MCCA staff meetings. This is one of her favourite workshops to facilitate.

Jenna Poborsa is MCCA’s Program Services Administrator.

This workshop is geared for anyone who chairs/leads their staff meetings.

WORKSHOP DELIVERY: In-Person

LOCATION:	MCCA 2nd floor, 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	COST:	\$45.00 \$90.00	MCCA Member Non-member
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Mentoring: Things to Know about a Professional Learning Relationship

MEN - 001

Tuesday, November 1, 2022

6:30 pm - 8:30 pm

This workshop will consider the relationship Early Childhood Educators have with professional learning, or professional development as it is often called. Rather than focusing on the skills an ECE may gain in their professional learning, we will consider how ECEs construct their understanding and knowledge of what they would like to learn to build their skills. Topics such as individual support, critical reflection, and new educating practices will be covered. Two significant areas of focus will be mentorship and building a community of practice.

FACILITATOR: **Ruth Lindsey-Armstrong** is the Chair of Community Services at Red River College Polytechnic. Ruth is an Early Childhood Educator III and recently completed a doctoral degree in Education – focusing on ways to relieve professional isolation in Early Childhood Education, specifically – mentoring. Ruth’s interests are hosting dinner parties, gardening, and crosswords.

WORKSHOP DELIVERY: In-Person

LOCATION:	MCCA 2nd floor, 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	COST:	\$40.00 MCCA Member \$80.00 Non-member
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You Sing a Song

YOU - 001

Saturday, November 5, 2022

9:00 am - 12:00 pm

We’ll Sing a Song and You’ll Sing Along and We’ll Sing a Song Together. We’re back, and we’re still singing! Join Melanie and Michele for a Saturday sing along. You will leave with their take-home song book and some Make ‘n Take props that you will create to use with children in your program. This is a highly participatory and active workshop, so put on your toe-tapping shoes and join them for a morning of joyful song.

FACILITATORS: **Melanie Glaser** is an ECE II with 31 years of experience in the field. Melanie is the site manager at Seven Oaks Child Day Care Centre. Melanie enjoys building relationships and laughing with the children.

Michele Grant has been involved in Manitoba’s early childhood community for many years as an early childhood practitioner, centre director, adult educator and volunteer. She is a past board member of both the MCCA and the CCCF and is a founding member and past chairperson of the MCCA Ethics Committee.

WORKSHOP DELIVERY: In-Person

LOCATION:	MCCA 2nd floor, 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	COST:	\$45.00 MCCA Member \$90.00 Non-member
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Why Am I So Done? Preventing Compassion Fatigue and Empathy Burnout as a Leader

WHY - 001

Wednesday, November 16, 2022

9:30 am - 11:30 am

Working in a child care program can be both rewarding and energizing. We can also experience times of feeling challenged and drained from the work. Particularly when life throws us other sources of stress (family issues, health challenges, or a pandemic). Compassion fatigue can be experienced by anyone who is supporting other's stress or suffering and there are ways we can protect ourselves in our roles and work.

This session is for those that would like to bolster their toolkit with strategies for resilience and protecting their mental well-being, ranging from navigating difficult interactions to recovering from a challenging day.

In this interactive and dynamic workshop, participants will explore:

- The relationship between compassion fatigue & empathy burnout
- What is needed in your personal toolkit for mental well-being
- Individual protective strategies for before, during and after a customer interaction
- The role of self-compassion in our daily recovery
- Team strategies for resilience & burnout prevention

FACILITATOR: **Shannon Gander** is a Mental Health and Resiliency Strategist. She is a skilled trainer, counselor and mediator who has been consulting with individuals, workplaces and teams for over 25 years. She is the Director of Life Work Wellness, a company that empowers individuals and workplaces to achieve their goals for better mental health. Shannon has worked with multiple clients over the years whose stress level has impacted their ability to work and has contributed to short and long-term disability. She has a passion for empowering people with skills for mastering stress and preventing burnout. She also demonstrates how everyone can contribute to healthy organizational culture. Shannon's dynamic background in counselling and workplace interventions help her to bring mental health and wellness topics to life in a way that is authentic and engaging teaching participants skills to apply right away and into the future in all areas of life.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$50.00 MCCA Member
\$100.00 Non-member

School Age Resource Evening

SAR - 001

Thursday, November 17, 2022

6:30 pm - 9:30 pm

The School Age Resource Evening is a wonderful opportunity for all those interested in school age care to join us for an evening of four mini workshops presented by the MCCA School Age Committee. Come and enjoy this fun and fast paced workshop with your fellow colleagues. A full dinner of pizza, pasta, salad, and dessert is included!

Vegetarian options will be available. *(Please let us know if you require a gluten free option.)*

This year's topics include:

- Who's in Charge? Co-Planning with School Age
- Connecting with Challenging Children
- Dungeons and Dragons
- Nature-Based Programming

WORKSHOP DELIVERY: In-Person

LOCATION:

Victoria Inn
1808 Wellington Ave.



COST:

\$60.00

MCCA Member

\$120.00

Non-member

WORKSHOP CERTIFICATES

Please ensure when you register a person for a workshop the name is spelled correctly as that is how it will appear on the certificate. Errors made by the person doing the registration will result in a \$10.00 charge to have a new certificate issued.

When you attend a workshop you will receive a certificate of participation. Each certificate will have the amount of workshop hours on it to help you track your professional development hours. Certificates for Zoom Workshops will be emailed after 75% of participants complete the online survey.

If you are substituting an individual you must call Dianne Jones-Pearson at MCCA by 3:00 pm at 204-336-5065 or email her at djonespearson@mccahouse.org.

Be the Peace in the Chaos

BTP - 001

Saturday, November 19, 2022

9:00 am - 3:30 pm

As requested by facilitator, mask use will be mandatory for this workshop.

With so much violence, uncertainty and confusion in the world, achieving peace and harmony can seem impossible. Each of us has the choice to live in pieces or in peace. When we understand that peace is determined by our internal attitude, we can co-create peace in our little piece of the world with the choices we make in each moment.

“Be the Peace in the Chaos” provides participants with simple techniques to journey from fear, anger, anxiety, stress, etc. to live with joy, bliss, peace and harmony in each moment. Each of us has a role to play for peace and harmony in our world. As child care educators, your peaceful presence can impact the children in your care for a lifetime.

Attend this workshop, “Be the Peace in the Chaos” and make a difference not only in your life but in the lives of those in your influence, family, friends, co-workers and children. You will develop an action plan to implement concepts learnt that fits into your life, discuss any challenges and determine solutions that are best for you. You will learn Tara’s Signature System, a simple yet effective technique to journey from pieces to peace. Learn the power of your thoughts and words to co-create the life you want and make a difference in the lives of the children in your care.

FACILITATOR: Tara Maniar is a Certified Chakradance™ Facilitator; Spiritual Life Coach; International Speaker; Workshop and Meditation Facilitator; Writer and living Shakti. She guides individuals to discover and transform their inner turmoil and challenges to enlightened possibilities and live the wisdom of their truth. Tara brings compassion, courage, confidence, wisdom, intuition, honour, humility and enthusiasm to group and individual sessions. She supports and empowers the participant in the discovery of their own truth, purpose and joy. Tara has a passion for working with individuals who want authentic relationships with self, others and the environment to live from their best selves at home, work and leisure.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$75.00 MCCA Member
\$150.00 Non-member

***As requested by the facilitator,
mask use will be mandatory for
this workshop.***



The Perfect Storm

PER - 001

Monday, November 21, 2022

6:30 pm - 8:30 pm

In “The Perfect Storm” we ask the questions, “What causes homelessness? Is there anything we can do about it?” By taking a look at systems of injustice (both past and present), otherization (the creation of “us” and “them” categories), and trauma and its impacts, we get a much deeper, richer, and more nuanced understanding of why or how someone can end up experiencing homelessness. With that as our background, we take a look at how to talk to children about homelessness, trauma, and injustice. Language, posture, and self-awareness can change the conversation and create space for learning and empathy.

FACILITATOR: Paul Loewen is the Community Education Coordinator at Siloam Mission. In his role there he engages with students, schools, churches, businesses, and any group that wants to learn about poverty and homelessness. Speaking to students as young as kindergarten and to adults of all ages, using age-appropriate language and concepts, is a challenge that he loves diving into. He lives with his wife, Jeanette, and their three kids in Winnipeg and loves being active as a family.

WORKSHOP DELIVERY: In-Person

LOCATION:	MCCA 2nd floor, 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	COST:	\$40.00 MCCA Member \$80.00 Non-member
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Transitioning Infants into Child Care

INF - 001

Thursday, November 24, 2022

6:30 pm - 8:30 pm

A new child starting in your program can bring up a variety of obstacles and emotions for all involved. In this workshop, we will discuss who is all involved in the transitioning of a new child, the benefits of primary care-giving during this period, emotions to be aware of and go through some examples of what it may look like in that transition period.

FACILITATOR: Emily Vandette was an ECE II for approximately 12 years. Infant and Toddler development is something she has always been passionate about and has many fond memories of working in Infant and Toddler Programs. She has worked with many families, co-workers and children in the transition process of starting in group care.

WORKSHOP DELIVERY: In-Person

LOCATION:	MCCA 2nd floor, 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	COST:	\$40.00 MCCA Member \$80.00 Non-member
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Because I Felt Like It

BEC - 001

Saturday, November 26, 2022

10:00 am - 12:00 pm

In this beginner class you will needlefelt a 3D Snow Pal! Then you will go one step further and personalize him (or her). This class will provide you with instructions that are guaranteed to unleash your own creativity and imagination. You will learn about the materials and tools you need to get started needle felting and create several of your very own little treasures to be proud of! You will also learn about fibre arts and sustainable natural fibres. All wool is local to Manitoba and from animals that are treated like family. You will also learn about wool and its properties.

Class includes:

- An easy-to-follow lesson introducing you to basic needle felting techniques
- Step-by-step directions to make your own snowpal
- A selection of felting wool and needle felting supplies
- Techniques you can apply to a lot of future projects
- A finished project you can be proud of

FACILITATOR: **Melanie Fraser** has always been creative. She has explored fibre for many years; crocheting then carding then felting. She loves the feeling of taking a piece of fluff and turning it into something. She is a regular vendor at Fibre Fest and is known to hang out at a few sheep farms and the wool mill. To her, it is very satisfying working with natural sheep/alpaca fibres. She has even incorporated pet hair into creations! She prepares all of her own roving/wool for her projects.

She also loves teaching felting and finds great satisfaction in helping people who think they are not creative find that creative spark that lives in all of us!

WORKSHOP DELIVERY: In-Person

LOCATION:	MCCA 2nd floor, 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	COST:	\$40.00	MCCA Member
			\$80.00	Non-member

Cheminement éthique – Faire le meilleur choix

ETF – 001

Le samedi 26 novembre 2022

9h à 16h

À propos de la série d'ateliers Cheminement éthique – Faire le meilleur choix

La série d'ateliers Cheminement éthique – Faire le meilleur choix se compose de quatre ateliers qui vous aideront à acquérir les compétences nécessaires pour adopter une pratique éthique. Un cheminement éthique est un processus personnel et continu de prise de décisions éthiquement éclairées qui tient compte des expériences personnelles.

CHEMINEMENT ÉTHIQUE – FAIRE LE MEILLEUR CHOIX

Atelier I – Croyances, valeurs et règles éthiques personnelles

Durant l'atelier I, vous effectuerez une série d'exercices qui vous aideront à cerner et à préciser votre système de croyances, une étape cruciale du cheminement éthique. Ce premier atelier est pré-requis pour les trois prochains ateliers du cheminement éthique.

CHEMINEMENT ÉTHIQUE – FAIRE LE MEILLEUR CHOIX

Atelier II – Croyances, valeurs et règles éthiques professionnelles

Durant l'atelier II, vous apprendrez à connaître le code de déontologie de la MCCA et vous découvrirez comment vous pouvez le mettre en application au quotidien en la présence d'enjeux et de dilemmes.

Les participants doivent apporter leur propre dîner.

FACILITATORS: **Gines Combiadakis** travail auprès des enfants depuis 1991. Sa carrière en service de garde a commencé en 1999 et en 2004, il a obtenu son diplôme en EJE II. Il a travaillé comme éducateur, superviseur et directeur jusqu'à 2011 quand il s'est joint à l'Université de Saint-Boniface où il enseigne en Éducation de la jeune enfance. En 2012, il a obtenu son diplôme en EJE III et en 2016, a complété sa formation pour devenir guide des ateliers en cheminement éthique et membre du comité d'éthique avec la MCCA.

Michelle Vesey est une éducatrice de la jeune enfance niveau III. Elle travaille dans le domaine de la jeune enfance depuis 1998. Pendant ce temps, elle a occupé plusieurs postes auprès des enfants scolaires, préscolaires et des poupons comme éducatrice, superviseur et directrice de service de garde. Présentement, Michelle travaille à l'université de Saint-Boniface comme professeure en éducation de la jeune enfance. Elle est membre du comité d'éthique de MCCA et s'attend à guider les autres dans leur cheminement éthique.

WORKSHOP DELIVERY: In-Person

LOCATION: Université de Saint-Boniface
Room 0617



COST: \$90.00 MCCA Member
\$180.00 Non-member

The Power of Babe: Infants' Experiences of Interpersonal Power

BAB - 001

Monday, November 28, 2022

6:30 pm - 8:30 pm

Do you interact with infants on a regular basis? Have you ever wondered about how they experience power? In this interactive workshop, we will explore what infants already know about power, how they experience it in their lives, and how this interacts with their rights as codified by the United Nations Declaration of the Rights of the Child, and the Universal Declaration of Human Rights. We will co-construct our knowledge of the ethical implications for sharing power with infants and strategize ways to implement appropriate and ethical opportunities for infants to express power in their early learning and care environments.

FACILITATOR: Ruth Lysecki is a passionate ECE III specializing in infant care. She holds a BA in Developmental Studies from the University of Winnipeg and an M.Ed. in Early Childhood Education from the University of Victoria. Ruth has been in the field since 2003 and working with infants since 2008. She lives, works, and plays in Winnipeg, where at work, she is a primary caregiver to four amazing individuals who happen to be infants at the moment.

WORKSHOP DELIVERY: In-Person

LOCATION:	MCCA 2nd floor, 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	COST:	\$40.00 MCCA Member \$80.00 Non-member
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2SLGBTQ+: Families

FAM - 001

Tuesday, December 6, 2022

6:30 pm - 8:30 pm

A workshop aimed at helping support workers who work with families who have 2SLGBTQ+ youth. We will discuss ways to inform yourself and your environments to better provide safe(r), inclusive spaces for 2SLGBTQ+ families. Education on pronouns, inclusive language and how to support youth who are questioning their identities within the child care environments.

FACILITATOR: Dene Guillas (he/him) is a proud Indigiqueer, transgender, pansexual man and father. He grew up in various types of child care facilities and was briefly in the CFS system when he was younger. He is blessed to be raising an amazing child of his own for 17 years, which has helped him come to terms with how important living as your true self and having unconditional support and guidance is for children growing up.

WORKSHOP DELIVERY: In-Person

LOCATION:	MCCA 2nd floor, 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	COST:	\$40.00 MCCA Member \$80.00 Non-member
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Little Signing Stars

LIT - 001

Wednesday, December 7, 2022

7:00 pm - 9:00 pm

Discover the benefits of using signs to enhance communication with infants and toddlers. Sign Language enables children to express themselves before they can talk! Whether they want 'more' or need to use the 'potty' - these signs can be essential for reducing their anxiety and frustration. We will discuss the top signs and learn how to implement them throughout the day.

Did you know that signing can also be playful and fun? It's true! We will blend signs to songs and learn how to bring a story to life!

FACILITATOR: **Serena Yong** has over 10 years experience teaching Baby Sign Language through her Little Signing Stars program. After learning ASL at the Deaf Center of Manitoba, she realized that every child could benefit from the visual cues sign language offers! She is excited to share her Baby Sign Language Touch Feel Learn book that incorporates signs and textures on every page.

WORKSHOP DELIVERY: In-Person

LOCATION:	MCCA 2nd floor, 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	COST:	\$40.00	MCCA Member
			\$80.00	Non-member



ZOOM WORKSHOPS

POLICIES FOR ZOOM WORKSHOPS

- Please click on the zoom link 10 - 15 minutes before the workshop begins. Our zoom workshop hostess will begin admitting participants in at that time.
 - To ensure that we know participants are present and engaged, we ask that participant's video is on during the entire workshop.
 - Upon entering the workshop everyone will be muted to minimize background sounds. If you wish to make a comment or ask a question you can unmute yourself or comment in the chat feature.
 - Please name your device with your full name so that we can check you off on the attendance. We don't know who you are if it just says iPhone 10 or iPad. We want to make sure we have verified your attendance so that you will receive a certificate.
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- After the workshop you will be sent a link to complete a workshop evaluation using Survey Monkey. Please do the evaluation within 48 hours.
 - Certificates of Participation will be emailed to participants after 75% of participants have completed the survey.
 - If for any reason we cannot identify who you are, we will need to remove you from the workshop. Unfortunately you will not be let back into the workshop and will not receive a certificate.
 - The zoom link we send is only for you. It should not be shared and other people should not be listening to the workshop who have not registered.
 - If two or more people are registered and sharing one screen, please let the host/hostess know. This is not recommended.
 - The zoom link is sent out at least 24 hours to the workshop start time. If you have not received the zoom link contact MCCA by 3:00pm so that we can send you the link.

Communication Development in The Early Years Settings (3-Part Series)

COM - 001

Monday, October 3, 2022
6:30 pm - 8:30 pm

Monday, November 7, 2022
6:30 pm - 8:30 pm

Monday, December 5, 2022
6:30 pm - 8:30 pm

Inspired ECE and Playground Connections present Communication Development in the Early Years Settings, a dynamic and interactive 3-part workshop series for Early Childhood Educators, administrators and students in early years settings. Participants will learn how to build strong connections with families, become more familiar with typical communication development, and gain confidence in identifying communication-based needs through invitations and activities.

Workshop #1

During the course of this workshop, we will explore program family connections, discuss the importance of early intervention, and gain a better understanding of typical communication development between the ages of 1-4yrs old. Participants will learn how to identify red flags and support families during the referral process. Learning Inquires highlighted in this workshop: Well-being and belonging, communication and literacies and Identities, social responsibility and diversity.

Workshop #2

Join us as we navigate through the importance of establishing connection, rapport and effective communication with families. During the workshop we will explore expected communication milestones for children 1-4 years of age, with a focus on early intervention and how to incorporate developmental tools into your daily practice to support children and families in early years programs. Learning Inquires highlighted in this workshop: Well-being and belonging, communication and literacies and Identities, social responsibility and diversity.

Workshop #3

Tying it all together. During this workshop we will review how to form strong program family connections, discuss the important first step of observation and screening tools, look at the vital role our environments play in supporting early language skills and development and how educators work together with families during a referral process. Learning Inquires highlighted in this workshop: Well-being and belonging, communication and literacies and Identities, social responsibility and diversity.

FACILITATOR: **Julie Hansen** became an ECE in 2000. Since then, she has gained experience in a variety of areas within the field of Early Childhood Education. Her primary focus has evolved to encompass team leadership, management training and program development. She has had articles published in provincial and national ECE journals on the topic of emergent curriculum and leadership. Julie's goal as an ECE and facilitator is to support fellow educators and early years professionals in providing high quality early learning experiences for children and families.

Farrah Rahim is Managing Director of Playground Connections and is Speech-Language Pathologist. Farrah thinks with her heart. This has catapulted her to a successful career in pediatric and adult speech language pathology. Farrah completed her B.Sc. in Biopsychology at Western University and her M.Sc. in Speech Language Pathology at Dalhousie University. She started her career working in an outpatient program for people with Traumatic Brain Injuries. She also worked for several years in private practice primarily with the pediatric population. Since 2009, Farrah has been working in the school board setting, supporting students with language and communication difficulties and their teaching staff to ensure that students can be as successful as possible. Farrah hopes to pursue playing the piano and writing a children's book.

Andrea Rizzuto is Managing Director of Playground Connections and is a Speech-Language Pathologist. Andrea is a woman of energy and action! She completed her Master's of Health Sciences in Speech Language Pathology from the University of Toronto. Andrea has worked in multi-disciplinary clinics and a Toronto-based school board giving her a wide variety of experience in all areas of pediatric speech language pathology. She has hosted a variety of teacher and parent training workshops. Andrea takes great pleasure in working collaboratively with children and their families, helping children become effective communicators. She believes that early intervention is effective intervention. When Andrea is not at work, she can be found enjoying her time with her husband and two young boys.

WORKSHOP DELIVERY: Zoom



COST: \$120.00 MCCA Member
\$240.00 Non-member

The Courage to Care: What is the Pedagogy and Practice of Care?

COU - 001

Wednesday, October 5, 2022

6:30 pm - 8:30 pm

In this workshop, Carol will ask us to consider a new teaching and learning paradigm - where we shift from a view of care as weak and soft to revealing care as the strong back bone of our teaching practice. We will examine how living care as an educational philosophy and as an ethic has the potential to generate reciprocal power so that as we care for others, we receive care, and we learn to care for ourselves. With the 7 Lamps of Care, Carol will shine the light on a new path. Together, we will pioneer a practice of care as education, care as a right, care as bodily, care as an art and a science, and care as what makes us human.

Consider a teaching day in the life of an early childhood teacher and young child. Much of the learning and teaching interaction is wrapped up in caring rituals such as preparing and serving meals, helping children wash their hands and dress, and learning to rest and regulate themselves. Together with children, educators navigate a daily flow that embeds all the elements of living, learning, and caring together. So, why has care and education been divided? Why has care been historically subordinated to the educational aspects of our work with young children? Why do we think teaching a child to read their name is more important than helping a child zip their jacket? We will explore how we can rearrange the paradigm that splits education and care and demonstrate that learning and care is inseparable. Together, we will conceptualize and legitimize care through the lens of feminist care ethics with a value on the labor of care that is the seed of growing trusting relationships. We will elevate care as a pedagogy, unite care with education, and name care as an honorable intellectual exchange and a state-of-the-art curriculum. We will imagine how joining the care movement can strengthen our identity as early childhood educators and allow us to become everyday advocates by the way we model care and value care in our practice.

FACILITATOR: **Carol Garboden Murray** is the author of *Illuminating Care: The Pedagogy and Practice of Child Care in Early Childhood Settings* (Exchange Press, 2021). Carol lives in the Hudson Valley, New York and her speciality is early childhood development, 0-5. She has been working with children, families, and teachers for many years as an early interventionist, a toddler, preschool and kindergarten teacher and child care center director. She is currently the director of the Wimpfheimer Nursery School and Infant Toddler Center at Vassar College in Poughkeepsie, NY.

WORKSHOP DELIVERY: Zoom



COST:	\$45.00	MCCA Member
	\$90.00	Non-member

More Books for Babies – Exploring Strategies for Incorporating Books and Extension Ideas in the Infant and Toddler Rooms

MOR - 001

Wednesday, October 12, 2022

6:30 pm - 8:30 pm

Building on the success of our original “Books for Babies,” this new workshop features an entirely different selection of books especially designed for infants and toddlers. Activity ideas that build on the early literacy concepts that can be found in each book will be shared and provided as a resource at the end of the workshop. Designed for those working with infants and toddlers, participants will leave the workshop with a variety of hands-on, interactive activities and book ideas that can be easily incorporated into programming.

FACILITATOR: This workshop will be presented by a Bookmates Facilitator. Bookmates is a non-profit organization based in Winnipeg with over 38 years’ experience in supporting early learning educators. Bookmates stays current with emerging research and themes related to healthy child development and uses a literacy lens to share strategies, information, resources and practical experiences.

WORKSHOP DELIVERY: Zoom



COST: \$40.00 MCCA Member
\$80.00 Non-member

Invitations to Play

INV - 001

Thursday, October 13, 2022

6:30 pm - 8:30 pm

Join me in discovering the value and importance of invitations and provocations—we as educators can support child development by following the children’s interests and ideas as we develop engaging environments that support curiosity and wonder. Discover how to incorporate natural materials, loose parts and process art opportunities experiences into early years settings.

FACILITATOR: Julie Hansen became an Early Childhood Educator in 2000. Since then, she has gained experience in a variety of areas within the field of Early Childhood Education: director of a preschool, supervisor of after-school care as well as 3-5 and Infant Toddler programs. Her primary focus has evolved to encompass team leadership, management training and program development. She has had articles published in provincial and national ECE journals on the topic of emergent curriculum and leadership. Julie’s goal as an Early Childhood Educator and facilitator is to support fellow educators and early years professionals in providing high quality early learning experiences for children and families.

WORKSHOP DELIVERY: Zoom



COST: \$40.00 MCCA Member
\$80.00 Non-member

Preventing Disruptive Behaviours (Intermediate) - SECD



PRE - 001

October 13 - November 2, 2022

The Centre of Excellence for Early Childhood Development (Université de Montreal and Université Laval) and Red River College Polytechnic's Science of Early Child Development (SECD) have partnered to develop an online workshop about disruptive behaviours in early childhood. This NEW workshop offers a variety of content (videos, readings, links, reviews, discussions) from the Encyclopedia on Early Childhood Development and SECD. MCCA did offer a session back in June 2022.

The workshop content is completely online and available to participants for the duration of the workshop. There are weekly expectations and participants have complete flexibility to work through the materials at times that are most convenient for them.

Participants will watch videos of children around the world, hear from experts discussing the topics, do short readings and play interactive review games. Participants will also "meet" virtually in online discussion groups guided by a SECD facilitator. In these groups, participants will type their responses and then read each other's ideas and reflect on and apply what they learn. Discussions happen over the course of each week and participants post and reply at times that suit them.

Learn about types of disruptive behaviours, how to manage these behaviours, and the role adults and the learning environment play in promoting optimal socialization. This workshop is based on knowledge from various disciplines and from longitudinal studies conducted in several countries. Participants will learn the answers to questions like, "What do we know about the emergence and prevention of disruptive behaviours?" and "What can be done?" from the perspective of early education and care.

Topics include:

- Types of aggressions and how children use them
- Typical evolution of aggression and how to identify children at risk of persistent aggressive behaviour
- Peaceful strategies to replace disruptive behaviours
- Self-control and social skills
- Quality early learning environments to help prevent disruptive behaviours

N.B. This is equivalent to a two-day workshop, or twelve hours of professional development.

Participants should have a reliable internet connection and be comfortable reading and writing in English.

When registering, please provide the email of the person who will be participating in the workshop, not the centre email.

FACILITATOR: Each SECD online workshop is facilitated by a Red River College Polytechnic Instructor or an ECE practitioner, each of whom brings a wealth of knowledge and experience in the child care sector.

WORKSHOP DELIVERY: Online

COST: \$150.00 MCCA Member
\$300.00 Non-member

Reflecting Together Through a Community of Practice

RCP – 001

Monday, October 17, 2022

6:30 pm - 8:30 pm

RCP - 002

Tuesday, December 13, 2022

6:30 pm - 8:30 pm

Do you often observe the children who you work with and get excited about something that you see? Do you want to spend more time with your co-workers talking about and reflecting about the incredible things you notice the children doing? Do you wish you had more time to connect with other people who are just as enthusiastic about reflecting on their program as you are? Do you ever wonder how your program could grow?

Come and join our Community of Practice - a group of reflective educators who want to share and learn from each other! Whether you are a seasoned frontline staff with lots of experience or new to the field, this is the place for you!

These interactive sessions will give educators an opportunity to share and connect about their programs and experiences while learning from each other as we start, or continue, along our pedagogical journey. A week prior to each session, an agenda and articles will be sent out to participants. Please read the articles prior to the workshop, as they will be the basis for discussion.

Topics for the sessions are chosen from the interest of the participants. These sessions build on one another. To receive the full benefit of this group, we encourage you to register and attend all of the meetings that happen throughout the year.

FACILITATORS: **Giovanna Rossing** is a proud Early Childhood Educator of 20 years at K.I.D.S. Incorporated, Montrose Location. The passion of early childhood education has resulted in a Developmental Studies Degree in Inclusion and an Advanced Diploma in Leadership in Early Childhood Education, along with many other professional development opportunities throughout the years. Giovanna loves sharing this passion for learning as it is a never-ending journey in this field.

Kyle Watts has been in child care since 2001 and has been working in inclusion for about 10 years. After having a daughter of his own, he pushed to get his ECE II and became a Site Manager. He has been a Site Manager for just over 10 years. He recently been working towards his Bachelors of Arts in Child Development. He is looking forward to sharing ideas and reflecting on the amazing things that are always happening in child care with everyone.

WORKSHOP DELIVERY: Zoom



COST: \$40.00 MCCA Member
\$80.00 Non-member

Quality Sleep for Infants and Toddlers

QUA - 001

Wednesday, October 19, 2022

6:30 pm – 8:30 pm

Recent social change has resulted in a greater demand for group child care for infants and toddlers. Simultaneously, sleep issues at group child care centres have become more and more prevalent among this age group – who are the most sensitive and vulnerable. The goal of this workshop is to prepare ECEs with the appropriate knowledge, skills, and attitudes as it relates to young children's sleep in group child care settings. This workshop is based on a behavioural approach.

FACILITATOR: Dr. Minnie Mossop is a passionate infant and toddler specialist with a Ph.D. and MA in Infant and Early Childhood Development and an M.Ed. in Early Childhood Education. Her research interests cover various mental health areas (e.g. attachment, brain development, co-regulation) of young children, especially infants and toddlers. She is a faculty member of the Early Childhood Education Program at Douglas College. She has also supported hundreds of families and ECEs in North America through online/offline consultations and group workshops.

WORKSHOP DELIVERY: Zoom



COST: \$40.00 MCCA Member
\$80.00 Non-member

School Age Networking

SCH – 001

September 22, 2022

7:00 pm - 8:30 pm

Topic: Planning for Older
School Age Children

SCH - 002

October 20, 2022

7:00 pm - 8:30 pm

Topic: Connections in the Community:
Ways to Give Back

School Age Networking evenings allow early childhood educators and child care assistants working in school age programs the opportunity to collaborate and network with other SA educators who understand school age care and learning. These casual sessions allow you to bounce ideas off of each other and hopefully get some answers and insight. Prior to each session, a topic will be chosen and shared with participants in advance of the meeting. Please come prepared to share, discuss, and brainstorm ideas based on the topic. We hope to have people from all over the province join us, as the more perspectives we have from different programs, the more we can all learn.

FACILITATOR: Members of MCCA's School Age Committee

WORKSHOP DELIVERY: Zoom



COST: \$10.00 MCCA Member
\$20.00 Non-member

Being The Best Supervisor You Can Be

BEI - 001

Wednesday, October 26, 2022

9:30 am - 11:30 am

An interactive workshop for all mentors, including supervisors, directors, team leaders, and anyone aspiring to take on a leadership role.

Empowering participants with the critical components that make one a positive, effective and inspirational leader.

A good mentor inspires

A good mentor is unforgettable

A good mentor can make an impact that lasts a lifetime

As the supervisor, director, or manager, you play a key role in the lives of all those with whom you work. You have the capacity to inspire, support, and strengthen those around you, bringing out the very best in each and every member of your team. In this workshop we'll explore the fundamental attributes of a motivational leader, in order to best support your staff, build a cohesive team, provide constructive feedback, and foster a positive and productive environment for all.

A good leader makes all the difference in the world. I hope you will enjoy the opportunity to engage in some fun and enlightening activities and facilitated discussions, as you gain a deeper understanding of the critical role you play and the positive influence you have, in assuring the best in quality care for the children and families coming to your facility.

Join me for this active, fun-filled, and highly informative workshop, and find out what it takes to become that unforgettably Amazing Supervisor!

FACILITATOR: Simmy Zaret is an educator for both the school and public health systems, Simmy feels privileged to have worked with, taught, counselled, and supported children with special needs and their families over 35 years. Through an array of workshops and speaking engagements, she now brings her extensive experience to early childhood educators, teachers, administrators, and parents on-line from coast to coast. Simmy's focus remains on promoting a holistic, compassionate approach, to optimize success for all students both inside and outside of the classroom. She is currently working on a book which will encapsulate her methodologies, and provide practical, well-honed strategies for promoting joy and success for children of all ages. Besides her active teaching and consulting career, Simmy enjoy a busy family life in Toronto Ontario, where she is a well-known local storyteller, avid painter, and the proud mom of two wonderful young men.

WORKSHOP DELIVERY: Zoom



COST: \$45.00 MCCA Member
\$90.00 Non-member

Open a Book, Open a World

OPE - 001

Wednesday, October 26, 2022

6:30 pm - 8:30 pm

This workshop is focused on sharing early literacy resources that promote diversity including race, creed, gender, culture, family structures and abilities.

Content includes:

- Reviewing the importance of being intentional with the types of early literacy information, tools and strategies we incorporate into our programs
- Exploring concepts to strengthen, support and enhance the fundamentals of literacy while celebrating diverse communities
- Sharing a variety of children's books and related hands-on literacy extension activities that can be integrated into our current environments. These resources will be primarily geared to children ages 2-6 years of age

FACILITATOR: This workshop will be presented by a Bookmates Facilitator. Bookmates is a non-profit organization based in Winnipeg with over 38 years' experience in supporting early learning educators. Bookmates stays current with emerging research and themes related to healthy child development and uses a literacy lens to share strategies, information, resources and practical experiences.

WORKSHOP DELIVERY: Zoom



COST: \$40.00 MCCA Member
\$80.00 Non-member

Deep Dive into Schema I

DEE - 001

Thursday, October 27, 2022

6:30 pm - 8:30 pm

What is schema play? Why is everyone talking about schema play? How does schema play impact our understanding of how children develop? What do we do as Early Childhood Educators once we start to see schemas in children's play? Do you have any of these questions? We will unpack them all and any others you might have. We will define schema play and look at what that looks like in children's play. We will take that information and explore where we go from there; enhancing children's play and development using our understanding of many different schemas.

FACILITATOR: **Cindy Curry** has been in the field of Early Childhood Education for over 32 years. She has worked the front lines as well as held various roles in management including director of a non-profit program. Currently she operates a licensed group family child care program, a forest and nature school program, facilitates workshops for various groups, instructs part time at Red River College, Portage Campus in the Early Childhood Education program, sits on the board of directors of International Play Association - Canada, and is an active advocate for childcare and all ECEs.

WORKSHOP DELIVERY: Zoom



COST: \$40.00 MCCA Member
\$80.00 Non-member

Facilitating Friendship Skills

FAC - 001

Wednesday, November 2, 2022

6:30 pm – 8:30 pm

As an ECE, you may be asking yourself why do we need to explore the topic of facilitating friendship skills with children? Why is this so relevant in our field?

During this interactive learning opportunity, we will examine the positive benefits of building these early relationships for children, including increasing their vital self esteem and giving them the tools to navigate their environments in a healthy and open manner.

During this workshop, we will explore:

- setting up our classroom environment to support the children in our care
- supporting children while navigating the social/emotional aspect of friendships in an age-appropriate manner, while respecting each child's individual personality
- practicing social skills through the use of games, dramatic play, music, conversation and daily activities
- the impact and importance of role modeling for children
- developmentally appropriate conflict resolution

FACILITATORS: **Mia Gunhouse** has been in the fields of Education, Early Learning and Child Care since graduating from University. She first began her career as a Public School Teacher in Winnipeg and in the Greater Toronto Area, eventually transitioning into a career of Early Child Development in Calgary. Mia has enjoyed several positions along the way, including Preschool/Kindergarten Educator, Coach/Consultant, as well as fully immersing herself into various management roles.

Carla Crann has been in the Early Learning and Care field since graduating from Mount Royal University in 2003. She started her career as a frontline Educator and gradually transitioned to senior management roles, all while continuing her dedication to lifelong learning. Carla is passionate about children exploring their world, building their confidence and learning alongside them.

WORKSHOP DELIVERY: Zoom



COST: \$45.00 MCCA Member
\$90.00 Non-member

Deep Dive into Schema II

DEE - 002

Thursday, November 3, 2022

6:30 pm - 8:30 pm

NEW!
Part two of this
popular workshop!

Let's go deeper... Join me as we review the more familiar schemas as well as explore a few others that aren't as familiar or talked about as much. We will also look at what schema theory play looks like in various age groups including infants and toddlers and how schema theory play can be supported with an intentional environment including loose parts. Finally, we will discuss the importance of documenting and making the learning visible and various tools and formats that we can use to make this happen.

FACILITATOR: **Cindy Curry** has been in the field of Early Childhood Education for over 32 years. She has worked the front lines as well as held various roles in management including director of a non-profit program. Currently she operates a licensed group family child care program, a forest and nature school program, facilitates workshops for various groups, instructs part time at Red River College, Portage Campus in the Early Childhood Education program, sits on the board of directors of International Play Association - Canada, and is an active advocate for childcare and all ECEs.

WORKSHOP DELIVERY: Zoom



COST: \$40.00 MCCA Member
\$80.00 Non-member



Workshops begin promptly at
the start time, please ensure you have
joined the Zoom workshop 10 minutes
prior to the start time.

Dis Is Wat It Mus Be Like! Learning Disabilities from the Inside Out

DIS - 001

Tuesday, November 8, 2022

7:00 pm - 9:00 pm

An interactive on-line workshop for educators who work with children with additional support needs – because some children just learn differently.

A child is struggling in school. He just doesn't seem to grasp concepts as quickly as others, and simply can't keep up. He works hard! In fact, he has to work harder than anyone else in his class just to "appear" like he understands. He often becomes tearful, anxious, or even immobilized by a change in routine. He's always losing things. He never seems to listen, yet can tell you, with great detail, how the engine of a train works. His teachers say he's often getting into fights on the playground. He just doesn't seem to understand all the non-verbal social cues that go on when he's playing with his friends. For some reason, he just can't seem to get through a single school day without a struggle. His parents are bright, caring, and very concerned, and they just don't know what to do.

Could it be that this child has special learning needs that require a different teaching approach? Could it be that this child has some kind of learning disability?

This workshop will dispel the myths and provide an in-depth overview of some of the most common learning difficulties faced by so many children in our programs today. Through a variety of interactive activities, participants will have the opportunity to experience first-hand what it's like to actually have a learning disability of their own! As well, we'll look at a wide range of strategies, accommodations and alternative approaches that can be used, in order to build a child's self-esteem, demystify their challenges, and maximize opportunities for social and academic success.

In this workshop, we'll look at:

- Visual/Spatial Perception Deficits
- Auditory Language Processing Difficulties
- Conceptual Challenges
- ADD/ADHD Attention Deficit (Hyperactivity) Disorder
- Pervasive Developmental Disorders – Autism and Asperger's
- Childhood Anxiety and other areas related to Mental Health

Yes, some children just learn differently. The more we begin to understand, accept and appreciate learning challenges for what they truly are, the more opportune a world we can provide for all children.

FACILITATOR: Simmy Zaret; As an educator for both the school and public health systems, Simmy feels privileged to have worked with, taught, counselled, and supported children with special needs and their families over 35 years. Through an array of workshops and speaking engagements, she now brings her extensive experience to early childhood educators, teachers, administrators, and parents on-line from coast to coast. Simmy's focus remains on promoting a holistic, compassionate approach, to optimize success for all students both inside and outside of the classroom. She is currently working on a book which will encapsulate her methodologies, and provide practical, well-honed strategies for promoting joy and success for children of all ages. Besides her active teaching and consulting career, Simmy enjoy a busy family life in Toronto Ontario, where she is a well-known local storyteller, avid painter, and the proud mom of two wonderful young men.

WORKSHOP DELIVERY: Zoom



COST: \$45.00 MCCA Member
\$90.00 Non-member

Motivating Employees with Feedback

MOT - 001

Tuesday, November 8, 2022

9:30 am - 11:30 am

When done in the right way and with the right intentions, feedback can lead to outstanding performance. Employees have to know what they are doing well and not so well. For them to really hear your thoughts and suggestions on ways to improve, though, that feedback has to be delivered carefully and frequently. Giving feedback is a skill. And like all skills, it takes practice to get it right.

By the end of the session, you will be able to:

- Define motivation, an employer's role in it and how the employee can play a part
- Identify methods and strategies of employee motivation with a focus on performance feedback
- Connect to people developing the ability and confidence to give constructive feedback, and
- Practise feedback techniques to develop others for maximum performance results and impact

FACILITATOR: Melenie Olfert has worked as an independent consultant sharing her knowledge and expertise through leadership projects and workplace training. With a background in adult education and training, Melenie is now a published writer, as well as an accomplished speaker on intercultural & diversity in the workplace, human resources and leadership development. Further to her training experience, Melenie is an instructor with the University of Winnipeg, PACE Program, where she teaches in the Leadership Program. She is also the co-facilitator of the Language Interpreter Training Program which supports language diversity in work and community settings. Outside of work, Melenie volunteers in assisting newcomers in preparing for their Canadian citizenship exams.

WORKSHOP DELIVERY: Zoom



COST: \$45.00 MCCA Member
\$90.00 Non-member

**The Best Practices Licensing Manual recommends
24 hours of professional development
for Directors, ECEs, and CCAs.**

Best Choices: Ethics Part IV

ETHZ - 004

Wednesday, November 9, 2022

6:30 pm - 9:30 pm

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

This capstone workshop will help you to make a commitment of ethical practice in your daily work and enhance your awareness of your own values, beliefs and assumptions. You will also understand why, when faced with an ethical dilemma, it is difficult to follow through with your best choice. This session is a pre-requisite to enroll in future "Train the Guide" sessions which would prepare you to assume the role of an ethics guide.

****Please note you must have completed Ethics Part III at least 6 months from the date of taking Part IV.***

FACILITATORS: Michele Grant has been involved in Manitoba's early childhood community for many years as an early childhood practitioner, centre director, adult educator and volunteer. She is a past board member of both the MCCA and the CCCF and is a founding member and past chairperson of the MCCA Ethics Committee.

Sarah Nick is from Thompson, Manitoba. Sarah is currently working at Riverside Day Care as the Assistant Director. She has been working in the child care field since 2006 in a variety of positions. Sarah also is a co-owner of Sister Party Rentals in Thompson, where she brings the fun into parties for children and families in her community. Sarah has completed all four parts of Ethics, as well as the Train the Trainer program in Winnipeg to become an Ethics Guide (completed in 2016) and looks forward to helping guide others on their journey into Ethics.

WORKSHOP DELIVERY: Zoom



COST: \$45.00 MCCA Member
\$90.00 Non-member

What's Normal about Anxiety – Understanding Anxiety and Strategies For Post-Pandemic Recovery

ANX - 001

Monday, November 14, 2022

6:30 pm - 8:30 pm

Have you experienced anxiety over the past couple of years? Are you wondering how to recover from a pandemic and help others do the same? Anxiety has been one of the most common mental health concerns since March 2020. People are looking for ways to get back to stability while also adjusting back to more of life's activities. This session serves as both a guide and tool kit to ground you and give you strategies for gaining stability. We'll explore how to spot anxiety and work with it in a new way so that it does not have to overwhelm or feel like it's in the driver's seat. Together we'll unpack steps for closing the stress loop, worrying less and getting a better night's sleep.

In this interactive and dynamic workshop, participants will learn:

- Anxiety 101 – the difference between stress and anxiety
- Pandemic impact on anxiety and mood
- Tools that can help with adjustments
- How to manage the post-pandemic juggle between work and home
- How to close the stress cycle for stability in our body
- Resources that can help with anxiety when it's not letting up

FACILITATOR: **Shannon Gander** is a Mental Health and Resiliency Strategist. She is a skilled trainer, counselor and mediator who has been consulting with individuals, workplaces and teams for over 25 years. She is the Director of Life Work Wellness, a company that empowers individuals and workplaces to achieve their goals for better mental health. Shannon has worked with multiple clients over the years whose stress level has impacted their ability to work and has contributed to short and long-term disability. She has a passion for empowering people with skills for mastering stress and preventing burnout. She also demonstrates how everyone can contribute to healthy organizational culture. Shannon's dynamic background in counselling and workplace interventions help her to bring mental health and wellness topics to life in a way that is authentic and engaging teaching participants skills to apply right away and into the future in all areas of life.

WORKSHOP DELIVERY: Zoom



COST: \$50.00 MCCA Member
\$100.00 Non-member

Supporting and Welcoming Parents into Group Care

SUP - 001

Tuesday, November 15, 2022

6:30 pm - 8:30 pm

In this workshop, educators will get a chance to reflect on how they can develop and strengthen trusting relationships with new families to lay a foundation for a successful entry into group care. In an ideal world, all children would go through a gradual entry process that is tailored to their specific needs. However, families are not always able to do a gradual entry process which can make it challenging to transition into group care. For this reason, this workshop will focus on supporting families before their children begin to help families understand group care and address parents' expectations in a way that works for the family, child and educators.

In this workshop educators will:

- Think about ways to get to know a child and family before they start
- Think about ways to orient parents into the culture of group care
- Work on a plan that works for the child, family and educators before the child starts

FACILITATOR: Ana Valle Rivera is an ECE, Special Needs and Infant Toddler Educator, Contract Instructor and Facilitator. Raised in a large and lively family in East Vancouver BC, Ana knew her life's purpose was working with children. She began working in the child care field in 2007. Since earning a Diploma in ECE, Special Needs and IT Education (2010), she has worked with children of all ages with different developmental needs in various childcare settings. Ana is currently completing a degree in Child and Youth Care with a Specialization in Early Years. Ana is a parent and a children's book author. Ana is the Owner and Founder of Early Years Workshops and Training. Ana has made it her mission to share her passion and knowledge of Early Years through creating and facilitating her own workshops and writings.

WORKSHOP DELIVERY: Zoom



COST: \$40.00 MCCA Member
\$80.00 Non-member

Best Choices: Ethics Part I

ETHZ - 001

Wednesday, November 16, 2022

6:30 pm - 9:30 pm

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

MCCA provides participants with a certificate which tracks your journey through all four parts.

This is the first workshop in the MCCA's ethical journey series. In Part I, you will learn about beliefs, values, and ethics and the relationship between them. You will learn to identify your own beliefs, values, and ethics and understand how they impact your actions. You will also learn to understand others' beliefs, values, and ethics.

This workshop is the pre-requisite for the other three parts of the ethical journey.

FACILITATORS: **Christine J. Enns** has over 25 years of experience in the field of Early Childhood Education in different capacities. Currently she is an Early Childhood Education Instructor at University College of the North in The Pas. She has been enjoying learning about the Cree culture and how to apply indigenous knowledge into the curriculum. Christine has facilitated Best Choices and been on the Ethics Committee since 2003.

Jenn Cullen is the director of Wawanesa Wee Care Inc. in Wawanesa MB. She has dabbled in many early learning programs, such as child care, nursery school and family resource. She enjoys going on the ethical journey with the variety of people she meets in the workshops, as well as the little people she works with every day, and continuously learns something new about herself! She believes in life-long learning, that there is good in everyone, and that it will always all work out in the end!

WORKSHOP DELIVERY: Zoom



COST: \$45.00 MCCA Member
\$90.00 Non-member

Messy Art

MES - 001

Tuesday, November 22, 2022

6:30 pm - 8:30 pm

Celebrate creativity by exposing children to a variety of mediums, tools and materials through open-ended art activities. Learn how to provide children with experiences that support inclusion and a diversity of developmental needs. This can all be possible through hands-on art situations. Discover the important role that documentation and display play in our programs for children and families when showcasing art experiences.

FACILITATOR: **Julie Hansen** became an Early Childhood Educator in the year 2000. Since then, she has gained experience in a variety of areas within the field of Early Childhood Education: director of a preschool, supervisor of after-school care as well as 3-5 and Infant Toddler programs. Her primary focus has evolved to encompass team leadership, management training and program development. She has had articles published in provincial and national ECE journals on the topic of emergent curriculum and leadership. Julie's goal as an Early Childhood Educator and facilitator is to support fellow educators and early years professionals in providing high quality early learning experiences for children and families.

WORKSHOP DELIVERY: Zoom



COST: \$40.00 MCCA Member
\$80.00 Non-member

Transitioning into Management

TRA - 001

Wednesday, November 23, 2022

9:30 am - 11:30 am

Transitioning into a leadership role can be a challenging yet exciting move in one's career. This workshop will help participants who are both new to leadership or looking to move into a formal leadership role. We will start by discussing the differences between management and leadership and exploring the various leadership styles. The major focus of the workshop will be on how to transition into this role and create inclusion with your team encouraging members to come to you for support, feedback and to make suggestions.

FACILITATOR: **Melenie Olfert** has worked as an independent consultant sharing her knowledge and expertise through leadership projects and workplace training. With a background in adult education and training, Melenie is now a published writer, as well as an accomplished speaker on intercultural & diversity in the workplace, human resources and leadership development. Further to her training experience, Melenie is an instructor with the University of Winnipeg, PACE Program, where she teaches in the Leadership Program. She is also the co-facilitator of the Language Interpreter Training Program which supports language diversity in work and community settings. Outside of work, Melenie volunteers in assisting newcomers in preparing for their Canadian citizenship exams.

WORKSHOP DELIVERY: Zoom



COST: \$45.00 MCCA Member
\$90.00 Non-member

Best Choices: Ethics Part II

ETHZ - 002

Wednesday, November 23, 2022

6:30 pm - 9:30 pm

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

In this second session in your ethical journey, you will be introduced to the MCCA Code of Ethics and understand its benefits. You will also begin to learn the process of ethical decision making. In this session you will receive your personal copy of the Code of Ethics and a handy wallet size card with the principles to keep at your fingertips.

FACILITATORS: **Melanie D'Souza** is a member of the Research Faculty in the School of Health Sciences and Community Services at Red River College. She is interested in issues of diversity, inclusion, and children's rights in early childhood settings; her current projects involve early childhood intervention strategies in inner city child care programs. Melanie has been a member of the MCCA Ethics committee since 2003.

Sharon Balasko has been in the field for over 30 years. She began her career in infant care in the Child Development Centre at the University of Manitoba. She has worked as an instructor, curriculum developer and consultant working with the University of Manitoba, University of Winnipeg, and Red River College. She has been an Ethics Guide and a part of the Ethics Committee since 2002.

WORKSHOP DELIVERY: Zoom



COST: \$45.00 MCCA Member
\$90.00 Non-member

Focusing on Play – SECD



FOC - 001

November 24 - December 7, 2022

The workshop content (videos, readings, links, games, discussions) is completely online and available to participants during the duration of the workshop. There are weekly expectations and participants have complete flexibility to work through the materials at times of the day that are most convenient for them. The content is from the Science of Early Child Development (SECD). SECD’s engaging, multimedia resources are used around the world by people who want to learn more about the impact of the early years on lifelong health and well-being.

Participants will watch videos of children around the world, hear from experts discussing the topics, do short readings and play interactive review games. Participants will also “meet” virtually in online discussion groups guided by a SECD facilitator. In these groups, participants will type their responses and then read each other’s ideas and reflect on and apply what they learn. Discussions happen over the course of each week and participants post and reply at times that suit them.

Topics include:

- The power of play and the role of play in self-regulation
- The value of play for learning and development
- Risky play
- Active play
- Outdoor play
- Setting the stage for play

The Focus on Play workshop is equivalent to a full day workshop, or six hours of professional development.

Participants should have a reliable internet connection and be comfortable reading and writing in English.

When registering, please provide the email of the person who will be participating in the workshop, not the centre email.

FACILITATOR: Each SECD online workshop is facilitated by a Red River College ECE instructor or an ECE practitioner, each of whom brings a wealth of knowledge and experience in the childcare sector.

WORKSHOP DELIVERY: Online

COST: \$85.00 MCCA Member
\$170.00 Non-member

Sexual Health in The Early Years

HEA - 001

Tuesday, November 29, 2022

6:30 pm - 8:30 pm

“We are all sexual beings from the moment we are born until the moment we die. Sexuality is a normal aspect of human development and children learn about it from a very young age. Infants learn about touch and affection. Small children learn the names of body parts and what it means to be male or female. Sexuality, being a life-long process, includes much more than the act of sex. It is our sense of who we are and how we feel about ourselves as sexual beings. It includes gender, sexual orientation, relationships, intimacy, and reproduction. It is closely linked to our thoughts, attitudes, beliefs and values.” (Adapted from WHO, 2006; Talk Sex, NS Public Health Services and <https://novascotia.ca/dhw/healthy-development/sexual-health.asp>).

As a starting point there must be an age-appropriate foundation to build upon. SHEY supports this foundation being built by families and early childhood professionals working together.

We want all children in our community to have the opportunity to grow into healthy, informed adults who possess the skills, knowledge and values found in the SHEY framework.

FACILITATORS: **Karen Burke** has been involved in the fields of early childhood and adult education for over 25 years across Canada, in Central America and abroad. Karen has worked in and directed childcare operations from small, not-for-profit community centres to large, corporate centres with more than 130 children. In her role with YMCA Canada, she was implementation lead for the adoption of an emergent curriculum across the five eastern provinces and collaborated with the YMCA in Honduras on community program development and governance. During her career, she also worked at Sir Frederick Fraser School for the Blind in Halifax and taught English as a Second Language in South Korea. Karen is an active participant in regional working groups, which focus on Sexual Health in the Early Years (SHEY) and the advancement of outdoor play via the Cape Breton Outdoor Play Network. She is currently Coordinator of the Early Childhood Development Support Centre located at the NSCC Marconi Campus and Provincial Facilitator for Capable, Confident, and Curious: Nova Scotia’s Early Years Curriculum Framework. Karen has two amazing adult children, and she has returned to her childhood home in Louisbourg on Cape Breton Island, spending her spare time hiking, paddling and photographing her outdoor adventures. Karen holds a BCS & BEd-Mount Saint Vincent; Diploma Office Admin - Saint Mary’s; Certificate Adult Education - Dalhousie; MEd Curriculum & Instructional Design (minor in Early Childhood Education) - Concordia.

Blair Hill has worked in the field of early childhood education for over 30 years in both Nova Scotia and Prince Edward Island. During his career he has worked in a variety of settings including, Licensed Child Care, Part-time Preschool, Autism Society, C B Family Place Resource Centre and Director of Children and Youth at the YMCA of Cape Breton. He currently works as a faculty member with the School of Health and Human Services at NSCC Marconi Campus, teaching Early Childhood Education. He has diplomas in Early Childhood Education and Adult Education and is currently working towards his BACS degree at Cape Breton University. Throughout his employment and volunteer time he has served on a variety of boards and committees such as the Cape Breton Inter-Agency on Family Violence, SHEY (Sexual Health in the Early Years) and the Outdoor Play Network. Blair has been providing professional development opportunities through a variety of workshops for over 25 years. Since 2018 he has been a facilitator for Capable, Confident, and Curious: Nova Scotia’s Early Learning Framework. He lives in Sydney where he enjoys the outdoors, especially gardening and hiking.

WORKSHOP DELIVERY: Zoom



COST: \$45.00 MCCA Member
\$90.00 Non-member

Best Choices: Ethics Part III

ETHZ - 003

Wednesday, November 30, 2022

6:30 pm - 9:30 pm

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

In this third step of your ethical journey, you will use MCCA's Code of Ethics as a tool and examine a process for ethical decision making. Again, the complexity of best choice decision making will be apparent, but you will feel like you know how to decide what should be considered prior to making that best choice.

FACILITATORS: **Melanie D'Souza** is a member of the Research Faculty in the School of Health Sciences and Community Services at Red River College. She is interested in issues of diversity, inclusion, and children's rights in early childhood settings; her current projects involve early childhood intervention strategies in inner city child care programs. Melanie has been a member of the MCCA Ethics committee since 2003.

Sarah Nick is from Thompson, Manitoba. Sarah is currently working at Riverside Day Care as the Assistant Director. She has been working in the child care field since 2006 in a variety of positions. Sarah also is a co-owner of Sister Party Rentals in Thompson, where she brings the fun into parties for children and families in her community. Sarah has completed all four parts of Ethics, as well as the Train the Trainer program in Winnipeg to become an Ethics Guide (Completed in 2016) and looks forward to helping guide others on their journey into Ethics.

WORKSHOP DELIVERY: Zoom



COST: \$45.00 MCCA Member
\$90.00 Non-member

Retirement Rendezvous

RET - 001

Thursday, December 1, 2022

6:30 pm - 8:30 pm

This session is designed for those who are interested in understanding what happens when they reach retirement and what retirement income options are available.

- Introduction/Context: Review current retirement situation facing Canadians
- How much will it cost to live comfortably in retirement? Establish goal based on needs and situation
- Income Sources in Retirement including public retirement plans (CPP/QPP, OAS, GIS)
- Evaluate Retirement Income Options: RIFs, LIFs, Annuities
- Decide which pay options work best: Case study which incorporates elements of the presentation to demonstrate decision process
- CoPilot & Decumulation with iA Financial Group: Highlighting impact of fees on retirement income and the tools and resources available to assist

FACILITATOR: **Ryan Baker** has over 20 years experience in the Financial Services industry working in some of Canada's largest financial institutions, Ryan has held positions in a variety of customer service, operations and advisory roles. This foundation has provided an understanding of the unique challenges each Canadian faces with regards to their financial wellbeing. As a Senior Education Specialist with iA Financial, Ryan is passionate about the opportunity to not only provide clarity in the retirement planning process but also inspire confidence to take action, no matter your investing experience.

WORKSHOP DELIVERY: Zoom



COST: \$10.00 MCCA Member
\$20.00 Non-member

What Does It Mean to be an Anti-Bias Educator

ANT - 001

Thursday, December 8, 2022

6:30 pm - 8:30 pm

Utilizing research (Derman-Sparks, 2016; Derman-Sparks & Najimy, 2011; Derman-Sparks & Olson-Edwards, 2019; Escayg, 2018;2019; Kissinger, 2017; Manitoba Education and Early Childhood Learning, 2022; Manitoba Education, Citizenship and Youth, 2006; Teaching for Change, 2022; Treaty Relations Commission of Manitoba, 2022) that works to support early childhood educators and caregivers in understanding the scope of anti-bias principles and work, as well as storytelling, this workshop will support practitioners in: (1) clearly defining anti-bias work in early learning spaces, (2) learning about systemic bias and, (3) reconceptualizing best-practice. A major focus will be placed on sharing knowledge about how anti-bias work can be applied as a teaching framework, and the ways in which participants' understandings of differences, values and bias influences their work. The session will incorporate ideas about how best to offer education for reconciliation by taking on a new lens with regard to inclusive programming and anti-bias work in Manitoba.

FACILITATOR: Chanequa Cameron describes herself as a mother, mentor and life-long learner. Currently, she works as a Teacher Development Manager with Teach for Canada, and recently relocated to Thunder Bay, Ontario after teaching in a remote First Nations community since 2018. In addition to her professional activities, Chanequa provides a wide array of education consulting services through Chany Consult. Inspired by her work with children and collaboration within multidisciplinary teams, Chanequa speaks about the necessity for knowledge sharing and critical conversations regarding anti-oppression, anti-racist, and reconciliation frameworks for best-practice. Fueled by her understanding of healthy child development, best practices in the early years and how Canada's colonial past permeates in the education sector, Chanequa works to create space where early learning professionals can enhance their knowledge of and apply principles of critical consciousness. Chanequa's training includes a Diploma in Early Childhood Education, Bachelor of Child Development, Master of Arts in Early Childhood Studies and Master of Teaching. All of which work to illustrate Chanequa's determination and drive to positively contribute to the early learning sector. Chanequa gives credit to her early childhood education and child development knowledge as being the reason for her high aptitudes for research, writing, and teaching and declares that they are the optimal foundation for understanding how children learn and grow best.

WORKSHOP DELIVERY: Zoom



COST: \$45.00 MCCA Member
\$90.00 Non-member

Defining and Identifying Racism: Solutions for Practice

DEF - 001

Monday, December 12, 2022

6:30 pm - 8:30 pm

Utilizing digitally engaging facilitation methods (e.g., interactive slides, reactionary question prompts, a collaborative space for documenting ideas and a digital poll), this session will provide space for participants to work on defining and identifying racism in practice. The presentation will draw from Canada's Anti-Racism Strategy (Government of Canada, 2022) and several works (Bell, 1991;1980; Gaëtane & Lopez, 2021; Government of Canada, 2022; Institute of Canadian Agencies, 2022; National Collaborating Centre for Indigenous Health, 2022) in order to adequately define how racism permeates in the education sector. Other key works (Manitoba Education and Early Childhood Learning, 2022; MCCA, 2022; Treaty Relations Commission of Manitoba, 2022) will be shared which aim to support early childhood professionals in Manitoba in reconceptualizing their practice to ensure it reflects respect for diversity, a dedication towards anti-racism, and a commitment to reconciliation.

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WORKSHOP DELIVERY: Zoom



COST: \$45.00 MCCA Member
\$90.00 Non-member

FALL 2022 PROFESSIONAL DEVELOPMENT WORKSHOPS

REGISTRATION PROCEDURES & POLICIES

- You must be a personal member of MCCA to qualify for member pricing. To confirm your membership number check your card or ask your director.
- Please check our website to see which workshops are full or have been postponed/cancelled.
- Your registration will not be processed unless we have received your completed registration form detailing sessions you would like to be registered for with payment enclosed. We do not invoice for workshops.
- Telephone, faxed registrations and post dated cheques will not be accepted.
- Registration deadline is one day prior to each session unless otherwise indicated.
- Methods of Payment:
Cheque, Visa, MasterCard are accepted. Interac is available for in person registration. If paying by cheque, mail your registration form and payment to:

**Manitoba Child Care Association
2nd Floor, 2350 McPhillips Street
Royal Bank Building
Winnipeg, Manitoba R2V 4J6**

If you are paying by credit card then you must register online. Go to mccahouse.org and click on the professional development button, select workshops, and then click on the link for online registration. Please use Chrome/Firefox as your browser and use a computer, not a cell phone. Please avoid using auto-fill.

- Receipts will be emailed.
- If you are unable to attend a workshop that you have registered for and would like to send someone in your place (must be from the same centre and must be a replacing a member) email Dianne Jones-Pearson before 3:00 pm prior to the workshop at djonespearson@mccahouse.org. Dianne's direct line is 204-336-5065. We require the name and email of the replacement so that the Zoom link, any handouts, and certificate can be sent to the new person attending.
- There are no workshop refunds and this includes if the participant misses the workshop.
- To replace a "Certificate of Participation" the cost is \$10.00.
- Participants for Zoom workshops will receive a certificate of participation via email once 75% of participants have completed the workshop survey. Participants for in-person workshops will receive a paper certificate at the workshop.
- Mark the workshops you have registered for on your calendar as we will not call or send out reminders.
- If enrollment for any workshop is insufficient, MCCA reserves the right to cancel or reschedule it. In such instances, registrants will be notified and the fee refunded.
- In the event that weather prevents a participant (from outside of Winnipeg) from attending a workshop, a workshop credit will be granted if Environment Canada has recommended that a specific highway not be travelled on or is closed. A workshop credit allows the transfer of money from one workshop towards a future workshop and must be used in the same calendar year.
- If a workshop is cancelled due to weather, we will call to advise you the workshop is cancelled.
- We reserve the right to change the workshop location. Registrants will be notified by phone or email.



Manitoba Child Care Association

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