



MCCA/MCCA Central Region is presenting

CEN-001

Tuesday, November 16, 2021

6:30 pm – 8:30 pm

What's the Risk?

Embracing Risky Play in Childhood

From the time children can move they have an innate motivation to take risks. As they continue to grow, children want and need more risk taking opportunities in order to develop self-esteem, confidence and independence. Yet, we have entered an era of “helicopter parenting” and “being as safe as possible” where children are being stopped from testing out their abilities and taking appropriate risks. This has a lifelong effect on overall child development. Let's be the change for our children. Let's embrace risky play and give children back their independence.

This workshop will answer:

- What is risky play?
- What happens when we restrict children's play?
- What are the benefits of trusting your children to take risks?
- How can you help children learn to assess and manage risk?
- How can you incorporate risky play into your child care program/home?

Presenter: Melinda Walden has been in the Early Childhood Education field for 20 years. She has been a front line ECE in a variety of child care settings, including preschool, school age, and nursery centres, with experience in infant and family child care as well. Currently, Melinda is an ECE Instructor in the Workplace Program at Red River College in Winnipeg. Every chance she gets, she shares her passion about the kinds of play that are usually restricted by adults and proudly applies her knowledge with her two young sons. As a mother she sees the value that comes with entrusting her sons to take risks and gain knowledge about the things they are interested in. “Without risk there is no learning.” (Carl Rodgers)

Workshop mode: Zoom

Cost: \$35.00 MCCA Member

\$70.00 Non-member

Deadline to register is Friday, November 12, 2021

You can register online with a credit card, or print off the registration form and mail in with a cheque.

For more information, contact Karen Kowalski at kkowalski@mccahouse.org

