



Manitoba Child Care Association

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Visit us online at www.mccahouse.org

2021 FALL Workshop Brochure

Professional Development

Welcome to the Fall Workshop Series

We are pleased to bring you this line up of workshops. We are super proud of the diversity of the 48 professional development opportunities listed in this brochure. We know these workshops are going to be very popular. If there is something you want to attend register early. Most workshops have limits of 30. Each workshop has a minimum of 10 registrants for the workshop to take place, so please register early so that your workshop selection is not in jeopardy of being cancelled.

Due to the uncertainty of what the number will be for indoor group gatherings we have decided to host only zoom workshops with the exception of the Lunch N Learn and the one outdoor workshop in December.

Before registering for a workshop please ensure that you read the entire description in the brochure as the workshop may be geared to leaders, it may be two parts, etc.

Prior to registering for a workshop, please read over the Policies and Procedures on page 4 & 35. If a zoom workshop is being cancelled the registrant can select another workshop or a full refund will be provided.

If you are registering by cheque, then download the registration form and mail it in with the cheque. If you are paying by credit card (Visa/Mastercard) please go to our website at www.mccahouse.org, click on professional development, click on workshops, then click on the registration link. Remember to use Google Chrome or Firefox, you won't be able to register using your phone or tablet. If your registration has gone through you WILL receive an email. If you don't, then contact Dianne at djonespearson@mccahouse.org.

If you have any question concerning professional development, you can email Karen Kowalski at kkowalski@mccahouse.org.

PROFESSIONAL DEVELOPMENT BROUGHT TO YOUR SCREEN VIA ZOOM!

Are you looking for a workshop that would benefit your staff? Are you looking for some professional development for a staff meeting or a staff retreat? Have you attended a workshop and wished your entire staff heard the same message? If you answered yes to any of these questions then perhaps we have the solution. You can now contact MCCA to arrange for your personalized professional development. This service is available to child care centres across the province and is currently delivered by Zoom.

Benefits of your own personalized professional development opportunity:

- Everyone hears the same message
- Reduced cost – the cost to bring someone in for 35 people is cheaper than registering 35 people for a workshop
- Topic specific to your needs
- Flexibility with dates and times

MCCA has an extensive database of presenters, many of which have been presenting professional development for many years. Due to this consistent relationship with us, the presenters may be able to provide a discounted rate through MCCA. We have now booked workshops for over +50 child care centres in and outside of Winnipeg. Some of the popular topics have been MCCA's pedagogical workshops (learning stories, etc.), guiding children's

behaviour, and respectful workplaces.

What do you need to do to book a workshop?

Contact Karen Kowalski at kkowalski@mccahouse.org and provide the following information:

- Topic you are seeking
- Number of staff that will participate
- Possible dates and times for your event
- Budget

What MCCA will provide:

MCCA will search our presenter database to match your topic & budget and we will provide the following:

- Initial contact of the presenter
- Contract with the presenter
- Organize audiovisual, handouts, etc.
- Invoice the centre
- Provide participation certificates for your staff
- Provide evaluation forms
- Payment of the facilitator

Cost for the service is dependent on length of event and number of attendees.

If you have questions or are interested in having MCCA book your next professional development event, contact Karen Kowalski at kkowalski@mccahouse.org or 204-336-5062

GETTING THE MOST OUT OF YOUR WORKSHOP

At MCCA we strive to provide our members with professional workshops that are relevant, presented by professionals, and offer some food for thought. We want your workshop experience to be an uplifting and valuable one so we have a few suggestions that can help you accomplish this.

Professional goals: Your fall issue of *Child Care Bridges* just arrived and you are looking over the workshop line up and deciding what workshops to take. What factors help you to decide what workshops to take? Do you have a goal to work on, are you looking for new ideas on a specific topic, or are you just filling professional development hours?

Arrive on time: Once you have signed up for a workshop, jot down the time and date on a calendar so you remember to attend your workshop and can ensure that you arrive before the workshop begins. MCCA does not send out reminders.

Venture out: So you have signed up for a workshop with your co-workers and you arrive at MCCA and find a table for all of you to sit at, but what about meeting some new people? People who work together over a period of time will usually have the same work philosophies, experiences, ways in which things get done, etc. How about spreading your wings and joining a table with people you don't know? This could be a great opportunity to share and network and who knows maybe you might even get a new idea or two.

Participate: If you have signed up for a workshop it is your obligation to fully participate in that workshop. This can be difficult after a long work day but you will only get out of the workshop what you put in. Sharing your experiences may provide someone else with a solution to a dilemma that they have encountered or maybe your story will give someone a boost, or just a much needed laugh.

Evaluate: In order to provide you with quality workshops MCCA needs your feedback. It is important for us to know what you thought about your workshop, the presenter, and what type of workshops you would like to see offered in the future. Please take the time to fill out your evaluation form at the end of the workshop and hand it in before you leave.

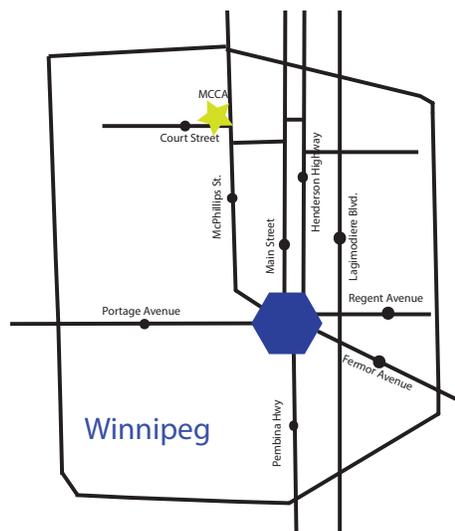
PAYING BY CREDIT CARD

If you are paying by credit card then you must use our online registration. Go to www.mccahouse.org, click on the professional development button, select workshops and then click on the link to access the online registrations. We will not accept faxed registrations for workshops.

If you are paying by cheque then fill out the registration form at the back of this brochure and submit it with your cheque and mail to MCCA. If you are registering people from the same centre you can fill out one form for all.

Where to find us:

MCCA is located on the second floor of the Royal Bank Building on the corner of Court and McPhillips Street.



POLICIES FOR ZOOM WORKSHOPS

- Please click on the zoom link 5 – 10 mins before the workshop begins. Our zoom workshop host/hostess will begin admitting participants in at that time.
- To ensure that we know participants are present and for workshop engagement we ask that participant's video is on during the entire workshop.
- Upon entering the workshop everyone will be muted to minimize background sounds. If you wish to make a comment or ask a question you can unmute yourself or comment in the chat feature.
- Please name your device with your full name so that we can check you off on the attendance. We don't know who you are if it just says iPhone 10 or iPad and we want to make sure we have verified your attendance so that you will receive a certificate.
- After the workshop you will be sent a link to complete a workshop evaluation using Survey Monkey please do the evaluation within 48 hours.
- Certificates of Participation will be emailed to participants within 48 hours of attending the workshop.
- If for any reason we cannot identify who you are, we will need to remove you from the workshop and unfortunately you will not be let back into the workshop and will not receive a certificate.
- The zoom link we send you is only for you. It should not be shared and other people should not be listening to the workshop with you who have not registered.
- If two or more people are registered and sharing one screen please let the host/hostess know.
- The zoom link is sent out at least 24 hours to the workshop start time. If you have not received the zoom link contact MCCA by 3:00pm so that we can send you the link.



WORKSHOP CERTIFICATES

Please ensure when you register a person for a workshop the name is spelled correctly as that is how it will appear on the certificate. Errors made by the person doing the registration will result in a \$7.00 charge to have a new certificate issued.

When you attend a workshop you will receive a certificate of participation via email. Each certificate will have the amount of workshop hours on it to help you track your professional development hours.

We would like to remind you if you are sending a substitute for a workshop and we do not receive a phone call with the name of the substitute before 3:00 pm prior to the workshop it will cost \$7.00 to re-issue the certificate.

If you are substituting an individual you must call Dianne Jones-Pearson at MCCA (204-336-5065) or email her by 3:00pm at djonespearson@mccahouse.org.

Manitoba Child Care Association

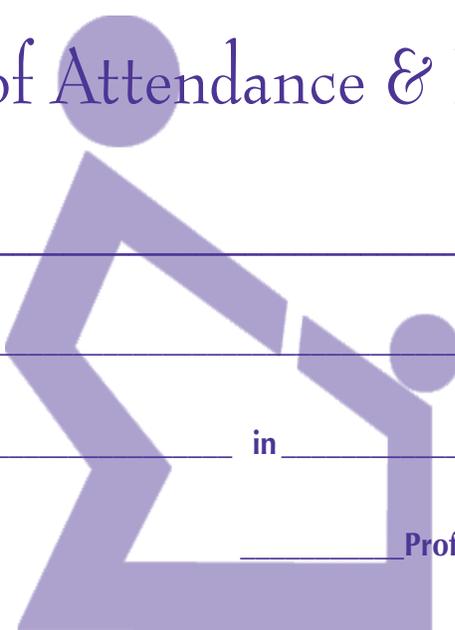
Certificate of Attendance & Participation

Attended: _____

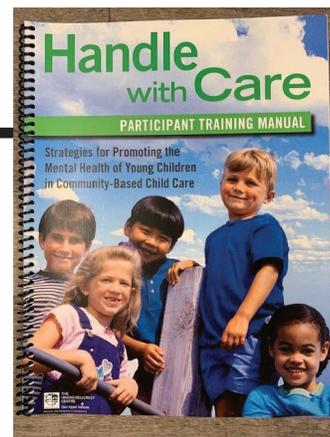
Held _____ in _____

_____ Professional Development Hours

_____ *Facilitator*



Handle With Care – Building Block 4: Relationships With Children



HAN-001

Saturday, October 2, 2021

9:00am - 12:00pm

Building Block 4 will focus on helping children to have positive relationships and social experiences with peers, which contributes to the child's sense of worth, competence and support. Participants will learn different methods of negotiating entry into a group of peers, discuss children's ability to think about other children's perspectives in key social situations, and help children to understand thoughts and feelings of themselves and others, which is necessary for meaningful relationships.

FACILITATOR: Michele Grant has facilitated a variety of workshops for MCCA. She currently teaches in the Early Childhood Educator program at the Louis Riel Arts & Technology Centre and encourages all people working with young children to consider how they can promote a positive environment that helps to build a child's self-esteem and encourage strategies to develop positive mental health for everyone!

Note: If you do not have a Handle With Care Participant Training Manual or cannot borrow someone's, you can purchase one for \$15.00 and it will be mailed to you. If you are purchasing one, don't forget to order it with your online registration or add to the order form on the paper registration form.

WORKSHOP DELIVERY:



COST: \$45.00 MCCA Member
\$90.00 Non-member

Truth, Reconciliation, And Allyship

TRU-001

Tuesday, October 5, 2021

6:30pm - 8:30pm

The National Centre for Truth and Reconciliation (NCTR) is the home of all the documents, photographs, and statements collected by the Truth and Reconciliation Commission (TRC). Over the course of the presentation, participants will learn about relevant settlement agreements including the Indian Residential Schools Settlement Agreement (IRSSA), the TRC and its activities, as well as the NCTR. They will examine different interpretations of reconciliation, from the individual to the nation level, and identified barriers to achieving reconciliation. Finally, the presentation will conclude with information on how to support reconciliation work and what it means to be an ally.

FACILITATOR: Kaila Johnston is the Supervisor of Education, Outreach, and Public Programming at the National Centre for Truth and Reconciliation (NCTR). In this role, Kaila oversees matters related to the support of educators, development of resources, establishment of outreach initiatives, as well as public engagement on residential schools and their legacy. Prior to the NCTR, Kaila worked with the Truth and Reconciliation Commission (TRC) as a statement gatherer and coordinator to support statement gathering activities. She holds a BA (Hons.) in Criminal Justice from the University of Winnipeg and a M.Sc. in International Crimes and Criminology from Vrije Universiteit, Amsterdam.

WORKSHOP DELIVERY:



COST: There will be no cost to attend this presentation but is open to members only.

Learning Through Play

LEA-001

Wednesday, October 6, 2021

6:30pm - 8:30pm

We as early childhood educators know children learn best through play. There is all kinds of research that support this. How can we create a program that follows this belief of play-based learning? How can we share this with others including peers, parents, administrators, and boards? We will explore what learning through play looks like. We will look at different kinds of activities and play environments and unpack the developmental domains and the curriculum areas that are reflected in them. We will push the boundaries of traditional practices and dig deep into why we do what we do with children and where we might want to make some changes. We will also investigate the schedules, routines, and procedures to ensure we are offering children enough time to create meaningful play.

FACILITATOR: Cindy Curry is an ECE III and has been in the Early Childhood Education field for over 30 years. She has worked at a variety of programs in a variety of roles over the years. Currently she operates a group family child care program, instructs part time in the ECE program at Red River, Portage Campus, facilitates a variety of workshops, and runs a forest and nature school program.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
 \$70.00 Non-member

**The Best Practices Licensing Manual recommends
24 hours of professional development
for Directors, ECEs, and CCAs.**

The Pedagogical Leader Community Of Practice

PED-001

Thursday, October 7, 2021

9:00am - 12:00pm

PED-002

Thursday, December 2, 2021

9:00am - 12:00pm

This community of practice grew out of a group of directors who wanted to meet to support each other on their pedagogical journey after they attended the 11th Annual Directors Conference, "Leading a Year of Reflection". This group has had members come and go but a core group has kept it going. We invite you to join us if you are in a leadership position or are the pedagogical leader at your centre and mentor or coach staff.

Join us as we share and support each other's pedagogical journey. At each meeting, we spend three hours together to think deeper about topics that are current and relevant to our daily practice. The meeting content includes a round table discussion of a specific questions posed to everyone, discussion of articles, pedagogical focused activities, and sharing of resources. To receive the full benefit of this group, we encourage you to register and attend all four of the meetings that happen throughout the year.

Once you register, approximately one week before the meeting you will be sent an agenda and readings (to discuss at the meeting) by Karen Kowalski. The email will be sent to the email address entered on the registration, so if multiple people from one centre are attending then please share with others.

FACILITATOR: Karen Kowalski is MCCA's Assistant Executive Director.

WORKSHOP DELIVERY:



COST: \$25.00 MCCA Member
 \$50.00 Non-member

Indigenous Awareness In The Early Years Part II

IND-001

Thursday, October 7, 2021

7:00pm - 8:30pm

The workshop will take the participants on a journey to understand challenges brought on by colonization that have directly affected institutions of education and to discuss ways to bring Indigenous people's culture, traditions and language to the classroom in an authentic way.

This time together will provide space for participants to challenge themselves to disrupt colonial narratives and learn ways to involve community with the children's learning. This journey will be facilitated with respect and vulnerability.

FACILITATOR: Anin nitisinihkas **Jade Brass** nitonci The Key iskinokanir Treaty four. Coast Salish Territory known as Vancouver ndidaa. I graduated with honours from Native Education College received my diploma for Aboriginal Early Childhood Education and continuing my studies at UBC to obtain my bachelor of Indigenous education through the NITEP program. I work at Uy'sqwalaun HeadStart and I love how the centre involves community with learning. As an Indigenous ihkwe, my goal is to continue to be a positive role model in our community and do this work for our children and our unborn babies.

WORKSHOP DELIVERY:



COST: \$30.00 MCCA Member
 \$60.00 Non-member

Defining Yourself As A Leader

DEF-001

Tuesday, October 12, 2021

6:30pm - 8:30pm

What does leadership mean to you? In this workshop we will explore, shaping your perspective on your own leadership style, value and ideals. We will also look at how your views and attitudes can unite, cultivate, empower and inspire the team that you oversee.

FACILITATOR: Julie Hansen became an Early Childhood Educator in the year 2000. Since then, she has gained experience in a variety of areas within the field of Early Childhood Education: director of a preschool, supervisor of after-school care as well as 3-5 and Infant Toddler programs. Her primary focus has evolved to encompass team leadership, management training and program development. She has had articles published in provincial and national ECE journals on the topic of emergent curriculum and leadership. Julie's goal as an Early Childhood Educator and facilitator is to support fellow educators and early years professionals in providing high quality early learning experiences for children and families.

WORKSHOP DELIVERY: 
zoom

COST:	\$35.00	MCCA Member
	\$70.00	Non-member

I Don't Do Conflicts (Part I & II)

DON-001

Wednesday, October 13, 2021
6:30pm - 8:30pm

&

Wednesday, October 27, 2021
6:30pm - 8:30pm

This is a 2-part workshop on the skills that turn conflict avoiders into successful communicators.

Would you like to remain calm in difficult conversations? Do you want to be more skillful in speaking up for yourself and navigating conflict? Tense moments come and go whether you are communicating with co-workers, staff that you support, parents, family or friends. This 2-part workshop series is loaded with skills for working through day-to-day challenging interactions for better conversations in different settings. This workshop series is perfect if you want to get curious about how you communicate and are ready to explore strategies for better expressing yourself at work and in your personal life.

Part 1

In this interactive and dynamic session, participants will learn:

- Common communication myths
- Indirect methods of speaking up that prevent being heard
- How to skillfully use awareness & manage your stress response for staying grounded
- What active listening looks and feels like and why it matters
- The skills that transform conflict into conversations
- When and how to de-escalate intense interactions
- Steps for approaching a conversation

Part 2

In this interactive and dynamic session, participants will learn:

- How to access your voice despite feeling anxious and how to cool your jets if you need to
- A deeper dive on how to bring assertive communication skills to your interactions
- Common challenging scenarios: asking for a raise, setting a boundary, asking for help, etc.
- How to bounce back after a difficult dialogue to help you for the next time
- Steps to deal with overthinking that comes from unresolved conflict
- How to put your learning from part 1 & 2 together for more successful communication in all areas of your life

Please note: If you have taken one or both of the following previous workshops offered by Shannon Gander, Resilient Conversations for Leaders and/or Expressing Yourself: Healthy Communication Strategies For Work and Personal Relationships, Shannon is now offering these two, separate workshops into a two part workshop.

FACILITATOR: Shannon Gander is a Mental Health and Resiliency Strategist. She has an academic background that spans corporate health, mental health and conflict resolution. Shannon founded Life Work Wellness, a company that empowers individuals and workplaces to achieve their goals for better mental health. She has worked with multiple clients over the years whose stress level has impacted their ability to thrive at work, which drives her passion for empowering people with skills for mastering stress and preventing burnout. Shannon also demonstrates how everyone can contribute to healthy organizational culture. Drawing on her dynamic background, Shannon has a way of bringing wellness topics to life in a way that is authentic and engaging teaching participants skills to apply right away and into the future in all areas of life.

WORKSHOP DELIVERY:



COST: \$80.00 MCCA Member
 \$160.00 Non-member

Focusing On Play - SECD



FOC-001
October 14-27, 2021

This online workshop is another joint offering between the Manitoba Child Care Association and Red River College's Science of Early Child Development project. These highly popular workshops offer a variety of content (videos, readings, links, reviews, discussions). The content is from the Science of Early Child Development (SECD). Professionals and students around the world use SECD's engaging, multimedia resources to learn more about the impact of the early years on lifelong health and well-being.
(In Manitoba go to: mb.scienceofecd.com)

The workshop content is completely online and available to participants during the duration of the workshop. There are weekly expectations and participants have complete flexibility to work through the materials at times that are most convenient for them.

Participants will watch videos of children around the world, hear from experts discussing the topics, do short readings and play interactive review games. **Participants will also "meet" virtually in online discussions guided by an SECD facilitator, to hear each other's ideas, and reflect on and apply what they learn.** Discussions happen over the course of each week and participants post and reply at times that suit them.

Topics include:

- The power of play and the role of play in self-regulation
- The value of play for learning and development
- Risky play
- Active play
- Outdoor play
- Setting the stage for play

N.B. This is equivalent to a full day workshop for six hours of professional development. Participants should have a reliable internet connection and be comfortable reading and writing in English.

When registering, please provide the email of the person who will be participating in the workshop, not the centre email.

FACILITATOR: Each SECD online workshop is facilitated by a Red River College ECE instructor or an ECE practitioner, each of whom brings a wealth of knowledge and experience in the childcare sector. The facilitator oversees each workshop by welcoming, orienting and guiding participants.

COST: \$85.00 MCCA Member
 \$170.00 Non-member

Reflecting Together Through A Community Of Practice Meeting

REF-001

Monday, October 18, 2021

6:30 pm - 8:30 pm

REF-002

Monday, December 6, 2021

6:30 pm - 8:30 pm

Have you attended a previous Pedagogical Institute? Do you miss your community of practice group? Do you want to talk to others and see where they are at? Are you curious about what a pedagogical journey is?

Ahh....you have come to the end of your work day! Does it stop there for you? Do you reflect on the day....were there moments of joy and delight? How will you capture those moments and build on them the next day? Do you ask, "What energizes me, what drains me?" What does professional development mean to me?

Come and have a meaningful and thought provoking conversation with your colleagues about some of these topics. Learn to "dig deeper" into your own personal values and understand how they become embedded in the culture of your organization. Together we will build the momentum and engage each other in new ways of understanding children. This will be an interactive meeting rather than a workshop style presentation.

Those who have not attended previous sessions are encouraged to register and begin their pedagogical journey. A week prior to the meeting you will receive an email of an article that will be discussed at the gathering along with an agenda.

FACILITATORS: **Giovanna Rossing** is a proud Early Childhood Educator of 20 years at K.I.D.S. Incorporated, Montrose Location. The passion of early childhood education has resulted in a Developmental Studies Degree in Inclusion and an Advanced Diploma in Leadership in Early Childhood Education, along with many other professional development opportunities throughout the years. Giovanna loves sharing this passion for learning as it is a never-ending journey in this field.

Cindy Curry is an ECE III and has been in the Early Childhood Education field for over 30 years. She has worked at a variety of programs in a variety of roles over the years. Currently she operates a group family child care program, instructs part time in the ECE program at Red River, Portage Campus, facilitates a variety of workshops, and runs a forest and nature school program.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
\$70.00 Non-member

WATCH FOR THIS!



IT MEANS THE WORKSHOP LOCATION IS NOT AT THE MCCA.

Creative Drama And The Child's Imagination: A Practical Kit For ECEs

CRE-001

Tuesday, October 19, 2021

7:00 pm - 9:00 pm

Young children have an innate sense of play and a love of stories. Engaging their imaginations can lead to new ways of understanding the world and their role in it. In this session, Manitoba Theatre for Young People's Theatre School Director, Kent Suss, will guide you through dramatic play, character creation and storytelling exercises that you can include in your own program. You will explore how drama gives children the chance to express themselves, use their voices and bodies, build confidence, and learn to work with others, all while having a ton of fun!

FACILITATOR: Kent Suss is the Director of the Theatre School at Manitoba Theatre for Young People, where he teaches classes in acting, film, puppetry, and animation. He also teaches Drama and Expressive Arts to Education students at the University of Winnipeg. Kent has taught theatre workshops to children and adults across Manitoba through the Manitoba Arts Council's Artists in the Schools program. He has degrees in Acting and Cultural Studies, which he tries to put to good use in his appearances at the Winnipeg International Storytelling on the Path of Peace Festival and at other local events. For adventure, he loves to go hiking, biking, and canoeing, and in his spare time he keeps trying to get better at drawing and painting.

WORKSHOP DELIVERY: 

COST: \$35.00 MCCA Member
\$70.00 Non-member

Moving Forward: Supporting Young Children's Learning Post Pandemic

MOV-001

Wednesday, October 20, 2021

6:30pm - 8:30pm

This virtual workshop focuses on providing early literacy resources, tools and strategies that support the continued learning of infants, toddlers and preschoolers as we emerge from a challenging year.

Content includes:

- Conducting an environmental scan of the early years landscape as it relates to literacy & learning
- Discussing how fewer social interactions and a reduction in the variety of learning environments over the past year might have impacted literacy and language development
- Sharing positive and healthy communication strategies to create connection between children and their caregivers
- Gathering literacy strategies designed to mitigate some of the challenges facing children in 2021 and beyond
- Suggesting children's books we can read with our children to extend many of the concepts discussed in the workshop

FACILITATOR: This workshop will be presented by a **Bookmates Facilitator**. Bookmates is a non-profit organization based in Winnipeg with over 33 years' experience developing and delivering family literacy training. Bookmates' trainings are created with the goal of enhancing pre-school children's development and learning capabilities to help prepare them for success as they enter the school years.

WORKSHOP DELIVERY: 

COST: \$35.00 MCCA Member
\$70.00 Non-member

Lunch 'N' Learn For Directors

LUN-001
Thursday, October 21, 2021
11:30am - 2:00pm

LUN-002
Thursday, December 9, 2021
11:30am - 2:00pm

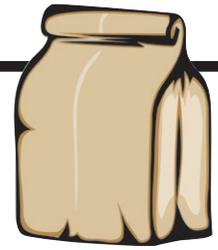
11:30 Networking 12:00pm Speaker 1:00 - 2:00pm Lunch

Speaker: Deri Latimer

Speaker: Wanda Loewen

Topic: Self -Compassionate Care

Topic: Stay Interviews



*Please join us
for lunch!*

Assistant Directors/Site Managers can register after September 24th for the October event and October 9th for the December event.

Workshop Location (Oct.): The Gates On Roblin - 6945 Roblin Blvd, Headingley, MB



Workshop Location (Dec.): TBD

COST: \$50.00 MCCA Member (each)
 \$100.00 Non-member (each)

From Theory To Practice

FRO-001
Thursday, October 21, 2021
6:30pm - 8:30pm

Developmental theories and pedagogical theories can seem far removed from our curriculum and practices at times. In this workshop, participants review Early Childhood Educational theories including Piaget, Vygotsky and Bowlby. This is an interactive workshop, participants will engage in discussions and share ideas to make visible the connections between theories and practice.

FACILITATOR: Ana Valle Rivera is an ECE, Special Needs and Infant Toddler Educator, Contract Instructor and Facilitator. Raised in a large and lively family in East Vancouver BC, Ana knew her life's purpose was working with children. She began working in the childcare field in 2007. Since earning a Diploma in ECE, Special Needs and IT Education (2010), she has worked with children of all ages with different developmental needs in various childcare settings. Ana is currently completing a degree in Child and Youth Care with a Specialization in Early Years. Ana is a parent and a children's book author. Ana is the Owner and Founder of Early Years Workshops and Training. Ana has made it her mission to share her passion and knowledge of Early Years through creating and facilitating her own workshops and writings.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
 \$70.00 Non-member

Best Choices: Ethics Part I

ETH-001

Saturday, October 23, 2021

9:00am - 12:00pm

Here's your chance to find out what the buzz is all about. MCCA provides participants with a certificate which tracks your journey through all four parts.

This is the first workshop in the MCCA's ethical journey series. In Part I, you will learn about beliefs, values, and ethics and the relationship between them. You will learn to identify your own beliefs, values, and ethics and understand how they impact your actions. You will also learn to understand others beliefs, values, and ethics.

This workshop is the pre-requisite for the other three parts of the ethical journey.

FACILITATORS: **Monica Lytwyn** is an ECE III with a Bachelor of Human Ecology and a Master of Education in Early Childhood Education (ECE). She has been a member of the Ethics Committee since 1997. Monica has worked in a number of capacities in early learning and child care (ELCC) over the years including as a volunteer, an early childhood educator, a supervisor, a consultant, and even a policy analyst and supervisor in ELCC for the Province of Manitoba. She is currently an instructor in the Early Childhood Education Program at Red River College.

Sharon Balasko has been in the field for over 30 years. She began her career in infant care in the Child Development Centre at the University of Manitoba. She has worked as an instructor, curriculum developer and consultant working with the University of Manitoba, University of Winnipeg, and Red River College. She has been an Ethics Guide and a part of the Ethics Committee since 2002.

Michelle Vesey is an ECE III. She has been working in the child care field since 1998 during which time she has held a variety of front line ECE positions as well as administrative roles. She has worked in infant, pre-school, nursery school and school age program settings. Currently, Michelle is an instructor in ECE program at Université de Saint-Boniface. She is a member of the MCCA Ethics committee and looks forward to guiding others along their ethical journey.

WORKSHOP DELIVERY:



COST: \$45.00 MCCA Member
\$90.00 Non-member

Programs For Children With Autism

AUT-001

Monday, October 25, 2021

6:30pm - 9:00pm

This session will include presentations from Autism Outreach and the St. Amant Autism Program. There will be time for questions and answers at the end of the two presentations.

Presentation 1: The presentation will review the services offered by the Winnipeg Preschool Autism Outreach Service to children, families, early childhood education programs, and schools. The developmental play-based philosophy of the service will be examined through practical examples of consultations to early childhood education programs.

FACILITATOR: **Dr Andrew Robson Ph.D. A.H.S.** is the Autism Behaviour Specialist, Preschool Autism Service Children's DisABILITY Services, Department of Families.

Presentation 2: The focus of this presentation will be to provide: (1) an overview of the services offered through the St. Amant Autism Programs specifically for preschool-aged children; (2) our treatment approach that we use to support children with autism spectrum disorder; and (3) how we partner with child care centres when delivering our services in this setting.

FACILITATORS: **Tiffany Pang** has been working in the St. Amant organization since 2006. She is in the role as the Family Information and Resource Manager and her primary responsibilities include coordinating services for children and families as well as managing the group of frontline staff (Autism Tutors).

Dr. Duong Ramon has been working in the St. Amant Autism Programs since 2003. She has worked as an Autism Tutor and Autism Consultant, before stepping into her current role as Clinical Manager. She is also a doctoral level Board Certified Behaviour Analyst and is a Psychologist Candidate registered through the Psychological Association of Manitoba

WORKSHOP DELIVERY:



COST: \$25.00 MCCA Member
\$50.00 Non-member

WORKSHOP CERTIFICATES

Please ensure when you register a person for a workshop the name is spelled correctly as that is how it will appear on the certificate. Errors made by the person doing the registration will result in a \$7.00 charge to have a new certificate issued.

When you attend a workshop you will receive a certificate of participation. Each certificate will have the amount of workshop hours on it to help you track your professional development hours. Certificates for Zoom Workshops will be emailed within two business days following the workshop.

If you are substituting an individual you must call Dianne Jones-Pearson at MCCA (204-336-5065) or email her by 3:00pm at djonespearson@mccahouse.org.

Supervisory Sandwich – Pros And Cons Of Being In The Middle

SUP-001

Tuesday, October 26, 2021

9:30am - 11:30am

When was the last time you felt there weren't enough hours in a day; not listened to or acknowledged for the hard work you do; unsure how to handle a situation?

Being a Supervisor in the middle of the management sandwich is one of the toughest jobs that requires an array of skills. This session will build on some of the skills that are important in the supervisory role and provide strategies to continue excelling in leadership. There will be an opportunity to discuss the challenges of supervising teams and share ideas that may help support you in this essential role.

Participants will learn:

- the essential skills required to excel in the supervisory role
- common challenges of being in this sandwich position and potential solutions to resolve these challenges
- how to support staff who are in the supervisory role
- to connect with other child care professionals for creative idea sharing and support

FACILITATOR: Melenie Olfert has worked as an independent consultant sharing her knowledge and expertise through leadership projects and workplace training. With a background in adult education and training, Melenie is now a published writer, as well as an accomplished speaker on intercultural & diversity in the workplace, human resources and leadership development. Further to her training experience, Melenie is an instructor with the University of Winnipeg, PACE Program, where she teaches in the Leadership Program. She is also the co-facilitator of the Language Interpreter Training Program which supports language diversity in work and community settings. Outside of work, Melenie volunteers in assisting newcomers in preparing for their Canadian citizenship exams.

WORKSHOP DELIVERY:



COST: \$45.00 MCCA Member
\$90.00 Non-member

Lunch Bag Blues: Your Role With Food From Home

LBB-001

Tuesday, October 26, 2021

6:30pm - 8:30pm

Is the food children bring from home a concern at your facility? Have you tried everything and still feel children are bringing lunches that are less than adequate? Are you are searching for ways to work with parents to improve the lunches children bring from home? This workshop is for you! Join registered dietitian Tressa to explore how lunch time can be enjoyed at your facility. After this workshop you will:

- Understand your role when meals are coming from home
- Learn how you can support a positive meal environment
- Learn respectful ways to address concerns & where to direct families for more assistance

FACILITATOR: Tressa Beaulieu is a proud Métis woman and Registered Dietitian. She currently works as a nutrition educator with Nūton, a team of registered dietitians who provide training and nutrition programs to Manitoba educators so they can help kids feel comfortable around food and eating. Her area of expertise is early childhood where she aims to inspire educators to have a positive impact on kids' food journeys using experience-based learning to discover and explore a variety of foods.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
\$70.00 Non-member

Creating Vision Focused Staff Meetings

VIS-001

Wednesday, October 27, 2021

9:30am - 11:30am

It all starts with a vision! Learn how to create, plan, organize and conduct staff meetings that bring your vision for positive programmatic change to life! Engaging interactive experiences will help you understand how to consider and respect the unique needs of adult learners, and how to incorporate your staff's individual learning styles and talents into staff meetings that are vibrant and productive. You will leave with an expanded repertoire of strategies to make your staff meetings more meaningful and relevant.

FACILITATOR: Susan MacDonald is passionate about inspiring positive change in the early childhood field. Her expertise is reflected in her professional speaking, coaching, and books, Inspiring Early Childhood Leadership and Inspiring Professional Growth. Susan is the founder of Inspiring New Perspectives, a consultancy focused on empowering educators and school leaders to create programs that deeply respect and nurture the possibilities that lie within each child, parent, and teacher. Susan has been developing and delivering inspirational courses and workshops for over 25 years. Her background includes director of a Reggio inspired preschool program, adjunct faculty at Lesley University and Wheelock College, and Commonwealth of Massachusetts licensing supervisor. Susan holds a Master's degree in Instructional Design and several professional coaching certifications. She is the past president of the Boston Area Reggio Inspired Network and past vice president of the Massachusetts Association for the Education of Young Children.

WORKSHOP DELIVERY:



COST: \$45.00 MCCA Member
\$90.00 Non-member

Writing For Impact And Results

WRI-001

Monday, November 1, 2021

9:30am - 11:00am

What are the key strategies for creating powerful correspondence that will capture the readers' attention while targeting their needs? What are the techniques for creating a professional document within a tight timeframe? How can I make a strong connection with my reader?

This interactive session answers those questions and more! It empowers you to write for impact and get results by giving you the knowledge and skills you need to enhance your professional image and your success as a writer.

The program focuses on:

- Using planning and organizing techniques to gain clarity and to write faster
- Impacting the reader by putting the right information in the right place
- Understanding the power of simplicity and using it in all documents
- Formatting for visual appeal and accessibility of information

FACILITATOR: **Susan Portelance** is an associate with Eclectic Communications. Susan is an associate and facilitator for Eclectic Communications. After many years in the corporate world, Susan turned her love of language into a career as a writer, editor and trainer. As an editor, she works with her clients to craft effective communications – from newsletters and blogs to ebooks and proposals. Susan brings to the classroom over 10 years of training experience and four years of Toastmasters participation where she has honed her public speaking and leadership skills. Susan joined Eclectic in January 2013 and has quickly proven to be an exceptional presenter and facilitator. Susan is a Certified Training and Development Professional with The Institute for Performance and Learning. She also has completed training in adult education, presentation skills and coaching skills.

WORKSHOP DELIVERY:



COST: \$45.00 MCCA Member
\$90.00 Non-member

Using An Anti-Bias Lens To Navigate Holidays In Your Program

ANT-001

Tuesday, November 2, 2021

6:30pm - 8:30pm

In this session, we will explore how an anti-bias lens can inform holiday discussions and activities in the classroom. We'll address how to make decisions about which holidays to include in the curriculum, what activities and discussions about holidays can look like in the classroom, and how to partner with families and invite them to share what is celebrated at home. We will also discuss how to bring in diverse holidays when all the children in the program celebrate the same holidays.

FACILITATOR: Julie Bisson (she/her) has been teaching and learning in the field of early childhood education for more than 35 years. She has 20 years' experience leading early learning programs and has been the director of Epiphany Early Learning in Seattle, WA since 2011. Julie holds a Master's Degree in Early Childhood Education with specializations in child care and adult teaching. As a consultant, Julie speaks on topics such as anti-bias education, including holidays in early learning programs, and directing child care and preschool programs. Julie is the author of *Celebrate! An Anti-Bias Guide to Including Holidays in Early Learning Programs* as well as several articles. You can learn more about their anti-bias work at Epiphany Early Learning by watching the video *Reflecting on Anti-Bias Education in Action: The Early Years*.

WORKSHOP DELIVERY:



COST: \$40.00 MCCA Member
\$80.00 Non-member

See, Think, Do: Reimagining Curriculum

SEE-001

Wednesday, November 3, 2021

6:30pm - 8:30pm

This workshop is an extension of the workshop titled "Transitioning From Theme-based Curriculum to Following Children's Interests." This workshop focuses on using a pedagogical practice that is inquiry-based and dives deeper into a curriculum that is ethical, living, and inclusive. The main reference for this workshop is based on the Ann Pelo and Margie Carter book *"From teaching to thinking, a pedagogy for reimagining our work."*

FACILITATOR: Ana Valle Rivera is an ECE, Special Needs and Infant Toddler Educator, Contract Instructor and Facilitator. Raised in a large and lively family in East Vancouver BC, Ana knew her life's purpose was working with children. She began working in the childcare field in 2007. Since earning a Diploma in ECE, Special Needs and IT Education (2010), she has worked with children of all ages with different developmental needs in various childcare settings. Ana is currently completing a degree in Child and Youth Care with a Specialization in Early Years. Ana is a parent and a children's book author. Ana is the Owner and Founder of Early Years Workshops and Training. Ana has made it her mission to share her passion and knowledge of Early Years through creating and facilitating her own workshops and writings.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
\$70.00 Non-member

School Age Resource Evening

SCH - 001

Thursday, November 4, 2021

6:30pm - 9:30pm

The School Age Resource Evening is a wonderful opportunity for all those interested in school age care to join us for an evening of four mini workshops presented by the MCCA School Age Committee. Come and enjoy this fun and fast paced workshop with your fellow colleagues. Dinner including pizza, pasta, salad and dessert!

The topics that will be presented are:

- Exploring the Inner World of a Superhero
- Physical Activity for Every Child
- Supporting Newcomers to Canada
- Understanding Land Acknowledgements



LOCATION: Victoria Inn
1808 Wellington Ave. Embassy ABC

COST: \$50.00 MCCA Member
\$100.00 Non-member

Note: This resource evening will be held via zoom if gatherings from Public Health are prohibited or restricted.

2SLGBTQ+ Awareness, Inclusion And Affirmation For Child Care Centres

AWE-001

Saturday, November 6, 2021

9:00am - 12:00pm

This workshop will help guide child care centre staff and administrators in creating safe(r), more inclusive spaces for all youth. We will address the present experiences, barriers, and realities of 2SLGBTQ+ youth in centres, and learn how you can use your role to make positive and meaningful changes. While covering topics such as 2SLGBTQ+ identities, discrimination, and policies, our goal is to be as thought-provoking and informative as possible.

FACILITATOR: Dene Guillas (he/him) proudly identifies as an Indigiqueer, transgender man who has always lived and worked on Treaty One Territory, the territories of the Anishinaabeg, Cree, Oji-Cree, Dene, Dakota and Métis Nations. He grew up in various types of childcare facilities when he was a child and has also navigated it later in life with a child of his own. He has been lucky enough to be involved in the training and education field for over 16 years. Whether it was in a classroom environment, community centre, conference or small gatherings, he has always tried to make sure learning is inclusive to everyone. His love of helping others has led him to Rainbow Resource Centre in 2019, where he works as the School Equity & Inclusion Coordinator. This has allowed his passion of interacting and speaking to others to turn into a way to give back to the community. Helping to raise awareness for our youth has given him a purpose that is extremely close to his heart.

WORKSHOP DELIVERY:



COST: \$45.00 MCCA Member
\$90.00 Non-member

Supporting Families Through The Storm

FAM-001

Monday, November 8, 2021

6:30pm - 8:30pm

Wondering what you can do to make a difference for a child or a family who is struggling? Eager to learn how you can communicate your caring and support in a way that recognizes and builds upon the strengths of that family? In this practical and inspiring presentation, Ann Douglas will connect the dots between the growing body of research about family support and engagement and the real-world needs of children and families. After all, if it takes a village to raise a child, it takes a village to support that child's parent. Here's how to be that village.

FACILITATOR: Ann Douglas sparks conversations that matter about parenting and mental health. She is a frequent contributor to CBC Radio and a bestselling parenting book author. Ann is the creator of The Mother of All Books series and the author, most recently, of *Happy Parents, Happy Kids* and *Parenting Through the Storm*. A passionate and inspiring speaker, Ann delivers keynote addresses and leads small-group workshops at health, parenting, and education conferences across the country.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
\$70.00 Non-member

Using Our Power Intentionally

USE-001

Tuesday, November 9, 2021

6:30pm - 8:30pm

As educators, we have all of the power in our relationships with children. We are physically bigger, have more words, and believe we know more about how the world works. We decide what the schedule will be, what materials are available and who and what we pay attention to. We are held accountable to requirements and children's safety, learning and well-being, which create many expectations for our time.

Having this power means we have a capacity to make a difference and it also holds the possibility that can we easily oppress children, undermining our goals for autonomy and self-worth? To counter these factors we can continually negotiate how we think about and use our power on behalf of children and our own values. In this session, we will explore different ideas about the kinds of power we can use, how to become consciously aware of our power, and intentionally use it in the roles we play to support children.

FACILITATOR: Deb Curtis has been in the field of early childhood education for a very long time in a variety of settings as a teacher of children and adults. She is currently a classroom teacher as well as consultant with programs to help grow reflective practices among teachers. This involves spending time with children and their teachers to observe closely, collect the details that capture our hearts and minds and then study together the complex process of teaching and learning. Her ongoing passions involve collecting materials and creating environments that invite complex learning and marveling about infants and toddlers with their teachers and families.

WORKSHOP DELIVERY:



COST: \$45.00 MCCA Member
\$90.00 Non-member

Connections In Nature For All Children

NAT-001

Wednesday, November 10, 2021

6:30pm - 8:30pm

Developing a connection with nature is an integral piece of childhood. Through interactions with the natural world, children develop a sense of wonder, calm, joy, and fascination. In this interactive session, we explore play-based learning with children of all ages. We discuss ways of moving past challenges, engaging stakeholders, and exploring simple and meaningful open-ended play ideas and learning invitations that bring children outside and bring nature in. Participants will leave with a nature play idea kit filled with strategies and inspiration, including ideas that require little to no preparation or materials and ideas that include Indigenous perspectives and understandings.

FACILITATOR: **Karen Begley** supports and empowers educators to feel fantastic about the work they are already doing by making connections between their underlying values, everyday programming, and pedagogical theory. Her playful style makes for interactive workshops that generate new ideas and increase participants' confidence and competency to bring practical and enriching experiences to the children in their care. To learn more about Karen, her work, and thoughts on childhood, learning, and care, follow her on Instagram @nature-playstudios.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
\$70.00 Non-member

A Deep Dive Into Schema Play

DEE-001

Monday, November 15, 2021

6:30pm - 8:30pm

What is Schema Play? Why is everyone talking about Schema Play? How does Schema Play impact our understanding of how children develop? What do we do as early childhood educators once we start to see schemas in children's play? Do you have any of these questions? We will unpack them all and any others you might have. We will define Schema Play and look at what it looks like in children's play. We will take that information and explore where we go from there, enhancing children's play and development using our understanding of many different schemas.

FACILITATOR: **Cindy Curry** is an ECE III and has been in the Early Childhood Education field for over 30 years. She has worked at a variety of programs in a variety of roles over the years. Currently she operates a group family child care program, instructs part time in the ECE program at Red River, Portage Campus, facilitates a variety of workshops, and runs a forest and nature school program.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
\$70.00 Non-member

Creating Connections

CON-001

Wednesday, November 17, 2021

6:30pm - 8:30pm

This virtual workshop provides tips to help build skills and effectiveness when working in groups. Topics are relevant to those wanting strategies for working with children AND adults (peers and colleagues).

Themes include:

- Learning styles
- Exploring leadership roles
- Creating a positive environment for learning
- Using positive group management
- Knowing the power of positive language and self-talk
- Using effective problem solving in difficult situations
- Team building

FACILITATOR: This workshop will be presented by a **Bookmates Facilitator**. Bookmates is a non-profit organization based in Winnipeg with over 33 years' experience developing and delivering family literacy training. Bookmates' trainings are created with the goal of enhancing pre-school children's development and learning capabilities to help prepare them for success as they enter the school years.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
\$70.00 Non-member



Workshops begin promptly at
the start time, please ensure you have
joined the Zoom workshop 10 minutes
prior to the start time.

Risky Play - SECD



RIS-001

November 18 - December 1, 2021

This online workshop is another joint offering between the Manitoba Child Care Association and Red River College's Science of Early Child Development project. These highly popular workshops offer a variety of content (videos, readings, links, reviews, discussions). The content is from the **Science of Early Child Development (SECD)**. Professionals and students around the world use SECD's engaging, multimedia resources to learn more about the impact of the early years on lifelong health and wellbeing. (In Manitoba go to: mb.scienceofecd.com)

The workshop content is completely online and available to participants during the duration of the workshop. There are weekly expectations and participants have complete flexibility to work through the materials at times that are most convenient for them.

Participants will watch videos of children around the world, hear from experts discussing the topics, do short readings and play interactive review games. Participants will also "meet" virtually in online discussions guided by an SECD facilitator, to hear each other's ideas, and reflect on and apply what they learn. Discussions happen over the course of each week and participants post and reply at times that suit them.

In this session, participants will "dive into" the hot topic of risky play. Many early years professionals struggle with this: how to allow, facilitate, encourage, and/or limit risky play; and furthermore, how to collaborate with children and adults so that everyone's needs are respected. This workshop includes:

- An exploration of the concept of risky play and the relationship to child development;
- Playground safety standards and injury prevention;
- Hurdles, challenges, and opportunities; and
- Emerging research on the link between risky play and children's health and well-being.

N.B. This is equivalent to a full day workshop for six hours of professional development. Participants should have a reliable internet connection and be comfortable reading and writing in English.

When registering, please provide the email of the person who will be participating in the workshop, not the centre email.

FACILITATOR: Each SECD online workshop is facilitated by a Red River College ECE instructor or an ECE practitioner, each of whom brings a wealth of knowledge and experience in the childcare sector. The facilitator oversees each workshop by welcoming, orienting and guiding participants.

COST: \$85.00 MCCA Member
 \$170.00 Non-member

Strength-Based Coaching To Support Professional Growth

STR-001

Thursday November 18, 2021

9:30am - 11:30am

Discover how to increase your engagement with staff and support their successful professional growth through strength-based coaching techniques. We will examine coaching frameworks and reflective practices that enhance your leadership, and provide the tools you need to formulate new strategies to supervise, mentor, and inspire your staff and enrich your program. Our emphasis is on the importance of developing a clear vision and leadership skills that give you the ability and confidence to work effectively with a wide range of staff and families.

FACILITATOR: **Susan MacDonald** is passionate about inspiring positive change in the early childhood field. Her expertise is reflected in her professional speaking, coaching and her books, *Inspiring Early Childhood Leadership and Inspiring Professional Growth*. Susan is the founder of Inspiring New Perspectives, a consultancy focused on empowering educators and school leaders to create programs that deeply respect and nurture the possibilities that lie within each child, parent and teacher. Susan has been developing and delivering inspirational courses and workshops for over 25 years. Her background includes director of a Reggio inspired preschool program, adjunct faculty at Lesley University and Wheelock College and Commonwealth of Massachusetts licensing supervisor. Susan holds a Master's degree in Instructional Design, and several professional coaching certifications. She is the past president of Boston Area Reggio Inspired Network and past vice president of the Massachusetts Association for the Education of Young Children.

WORKSHOP DELIVERY:



COST: \$45.00 MCCA Member
\$90.00 Non-member

Colour Me Covid

COL-001

Thursday, November 18, 2021

6:30pm - 8:30pm

Do you remember how you felt when the pandemic first started back in spring of 2020? Were you feeling blue? Yellow with worry? Or a range throughout the spectrum?

It's been over a year and a half since we've been living with this pandemic here in Manitoba. During this time, what have we learned about ourselves and how we are surviving these unprecedented times? How hard has this been professionally, personally? What have we been doing to get by? How else could we care for ourselves?

Join us for a unique zoom workshop where we take a moment to reflect on the many "shades" of COVID - the struggles, the silver linings and everything in between. **Participants will come away with a feeling of empowerment, inspiration, and a renewed connection to what's truly important to you.**

FACILITATORS: **Shannon Curtaz** is the Executive Director of Horizons Children's Centre and has been working in the field of Early Childhood Education since 1997 as a front line ECE, a Supervisor, and a Director. She believes that the relationships we form with all of the people who come in and out of our lives, both personal and professional, shape the person that we ultimately become and that therefore, growth and learning is never ending.

Kisa Maclsaac is an ECE III who is passionate about self-care - to be the best educator possible for the children in her care. She has been an educator at Freight House Early Learning and Care for nearly 16 years, and has been a proud member of MCCA and active volunteer since 2005 as well.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
\$70.00 Non-member

What We Can Do To Address And Challenge Bias In Young Children And Adults

WHA-001

Saturday, November 20, 2021

9:00am - 12:00pm

Participants will think together about ways to introduce children to the diverse world in which they live and ways to engage adults in these important conversations. Through storytelling and reflection, participants will discover age-appropriate strategies to confront bias and unfairness in a myriad of situations. Using the four Anti-bias goals, participants will consider many facets of diversity like racial/ethnic diversity, gender equity, and how to act both reactively and proactively. We will share a diversity and equity statement and invite participants to think together in small groups about their own context.

FACILITATORS: **Nadia Jaboneta** is a program coordinator and classroom teacher at Pacific Primary preschool in San Francisco, California. She has 22 years of experience in the Early Childhood Education field teaching young children, training teachers, consulting and facilitating workshops. She is passionate about social justice and is proud to have immigrant parents from Lima, Peru. It is because of their hard work, resilience and support that she is who she is today. Nadia attended San Francisco State University for both her Bachelor's and Master's degree. While there, she had the opportunity to learn about teacher research and the importance of capturing children's voices and to reflect on her own practice.

Brian Silveira, Lead Teacher/Program Coordinator, has worked at Pacific Primary for 25 years and is still thriving and growing in his commitment to serving young children and their families. Brian worked in community-based and public preschools before landing in his dream job at Pacific Primary. His experiences in those diverse schools have informed his philosophy and life mission to make the world a safe and just place for all children. He is currently the co-chair of the LGBT Interest Forum for the National Association for the Education of Young Children (NAEYC), and has presented on the topics of equity, bias and allyship both locally and nationally. He has been published in Teaching Young Children magazine and has been recognized by several national interest forums for his work supporting men in ECE, peace educators and the LGBT community.

WORKSHOP DELIVERY:



COST: \$45.00 MCCA Member
\$90.00 Non-member

The Power Of Babe: Infants' Experiences Of Interpersonal Power

POB-001

Monday, November 22, 2021

6:30pm - 8:30pm

Do you interact with infants on a regular basis? Have you ever wondered about how they experience power? In this interactive online workshop, we will explore what infants already know about power, how they experience it in their lives, and how this interacts with their rights as codified by the United Nations Declaration of the Rights of the Child and the Universal Declaration of Human Rights. We will co-construct our knowledge of the ethical implications for sharing power with infants and strategize ways to implement appropriate and ethical opportunities for infants to express power in their early learning and care environments.

FACILITATOR: Ruth Lysecki is a passionate ECE III specializing in infant care. She holds a BA in Developmental Studies from the University of Winnipeg and an MEd in Early Childhood Education from the University of Victoria. Ruth has been in the field since 2003 and working with infants since 2008. She lives, works, and plays in Winnipeg, where at work, she is a primary caregiver to four amazing individuals who happen to be infants at the moment.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
\$70.00 Non-member

Empowering Educators As They Embark On Their Learning Journey

EMP-001

Tuesday, November 23, 2021

6:30pm - 8:30pm

How do we support educators in their pursuit of acquiring new skills, being open to different points of view and taking part in new experiences? Creating a work environment that encourages educators to explore provided opportunities for their growth and development.

FACILITATOR: Julie Hansen became an Early Childhood Educator in the year 2000. Since then, she has gained experience in a variety of areas within the field of Early Childhood Education: director of a preschool, supervisor of after-school care as well as 3-5 year olds and Infant/Toddler programs. Her primary focus has evolved to encompass team leadership, management training and program development. She has had articles published in provincial and national ECE journals on the topic of emergent curriculum and leadership. Julie's goal as an Early Childhood Educator and facilitator is to support fellow educators and early years professionals in providing high quality early learning experiences for children and families.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
\$70.00 Non-member

Look At All This Junk: The Power Of Loose Parts

JUN-001

Wednesday, November 24, 2021

6:30pm - 8:30pm

When you hear the word JUNK, what comes to mind as an educator?

This workshop is geared towards supporting educators in the process of transforming their play spaces with natural and recycled materials. Encouraging children's curiosity in an emergent and inquiry-based curriculum. Opportunity to engage in meaningful group discussion as well as examples of the exploration of loose parts will leave you feeling inspired.

FACILITATOR: Kayla Mauricio is an ECE II and Forest School Practitioner. She is a School Age Director at the YMCA-YWCA of Winnipeg. A graduate from the Red River College Workplace Program, Kayla has 13 years of experience in the field.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
\$70.00 Non-member

How To Handle An Employee's Toxic Behaviour

HOW-001

Thursday, November 25, 2021

9:30am - 11:30am

Toxic employees can poison the best child care environment and derail teamwork and motivation – and the worst part is, you often don't know that you've hired one until it's too late. Am I right? It's the person who has a negative response to any new idea, who's the first one out the door, who never volunteers to help out, who calls in sick often, who gossips, who complains, or who brings all of their personal problems to work! Getting rid of them may not be a quick and legal option. Ignoring or containing them seldom works. Managing the toxic employee (and we certainly hope there's only one of them!) can be one of the most challenging tasks you have to do each day. This session will explore some ethical leading strategies so we can share & support each other.

FACILITATOR: Melenie Olfert has worked as an independent consultant sharing her knowledge and expertise through leadership projects and workplace training. With a background in adult education and training, Melenie is now a published writer, as well as an accomplished speaker on intercultural & diversity in the workplace, human resources and leadership development. Further to her training experience, Melenie is an instructor with the University of Winnipeg, PACE Program, where she teaches in the Leadership Program. She is also the co-facilitator of the Language Interpreter Training Program which supports language diversity in work and community settings. Outside of work, Melenie volunteers in assisting newcomers in preparing for their Canadian citizenship exams.

WORKSHOP DELIVERY:



COST: \$40.00 MCCA Member
\$80.00 Non-member

Understanding And Supporting Challenging Behaviours Through Relationship Building

UND-001

Thursday, November 25, 2021

6:30pm - 8:30pm

In this workshop, participants are asked to think about what “challenging” means to them. In the field, we often seek strategies to deal with what we find challenging, but many who have been in the field for years know that what might work one day, may not work the next. In this workshop, educators will be given a variety of strategies, but are also asked to critically reflect on what their expectations are and how shifting the narrative of those expectations might help the most in choosing more connection-based approaches instead of correction-based approaches.

FACILITATOR: Ana Valle Rivera is an ECE, Special Needs and Infant Toddler Educator, Contract Instructor and Facilitator. Raised in a large and lively family in East Vancouver BC, Ana knew her life’s purpose was working with children. She began working in the childcare field in 2007. Since earning a Diploma in ECE, Special Needs and IT Education (2010), she has worked with children of all ages with different developmental needs in various childcare settings. Ana is currently completing a degree in Child and Youth Care with a Specialization in Early Years. Ana is a parent and a children’s book author. Ana is the Owner and Founder of Early Years Workshops and Training. Ana has made it her mission to share her passion and knowledge of Early Years through creating and facilitating her own workshops and writings.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
\$70.00 Non-member

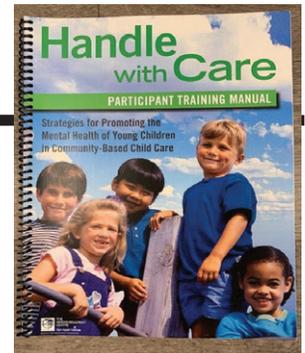
Handle With Care – Building Block 8: Well-Being Of Practitioners

HAN-002

Saturday, November 27, 2021

9:00am - 12:00pm

Practitioners’ daily work with children is physically and emotionally demanding. It involves roles as caregiver, playmate, friend, teacher, mediator, consultant and colleague. Practitioners support child development, link the centre with children’s home lives, and work as a team with other professionals. Practitioners’ own psychological well-being contributes to their ability to fulfill their different roles effectively. Centres, as work environments, have a significant impact on practitioners’ well-being, which, in turn either supports or hinders their practices. In this building block, practitioner well-being will be discussed as well as working at relationships and what goes into well-being work.



FACILITATOR: Michele Grant has facilitated a variety of workshops for MCCA, currently teaches in the Early Childhood Educator program at the Louis Riel Arts & Technology Centre and encourages all people working with young children to consider how they can promote a positive environment that helps to build a child’s self-esteem and encourage strategies to develop positive mental health for everyone!

Note: If you do not already have a Handle With Care Participant Training Manual or cannot borrow someone’s, you can purchase one for \$15.00 and it will be mailed out to you. If you are purchasing one, don’t forget to order it with your online registration or add to the order form on the paper registration form.

WORKSHOP DELIVERY:



COST: \$45.00 MCCA Member
\$90.00 Non-member

Email, Think Before You Hit Send

EMA-001

Tuesday, November 30, 2021

9:30am - 11:00am

Email is the workhorse of communication within and between organizations. As well, in today's e-business environment, more and more organizations are turning to an online form of communication with clients.

Yet, in spite of its importance, email is frequently dashed off with little thought given to clarity or to the needs of the reader. The result? The image of the writer and the organization are undermined. Avoid these email pitfalls. Learn the strategies that will give you an email reputation to be proud of!

The program focuses on:

- Writing from your reader's perspective
- Putting the right information in the right place so the reader understands it and knows what to do with it
- Being aware of the tone of your message
- Formatting so the recipient has an easy read

FACILITATOR: Susan Portelance, Associate with Eclectic Communications. Susan is an associate and facilitator for Eclectic Communications. After many years in the corporate world, Susan turned her love of language into a career as a writer, editor and trainer. As an editor, she works with her clients to craft effective communications – from newsletters and blogs to ebooks and proposals. Susan brings to the classroom over 10 years of training experience and four years of Toastmasters participation where she has honed her public speaking and leadership skills. Susan joined Eclectic in January 2013 and has quickly proven to be an exceptional presenter and facilitator. Susan is a Certified Training and Development Professional with The Institute for Performance and Learning. She also has completed training in adult education, presentation skills and coaching skills.

WORKSHOP DELIVERY:



COST: \$45.00 MCCA Member
\$90.00 Non-member

2SLGBTQ+ Inclusive Language, Conversations And Creating Safe(r) Child Care Spaces

INC-001

Tuesday, November 30, 2021

6:30pm - 8:30pm

This workshop will help guide child care centre staff and administrators in creating safe(r), more inclusive spaces for all youth. We will go further into understanding how language has the power to create inclusive spaces, whether it be in the policies, guidelines, discussions and in the in-person & virtual spaces we create. This workshop will go over how you can have conversations with children, parents and each other, that can help everyone feel welcome.

FACILITATOR: Dene Guillas (he/him) proudly identifies as an Indigiqueer, transgender man who has always lived and worked on Treaty One Territory, the territories of the Anishinaabeg, Cree, Oji-Cree, Dene, Dakota and Métis Nations. He grew up in various types of childcare facilities when he was a child and has also navigated it later in life with a child of his own. He has been lucky enough to be involved in the training and education field for over 16 years. Whether it was in a classroom environment, community centre, conference, or small gatherings, he has always tried to make sure learning is inclusive to everyone. His love of helping others has led him to Rainbow Resource Centre in 2019, where he works as the School Equity & Inclusion Coordinator. This has allowed his passion of interacting and speaking to others to turn into a way to give back to the community. Helping to raise awareness for our youth has given him a purpose that is extremely close to his heart.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
\$70.00 Non-member

Express Yourself: The Arts For Young Children

EXP-001

Wednesday, December 1, 2021

6:30pm - 8:30pm

In this session, we will explore principles and strategies for creating enjoyable and enriching opportunities for young children to explore fundamentals of visual art, music, dance, and drama as avenues for creativity, expression, performance, and more. Some portions will be participatory and we will create, laugh and learn in a safe supportive environment. Participants will leave the session with detailed plans for a variety of tested activities for children ages 0-8 and increased confidence to bring more art into their programs.

FACILITATOR: **Karen Begley** supports and empowers educators to feel fantastic about the work they are already doing by making connections between their underlying values, everyday programming, and pedagogical theory. Her playful style makes for interactive workshops that generate new ideas and increase participants' confidence and competency to bring practical and enriching experiences to the children in their care. To learn more about Karen, her work, and thoughts on childhood, learning, and care, follow her on Instagram @natureplaystudios.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
\$70.00 Non-member

Sticks, Stones, And Fire In The Winter

STI-001

Saturday, December 4, 2021

10:00am - 1:00pm

Children thrive when toys and plastic play materials are removed. Natural play materials provide endless creative opportunities for children to explore. This hands-on workshop will share ideas of how to transition into providing children with open ended play materials and provide opportunities for participants to engage with the materials to get a better understanding of what this type of engagement looks like. We will talk about outdoor spaces and provide examples of how these materials can be used with any sized outdoor space as well as tips for organization. Participants should come prepared for winter outdoor play and wild walk.

FACILITATORS: **Mavis Lewis-Webber** is an ECE III and Forest School Practitioner with many years of experience! Mavis prefers to be outside sharing the natural world with children and adults.

Kayla Mauricio is an ECE II and Forest School Practitioner. She is a School Age Director at the YMCA-YWCA of Winnipeg. A graduate from the Red River College Workplace Program, Kayla has 13 years of experience in the field.

WORKSHOP LOCATION: To be confirmed



COST: \$45.00 MCCA Member
\$90.00 Non-member

Supporting Resilience And Standing In Solidarity

RES-001

Tuesday, December 7, 2021

6:30pm - 8:30pm

In this workshop, participants get an overview of diversity and the challenges that may be faced by various diverse groups in Canada. This workshop also goes over what is meant by adverse childhood experiences, types of stress, and trauma. Participants learn about resiliency and how we as educators can best support resilience in children who may experience adversity in early childhood.

FACILITATOR: Ana Valle Rivera is an ECE, Special Needs and Infant Toddler Educator, Contract Instructor and Facilitator. Raised in a large and lively family in East Vancouver BC, Ana knew her life's purpose was working with children. She began working in the childcare field in 2007. Since earning a Diploma in ECE, Special Needs and IT Education (2010), she has worked with children of all ages with different developmental needs in various childcare settings. Ana is currently completing a degree in Child and Youth Care with a Specialization in Early Years. Ana is a parent and a children's book author. Ana is the Owner and Founder of Early Years Workshops and Training. Ana has made it her mission to share her passion and knowledge of Early Years through creating and facilitating her own workshops and writings.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
\$70.00 Non-member

Practical Ways To Use Technology In Your Program

PRA-001

Wednesday, December 8, 2021

6:30pm - 8:30pm

Does technology belong in child care? This workshop is geared towards both centres who are thinking about incorporating technology into their program as well as those centres who are already using technology within their program. This workshop will take you through different social media platforms that can be used to enhance your early learning program. We will discuss ways of bringing social media and technology into your program, policy considerations as well as tips and tricks to ensure consistency in your social media presence! All things shared in this workshop are based on actual experiences, both successful and not!

FACILITATORS: Kayla Mauricio is an ECE II and Forest School Practitioner. She is a School Age Director at the YMCA-YWCA of Winnipeg. A graduate from the Red River College Workplace Program, Kayla has 13 years of experience in the field.

Melanie Glaser is an ECE II with 31 years of experience in the field. Melanie is the site manager at Seven Oaks Child Day Care Centre. Melanie enjoys building relationships and laughing with the children.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
\$70.00 Non-member

FALL 2021 PROFESSIONAL DEVELOPMENT WORKSHOPS REGISTRATION PROCEDURES & POLICIES

- You must be a personal member of MCCA to qualify for member pricing. To confirm your membership number check your card or ask your director.
- Please check our website to see which workshops are full or have been postponed/cancelled.
- Your registration will not be processed unless we have received your completed registration form detailing sessions you would like to be registered for with payment enclosed. We do not invoice for workshops.
- Telephone, faxed registrations and post dated cheques will not be accepted.
- Registration deadline is one day prior to each session unless otherwise indicated.
- Methods of Payment:
Cheque, Visa, MasterCard are accepted. Interac is available for in person registration. If paying by cheque, mail your registration and payment to:

**Manitoba Child Care Association
2nd Floor, 2350 McPhillips Street
Royal Bank Building
Winnipeg, Manitoba R2V 4J6**

If you are paying by credit card then you must register online. Go to www.mccahouse.org and click on the professional development button and then select workshops, and then click on the link for online registration. Please use Chrome/Firefox as your browser and use a computer, not a cell phone.

- Receipts will be emailed.
- If you are unable to attend a workshop that you have registered for and would like to send someone in your place (must be from the same centre and must be a replacing a member) email Dianne Jones-Pearson before 3:00 pm prior to the workshop at djonespearson@mccahouse.org. Dianne's direct line is 204-336-5065.
- We require the name of the replacement so that a participant certificate can be prepared for the new person attending.
- Any substitutions made after 3:00 pm prior to the workshop will require a \$7.00 payment (to be paid at workshop) for a replacement certificate.
- Refunds will not be issued for missed workshops.
- To replace a "Certificate of Participation" the cost is \$7.00.
- You will receive a certificate of participation on the day of your workshop if in person or within 48 hours if by zoom.
- Mark the workshops you have registered for on your calendar as we will not call or send out reminders.
- If enrollment for any workshop is insufficient, MCCA reserves the right to cancel or reschedule it. In such instances, registrants will be notified and the fee refunded.
- In the event that weather prevents a participant (from outside of Winnipeg) from attending a workshop, a workshop credit will be granted if Environment Canada has recommended that a specific highway not be travelled on or is closed. A workshop credit allows the transfer of money from one workshop towards a future workshop and must be used in the same calendar year.
- If a workshop is cancelled due to weather, we will call to advise you the workshop is cancelled.
- We reserve the right to change the workshop location. Registrants will be notified by phone or email.