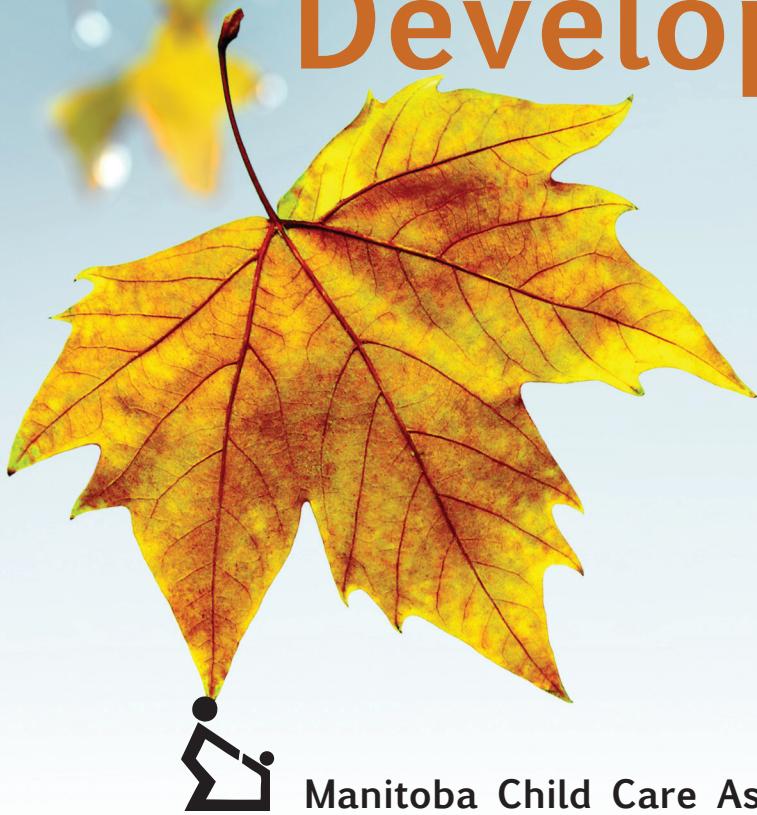


# 2020 FALL Workshop Brochure

## Professional Development



Manitoba Child Care Association

2350 McPhillips Street, 2nd Floor, Royal Bank Building, Winnipeg, MB R2V 4J6  
(204) 586-8587 or Toll Free 1-888-323-4676  
Fax: (204) 589-5613 email: [info@mccahouse.org](mailto:info@mccahouse.org)

Visit us online at [www.mccahouse.org](http://www.mccahouse.org)

# Welcome to the Fall Workshop Series

We are pleased to bring you this line up of workshops. There are 37 professional development opportunities listed in this brochure. Due to COVID-19 we have reduced our number of in person workshops and increased the number of Zoom workshops. Our Zoom workshops that were offered in May and June were very popular and members from all over the province were able to attend. The in-person workshops are capped at 15 participants, so if there is something you really want to attend, we encourage to register early!

Before registering for a workshop please ensure that you read the entire description in the brochure as there may be a pre-requisite, items to bring, proper dress, and most importantly the date, time, and location of the workshop. A few of the workshops are held at locations other than MCCA, so watch for the hand symbol that is pointing out the workshop. The workshop will also have a Zoom logo if it is a Zoom workshop. Each workshop has a minimum of 10 registrants for the workshop to take place, so please register early so that your workshop selection is not in jeopardy of being cancelled.

Prior to registering for a workshop, please read over the Policies and Procedures on page 30. We do not cancel workshops due to snow and if you are out of town we caution you to remember that the road conditions can be unpredictable in the winter. If an in-person workshop is being cancelled, we may move the workshop format to a Zoom workshop if possible. If the workshop is cancelled on the day of the workshop, we will call the participants to let them know.

If you are registering by cheque, then download the registration form and mail it in with the cheque. If you are paying by credit card (Visa/Mastercard) please go to our website at [www.mccahouse.org](http://www.mccahouse.org), click on professional development, then click on workshops, then click on the registration link. Remember to use Google Chrome or Firefox, you won't be able to register using your phone or tablet. If your registration has gone through you WILL receive an email. If you don't' then contact Dianne at [djonespearson@mccahouse.org](mailto:djonespearson@mccahouse.org).

If you have any questions concerning professional development, you can email Karen Kowalski at [kkowalski@mcchouse.org](mailto:kkowalski@mcchouse.org).

Karen Kowalski, Professional Development Manager

## ETHICS WORKSHOPS INFO

The workshops in the ethics series are a unique set of workshops. Some things to keep in mind when registering for an Ethics workshop:

- You must take the workshops in consecutive order beginning with Part I.
- If you took Part I prior to 2009 you may want to start over as Part I is now a 3 hour workshop and it would be a good refresher. If it has been over five years since you have taken Part I, you might want to start over.
- There must be at least 6 months between the time you attended Part III and taking Part IV.
- It is a good idea to leave some time between workshops so that you have time to reflect and practice what you have experienced in the workshop.
- Before signing up for an Ethics workshop you should have worked at least 6 months to a year in the child care field to gain some experience, this applies to child care assistants as well as early childhood educators.

The Ethics workshops are like any other workshop, know why you are signing up to take this workshop. If you are a director who is registering staff for the Ethics workshops, make sure it is for the right reason, communication problems cannot be fixed by taking an Ethics workshop.

The Ethics workshops fill up very quickly. Once they are full, the workshop is placed on our full list and no further registrations are taken. If you register for multiple parts and do not attend the first part you registered for, you cannot attend the following part and you will forfeit both workshop fees. For eg. You register for Part II & Part III at the same time but do not attend Part II, you will not be able to attend Part III and you will not receive a refund for EITHER workshop. You may still send a substitute, but they must have previously attended the pre-requisite workshop and you need to call Dianne at 204-336-5065 with the name of the substitute.

Currently, the Best Choices: Ethics workshops that are held in Winnipeg are at MCCA. We are open to have them held around the city if 5 or more centres in a particular area (for example St. James) want to get together and host an Ethics workshop at one of the locations.

For more information please contact Karen Kowalski at [kkowalski@mccahouse.org](mailto:kkowalski@mccahouse.org)



# COVID-19 Novel Coronavirus

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**Do not enter if you should be self-isolating as a result of possible exposure to COVID-19 within the last 14 days due to:**

- Contact with someone that is suspected or confirmed to have COVID-19
- Return from international travel, or from Ontario (east of Terrace Bay), Quebec or the Atlantic provinces (travel restrictions are subject to change; up-to-date information is available at: <https://www.gov.mb.ca/covid19/soe.html>)

**Do not enter if you have a new onset of any of the following symptoms:**

Fever/chills  
Shortness of breath  
Cough  
Vomiting or diarrhea for more than 24 hours  
Loss of taste or smell  
Sore throat/hoarse voice

**Do not enter if you have a new onset of two or more of the following symptoms:**

Runny nose  
Muscle aches  
Fatigue  
Conjunctivitis  
Headache  
Nausea or loss of appetite  
Skin rash of unknown origin

You can send someone else to attend the workshop in your place. Please contact MCCA by 3:00 pm so that we can have a new certificate ready for that person.

Important information to note:

- In person workshop size is limited to 15 and tables are physically distanced from one another.
- Upon entering MCCA to attend a workshop you will be asked to wash your hands or use the hand sanitizer provided.
- Attendance will be taken at the start of the workshop by the workshop hostess.
- Coffee and tea will no longer be available, you may provide your own.
- The library is not available to browse but the workshop hostess can assist you in retrieving any resources. At this time we are not lending out curriculum kits.

# GETTING THE MOST OUT OF YOUR WORKSHOP

At MCCA we strive to provide our members with professional workshops that are relevant, presented by professionals, and offer some food for thought. We want your workshop experience to be an uplifting and valuable one so we have a few suggestions that can help you accomplish this.

**Professional goals:** Your winter issue of *Child Care Bridges* just arrived and you are looking over the workshop line up and deciding what workshops to take. What factors help you to decide what workshops to take? Do you have a goal to work on, are you looking for new ideas on a specific topic, or are you just filling professional development hours?

**Arrive on time:** Once you have signed up for a workshop, jot down the time and date on a calendar so you remember to attend your workshop and can ensure that you arrive before the workshop begins. MCCA does not send out reminders.

**Venture out:** So you have signed up for a workshop with your co-workers and you arrive at MCCA and find a table for all of you to sit at, but what about meeting some new people? People who work together over a period of time will usually have the same work philosophies, experiences, ways in which things get done, etc. How about spreading your wings and joining a table with people you don't know? This could be a great opportunity to share and network and who knows maybe you might even get a new idea or two.

**Participate:** If you have signed up for a workshop it is your obligation to fully participate in that workshop. This can be difficult after a long work day but you will only get out of the workshop what you put in. Sharing your experiences may provide someone else with a solution to a dilemma that they have encountered or maybe your story will give someone a boost, or just a much needed laugh.

**Evaluate:** In order to provide you with quality workshops MCCA needs your feedback. It is important for us to know what you thought about your workshop, the presenter, and what type of workshops you would like to see offered in the future. Please take the time to fill out your evaluation form at the end of the workshop and hand it in before you leave.

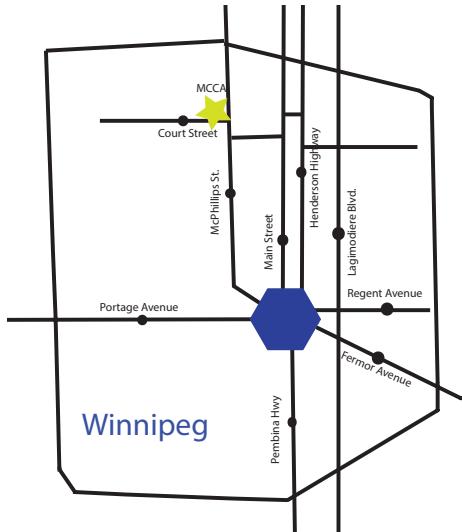
## PAYING BY CREDIT CARD

If you are paying by credit card then you must use our online registration. Go to [www.mccahouse.org](http://www.mccahouse.org), click on the professional development button, select workshops and then click on the link to access the online registrations. We will not accept faxed registrations for workshops.

If you are paying by cheque then fill out the registration form at the back of this brochure and submit it with your cheque and mail to MCCA. If you are registering people from the same centre you can fill out one form for all.

## Where to find us:

MCCA is located on the second floor of the Royal Bank Building on the corner of Court and McPhillips Street.



# PROFESSIONAL DEVELOPMENT BROUGHT TO YOUR DOOR VIA ZOOM!

Are you looking for a workshop that would benefit your staff? Are you looking for some professional development for a staff meeting or a staff retreat? Have you attended a workshop and wished your entire staff heard the same message? If you answered yes to any of these questions then perhaps we have the solution. You can now contact MCCA to arrange for your personalized professional development. This service is available to child care centres across the province and is currently delivered by Zoom.

Benefits of your own personalized pd opportunity:

- Everyone hears the same message
- Reduced cost – the cost to bring someone in for 35 people is cheaper than registering 35 people for a workshop
- Topic specific to your needs
- Flexibility with dates and times

MCCA has an extensive database of presenters, many of which have been presenting professional development for many years. Due to this consistent relationship with us, the presenters may be able to provide a discounted rate through MCCA. We have now booked workshops for over +30 child care centres in and outside of Winnipeg. Some of the popular topics have been MCCA's pedagogical workshops (learning stories, etc.), guiding children's behaviour, and respectful workplaces.

What do you need to do to book a workshop?

Contact Karen Kowalski at [kkowalski@mccahouse.org](mailto:kkowalski@mccahouse.org) and provide the following information:

- Topic you are seeking
- Number of staff that will participate
- Possible dates and times for your event
- Budget

What MCCA will provide:

MCCA will search our presenter database to match your topic & budget and we will provide the following:

- Initial contact of the presenter
- Contract with the presenter
- Organize audiovisual, handouts, etc.
- Invoice the centre
- Provide participation certificates for your staff
- Provide evaluation forms
- Payment of the facilitator

Cost for the service is dependent on length of event and number of attendees.

If you have questions or are interested in having MCCA book your next professional development event, contact Karen Kowalski at [kkowalski@mccahouse.org](mailto:kkowalski@mccahouse.org) or 204-336-5062 or toll free 1-888-323-4676 ext. 224.

## ***Professional Development at the centre is a great experience and you can get it through MCCA!***

The workshops in the ethics series are a unique set of workshops. Some things to keep in mind when registering We have been booking our professional development events from MCCA's recommendations. This is a wonderful way of bringing your staff together and it is in a familiar and comfortable environment. I poll the staff members what they want to learn about. I then contact Karen Kowalski and let her know and within a week or so she has found someone to educate us on the subject the staff wanted. We order in dinner for the staff so they feel even more comfortable prior to the workshop starting. We have hired facilitators from other places but we always seem to get our best experience from the MCCA ones. I think that having Karen know the professional workshop environment is definitely an extreme asset for any centre. She is always so professional and insightful and saves me so much time by finding the workshops for our centres. It is also a very cost effective way to bring PD to your team. One of the workshops we booked had Heather Erhard come out to do the Myers-Briggs for a Saturday and that was a great experience for all the staff members to learn about each other's personality type. We even continued the education on this by meeting in small groups to become even better in understanding our team. We have benefited greatly for all the workshops we have been able to get from MCCA. It is also a strong team building time as we are all in the same workshop.

Lori Rogalsky, Executive Director  
East Transcona B & A Program and Arthur Day Fun Club.



## WHERE TO PARK?

There is no parking permitted in the Royal Bank Parking lot at any time (this includes evenings and Saturdays).

There is no parking allowed in the parking lot at the strip mall at 1021 Court. If you park there, your vehicle will likely be towed.

Next to 1021 Court Medical Centre parking lot is a paid parking lot. It is \$4.00 for the whole day. So remember to bring loonies or toonies and purchase a ticket.

**MCCA is not responsible for towed vehicles so ensure that you are parking in the paid parking lot or on the street.**



## WORKSHOP CERTIFICATES

**Please ensure when you register a person for a workshop the name is spelled correctly as that is how it will appear on the certificate. Errors made by the person doing the registration will result in a \$7.00 charge to have a new certificate issued.**

When you attend a workshop you will receive a certificate of participation. Each certificate will have the amount of workshop hours on it to help you track your professional development hours.

We would like to remind you if you are sending a substitute for a workshop and we do not receive a phone call with the name of the substitute before 3:00 pm prior to the workshop it will cost \$7.00 to re-issue the certificate.

If you are substituting an individual you must call Dianne Jones-Pearson at MCCA (204-336-5065) or email her by 3:00pm at [djonespearson@mccahouse.org](mailto:djonespearson@mccahouse.org).



## FEELING UNDER THE WEATHER?

If you have flu like symptoms such as a fever, tiredness and a cough, we ask that you do not attend your workshop at MCCA to reduce the chance of infecting others. If you cannot attend a workshop (for whatever reason, illness or other) that you are registered for, there are no refunds but you can send a substitute in your place. Please refer to the workshop policies on page 35 for substitutions.

# Managing Media: What To Expect When Your Phone Rings

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**MAN – 001**

**Friday, October 2, 2020**

**9:30 am – 11:30 am**

A news story breaks and your organization is at the centre of it all. Are you prepared to answer when media start calling? In this interactive session you will learn the basics of working with media: the right questions to ask, how to prepare for interviews, how to write and deliver key messages and more. You'll also have a chance to test your skills in a mock interview. Get ready – your call is coming sooner than you think.

**FACILITATOR:** Lindsay Ridgley is a Winnipeg-based communications professional with more than ten years' experience in the field. By day she helps one of Winnipeg's longest-standing charities tell its story, implements internal communications strategies and manages all media requests and outreach. By night she is a mother of two wonderful, strong-willed children and one incredibly large dog. When she's not momming or working, she's volunteering at her daughter's school and with local charities.

**WORKSHOP DELIVERY:** ZOOM



**COST:** \$35.00 MCCA Member  
\$70.00 Non-member

## Best Choices: Ethics Part IV

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**ETH – 004**

**Saturday, October 3, 2020**

**9:00 am – 12:00 pm**

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

This capstone workshop will help you to make a commitment of ethical practice in your daily work and enhance your awareness of your own values, beliefs and assumptions. You will also understand why, when faced with an ethical dilemma, it is difficult to follow through with your best choice. This session is a pre-requisite to enroll in future "Train the Guide" sessions which would prepare you to assume the role of an ethics guide.

**\* Please note you must have completed Ethics Part III at least 6 months from the date of taking Part IV.**

**\* Please bring your ethics certificate and handouts from the previous ethics workshops with you to this workshop.**

**FACILITATORS:** Michele Grant has been involved in Manitoba's early childhood community for many years as an early childhood practitioner, centre director, adult educator and volunteer. She is a past board member of both the MCCA and the CCCF and is a founding member and past chairperson of the MCCA Ethics Committee.

**Tracy Smith** is an ECE III and has been dedicated to Early Childhood Education for 10 years. She lives in Steinbach, MB and works at Tache Community Daycare in Lorette, MB where she spends her days playing, discovering and learning with 2 year olds. Tracy is a member of MCCA's Ethics Committee and looks forward to sharing her ethical journey with others.

**LOCATION:** MCCA

2nd floor, 2350 McPhillips St.

Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

**COST:** \$45.00 MCCA Member

\$90.00 Non-member

# Exploring Manitoba Flora and Fauna

EXP - 001

**Saturday, October 3, 2020**

**10:00 am – 1:00 pm**

This “walk & talk” will explore the plants and animals in the Interlake area of Manitoba. Do you often wonder what flower, shrub, tree, animal or prints you are looking at? This workshop will help you learn what to look for to help answer these questions.

This workshop will be conducted entirely outdoors with access to a composting toilet. Bring your own lunch if you wish and a water bottle.

After you have registered for the workshop you will receive directions. Other workshop participants may be willing to meet at the MCCA office and carpool.

**FACILITATOR:** Mavis Lewis-Webber is passionate about getting children, and adult's outdoors in the natural world and in supporting a quality and collaborative Forest and Nature School movement across Canada. She is an organizer and board director for the Manitoba Nature Summit, as well as an instructor and 'Assessor of Prior Learning' in the Faculty of Early Childhood Education at Red River College in Winnipeg, Manitoba. She is one of the first certified 'Forest and Nature School Practitioner' through Forest School Canada.

LOCATION: 45 minutes north of the MCCA office,  COST: \$35.00 MCCA Member  
south of Gimli. \$70.00 Non-member

## **Fostering Program And Family Connections**

FOS - 001

Tuesday, October 6, 2020

7:00 pm – 8:30 pm

Creating opportunities and experiences that bring program staff and families together is very important. Discover how to create a welcoming, nurturing environment. Learn how to host family fun events, brainstorm interactive documentation opportunities and celebrate daily activities with open consistent communication.

**FACILITATOR:** Julie Hansen became an Early Childhood Educator in the year 2000. Since then, she has gained experience in a variety of areas within the field of Early Childhood Education: director of a preschool, supervisor of after-school care as well as 3-5 and Infant Toddler programs. Her primary focus has evolved to encompass team leadership, management training and program development. She has had articles published in provincial and national ECE journals on the topic of emergent curriculum and leadership. Julie's goal as an Early Childhood Educator and facilitator is to support fellow educators and early years professionals in providing high quality early learning experiences for children and families.

## WORKSHOP DELIVERY: ZOOM



COST: \$35.00 MCCA Member  
\$70.00 Non-member

# Talking About Race & Social Justice With Young Children

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TAL – 001

Wednesday, October 7, 2020

7:00 pm – 8:30 pm

This session will provide strategies for talking about race, racism, police violence and protest with young children. We will examine shifting from being an inclusive educator to being an anti-bias and anti-racist educator. Practical techniques for facilitating conversations that matter and using children's literature to promote social justice will be discussed.

**FACILITATOR:** Debbie LeeKeenan is a Lecturer, Co-Author of Leading Anti-bias Early Childhood Programs: A Guide for Change, and former director of the Eliot-Pearson Children's School at Tufts University. In addition she has been a member of the early childhood faculty at Lesley University in Cambridge, MA. and the University of Massachusetts in Amherst. She consults widely, locally, nationally and internationally. Debbie's recent publications include *From Survive to Thrive: A Director's Guide for Leading an Early Childhood Program* as well as chapters and articles in *Young Children*, *Child Care Exchange*, *Voices of the Practitioner*, *Theory into Practice*, the first edition of *The Hundred Languages of Children*, and *Proactive Parenting: Guiding Your Child from Two to Six*. She holds a Master's Degree in Education from the University of New Mexico. Her areas of expertise include anti-bias education, early childhood education, teacher preparation, inclusive special education, project based learning, teacher inquiry, family engagement, professional learning communities and public school partnerships. She is a former preschool and elementary school teacher. Past professional experience includes over 48 years of teaching in diverse university, public schools, and early childhood settings in Massachusetts, New York City, New Mexico, Philadelphia and Taiwan. Debbie has received numerous awards for her diversity work. Debbie recently moved to Seattle, WA. to be an active grandparent. More information can be found on her website <http://www.antibiasleadersece.com>

WORKSHOP DELIVERY: ZOOM



COST: \$35.00 MCCA Member  
\$70.00 Non-member

**The Best Practices Licensing Manual recommends  
24 hours of professional development  
for Directors, ECEs, and CCAs.**

# Risky Play - SECD

RIS – 001

October 8 – October 21, 2020

This online workshop is another joint offering between the Manitoba Child Care Association and Red River College's Science of Early Child Development project. These highly popular workshops offer a variety of content (videos, readings, links, reviews, discussions). The content is from the **Science of Early Child Development (SECD)**. Professionals and students around the world use SECD's engaging, multimedia resources to learn more about the impact of the early years on lifelong health and wellbeing. (In Manitoba go to: mb.scienceofecd.com)

*Topics include:*

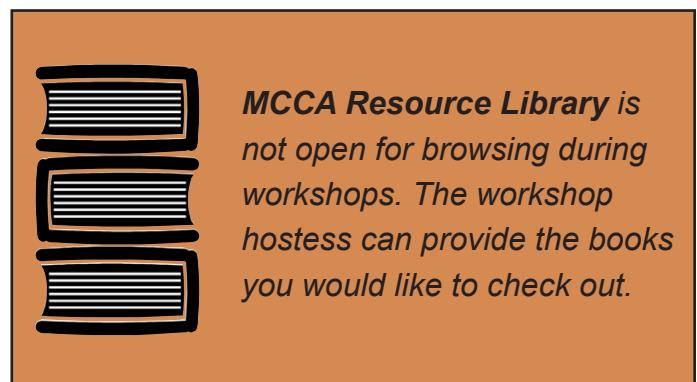
- Concept of risky play and relationship of risky play to development
- Playground safety standards and injury prevention
- Hurdles, challenges and opportunities
- Emerging research on the link between risky play and children's health and well-being

*N.B. This is equivalent to a full day workshop for six hours of professional development. Participants should have a reliable internet connection and be comfortable reading and writing in English.*

**When registering, please provide the email of the person who will be participating in the workshop not the centre email.**

**FACILITATOR:** Each SECD online workshop is facilitated by an RRC ECE instructor or an ECE practitioner, each of whom brings a wealth of knowledge and experience in the childcare sector. The facilitator oversees each workshop by welcoming, orienting and guiding participants.

COST: \$85.00 MCCA Member  
\$170.00 Non-member



# The Pedagogical Leader Community Of Practice

PED – 001

Thursday, October 8, 2020

9:00 am – 12:00 pm

PED – 002

Thursday, December 3, 2020

9:00 am – 12:00 pm

Join us as we share and support each other's pedagogical journey. This community of practice grew out of a group of directors who wanted to keep the learning alive from the 11th Annual Directors Conference – 'Leading a Year of Reflection'. This group has now grown to over 50 members and we invite those who have a pedagogical leadership role in their program to attend.

It is advantageous if you have attended one of MCCA's institutes or pedagogical workshops but it is not necessary.

Once you register, approximately one week before the meeting you will be sent an agenda and readings (to discuss at the meeting) by Karen Kowalski. The email will be sent to the email entered on the registration, so if multiple people from one centre are attending then please share with others.

The meeting content includes a round table discussion of a specific question posed to everyone, discussion of articles, pedagogical focused activities, and sharing of resources.

**FACILITATOR:** Karen Kowalski is MCCA's Professional Development Manager.

LOCATION: October - Discovery Children's Centre  
367 Hampton Street

COST: \$25.00 per session MCCA Member  
\$50.00 per session Non-member



December - Seven Oaks Child Day Care Centre  
2300 McPhillips Street

COST: \$25.00 MCCA Member  
\$50.00 Non-member

***\*\*Please note that these may be Zoom workshops if we cannot meet at these locations.***

## WORKSHOP CERTIFICATES

Please ensure when you register a person for a workshop the name is spelled correctly as that is how it will appear on the certificate. Errors made by the person doing the registration will result in a \$7.00 charge to have a new certificate issued.

When you attend a workshop you will receive a certificate of participation. Each certificate will have the amount of workshop hours on it to help you track your professional development hours.

We would like to remind you if you are sending a substitute for a workshop and we do not receive a phone call with the name of the substitute before 3:00 pm prior to the workshop it will cost \$7.00 to re-issue the certificate.

If you are substituting an individual you must call Dianne Jones-Pearson at MCCA (204-336-5065) or email her by 3:00pm at [djonespearson@mccahouse.org](mailto:djonespearson@mccahouse.org).

## Best Choices: Ethics Part I

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ETH – 001

Thursday, October 8, 2020

6:30 pm – 9:30 pm

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

The first in the 4-part series explores the relationship among beliefs, values and ethics and how these impact your actions. This also broadens our understanding of others. This session is the pre-requisite for the other three parts of the ethical journey. MCCA provides participants with a certificate which tracks your journey through all four parts.

**FACILITATORS:** **Shannon Curtaz** is the Director of Winnipeg Montessori School. She has been working in the field of Early Childhood Education since 1997 as a front line ECE, a Supervisor and a Director. She believes that the relationships we form with all of the people who come in and out of our lives, both personal and professional, shape the person that we ultimately become and that therefore growth and learning is never ending.

**Keri Waterman** has over 30 years of experience with the ECE community, working with children of all ages, from front line to financial and administration. She has been involved with the Ethics Committee since 2002 and looks forward to guiding people through their own ethical journey.

LOCATION:	MCCA 2nd floor, 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	COST:	\$45.00 \$90.00	MCCA Member Non-member
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## Program Practices That Are Better For The Planet

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PRO – 001

Tuesday, October 13, 2020

6:30 pm – 8:30 pm

Sometimes when you hear the word sustainability and you either do not know where to start or it can come with a hefty price tag. In our time together, we will discuss practical steps to take to move towards introducing sustainability to your program and the children in your care. We will share the resources and simple steps we took to start minimizing our carbon foot print to hopefully inspire your organization to do the same!

**FACILITATORS:** **Kayla Mauricio** is an Early Childhood Educator and the Inclusion/Outdoor Program Team Leader at Seven Oaks Child Daycare Centre. A Graduate from the Red River College Workplace Program. Kayla has worked in the ECE field for 11 years and is a member of the MCCA Conference Committee. She is working towards her ECE III and completing her Forest School Practitioners Course.

**Susana Lam** is the Executive Director at Seven Oaks Child Day care Centre, and has been in the field for 23 years. Susana has experience working with children of all age levels and enjoys observing their sense of wonder and curiosity for the world. Being passionate about pedagogy and providing an inclusive practice, she spends time mentoring her team and celebrating their every success. Outside of the centre, Susana is a member of the MCCA Editorial Committee and on the MCCA Board of Directors.

LOCATION:	MCCA 2nd floor, 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	COST:	\$45.00 \$90.00	MCCA Member Non-member
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# **What It Means To Honour Children As Citizens & Teach In A Democratic Classroom**

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**FOS – 001**

**Wednesday, October 14, 2020**

**7:00 pm – 8:30 pm**

What does it mean to honour children as citizens? Why is it important that we support children in feeling valued within a democratic society? These are critically reflective questions that have emerged in my time sharing the Early Learning Framework and talking about social justice within Early Years. Come to this workshop with an open mind and an inquiry into how you might be able to shift your practice and classroom to value children as citizens within a democratic early learning space.

**FACILITATOR:** **Ana Valle Rivera** is an ECE, Special Needs and Infant Toddler Educator, Contract Instructor and Facilitator. Raised in a large and lively family in East Vancouver BC, Ana knew her life's purpose was working with children. She began working in the childcare field in 2007. Since earning a Diploma in ECE, Special Needs and IT Education (2010), she has worked with children of all ages with different developmental needs in various childcare settings. Ana is currently completing a degree in Child and Youth Care with a Specialization in Early Years. Ana is a parent and a children's book author. Ana is the Owner and Founder of Early Years Workshops and Training. Ana has made it her mission to share her passion and knowledge of Early Years through creating and facilitating her own workshops and writings.

**WORKSHOP DELIVERY:** ZOOM



**COST:** \$30.00 MCCA Member  
\$60.00 Non-member

## **Best Choices: Ethics Part II**

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**ETH – 002**

**Thursday, October 15, 2020**

**6:30 pm – 9:30 pm**

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

In the second session, the MCCA Code of Ethics is introduced as the field's core professional principles and how they are "lived" in our daily work. The code becomes our primary tool in ethical practice.

**\*\*\* Please bring your ethics certificate and handouts from Part I with you to this workshop.**

**FACILITATORS:** **Sharon Balasko** has been in the field for over 30 years. She began her career in infant care in the Child Development Centre at the University of Manitoba. She has worked as an instructor, curriculum developer and consultant working with the University of Manitoba, University of Winnipeg, and Red River College. She has been an Ethics Guide and a part of the Ethics Committee since 2002.

**Michele Grant** has been involved in Manitoba's early childhood community for many years as an early childhood practitioner, centre director, adult educator and volunteer. She is a past board member of both the MCCA and the CCCF and is a founding member and past chairperson of the MCCA Ethics Committee.

**LOCATION:** MCCA

2nd floor, 2350 McPhillips St.

Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

**COST:** \$45.00 MCCA Member

\$90.00 Non-member

# Look At All This Junk: The Power Of Loose Parts

LOO – 001

Saturday, October 17, 2020

9:00 am – 1:00 pm

When you hear the word JUNK, what comes to mind as an educator?

This workshop will be geared towards supporting educators in the process of transforming your play spaces with natural and recycled materials. Encouraging children's curiosity in an emergent and inquiry based curriculum. Opportunity to engage in meaningful group discussion as well as hands on exploration of loose parts will leave you feeling inspired.

A snack will be provided.

**FACILITATORS:** **Kayla Mauricio** is an Early Childhood Educator and the Inclusion and Outdoor Program Supervisor at Seven Oaks Child Day Care Centre. A graduate from the Red River College Workplace Program, Kayla is keen on thinking outside the box and enjoys finding innovative ways to get her team and educators excited about all aspects of the childcare field.

**Kaitlin Cooley** is an Early Childhood Educator at Seven Oaks Child Day Care Centre. Kaitlin is passionate about spending time in nature with children and is currently working towards completing the Forest School Practitioners Course.

LOCATION: Seven Oaks Child Day Care Centre  
2300 McPhillips Street



COST: \$45.00 MCCA Member  
\$90.00 Non-member



Workshops begin promptly at  
the start time, please ensure you are  
at MCCA prior to the start time.

# Reflecting Together Through A Community Of Practice

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REF – 001

Monday, October 19, 2020  
6:30 pm – 8:30 pm

REF – 002

Monday, December 14, 2020  
6:30 pm – 8:30 pm

Are you missing your Community of Practice? Do you want to talk to others and see where they are at? Pedagogy.....Continue the Journey!

Ahh....you have come to the end of your work day! Does it stop there for you? Do you reflect on the day...were there moments of joy and delight? How will you capture those moments and build on them the next day? Do you ask, what energizes me, what drains me? What does professional development mean to me?

Come and have a meaningful and thought provoking conversation with your colleagues about some of these topics. Learn to “dig deeper” into your own personal values and understand how they become embedded in the culture of your organization. Together we will build the momentum and engage each other in new ways of understanding children. This will be an interactive meeting rather than a workshop style presentation. After registering you will receive an email of an article that will provoke your thinking and will be discussed at each meeting.

Those who have not attended previous sessions are encouraged to register and begin their pedagogical journey. A week prior to the meeting you will receive an email of an article that will be discussed at the gathering along with an agenda.

**FACILITATORS:** **Brigitte Insull** is the past Director of the Seven Oaks Child Day Care Centre and has been in the field of child care and early learning for 43 years. As a retiree she continues to embrace her passion for children and learning as the Side by Side mentor through the MCCA and as a practicum instructor at Red River College. Brigitte is inspired by the children she meets in both these new roles as well as the opportunity to engage in pedagogical discussions with like-minded colleagues. Completing her Forest School accreditation continues to be a goal along with spending more time camping and travelling abroad.

**Giovanna Rossing** is a proud Early Childhood Educator of 20 years at K.I.D.S. Incorporated Montrose Location. The passion of early childhood education has resulted in a Developmental Studies Degree in Inclusion and an Advanced Diploma in Leadership in Early Childhood Education, along with many other professional development opportunities throughout the years. Giovanna loves sharing this passion for learning as it is a never-ending journey in this field.

LOCATION: MCCA

2nd floor, 2350 McPhillips St.

Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$35.00 MCCA Member

\$70.00 Non-member

# **Exploring Pathways To Play With Infants, Toddlers & Children**

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**EPP – 001**

**Tuesday, October 20, 2020**

**7:00 pm – 8:30 pm**

At each stage of development play looks different. In this workshop participants get to share ideas about how play might look and feel for infants, toddlers, and children. Through exploring the importance of play, educators can reimagine the space, place and time they make to honour play for young children. In this workshop participants also get a chance to think about using an attachment-based approach to strengthen play relationships.

**FACILITATOR:** **Ana Valle Rivera** is an ECE, Special Needs and Infant Toddler Educator, Contract Instructor and Facilitator. Raised in a large and lively family in East Vancouver BC, Ana knew her life's purpose was working with children. She began working in the childcare field in 2007. Since earning a Diploma in ECE, Special Needs and IT Education (2010), she has worked with children of all ages with different developmental needs in various childcare settings. Ana is currently completing a degree in Child and Youth Care with a Specialization in Early Years. Ana is a parent and a children's book author. Ana is the Owner and Founder of Early Years Workshops and Training. Ana has made it her mission to share her passion and knowledge of Early Years through creating and facilitating her own workshops and writings.

WORKSHOP DELIVERY: ZOOM



COST: \$30.00 MCCA Member  
\$60.00 Non-member

## **Rising To The Challenge**

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**RIS – 001**

**Wednesday, October 21, 2020**

**6:30 pm – 9:00 pm**

This workshop will focus on how we can best support young children in early learning environments during times of potential stress such as we are currently experiencing with the COVID-19 pandemic. Literacy strategies that can mitigate some of the challenges facing children in 2020 and beyond will be shared and discussed. All workshop materials will be geared to those working with children from birth to six years of age.

Content will include:

- Supporting healthy brain development from birth to six
- Language and literacy development in times of stress
- Using creative activities to support positive emotional learning
- The importance of active play and nature in challenging times

**FACILITATOR:** This workshop will be presented by a Bookmates Facilitator. Bookmates is a non-profit organization based in Winnipeg with over 33 years' experience developing and delivering family literacy training. Bookmates' trainings are created with the goal of enhancing pre-school children's development and learning capabilities to help prepare them for success as they enter the school years."

LOCATION: MCCA

2nd floor, 2350 McPhillips St.

Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$45.00 MCCA Member

\$90.00 Non-member

## Best Choices: Ethics Part III

ETH – 003

Thursday, October 22, 2020

6:30 pm – 9:30 pm

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

In this third session, the complexity of Best Choice decision making becomes more apparent. You will explore what should be considered prior to making the best choice when faced with ethical dilemmas. Using the Code, you will practice developing a mindful process of ethical decision making.

**\* Please bring your ethics certificate and handouts from the previous ethics workshops with you to this workshop.**

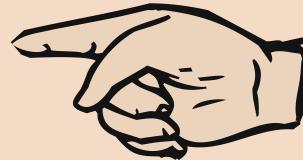
**FACILITATORS:** **Sharon Balasko** has been in the field for over 30 years. She began her career in infant care in the Child Development Centre at the University of Manitoba. She has worked as an instructor, curriculum developer and consultant working with the University of Manitoba, University of Winnipeg, and Red River College. She has been an Ethics Guide and a part of the Ethics Committee since 2002.

**Shannon Curtaz** is the Director of Winnipeg Montessori School. She has been working in the field of Early Childhood Education since 1997 as a front line ECE, a Supervisor and a Director. She believes that the relationships we form with all of the people who come in and out of our lives, both personal and professional, shape the person that we ultimately become and that therefore growth and learning is never ending.

LOCATION: MCCA  
2nd floor, 2350 McPhillips St.  
Located in the Royal Bank building on the  
corner of Court Ave. & McPhillips St.

COST: \$45.00 MCCA Member  
\$90.00 Non-member

**WATCH FOR THIS!**



IT MEANS THE WORKSHOP LOCATION IS NOT AT THE MCCA.

# **Transitioning From Theme-Based Curriculum To Following Children's Interests**

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**TRA – 001**

**Saturday, October 24, 2020**

**10:00 am – 11:30 am**

Making the transition from a theme-based curriculum to following the children's interest can seem intimidating. This is an introductory workshop about supporting educators in understanding Inquiry-based learning from a supportive perspective. This workshop is suitable for programs/educators that would like to make the transition from theme-based curriculum to following the children's interests. This workshop could also be helpful for educators who are used to theme-based curriculum but are working in a centre that is using Inquiry-based learning.

**FACILITATOR:** **Ana Valle Rivera** is an ECE, Special Needs and Infant Toddler Educator, Contract Instructor and Facilitator. Raised in a large and lively family in East Vancouver BC, Ana knew her life's purpose was working with children. She began working in the childcare field in 2007. Since earning a Diploma in ECE, Special Needs and IT Education (2010), she has worked with children of all ages with different developmental needs in various childcare settings. Ana is currently completing a degree in Child and Youth Care with a Specialization in Early Years. Ana is a parent and a children's book author. Ana is the Owner and Founder of Early Years Workshops and Training. Ana has made it her mission to share her passion and knowledge of Early Years through creating and facilitating her own workshops and writings.

**WORKSHOP DELIVERY:** ZOOM



**COST:** \$30.00 MCCA Member  
\$60.00 Non-member

# **Exploring The Principles Of Play And How To Be A Play Partner**

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**ETP – 001**

**Wednesday, October 28, 2020**

**7:00 pm – 8:30 pm**

In “The Power of Vulnerability,” Dr. Brené Brown references Dr. Stuart Brown and provides us with the principles of play. In this workshop participants will get an overview of what the principles of play are, and participants will get a chance to explore how to be a play partner. Through the work of Dr. Stuart Brown, educators will get a review of the importance of a diverse range of play including rough and tumble play for the development of young children.

**FACILITATOR:** **Ana Valle Rivera** is an ECE, Special Needs and Infant Toddler Educator, Contract Instructor and Facilitator. Raised in a large and lively family in East Vancouver BC, Ana knew her life's purpose was working with children. She began working in the childcare field in 2007. Since earning a Diploma in ECE, Special Needs and IT Education (2010), she has worked with children of all ages with different developmental needs in various childcare settings. Ana is currently completing a degree in Child and Youth Care with a Specialization in Early Years. Ana is a parent and a children's book author. Ana is the Owner and Founder of Early Years Workshops and Training. Ana has made it her mission to share her passion and knowledge of Early Years through creating and facilitating her own workshops and writings.

**WORKSHOP DELIVERY:** ZOOM



**COST:** \$30.00 MCCA Member  
\$60.00 Non-member

# Bending Not Breaking: Fostering the Essential Building Blocks of Resilience in Children

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**BNB – 001**

**Tuesday, November 3, 2020**

**6:30 pm – 8:30 pm**

Resilience refers to the capacity to cope with adversity and thrive in the face of change. In an increasingly fast-paced and changing world, children benefit greatly from developing a range of skills to manage stressful situations and thrive in the face of adversity. These skills and tools will serve them well throughout their lives. In this one evening workshop, you will learn about the essential building blocks of resilience and a variety of practical tools adults can use to help children develop resiliency skills such as: developing confidence and competence, coping in stressful times, developing adaptability and flexibility, finding alternative ways to deal with problems and the importance of connection. Through every day interactions with children, adults are able to foster resilience on an individual and collective basis, creating an environment where children can grow and thrive to their best ability.

**FACILITATOR:** **Laurie McPherson RPN MSc** has over 30 years' experience in the mental health field with a focus on mental health promotion and family well-being. Laurie completed a Bachelor of Arts Honours degree from the University of Winnipeg majoring in Sociology and a Master of Science degree from the University of Manitoba in the Department of Family Social Sciences.

Laurie's work experience includes a variety of roles at the Canadian Mental Health Association and over 13 years with Winnipeg Regional Health, most recently as program manager of the Mental Health Promotion program. She has specialized training in cultural safety, mindfulness, resilience, perinatal mental health and psychological health & safety in the workplace.

Laurie now works as a private consultant based out of Winnipeg, Manitoba. Laurie has a passion for working with organizations and groups to increase personal and organizational capacity for supporting positive mental health within families and communities. As the mother of three adult children, and Nana to one grandchild, Laurie appreciates the challenges and joys of parenting and loves to support families and caregivers on the journey.

<b>LOCATION:</b>	MCCA 2nd floor, 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	<b>COST:</b>	\$40.00 \$80.00	MCCA Member Non-member
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## Hot Topics - Anything Goes

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HOT – 001

Wednesday, November 4, 2020

6:30 pm – 9:30 pm

Join your colleagues for an evening of fun with the issues that get us fired up! This is an interactive chance to tackle some current things that perplex us, get under our skin or just floor us...and yet come with the uncertainty of how to move forward with them in a professional manner. We have some current hot topics we will throw out to you, but bring yours and we'll have a lottery (anonymous) to see which get tackled tonight. Come with a hot topic or scenario to add to the lottery pool and with that passion for which you are known!

**FACILITATORS:** Michele Grant has been involved in Manitoba's early childhood community for many years as an early childhood practitioner, centre director, adult educator and volunteer. She is a past board member of both the MCCA and the CCCF and is a founding member and past chairperson of the MCCA Ethics Committee.

**Barbara Wierckx** is an ECE III, has served children in many capacities over the years, both within and outside of the Early Childhood field. Barb highly values quality of life and her main goal is to help equip children to live long, healthy, happy lives. Barb is also a facilitator for Handle With Care and Active Start workshops.

LOCATION: MCCA  
2nd floor, 2350 McPhillips St.  
Located in the Royal Bank building on the  
corner of Court Ave. & McPhillips St.

COST: \$45.00  
\$90.00  
MCCA Member  
Non-member

## Analyzing And Improving Program Spaces - SECD

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ANA – 001

November 5 – 25, 2020

This online workshop is another joint offering between the Manitoba Child Care Association and Red River College's Science of Early Child Development project. These highly popular workshops offer a variety of content (videos, readings, links, reviews, discussions). The content is from the **Science of Early Child Development (SECD)**. Professionals and students around the world use SECD's engaging, multimedia resources to learn more about the impact of the early years on lifelong health and wellbeing. (In Manitoba go to: [mb.scienceofecd.com](http://mb.scienceofecd.com))

This action oriented workshop describes a variety of approaches to curriculum and issues related to indoor and outdoor program spaces. Participants will:

- Document and analyze (through photos and other means) aspects of their own program settings that are successful
- Describe and document an area to modify and improve
- Share this information to get input and learn from others and thereby get inspired to make enhancements
- Implement and evaluate their proposed changes

*N.B. This is equivalent to for 9 hours of professional development. Participants should have a reliable internet connection and be comfortable reading and writing in English.*

**When registering, please provide the email of the person who will be participating in the workshop not the centre email.**

**FACILITATOR:** Each SECD online workshop is facilitated by an RRC ECE instructor or an ECE practitioner, each of whom brings a wealth of knowledge and experience in the childcare sector. The facilitator oversees each workshop by welcoming, orienting and guiding participants.

COST: \$95.00 MCCA Member  
\$190.00 Non-member



## Caring For Your Aging Parents

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**CAR – 001**

**Thursday, November 5, 2020**

**6:30 pm – 8:30 pm**

As we start to age, this means that our parents are aging as well. Do you have parents who are moving on to a different stage in their life, do they need some services to assist them? Are you knowledgeable about what services are out there for them? Do you know about the different living situations your mom, dad or both might be able to access? There is so much information out there and this workshop will give you a starting point and some resources. Join Jamie Kinaschuk, a registered social worker who works at A & O: Support Services for Older Adults Inc. who will provide us information about what services are available. You will also have an opportunity to ask some questions.

**FACILITATOR:** Jamie Kinaschuk has worked at A & O Support Services for Older Adults Inc. for the past 13 years as a Social Worker. He brings with him a great deal of education and experience working with older adults and their families. In addition to his Bachelor of Social Work degree and Bachelor of Arts, majoring in Conflict Resolution Studies and Sociology, Jamie also possesses the Advanced Certificate in Gerontology from the University of Manitoba's Continuing Education department. When not working in a social work capacity, Jamie volunteers with Palliative Manitoba and Caregiving with Confidence (formerly Rupert's Land Caregiver Services) where, for the past 15 years he has facilitated their support group for caregivers of the elderly.

<b>LOCATION:</b>	MCCA 2nd floor, 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	<b>COST:</b>	\$30.00 \$60.00	MCCA Member Non-member
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## Child Care From Your Heart

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**CHI – 001**

**Saturday, November 7, 2020**

**9:30 am – 11:30 am**

Are you passionate about your work with children? Do you truly believe that you are here for the children?

Join Marilyn for a discussion on what it really means to provide early learning and child care from your heart. Putting the needs of the children first and learning about their personalities and thoughts should always be the priority but sometimes we get caught up in rules, routines, maintenance of spaces and our own thoughts and needs. We'll talk about how you can reset your thinking and really get back to what's important. We'll discuss some key virtues that can help to guide your practice and help you to reconnect with your own core values. Let's find ways to really connect with the children in your care and develop strong, trusting relationships and really put your heart into your work.

**FACILITATOR:** Marilyn Valgardson is the Executive Director at Assiniboine Children's Centre. She is committed to caring for children from her heart and is excited to help you do so too!

<b>LOCATION:</b>	MCCA 2nd floor, 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	<b>COST:</b>	\$40.00 \$80.00	MCCA Member Non-member
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# **Understanding & Supporting Challenging Behaviours Through Relationship Building**

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**UND – 001**

**Monday, November 9, 2020**

**7:00 pm – 8:30 pm**

In this workshop participants are asked to think about what ‘challenging’ means to them. In the field, we often seek strategies to deal with what we find challenging but many who have been in the field for years know that what might work one day, may not work the next. In this workshop educators will be given a variety of strategies but also asked to critically reflect on what their expectations are and how shifting the narrative of those expectations might help the most in choosing more connection-based approaches instead of correction based approaches.

**FACILITATOR:** Ana Valle Rivera is an ECE, Special Needs and Infant Toddler Educator, Contract Instructor and Facilitator. Raised in a large and lively family in East Vancouver BC, Ana knew her life's purpose was working with children. She began working in the childcare field in 2007. Since earning a Diploma in ECE, Special Needs and IT Education (2010), she has worked with children of all ages with different developmental needs in various childcare settings. Ana is currently completing a degree in Child and Youth Care with a Specialization in Early Years. Ana is a parent and a children's book author. Ana is the Owner and Founder of Early Years Workshops and Training. Ana has made it her mission to share her passion and knowledge of Early Years through creating and facilitating her own workshops and writings.

**WORKSHOP DELIVERY:** ZOOM



**COST:** \$30.00 MCCA Member  
\$60.00 Non-member

## **Self Care Strategies For ECES**

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**SEL – 001**

**Saturday, November 14, 2020**

**10:00 am – 11:30 am**

In this workshop participants explore self reflection, critical reflection, intuition, advocacy, and self compassion to care for themselves better. Working in ECE is stressful and tiring work especially during the COVID 19 pandemic. When those in caring fields neglect to care for themselves, they run out of energy to do the work they do. It is important for educators to focus on self care to avoid burning out in the long run. In this workshop participants will be able to share what works for them but also be given strategies of what might help them in their self care journey.

**FACILITATOR:** Ana Valle Rivera is an ECE, Special Needs and Infant Toddler Educator, Contract Instructor and Facilitator. Raised in a large and lively family in East Vancouver BC, Ana knew her life's purpose was working with children. She began working in the childcare field in 2007. Since earning a Diploma in ECE, Special Needs and IT Education (2010), she has worked with children of all ages with different developmental needs in various childcare settings. Ana is currently completing a degree in Child and Youth Care with a Specialization in Early Years. Ana is a parent and a children's book author. Ana is the Owner and Founder of Early Years Workshops and Training. Ana has made it her mission to share her passion and knowledge of Early Years through creating and facilitating her own workshops and writings.

**WORKSHOP DELIVERY:** ZOOM



**COST:** \$30.00 MCCA Member  
\$60.00 Non-member

# Thinking About The Complexities Of Truth And Reconciliation

THK – 001

Monday, November 16, 2020

7:00 pm – 8:30 pm

In this workshop participants will hear from Jade Brass who is from Treaty 4 and the Anishinaabeg people. Jade will share aspects of her culture and speak from her truths and her perspectives as an advocate. Jade will go over the complexity of truth and reconciliation, what it means and how to go about exploring ‘reconciliation.’ Ana will speak with a social justice perspective about what it means to be an ally and stand in solidarity within the Indigenous community. The purpose of this workshop is not to offer a recipe for reconciliation or provide absolute truths. The purpose of this workshop is to inspire new ways of thinking. This includes thinking within and thinking beyond ourselves to think about how to meaningfully build connections with Indigenous children, families and people we work with.

**FACILITATORS:** **Ana Valle Rivera** is an ECE, Special Needs and Infant Toddler Educator, Contract Instructor and Facilitator. Raised in a large and lively family in East Vancouver BC, Ana knew her life's purpose was working with children. She began working in the childcare field in 2007. Since earning a Diploma in ECE, Special Needs and IT Education (2010), she has worked with children of all ages with different developmental needs in various childcare settings. Ana is currently completing a degree in Child and Youth Care with a Specialization in Early Years. Ana is a parent and a children's book author. Ana is the Owner and Founder of Early Years Workshops and Training. Ana has made it her mission to share her passion and knowledge of Early Years through creating and facilitating her own workshops and writings.

**Jade Brass** Anin nitisinhkas Jade Brass nitonci The Key iskinokanir Treaty four. Coast Sallish Territory known as Vancouver ndidaa. I have just completed the Aboriginal Early Childhood Education Diploma program at Native Education College and I will be continuing my studies this fall at UBC to obtain my bachelor of Indigenous education. I work at Langara Child Development Centre and East Side Family Place and I love how the centres connects families with community. As an Indigenous woman my goal is to continue to be a positive role model in our community and do this work for our children and our unborn babies.

WORKSHOP DELIVERY: ZOOM



COST: \$35.00 MCCA Member  
\$70.00 Non-member

## ZOOM WORKSHOPS

When signing into your Zoom workshop ensure that you rename your device with your first and last name. Someone else's name or iPhone/iPad does not tell us who you are and you will not be checked off on the attendance or provided with a workshop certificate.

# Strategic Planning For Anti-Bias Education

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STR – 001

Tuesday, November 17, 2020

10:00 am – 11:30 am

This session, designed for program leaders, directors, supervisors and mentors, will examine how to strategically plan and implement anti-bias change in your program. This process involves gathering a baseline understanding of your context, analyzing strengths and resources, as well as obstacles and barriers, identifying and implementing anti-bias goals and monitoring progress. Practical strategies and tools for developing program culture, working with staff, teachers and families will be shared.

**FACILITATOR:** Debbie LeeKeenan is a Lecturer, Co-Author of *Leading Anti-bias Early Childhood Programs: A Guide for Change*, and former director of the Eliot-Pearson Children's School at Tufts University. In addition she has been a member of the early childhood faculty at Lesley University in Cambridge, MA. and the University of Massachusetts in Amherst. She consults widely, locally, nationally and internationally. Debbie's recent publications include *From Survive to Thrive: A Director's Guide for Leading an Early Childhood Program* as well as chapters and articles in *Young Children*, *Child Care Exchange*, *Voices of the Practitioner*, *Theory into Practice*, the first edition of *The Hundred Languages of Children*, and *Proactive Parenting: Guiding Your Child from Two to Six*. She holds a Master's Degree in Education from the University of New Mexico. Her areas of expertise include anti-bias education, early childhood education, teacher preparation, inclusive special education, project based learning, teacher inquiry, family engagement, professional learning communities and public school partnerships. She is a former preschool and elementary school teacher. Past professional experience includes over 48 years of teaching in diverse university, public schools, and early childhood settings in Massachusetts, New York City, New Mexico, Philadelphia and Taiwan. Debbie has received numerous awards for her diversity work. Debbie recently moved to Seattle, WA. to be an active grandparent. More information can be found on her website <http://www.antibiasleadersece.com>.

WORKSHOP DELIVERY: ZOOM



COST: \$35.00 MCCA Member  
\$70.00 Non-member

## First Friends - Developing Empathy And Building Peer Relationships In The Early Years

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FIR – 001

Wednesday, November 18, 2020

6:30 pm – 9:00 pm

This workshop is geared to those working with children from 0-5 and will provide information, practical tools, hands-on activities and group work to share ideas and challenges in how to best support emerging social-emotional skills using literacy strategies in early learning environments.

*Content includes:*

- Supporting the building of respect and development of empathy in preschoolers
- Sharing concepts of friendship in the early years: how to make a friend, having fun with friends, including friends, playing with friends etc
- Discussing how caregivers can nurture and model behaviours that will facilitate this process
- Literacy extension ideas that can support the social aspect of early childhood
- Provision of a suggested book list with titles that incorporate empathy and friendship concepts

**FACILITATOR:** This workshop will be presented by a Bookmates Facilitator. Bookmates is a non-profit organization based in Winnipeg with over 33 years' experience developing and delivering family literacy training. Bookmates' trainings are created with the goal of enhancing pre-school children's development and learning capabilities to help prepare them for success as they enter the school years.

LOCATION: MCCA

2nd floor, 2350 McPhillips St.

Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$40.00 MCCA Member

\$80.00 Non-member

## Be The Peace In The Chaos - (2 Parts)

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BTP – 001

Thursday, November 19, 2020 (Part 1) &

Thursday, November 26, 2020 (Part 2)

7:00 pm – 8:30 pm

With so much violence, uncertainty and confusion in the world, achieving peace and harmony can seem impossible. Each of us has the choice to live in pieces or in peace. When we understand that peace is determined by our internal attitude, we can co-create peace in our little piece of the world with the choices we make in each moment. Be the Peace in the Chaos provides you with simple techniques to journey from fear, anger, anxiety, stress, etc. to live with joy, bliss, peace and harmony in each moment. Each of us has a role to play for peace and harmony in our world. As childcare educators, your peaceful presence can impact the children in your care for a lifetime.

Attend this workshop Be the Peace in the Chaos and make a difference not only in your life but in the lives of those in your influence, family, friends, co-workers and children in your care. You will develop an action plan to implement concepts learnt that fits into your life, discuss any challenges and determine solutions that are best for you.

Session 1: **Tara's signature system: Intention to Transformation:** Simple yet effective techniques to journey from pieces to peace.

Session 2: **Thoughts to Destiny:** Learn the power of thoughts, words and actions to co-create the life you want and make a difference in the lives of the children in your care.

**FACILITATOR:** Tara Maniar is a Certified Chakradance™ Facilitator; International Speaker, Workshop and Meditation Facilitator; Spiritual Life Coach; Writer and living Shakti. She guides individuals to discover and transform their inner turmoil and challenges to enlightened possibilities and live the wisdom of their truth. Tara brings compassion, wisdom, intuition, honour, humility and enthusiasm to group and individual sessions. She supports and empowers the participant in the discovery of their own truth, purpose and joy. Tara has a passion for working with individuals who want authentic relationships with self, others and the environment to live from their best selves at home, work and leisure.

For more information on tara and the services she provides, please go to [www.taramaniar.com](http://www.taramaniar.com)

WORKSHOP DELIVERY: ZOOM



COST: \$70.00 MCCA Member  
\$140.00 Non-member

# Setting Up ECE Environments For Success

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**SET – 001**

**Saturday, November 21, 2020**

**10:00 am – 11:30 am**

Inspiration comes in many forms. Discover how to offer opportunities for children and families to explore your learning environment. How can we as educators bring nature into our spaces, include recyclable materials in our room set up, create everything from quiet areas that support emotional development to messy sensory fun. Have you ever tried putting together a construction zone for large motor play? We will also discuss evaluating your program and potential changes that could be made to layouts as well as recognizing the important role documentation plays in ECE programs.

**FACILITATOR:** Julie Hansen became an Early Childhood Educator in the year 2000. Since then, she has gained experience in a variety of areas within the field of Early Childhood Education: director of a preschool, supervisor of after-school care as well as 3-5 and Infant Toddler programs. Her primary focus has evolved to encompass team leadership, management training and program development. She has had articles published in provincial and national ECE journals on the topic of emergent curriculum and leadership. Julie's goal as an Early Childhood Educator and facilitator is to support fellow educators and early years professionals in providing high quality early learning experiences for children and families.

**WORKSHOP DELIVERY:** ZOOM



**COST:** \$35.00 MCCA Member  
\$70.00 Non-member

# Exploring Social And Emotional Competence In Educators

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**ESA – 001**

**Tuesday, November 24, 2020**

**7:00 pm – 8:30 pm**

Educators understand the importance of social and emotional competence for children but in the beautiful words of Dr. Brené Brown, we can only love others as much as we love ourselves and we can only have as much compassion for others as we have for ourselves. Dr. Brené Brown and Dr. Vanessa Lapointe are psychologists who have asked us to have the courage to reflect on ourselves to better understand our own biases to caregiving. We each have our own triggers and bring to our practice pieces of how we were raised. Let's talk about these things together and connect to early years in a safe, supportive and compassionate way.

**FACILITATOR:** Ana Valle Rivera is an ECE, Special Needs and Infant Toddler Educator, Contract Instructor and Facilitator. Raised in a large and lively family in East Vancouver BC, Ana knew her life's purpose was working with children. She began working in the childcare field in 2007. Since earning a Diploma in ECE, Special Needs and IT Education (2010), she has worked with children of all ages with different developmental needs in various childcare settings. Ana is currently completing a degree in Child and Youth Care with a Specialization in Early Years. Ana is a parent and a children's book author. Ana is the Owner and Founder of Early Years Workshops and Training. Ana has made it her mission to share her passion and knowledge of Early Years through creating and facilitating her own workshops and writings.

**WORKSHOP DELIVERY:** ZOOM



**COST:** \$30.00 MCCA Member  
\$60.00 Non-member

# Helping Children Create Positive Food Stories

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HLP – 001

Wednesday, November 25, 2020

6:30 pm – 8:30 pm

Everyone has their own individual food story, something that guides our food choices throughout our lives and may evolve with time and experience. In this virtual workshop, you will learn how to use four ingredients to make a difference in the food stories of the children you work with by exploring:

- How to talk about food with children
- How to approach food from home
- Solutions to picky eating
- How to apply these concepts through food-related activities

Join this workshop if you're looking for new and helpful ways to support children in becoming competent, happy and curious eaters. We will also be sharing recipes, activities, resources, and much more!

We are able to offer this workshop at a low cost as Nüton does not charge MCCA a fee.

**FACILITATOR:** Tressa Beaulieu is a proud Métis woman and Registered Dietitian. She currently works as a nutrition educator with Nüton, a team of registered dietitians who provide training and nutrition programs to Manitoba educators so they can help kids feel comfortable around food and eating. Her area of expertise is early childhood where she aims to inspire educators to have a positive impact on kids' food journeys using experience-based learning to discover and explore a variety of foods.

WORKSHOP DELIVERY: ZOOM



COST: \$20.00 MCCA Member

\$40.00 Non-member

# **Helpful Strategies In Managing Stress & Anxious Feelings In Children**

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**HSI – 001**

**Wednesday, December 2, 2020**

**6:30 pm – 8:30 pm**

This workshop would explore why some children are more anxious than others, and discuss the many helpful strategies that adults can use to reduce anxiety and anxious feelings in young children including building courage, reframing, scaffolding, managing expectations, routines, role-modelling, problem-solving, self-expression, calming strategies, physical environment and physical activity, etc.

**FACILITATOR:** **Laurie McPherson** RPN MSc has over 30 years' experience in the mental health field with a focus on mental health promotion and family well-being. Laurie completed a Bachelor of Arts Honours degree from the University of Winnipeg majoring in Sociology and a Master of Science degree from the University of Manitoba in the Department of Family Social Sciences.

Laurie's work experience includes a variety of roles at the Canadian Mental Health Association and over 13 years with Winnipeg Regional Health, most recently as program manager of the Mental Health Promotion program. She has specialized training in cultural safety, mindfulness, resilience, perinatal mental health and psychological health & safety in the workplace.

Laurie now works as a private consultant based out of Winnipeg, Manitoba. Laurie has a passion for working with organizations and groups to increase personal and organizational capacity for supporting positive mental health within families and communities. As the mother of three adult children, and Nana to one grandchild, Laurie appreciates the challenges and joys of parenting and loves to support families and caregivers on the journey.

<b>LOCATION:</b>	MCCA 2nd floor, 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	<b>COST:</b>	\$40.00 \$80.00	MCCA Member Non-member
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# Exploring Professionalism, Advocacy & Qualities of Professional Educators

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EPA – 001

Tuesday, December 8, 2020

7:00 pm – 8:30 pm

In this workshop participants get to explore what their image of the educator is and what it means to be a professional in the field. We are constantly saying we are not babysitters. We do important work and we are the backbone of the economy. Let us think about ways in which we can support each other from a strength-based and solution-based perspective to think about ways to advocate for the children, families and the profession we love so much.

**FACILITATOR:** Ana Valle Rivera is an ECE, Special Needs and Infant Toddler Educator, Contract Instructor and Facilitator. Raised in a large and lively family in East Vancouver BC, Ana knew her life's purpose was working with children. She began working in the childcare field in 2007. Since earning a Diploma in ECE, Special Needs and IT Education (2010), she has worked with children of all ages with different developmental needs in various childcare settings. Ana is currently completing a degree in Child and Youth Care with a Specialization in Early Years. Ana is a parent and a children's book author. Ana is the Owner and Founder of Early Years Workshops and Training. Ana has made it her mission to share her passion and knowledge of Early Years through creating and facilitating her own workshops and writings.

WORKSHOP DELIVERY: ZOOM



COST: \$30.00 MCCA Member  
\$60.00 Non-member

## 6 Steps For Increasing Engagement In Team Members

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SSF – 001

Wednesday, December 9, 2020

9:00 am – 12:00 pm

We all must work in teams, one way or another. The interdependence of our roles can lead to problems in the work environment. In this session, you will determine the areas of conflict in your workplace and create a plan to repair the damage, restoring respect, equality, and accountability. You will explore the effects of personal differences on relationships and gain strategies to help your employees build interpersonal skills, helping your team members bring out the best in themselves and each other.

**FACILITATOR:** Treena Chabot, CPHR is author of MeYouQ: Life-Changing Protocols for People Leaders and a CMHA Certified Psychological Health & Safety Advisor. Treena believes the key to workplace engagement and satisfaction is ensuring supervisors build positive relationships with ALL employees. Prior to starting her own consulting company, TREE for Supervisors, Treena was a Business Administration Instructor for 18 years.

WORKSHOP DELIVERY: ZOOM



COST: \$40.00 MCCA Member  
\$80.00 Non-member

# **FALL 2020 PROFESSIONAL DEVELOPMENT WORKSHOPS**

## **REGISTRATION PROCEDURES & POLICIES**

- You must be a personal member of MCCA to qualify for member pricing. To confirm your membership number check your card or ask your director.
- Please check our website to see which workshops are full or have been postponed/cancelled.
- Your registration will not be processed unless we have received your completed registration form detailing sessions you would like to be registered for with payment enclosed. We do not invoice for workshops.
- Telephone, faxed registrations and post dated cheques will not be accepted.
- Registration deadline is one day prior to each session unless otherwise indicated.
- Methods of Payment:  
Cheque, Visa, MasterCard are accepted. Interac is available for in person registration. If paying by cheque, mail your registration and payment to:

**Manitoba Child Care Association  
2nd Floor, 2350 McPhillips Street  
Royal Bank Building  
Winnipeg, Manitoba R2V 4J6**

If you are paying by credit card then you must register online. Go to [www.mccahouse.org](http://www.mccahouse.org) and click on the professional development button and then select workshops, and then click on the link for online registration. Please use Chrome/Firefox as your browser and use a computer, not a cell phone.

- Receipts will be emailed.
- If you are unable to attend a workshop that you have registered for and would like to send someone in your place (must be from the same centre and must be replacing a member) email Dianne Jones-Pearson before 3:00 pm prior to the workshop at [djonespearson@mccahouse.org](mailto:djonespearson@mccahouse.org). Dianne's direct line is 204-336-5065.
- We require the name of the replacement so that a participant certificate can be prepared for the new person attending.
- Any substitutions made after 3:00 pm prior to the workshop will require a \$7.00 payment (to be paid at workshop) for a replacement certificate.
- Refunds will not be issued for missed workshops.
- To replace a "Certificate of Participation" the cost is \$7.00.
- You will receive a certificate of participation on the day of your workshop (in person) and mailed for Zoom workshops.
- Mark the workshops you have registered for on your calendar as we will not call or send out reminders.
- If enrollment for any workshop is insufficient, MCCA reserves the right to cancel or reschedule it. In such instances, registrants will be notified and the fee refunded.
- In the event that weather prevents a participant (from outside of Winnipeg) from attending a workshop, a workshop credit will be granted if Environment Canada has recommended that a specific highway not be travelled on or is closed. A workshop credit allows the transfer of money from one workshop towards a future workshop and must be used in the same workshop series.
- If a workshop is cancelled due to weather, we will call to advise you the workshop is cancelled.
- We reserve the right to change the workshop location or to change from in-person to Zoom delivery. Registrants will be notified by phone or email.