

*Manitoba Child Care Association
presents*



*June Zoom
Workshops*

Please read over the policies and procedures before registering.

Policies and Procedures

- To qualify for the MCCA rate, members must have their own **individual** memberships. A centre membership is not transferable to a staff.
- When registering, please ensure you include the participant's email, not the centres. The email address of the person registering will be the address that MCCA sends handouts, Zoom invite, workshop survey and the participation certificate.
- Participants should be knowledgeable in using zoom and will require a camera on their computer/iPad or tablet/smart phone. There will not be someone to troubleshoot if participants are having difficulties.
- Registrants will be sent a Zoom link 24 hours before the event.
- Prior to the Zoom workshops beginning, participants will wait in the "waiting room".
- Participants will mute their microphones and to improve the quality of the meeting, video should be muted. Participants will ask questions by typing them in the chat function.
- The Zoom workshops will be 1.5 hours in length and held in the evening.
- Workshop capacity for the Zoom workshops is 20 - 35 participants. There is a minimum of 15 registrations per workshops for the workshop to take place.
- Once you are registered for the workshop, there are no refunds and no substitutions. Non-attendance does not qualify for a refund.
- Workshop payment is by credit card only as we are not accepting cheques or in person registration due to the pandemic. Receipts will be emailed.
- After the Zoom workshops, participants will be emailed a link to a survey monkey to complete an evaluation.
- There will be a link on MCCA's website - workshop page to click on to register.

Questions regarding online registration, contact Dianne at djonespearson@mccahouse.org or 204-336-5065.

Questions about the professional development, contact Karen at kkowalski@mccahouse.org or 204-336-5062.

Reggio Beyond Pinterest: Creating a Personal Pedagogy and Moving Beyond the Aesthetics

REG-001

Tuesday, June 2, 2020

7:00 pm – 8:30 pm

This workshop is designed to empower early learning and childcare professionals to take ownership in their practice and recognize the underlying theories that uphold these actions. We begin with a brief introduction to the Reggio Emilia approach and continue to look more closely at the idea of “The Image of the Child” as a framework for our own values-based pedagogy. We will practice looking beyond the aesthetics to identify the drivers behind pedagogical choices. Participants will be guided through a social constructivist, Reggio-inspired framework of critical thinking, collaboration, and creativity to discover more about their own guiding principles. We will make goals and think of small and big changes participants can make to closer align their practice with their beliefs about children, childhood and learning. Participants will leave feeling confident, clear in their purpose and full of new ideas.

Facilitator: **Karen Begley** supports and empowers educators to feel fantastic about the work they are already doing by making connections between their underlying values, everyday programming, and pedagogical theory. Her playful style makes for interactive workshops that generate new ideas and increase participants’ confidence and competency to bring practical and enriching experiences to the children in their care.

Cost: \$25.00 MCCA Members \$50.00 Non-members

Fry No More - Resilience Strategies for Stress, Uncertainty & Positive Mental Health

FRY – 001

Thursday, June 4, 2020

7:00 pm – 8:30 pm

Please note this workshop was first presented in May, the evaluations were so wonderful we brought it back in June for more people to experience.

Life is full of adjustments and this current time is one of our greatest examples. We all want to navigate this new normal as best as we can. We can use this time as an opportunity to learn new skills and strategies that protect our mental health. This skill-building workshop is focused on strategies for increasing resilience, managing the body’s stress response and breaking the burnout cycle. From the best of neuroscience, learn the practical and portable skills for those that want to better understand resilience and change small habits that have immediate positive impacts on our energy, productivity and joy.

In this interactive and dynamic workshop, participants will learn:

- Brain secrets for stress resiliency

- How to kick the worry habit that comes with uncertainty
- Practical ways to incorporate mindfulness into your day
- The shift from work-life balance to work-life boundaries (and how to do this in a work-from-home environment)
- Top strategies and everyday actions for positive mental health

Presenter: **Shannon Gander** is a Mental Health and Resiliency Strategist. She is a skilled consultant, trainer, counselor and mediator who has been consulting with individuals, workplaces and teams for over 20 years. She is the Director of Life Work Wellness, a company that empowers individuals and workplaces to achieve their goals for better mental health. Shannon has worked with multiple clients over the years whose stress level has impacted their ability to work and has contributed to short and long-term disability. She has a passion teaching skills that mitigate stress and help people prevent burnout. She also demonstrates how everyone can contribute to healthy organizational culture. Shannon's dynamic background in counselling and workplace interventions help her to bring mental health and wellness topics to life in a way that is authentic and helpful teaching participants skills to apply right away and into the future in all areas of life.

Cost: \$25.00 MCCA Members \$50.00 Non-members

Word Choice Matters: Growth Mindset and the Early Years

WOR-001

Monday, June 8, 2020

7:00 pm – 8:30 pm

The language we use with children reflects the values and beliefs we hold. Children mirror our language. The way we speak impacts the way we think. When we use the intentional language of possibility and growth, children and staff have the ability to strengthen their mindset, confidence, and social-emotional development. In this session, Karen shares research and strategies to support staff in empowering young learners through shifting mindset and language. We will discuss practice strategies, activities, and key phrases that strengthen a growth mindset. Participants will leave feeling empowered, excited, and with concrete ideas to act on right away in their practice.

Presenter: **Karen Begley** supports and empowers educators to feel fantastic about the work they are already doing by making connections between their underlying values, everyday programming, and pedagogical theory. Her playful style makes for interactive workshops that generate new ideas and increase participants' confidence and competency to bring practical and enriching experiences to the children in their care.

Cost: \$25.00 MCCA Members \$50.00 Non-members

Strategies for Creating a Cohesive Team Culture (this workshop is geared to those in leadership/management positions)

STR – 001

Wednesday, June 10, 2020

7:00 pm – 8:30 pm

Establishing strategies that support a cohesive team culture is an essential part of management. Gain a clear understanding of each team members' communications style. Create individual and program goals, develop a team mission statement and learn the importance of setting aside time to connect with each team member. Understand the power of reflection and the importance of acknowledging team effort on a regular basis. These are all effective management strategies that support teamwork.

Presenter: Julie Hansen became an Early Childhood Educator in the year 2000. Since then, she has gained experience in a variety of areas within the field of Early Childhood Education: director of a preschool, supervisor of after-school care as well as 3-5 and Infant Toddler programs. Her primary focus has evolved to encompass team leadership, management training and program development. She has had articles published in provincial and national ECE journals on the topic of emergent curriculum and leadership. Julie's goal as an Early Childhood Educator and facilitator is to support fellow educators and early years professionals in providing high quality early learning experiences for children and families.

Cost: \$25.00 MCCA Members \$50.00 Non-members

Connections in Nature for All Children

CON-001

Monday, June 15, 2020

7:00 pm – 8:30 pm

Developing a connection with nature is an integral piece of childhood. Through interactions with the natural world, children develop a sense of wonder, calm, joy, and fascination. In this session, Karen shares her experiences in play-based learning with children of all ages. We will discuss ways of moving past challenges, engaging stakeholders, and exploring simple and meaningful open-ended play ideas and learning invitations that bring children outside and bring nature in. Participants will leave with a nature play idea kit filled with strategies and inspiration, including ideas that require little to no preparation or materials and ideas that include Aboriginal perspectives and understandings.

Presenter: Karen Begley supports and empowers educators to feel fantastic about the work they are already doing by making connections between their underlying values, everyday programming, and pedagogical theory. Her playful style makes for interactive workshops that generate new ideas and increase participants' confidence and competency to bring practical and enriching experiences to the children in their care.

Cost: \$25.00 MCCA Members \$50.00 Non-members

Positive Pathways – Literacy Strategies to Promote Resilience in Early Childhood

POS– 001

Tuesday, June 16, 2020

7:00 pm – 8:30 pm

This workshop focuses on providing resources, tools and strategies in regards to promoting a positive emotional foundation for those working with the birth to 6 age group in a family literacy setting. Content includes:

- What neuroscience says about early childhood brain development and resiliency
- Emotional health and well-being challenges in our preschool age population – with a particular focus on supporting our children during times of potential stress such as we are currently experiencing in regards to the COVID-19 pandemic
- A gathering of strategies designed to enhance mental wellness and resiliency in a family literacy context (for example building language to express emotional needs, using stories to provide context, setting up the early childhood learning environment to address all learning styles, using a child-led philosophy, etc.)

Presenter: This workshop will be presented by a Bookmates Facilitator.



Cost: \$25.00 MCCA Members \$50.00 Non-members

Engaging Program Activities for Infants and Toddlers

ENG– 001

Wednesday, June 17, 2020

7:00 pm – 8:30 pm

Incorporating new activities and experiences based on children’s interests and needs can be a challenge in infant and toddler settings. Discover how one source of inspiration can inspire activities in your program. Learn great ideas for adding interactive, creative hands on learning opportunities for infants and toddlers.

Presenter: **Julie Hansen** became an Early Childhood Educator in the year 2000. Since then, she has gained experience in a variety of areas within the field of Early Childhood

Education: director of a preschool, supervisor of after-school care as well as 3-5 and Infant Toddler programs. Her primary focus has evolved to encompass team leadership, management training and program development. She has had articles published in provincial and national ECE journals on the topic of emergent curriculum and leadership. Julie’s goal as an Early Childhood Educator and facilitator is to support fellow educators and early years professionals in providing high quality early learning experiences for children and families.

Cost: \$25.00 MCCA Members \$50.00 Non-members

If you haven't heard Deri speak before here is your chance!

Re-Think; Re-Do; Re-Wire; Repeat

RET-001

Wednesday, June 24, 2020

7:00 pm – 7:45 pm



Join us as we close our June Zoom workshop series with this Live Remote Keynote with **Deri Latimer** BMgt (HR) CSP, TEDx Speaker, Author and Organizational Consultant.

Learn how to change your habits and shift your experience of life, no matter what is thrown your way!

You don't want to miss this one!

Cost: \$25.00 MCCA Members \$50.00 Non-members

Online Board Governance

Now is a great time to get your Board of Directors to complete the online Board Governance training.

MCCA worked with People First HR Services to develop **The Basics of Effective Board Governance: An Online Board Orientation Resource for Early Learning & Child Care Centres.**

This training series provides information to assist the board of directors in understanding their *roles and responsibilities, accountability, authority* and how to conduct *effective meetings*. The governing board is the legal entity and authority for a not for profit child care centre. It is accountable for the proper conduct of the centre's business and for all aspects of the centre's programs, staff and funds.

Each of the three modules is approximately 30 minutes and are designed to help both board members and the centre administrator(s) to understand their governance responsibilities individually and as an organization.

How do I register?

To register, visit <http://mccahouse.org/board-governance-2/> Once registered, you will receive a link from People First HR with the login instructions. The link will only be active for three months. You will receive weekly email reminders to complete the course.

Who do I register?

Each centre board member and the centre administrator(s) should register separately to maximize the learning opportunity. The director/chairperson can register everyone at once and add each individual's email address.

How do I use it?

Each module has a number of activities/quizzes which can be used to encourage group discussions and enhance the educational experience.

Upon completion of all three modules, the system will generate a certificate of completion for each participant who has completed the course. MCCA will email the certificates to centres for distribution to participants. **Each individual person needs to complete all three modules using their personal login access to receive a certificate.**

What is the cost?

The Online Board Governance Orientation is part of Manitoba's Action Plan, under the Canada-Manitoba Early Learning and Child Care Agreement. As such, subsidy is available for licensed not for profit facilities in Manitoba. Each centre will receive a subsidy of \$420 (to cover 12 registrations). Centres that have affiliate licenses, will receive an additional \$70/license (to cover 2 more registrations).