**Submitting a photo for Child Care Bridges?**



**Please keep the following in mind:**

* **When taking the picture make sure the camera is set on the highest resolution**
* **Take the photo as large as you can and save it that way, it is easier for us to shrink a photo then to stretch a one by one inch photo, it will become blurry**
* **Image needs to be a minimum of 300 dpi (dots per inch) 600 dpi is the best**
* **If the photo is blurry when you send it to us it will be blurry when we publish it**
* **You may need to edit the photo before you send it to us, for example get rid of red eye, you might want to crop the photo**
* **Pictures of people engaged are better than pictures of things**
* **Save the photo as a jpeg and send it as an attachment, don’t insert it into an article or into the body of an email**
* **Before you send the photo to MCCA print it off and check to see how it looks**
* **If you are submitting a photo of someone to appear in Bridges, then ensure that you have permission to include their photo into Bridges**
* **When emailing the photo, don’t forget to include a cutline of who and what the photo is about**
* **Email your photos to Karen Houdayer at** [**khoudayer@mccahouse.org**](mailto:khoudayer@mccahouse.org)