



Manitoba Child Care Association

2015 FALL Workshop Brochure

Professional Development

2350 McPhillips Street, 2nd Floor
Winnipeg, MB R2V 4J6
Located in the Royal Bank Building
(204)586-8587 or Toll Free 1-888-323-4676
Fax: (204) 589-5613 email: info@mccahouse.org

Visit us online at www.mccahouse.org



WHERE TO PARK?

There is no parking permitted in the Royal Bank Parking lot at any time (this includes evenings and Saturdays).

There is no parking allowed in the parking lot at the strip mall at 1021 Court. If you park there your vehicle will likely be towed.

Next to 1021 Court Medical Centre parking lot is a paid parking lot. It is \$4.00 for the whole day. So remember to bring loonies or toonies and purchase a ticket.

MCCA is not responsible for towed vehicles so ensure that you are parking in the paid parking lot or on the street.



WORKSHOP CERTIFICATES

When you attend a workshop you will receive a certificate of participation. Each certificate will have the amount of workshop hours on it to help you track your professional development hours.

We would like to remind you if you are sending a substitute for a workshop and we do not receive a phone call with the name of the substitute before 3:00 pm prior to the workshop it will cost \$5.00 to re-issue the certificate, the \$5.00 is payable at the workshop. The certificate will then be mailed to the participant. If a certificate is lost, a replacement certificate will cost \$5.00.

If you are substituting an individual you must call Dianne Jones-Pearson at MCCA (204-336-5065) or email her by 3:30pm at djonespearson@mccahouse.org.



FEELING UNDER THE WEATHER?

If you have flu like symptoms such as a fever, tiredness and a cough, we ask that you do not attend your workshop at MCCA to reduce the chance of infecting others. If you cannot attend a workshop (for whatever reason, illness or other) that you are registered for, there are no refunds but you can send a substitute in your place. Please refer to the workshop policies on page 26 for substitutions.

GETTING THE MOST OUT OF YOUR WORKSHOP

At MCCA we strive to provide our members with professional workshops that are relevant, presented by professionals, and offer some food for thought. We want your workshop experience to be an uplifting and valuable one so we have a few suggestions that can help you accomplish this.

Professional goals: Your fall issue of Child Care Bridges just arrived and you are looking over the workshop line up and deciding what workshops to take. What factors help you to decide what workshops to take? Do you have a goal to work on, are you looking for new ideas on a specific topic, or are you just filling professional development hours?

Arrive on time: Once you have signed up for a workshop, jot down the time and date on a calendar so you remember to attend your workshop and can ensure that you arrive before the workshop begins. MCCA does not send out reminders.

Venture out: So you have signed up for a workshop with your co-workers and you arrive at MCCA and find a table for all of you to sit at, but what about meeting some new people? People who work together over a period of time will usually have the same work philosophies, experiences, ways in which things get done, etc. How about spreading your wings and joining a table with people you don't know? This could be a great opportunity to share and network and who knows maybe you might even get a new idea or two.

Participate: If you have signed up for a workshop it is your obligation to fully participate in that workshop. This can be difficult after a long work day but you will only get out of the workshop what you put in. Sharing your experiences may provide someone else with a solution to a dilemma that they have encountered or maybe your story will give someone a boost, or just a much needed laugh.

Evaluate: In order to provide you with quality workshops MCCA needs your feedback. It is important for us to know what you thought about your workshop, the presenter, and what type of workshops you would like to see offered in the future. Please take the time to fill out your evaluation form at the end of the workshop and hand it in before you leave.

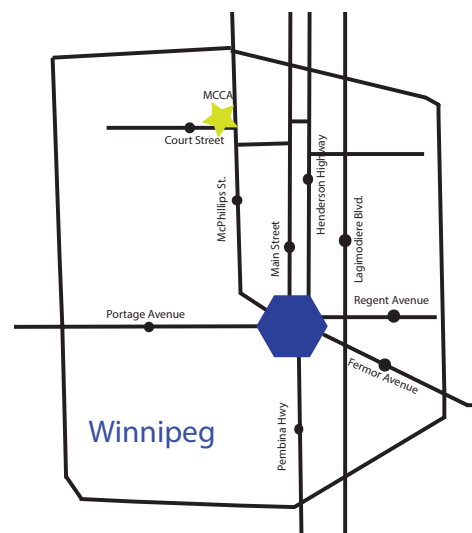
PAYING BY CREDIT CARD

If you are paying by credit card then you must use our online registration. Go to www.mccahouse.org, click on the professional development button, select workshops and then click on the link to access the online registrations. We will not accept faxed registrations for workshops.

If you are paying by cheque then fill out the registration form at the back of this brochure and submit it with your cheque and mail to MCCA.

Where to find us:

MCCA is located on the second floor of the Royal Bank Building on the corner of Court and McPhillips Street.



PROFESSIONAL DEVELOPMENT BROUGHT TO YOUR DOOR!

Are you looking for a workshop that would benefit your staff? Are you looking for some professional development for a staff meeting or a staff retreat? Have you attended a workshop and wished your entire staff heard the same message? If you answered yes to any of these questions then perhaps we have the solution. You can now contact MCCA to arrange for your personalized professional development or perhaps you want to share a workshop or seminar with another centre. This service is available to child care centres across the province.

Benefits of your own personalized pd opportunity:

- Everyone hears the same message
- Reduced cost – the cost to bring someone in for 35 people is cheaper than registering 35 people for a workshop
- Topic specific to your needs
- Flexibility with dates and times

MCCA has an extensive database of presenters, many of which have been presenting professional development for many years. Due to this consistent relationship with us, the presenters may be able to provide a discounted rate through MCCA. We have now booked workshops for over +20 child care centres in and outside of Winnipeg. Some of the popular topics have been MCCA's pedagogical workshops (learning stories, etc.), guiding children's behaviour, and respectful workplaces.

What do you need to do to book a workshop?

Contact Karen Houdayer at khoudayer@mccahouse.org and provide the following information:

- Topic you are seeking
- Number of staff that will participate
- Possible dates and times for your event
- Budget

What MCCA will provide:

MCCA will search our presenter database to match your topic & budget and we will provide the following:

- Initial contact of the presenter
- Contract with the presenter
- Organize audiovisual, handouts, etc.
- Invoice the centre
- Provide participation certificates for your staff
- Provide evaluation forms
- Payment of the facilitator

Cost for the service is dependent on length of event and number of attendees.

If you have questions or are interested in having MCCA book your next professional development event, contact Karen Houdayer at khoudayer@mccahouse.org or 204-336-5062 or toll free 1-888-323-4676 ext. 224

WATCH FOR THIS!



**IT MEANS THE WORKSHOP
LOCATION IS
NOT AT THE MCCA.**

**The Best Practices Licensing Manual recommends
24 hours of professional development
for Directors, ECEs, and CCAs.**

Welcome to the Fall Workshop Series

We are pleased to bring you this line up of workshops. There are 40 learning opportunities listed in this brochure. We are excited about all of the new workshops we have in these series and promise that there is something for everyone. Many of our fall workshops sold out so we have brought some of those back so that more people can experience those great workshops. If you can't find a workshop that you are wanting to attend and there are others at your program looking for the same thing check out the information on page 4 and we'll bring the professional development right to your door.

Before registering for a workshop please ensure that you read the entire description in the brochure as there may be a pre-requisite, items to bring, proper dress, and most importantly the date, time, and location of workshop. Many workshops in this series are being held at a location other than MCCA so watch for the hand symbol that is pointing out the workshop location.

Each workshop requires a minimum of 10 registrants in order for the workshop to take place, so please register early so that your workshop selection is not in jeopardy of being cancelled.

Prior to registering for a workshop please read over the Registration Procedures and Policies found on page 26 of this brochure. Manitoba has a fair share of snow in the winter. We do not cancel workshops due to snow and if you are out of town we caution you to remember that the road conditions can be unpredictable in the winter. If a workshop was to be cancelled we would send an email to the email address of the registration. If for some reason the workshop is cancelled the day of, then MCCA staff will call each registrant to advise them. You can always check our website for cancelled workshop.

Registering by cheque, then download the registration form and send it along with a cheque. Paying by credit card, then go to our website at www.mccahouse.org and click on the online registration button. Remember you must have Google Chrome or Firefox as your browser to ensure the online registration works for you.

If you have any questions concerning professional development, you can email Karen at khoudayer@mccahouse.org.

Karen Houdayer, Professional Development Manager

ETHICS WORKSHOPS INFO

The workshops in the ethics series are a unique set of workshops. Some things to keep in mind when registering for an ethics workshop:

- You must take the workshops in consecutive order beginning with Part I.
- If you took Part I prior to 2004 you may want to start over as Part I is now a 3 hour workshop and it would be a good refresher.
- There must be at least 6 months between the time you attended Part III and taking Part IV.
- It is a good idea to leave some time between workshops so that you have time to reflect and practice what you have experienced in the workshop.
- Before signing up for an Ethics workshop you should have worked at least 6 months to a year in the child care field to gain some experience, this applies to child care assistants as well as early childhood educators.

The ethics workshops are like any other workshop, know why you are signing up to take this workshop. If you are a director who is registering staff for the ethics workshop, make sure it is for the right reason, communication problems cannot be fixed by taking an ethics workshop.

The Ethics Workshops fill up very quickly. Once they are full, the workshop is placed on our full list and no further registrations are taken. If you register for multiple parts and do not attend the first part you registered for, you cannot attend the following part and you will forfeit both workshop fees. For eg. You register for Part II & Part III at the same time but do not attend Part II, you will not be able to attend Part III and you will not receive a refund for EITHER workshop. You may still send a substitute, but they must have previously attended the pre-requisite workshop and you need to call Dianne at 204-336-5065 with the name of the substitute.

Currently, the Best Choices: Ethics workshops that are held in Winnipeg are at MCCA. We are open to have them held around the city if 5 or more centres in a particular area (for example St. James) want to get together and host an ethics workshop at one of the locations. For more information please contact Karen Houdayer at khoudayer@mccahouse.org.

THE PEDAGOGICAL LEADER COMMUNITY OF PRACTICE

PED - 004

Thursday, October 1, 2015

9:00 am – 12:00 pm

PED - 005

Thursday, December 3, 2015

9:00 am – 12:00 pm



Join us as we share and support each other's pedagogical journey. This community of practice grew out of a group of directors who wanted to keep the learning alive from the 11th Annual Directors Conference – Leading a Year of Reflection. This group has now grown to over 24 members and we invite those who are currently in a leadership role in their program and attended any of the pedagogical institutes or workshops below.

- Margie Carter and Deb Curtis's Institute in 2010 at the Directors Conference
- The Caring for Infants & Toddlers Institute in 2011
- The workshop "Pedagogy: The Art of Leading"
- Building a Pedagogy Institute at the May 2013 conference
- Imagining a Pedagogy of Reflection

Once you register, approximately one week before the meeting you will be sent an agenda and readings (to discuss at the meeting) by Karen Houdayer. The email will be sent to the email entered on the registration so if multiple people from one centre are attending then please share with others. Those who attend this group should be in a management position.

The meeting content includes a sharing circle to share where everyone is at in their pedagogical journey, discussion of articles, pedagogical focused activities, and sharing of resources.

FACILITATOR: Karen Houdayer is MCCA's Professional Development Manager.

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$20.00 MCCA Member (*per session*)
\$40.00 Non-member (*per session*)

Workshop Confirmations

If you have registered for a workshop online you will automatically be sent an email confirming registration for workshop(s). If you go online to register for a particular workshop and you don't see it listed, it means that it is full and no longer accepting registrations.

If you register by mail and are paying by cheque, a receipt will be sent to you. Please make a copy of your registrations and mark them in your calendar so that you don't miss a workshop. When we receive your registrations by mail and a workshop is full, a staff person from MCCA will call to notify you and to ask you to make another selection.

Note: It is the responsibility of the registrant to know when and where their workshop is being held.

CREATING A GREENER CHILD CARE SETTING

CRE – 001

Saturday, October 3, 2015

9:30 am - 12:30 pm



Exploring the natural environment around sparks creativity and often spontaneous learning opportunities for young children. Naturally curious, children can be encouraged very easily to explore, learn and create a greener environment within the child care setting.

In this 3-hour workshop, you extend the knowledge gained from the Fall 2014 session. We will approach creating a greener child care setting specifically through:

- Building classroom/daycare activities to facilitate tactile and visual exploration
- Activities for exploring 4 Seasons
- Recycling
- Green environment experiments
- Gardening in and outside of the classroom

Participants will make a project using items from the natural environment.

Please bring your creativity and enthusiasm!

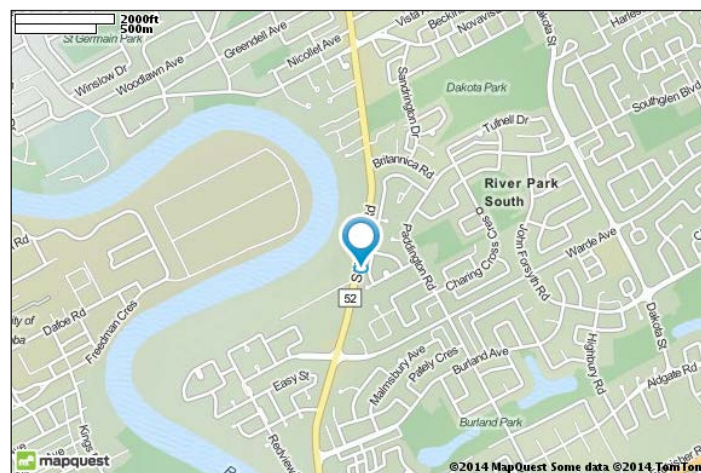
Please note that the workshop location IS NOT on a bus route, you must have a vehicle.

FACILITATOR: Jeanne DuBois is originally from Winnipeg and been privileged to live and work all over the world. Her MBA led to careers in the Cement and Medical Device Industries, as well as teaching opportunities in France. Jeanne is now the VP of Growth and Development at Ron Paul Garden Centre, where she loves “to get her hands dirty”. Jeanne’s five year old daughter Amélie has a zest for life and teaches her mother everyday about the beauty of nature.

LOCATION: Ron Paul Garden Centre
2641 St. Mary's Road



COST: \$40.00 MCCA Member
\$80.00 Non-member



LUNCH n' LEARN FOR DIRECTORS or in the case of October it's a BRUNCH n' LEARN



BRU – 001

Wednesday, October 7, 2015
9:00 am – 11:30 am

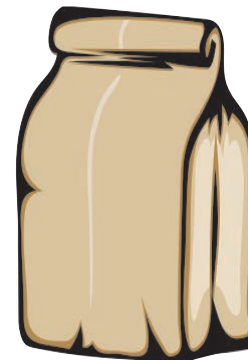
Location: Pine Ridge Hollow 
2nd floor
Cost: \$35.00 MCCA Member
\$70.00 Non-member
Speaker: Mark Reshaur, City of Winnipeg
Fire Department
Topic: Fire Inspections
9:00 am Arrival
9:15 am Breakfast served
10:00 am – 11:00 am Speaker
11:00 am – 11:30 am Networking/Discussion

LUN – 003

Thursday, December 10, 2015
11:45 am – 2:00 pm

Location: Fort Gibraltar 
Room: The Great Hall
Cost: \$35.00 MCCA Member
\$70.00 Non-member
Speaker: Lew Bayer, Civility Group
Topic: Building Better Workplaces
11:45 am Arrival
12:00 pm Lunch served
12:45 pm – 1:30 pm Speaker
1:30 pm – 2:00 pm Networking/Discussion

Please join us for lunch!



Each session will have a different speaker who will talk about a current/relevant topic regarding early childhood education and care.

Please indicate if you require a vegetarian or gluten free meal.

BEST CHOICES: ETHICS PART IV

ETH – 004A

Wednesday, October 7, 2015
6:30 pm – 9:30 pm



In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

This capstone workshop will help you to make a commitment of ethical practice in your daily work and enhance your awareness of your own values, beliefs and assumptions. You will also understand why, when faced with an ethical dilemma, it is difficult to follow through with your best choice. This session is a pre-requisite to enroll in future "Train the Guide" sessions which would prepare you to assume the role of an ethics guide.

*** Please note you must have completed ethics Part III at least 6 months from the date of taking Part IV.**
*** Please bring your ethics certificate and handouts from the previous ethics workshops with you to this workshop.**

FACILITATORS: Michele Grant has been involved in Manitoba's early childhood community for many years as an early childhood practitioner, centre director, adult educator and volunteer. She is a past board member of both the MCCA and the CCCF and is the chairperson of the MCCA ethics committee.

Barb Wierckx is an ECE III, an MCCA ethics guide, and a Handle With Care facilitator. Barb has served children in many capacities over the years, both within and outside of the Early Childhood field. She highly values quality of life and wants to help equip children to live long, healthy, happy lives.

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$40.00 MCCA Member
\$80.00 Non-member

BEST CHOICES: ETHICS PART III FOR DIRECTORS

ETH – DIR

Thursday, October 8, 2015

9:00 am – 12:00 pm



We understand that directors have unique challenges in their jobs so this workshop is for directors who have completed Best Choices: Ethics Part I & II.

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

In this third session, the complexity of Best Choice decision making becomes more apparent. You will explore what should be considered prior to making the best choice when faced with ethical dilemmas. Using the Code, you will practice developing a mindful process of ethical decision making.

**** Please bring your ethics certificate and handouts from the previous ethics workshops with you to this workshop.***

FACILITATORS: **Sheila Bogoch** is an ECE III. She has been employed at the Behavioural Health Foundation, a residential addictions treatment centre, since 1989, where she has fulfilled a number of roles including director of the on-site licensed daycare, parenting facilitator, counselling for adults and families, and facilitator of FASD education. Sheila is also a mother, grandmother, and long-time volunteer with Amnesty International.

Jenn Cullen is the director of Wawanesa Wee Care Inc. in Wawanesa, MB. She has dabbled in many forms of early Learning programs, such as child care, nursery school and family resource. She enjoys going on the ethical journey with the variety of people she meets in the workshops, as well as the little people she works with every day, and continuously learns something new about herself! She believes in life long learning, that there is good in everyone, and that it will always work out in the end!

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$40.00 MCCA Member
\$80.00 Non-member

BEST CHOICES: ETHICS PART I

ETH – 001A

Wednesday, October 14, 2015

6:30 pm – 9:30 pm



In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

The first in the 4 part series explores the relationship among beliefs, values and ethics and how these impact your actions. This also broadens our understanding of others. This session is the pre-requisite for the other three parts of the ethical journey. MCCA provides participants with a certificate which tracks your journey through all four parts.

FACILITATORS: **Tracy Smith** is an ECE III and has been dedicated to Early Childhood Education for 10 years. She lives in Steinbach, MB and works at Tache Community Daycare in Lorette, MB where she spends her days playing, discovering and learning with 2 year olds. Tracy is a member of MCCA's Ethics Committee and looks forward to sharing her ethical journey with others.

Keri Waterman has over 20 years experience in early childhood education. She has frontline experience with children of all ages, has been a practicum supervisor, a program coordinator, site manager and an administrative/financial manager. Keri has been an Ethics Guide since 2002.

LOCATION: MCCA
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COST: \$40.00 MCCA Member
\$80.00 Non-member

IMAGINING A PEDAGOGY OF REFLECTION

IMR – 001 (Full Institute)

October 15 – 17, 2015

6:30 pm – 9:30 pm



IMR – 002 (Thursday Evening only)

Thursday, October 15, 2015

6:30 pm – 9:30 pm (Wine & Cheese – Kick Off Event)

The purpose and the goals of this institute are:

- To provide an opportunity for participants to think deeper and to reflect
- Create a pedagogy of reflection
- Connect people who may not be on the same level of understanding and thereby developing a larger community of practice
- Share resources with participants
- Support others in their pedagogical journey
- Provide an opportunity to learn together
- Provide an opportunity for participants to discuss what is the best quality of care we can provide to children and how do we do this based on our pedagogy

For more information please refer to the brochure for this event which can be found on the MCCA website, www.mccahouse.org

LOCATION: Victoria Inn
1808 Wellington Ave.



COST: \$150.00 MCCA Member (full institute)
\$300.00 Non-member (full institute)
\$10.00 MCCA Member and Non-member
(wine & cheese only)

REFLECTING TOGETHER THROUGH A COMMUNITY OF PRACTICE MEETING



REF – 007

Monday, October 19, 2015

6:30 pm - 8:30 pm

REF – 008

Monday, December 14, 2015

6:30 pm - 8:30 pm

Are you missing your Community of Practice? Do you want to talk to others and see where they are at?

Pedagogy.....Continue the Journey!

Ahh...you have come to the end of your work day! Does it stop there for you? Do you reflect on the day...were there moments of joy and delight? How will you capture those moments and build on them the next day? Do you ask, what energizes me, what drains me? What does professional development mean to me?

Come and have a meaningful and thought provoking conversation with your colleagues about some of these topics. Learn to “dig deeper” into your own personal values and understand how they become embedded in the culture of your organization. Together we will build the momentum and engage each other in new ways of understanding children. This will be an interactive meeting rather than a workshop style presentation.

Those who have not attended previous sessions are encouraged to register and begin their pedagogical journey. A week prior to the meeting you will receive an email of an article that will be discussed at the gathering along with an agenda.

FACILITATORS: **Brigitte Insull** is the Executive Director of the Seven Oaks Child Day Care Centre, Inc. and is a member of the Inclusion Committee.

Susana Lam is an Early Childhood Educator, in practice for 14 years and currently at the Seven Oaks Child day Care Centre, Inc. She has passionately supported both inclusive practices and the development of natural outdoor opportunities for children. In the past year, Susana has mentored and coached staff in their exploration of pedagogical learning and becoming a more reflective teacher. She continues to be motivated by the Manitoba Reggio-Inspired Coalition of Educators (MB RICE), the Manitoba Nature Action Collaborative for Children (MNACC) and the Community Living Child Care Inclusion Committee.

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$35.00 MCCA Member (*per session*)
\$70.00 Non-member (*per session*)

BEST CHOICES: ETHICS PART II



ETH – 002A

Wednesday, October 21, 2015

6:30 pm – 9:30 pm

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

In the second session, the MCCA Code of Ethics is introduced as the field's core professional principles and how they are “lived” in our daily work. The code becomes our primary tool in ethical practice.

***Please bring your ethics certificate and handouts from Part I with you to this workshop.**

FACILITATORS: **Tracy Smith** is an ECE III and has been dedicated to Early Childhood Education for 10 years. She lives in Steinbach, MB and works at Tache Community Daycare in Lorette, MB where she spends her days playing, discovering and learning with 2 year olds. Tracy is a member of MCCA's Ethics Committee and looks forward to sharing her ethical journey with others.

Keri Waterman has over 20 years experience in early childhood education. She has frontline experience with children of all ages, has been a practicum supervisor, a program coordinator, site manager and an administrative/financial manager. Keri has been an Ethics Guide since 2002.

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\$80.00 Non-member

REASONABLE ACCOMMODATION

REA – 001

Thursday, October 22, 2015

8:30 am – 12:00 pm



This workshop was extremely popular in our past winter session and was sold out so we have brought it back for the fall.

Accommodation requests are on the rise in today's workplace. The number of questions surrounding this topic at a past lunch and learn seemed to indicate many of you are interested in learning how to deal with these requests appropriately. As employers, you need to know that failure to reasonably accommodate an employee can be a form of discrimination. So what does reasonable accommodation entail? What questions can be asked? What medical notes are appropriate? What is "reasonable"? This workshop will answer these questions, providing information surrounding your responsibilities and rights in the area of accommodation.

FACILITATOR: With 18 years of expertise in Human Resources Management, **Edna Wollf** has focused on bringing HR Solutions across varying industries, including Manufacturing and Logistics on both a corporate and operational level in large and small businesses. Focusing on the delivery of strategic HR initiatives, Edna has been actively involved in mergers/acquisitions, new business development as well as hands on in defining corporate culture and developing leaders. Edna brings strength in employee relations, change management, compensation and benefits, health & safety, recruitment and selection, performance management, policy and procedure. Before joining the world of consulting, Edna worked as an Senior HR Manager for a large logistics and warehousing distribution company supporting HR teams or when required, acting as the HR representative for the business.

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$75.00 MCCA Member
\$150.00 Non-member

HANDLE WITH CARE - BUILDING BLOCK 1: Developing Trust Between Practitioner and Child



HAN – 001

Thursday, October 22, 2015

6:30 pm – 9:30 pm

Handle with Care is a program for promoting the mental health of young children in community based child care. Developed by the Canadian Mental Health Association and the Toronto based Hincks-Dellcrest Centre, this 9 unit program provides child care practitioners with ideas and strategies for promoting the mental health of children between ages 0 - 6.

Building Block 1 of the program focuses on the importance of children's early relationships with their adult caregivers and explores how these relationships lay the foundation for healthy psychosocial development. Using a variety of activities, participants will learn how to promote trusting relationships with the children they care for within the context of their child care centre.

Please note: If you have attended a previous Handle With Care workshop you would have received a Handle with Care Participant Training Manual, please bring this manual to this workshop with you. If this is your first HWC workshop a manual will be given to you at this workshop. Replacement manuals can be purchased from MCCA for \$12.00 and must be ordered at the time of registering for one of the workshops.

FACILITATORS: **Michele Grant** has been involved in Manitoba's early childhood community for many years as an early childhood practitioner, centre director, adult educator and volunteer. She is a past board member of both the MCCA and the CCCF and chairperson of the MCCA ethics committee.

Barb Wierckx is an ECE III, an MCCA ethics guide, and a Handle With Care facilitator. Barb has served children in many capacities over the years, both within and outside of the Early Childhood field. She highly values quality of life and wants to help equip children to live long, healthy, happy lives.

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COST: \$40.00 MCCA Member
\$80.00 Non-member

HOW TO WORK IN A REGGIO INSPIRED WAY - Next steps

HOW - 002

Monday, October 26, 2015

6:30 pm - 9:00 pm



Are you exploring and working with children in a Reggio-inspired way? If so, you likely have many questions. One of the key areas of focus that generates challenge is the relationship between yourself as educator and the children. This partnership in learning is exciting, inspiring, and complex. In this session we will uncover some of your questions (please bring them!) and explore this dynamic partnership. Some key thoughts that influence decisions in curriculum and daily interactions will be presented. You will return to your environment ready to enhance your practice and possibly even relaunch your educator-child partnerships!

FACILITATOR: Sue Narozniak has participated in two international study tours in Reggio Emilia, Italy and has attended Reggio-based conferences in Ontario, B.C. and the U.S. Sue is the Chair of the Manitoba Reggio Inspired Coalition of Educators and is the Program Coordinator for the Full Time Early Childhood Education Program at Red River College.

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2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$40.00 MCCA Member
\$80.00 Non-member

HOT TOPICS - ANYTHING GOES!

HOT - 002

Tuesday, October 27, 2015

6:30 pm - 9:30 pm



Join your colleagues for an evening of fun with the issues that get us fired up! This is an interactive chance to tackle some current things that perplex us, get under our skin or just floor us...and yet come with the uncertainty of how to move forward with them in a professional manner. We'll have some of our own pet peeves, but bring yours and we'll have a lottery (anonymous) to see which get tackled tonight. Come with a hot topic or scenario to add to the lottery pool and with that passion for which you are known!

Each Hot Topic evening is different as different topics are discussed so if you have attended a past evening, please join us again.

FACILITATOR: Michele Grant has been involved in Manitoba's early childhood community for many years as an early childhood practitioner, centre director, adult educator and volunteer. She is a past board member of both the MCCA and the CCCF and is the chairperson of the MCCA ethics committee.

Melanie D'Souza has been in the field of Early Childhood Education for more than 20 years. She has been a front line ECE and an administrator in a variety of inclusive infant, preschool, school age, nursery, and family child care settings. Currently, Melanie is an ECE instructor at Red River College, and is a member of the MCCA Ethics committee since 2003.

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$40.00 MCCA Member
\$80.00 Non-member

BEST CHOICES: ETHICS PART III

ETH – 003A

Wednesday, October 28, 2015

6:30 pm – 9:30 pm



In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

In this third session, the complexity of Best Choice decision making becomes more apparent. You will explore what should be considered prior to making the best choice when faced with ethical dilemmas. Using the Code, you will practice developing a mindful process of ethical decision making.

*** Please bring your ethics certificate and handouts from the previous ethics workshops with you to this workshop.**

FACILITATORS: **Tracy Smith** is an ECE III and has been dedicated to Early Childhood Education for 10 years. She lives in Steinbach, MB and works at Tache Community Daycare in Lorette, MB where she spends her days playing, discovering and learning with 2 year olds. Tracy is a member of MCCA's Ethics Committee and looks forward to sharing her ethical journey with others.

Keri Waterman has over 20 years experience in early childhood education. She has frontline experience with children of all ages, has been a practicum supervisor, a program coordinator, site manager and an administrative/financial manager. Keri has been an Ethics Guide since 2002.

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COST: \$40.00 MCCA Member
\$80.00 Non-member

PREVENTING BURN OUT

PRE – 001

Thursday, October 29, 2015

6:30 pm – 9:30 pm



In this workshop you will learn the fundamentals of Qigong, a very beneficial set of movements designed to bring balance and harmony back to the body, mind and spirit. You will also learn Basic EFT (Emotional Freedom Technique) or Tapping, which is a simple yet powerful technique that can help you improve your physical and emotional well-being, give you more freedom from your emotions, and help you help others.

Qigong (or chi kung) is an internal Chinese meditative practice, which often uses slow graceful movements and controlled breathing techniques to promote the circulation of qi (vital energy) within the body, and enhance a practitioner's overall health. People practice qigong to maintain health, heal their bodies, calm their minds, and reconnect with their spirit.

EFT is a form of psychological acupuncture that uses light tapping with your fingertips instead of inserting needles to stimulate traditional Chinese acupuncture points.

FACILITATOR: Carson Hill has been interested in and exploring Traditional Chinese healing practices and other natural healing modalities and practices since the mid-'90s, and has been equally fascinated with Buddhism since the early '90s. He began learning and practicing Qigong in the mid-nineties while living in South Korea. He is a registered Jin Shin Do® Acupressurist, a Certified EFT Practitioner (AAMET Level 2), an Acupuncture Detoxification Specialist (a member of the National Acupuncture Detoxification Association). His formal EFT training includes studying with EFT Master, Tania Prince, in England. His acupressure training included studying with the creator of Jin Shin Do® Bodymind Acupressure®, Iona Marsaa Teegarden in Southern California, and with a number of senior Jin Shin Do® teachers in British Columbia.

LOCATION: MCCA
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corner of Court Ave. & McPhillips St.

COST: \$40.00 MCCA Member
\$80.00 Non-member

IDARE WORK: COACHING PERFORMANCE FOR WORKPLACES



IDA – 001

October 29 – December 17, 2015

8 Thursdays

9:00 am – 10:30 am

If you want to really love how you work, and love the people you work with, then IDARE Work is for you.

This unique approach allows anyone managing people improve their engagement, coping skills and better position themselves for loving how they live, work, and play.

This introduction to IDARE Work, a coaching and management online course will show you how to use the IDARE 5-step process to create the work life you all deserve to love. The result: Improved overall work performance and increased job satisfaction.

In this introductory version of IDARE Work, Questions and Shifting Perspectives are two power coaching tools used to prepare participants to move employees in a variety of situations to look for solutions versus focusing on problems and staying stuck in their circumstances.

Course Goals:

1. To introduce the use of the IDARE Coaching Framework to participants as a tool for coaching on the job performance.
2. To provide participants with a space to practice using the IDARE Coaching Framework and key performance coaching tools in a number of work-related case studies.

Learning Objective:

At the end of this course, participants will be able to:

1. Use the 5-step process of the IDARE Coaching Framework and 2 key performance coaching tools in a variety of work-related situations
2. Assess the use of performance coaching as a way to achieve the stated goals of their organization
3. Use the IDARE Coaching Framework and the performance coaching tools to develop a coaching strategy for working with employees.

Learning Activities:

Participants will learn through readings, discussion groups, written assignments, instructor and peer feedback.

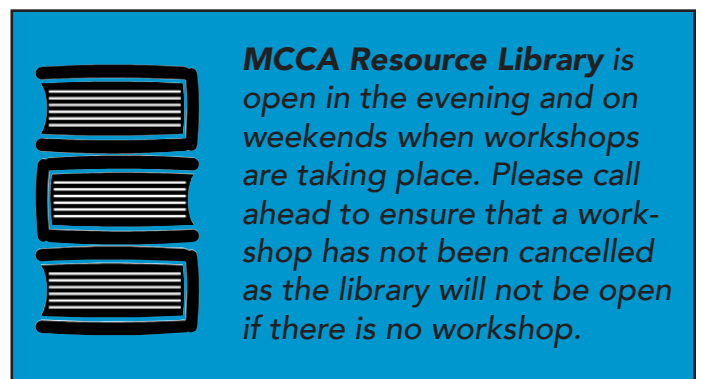
Delivery Format: Online

Please Note: Don't worry if you miss a session, they are pre-recorded and you will be able to view the session at a later date.

FACILITATORS: Phyllis Reid-Jarvis, Professional Certified Coach & Genella Macintyre, Professional Trainer

COST: \$175.00 MCCA Member
 \$350.00 Non-member

**Groups of 5 from one centre \$147.00 per person, 6 or more from one centre is \$137.00 per person.



WHAT'S IN MY CLOSET

WHA - 001

Monday, November 2, 2015

6:30 pm – 9:00 pm



Physical Literacy is a hot topic in early childhood development. Simply put, it's a collection of basic movement and sport skills such as running, jumping and catching. Children who develop physical literacy skills early are more likely to be active for the rest of their lives!

This fun and practical workshop will look at creative ways of using everyday items that are typically found in a closet to promote movement skills and physical activity outdoors and indoors (even in the smallest spaces!). Participants will leave the workshop with a variety of activity ideas to improve the physical literacy of their programs. Please come dressed to move!

FACILITATOR: Heather Martin-Brown is a Pediatric Physiotherapist with over 25 years of experience working with children and their families. As a Physiotherapist with SMD's Outreach Therapy Program, Heather provides consultation into homes, nursery schools and day cares to promote the development of muscle strength, balance and gross motor skills to preschoolers. Heather is past Co-Chair of the College of Physiotherapists of Manitoba, and has been a sessional lecturer for Physiotherapy students at the University of Manitoba.

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$40.00 MCCA Member
\$80.00 Non-member

GETTING IT RIGHT WITH KIDS

GET - 001

Tuesday, November 3, 2015

6:30 pm – 8:30 pm



Back by popular demand.

Do you sometimes wonder what's really important in your work with young children? Do you have those days when you go home exhausted and wonder why you're in this job?

Join Marilyn Valgardson to discuss and learn about what's really important in your work. Challenge yourself to not worry so much about the daily schedule and routine and think more about how you can impact each child every day. Learn how making connections and helping children feel secure is so much more important than making sure the children all do art and all build with blocks. We will discuss how a secure and trusting setting is the most critical environment you can design.

FACILITATOR: Marilyn Valgardson has over 30 years experience working with children as well as mentoring and teaching adults. She is passionate about respectful care for children. She is the Executive Director of Assiniboine Children's Centre and the Chairperson of MCCA's Conference Committee.

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$40.00 MCCA Member
\$80.00 Non-member

SCHOOL AGE RESOURCE EVENING

SCH – 001

Wednesday, November 4, 2015

6:30 pm – 9:00 pm



The School Age Resource Evening is a wonderful opportunity for all those interested in school age care to join us for an evening of four mini workshops specifically geared towards school age environments, presented by front line ECEs and professionals in the field of child care. Dinner is included!

Topics will include:

SWAT- Team Leadership Program
Drama, Music and Movement
Nature Education
Film Projects

LOCATION:

Victoria Inn
1808 Wellington Ave.
Room: Embassy A, B, C



COST:

\$45.00 MCCA Member
\$90.00 Non-member

BEST CHOICES: ETHICS PART IV

ETH – 004B

Thursday, November 5, 2015

6:30 pm – 9:30 pm



In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

This capstone workshop will help you to make a commitment of ethical practice in your daily work and enhance your awareness of your own values, beliefs and assumptions. You will also understand why, when faced with an ethical dilemma, it is difficult to follow through with your best choice. This session is a pre-requisite to enroll in future "Train the Guide" sessions which would prepare you to assume the role of an ethics guide.

*** Please note you must have completed ethics Part III at least 6 months from the date of taking Part IV.**

*** Please bring your ethics certificate and handouts from the previous ethics workshops with you to this workshop.**

FACILITATORS: Sharon Balasko has worked in the field of early childhood education as an educator, administrator and consultant for over 20 years. Currently, Sharon works for Red River College as the Curriculum Coordinator and Instructor in the Early Childhood Education Program. Sharon also teaches with the University of Manitoba's Department of Family Social Sciences in the Faculty of Human Ecology.

Kisa MacIsaac is an ECE at Freight House Early Learning and Care Inc. She is working towards obtaining her ECE III through the Developmental Studies Degree program at the U of W. Kisa is a member of the MCCA's Ethics committee, and is passionate about her work with children and families, both locally and globally. She has spent time volunteering with children in Africa and plans to return there one day.

LOCATION:

MCCA
2nd floor, 2350 McPhillips St.
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corner of Court Ave. & McPhillips St.

COST:

\$40.00 MCCA Member
\$80.00 Non-member

WEVAS (WORKING EFFECTIVELY WITH VIOLENT AND AGGRESSIVE STUDENTS)



WEV – 001

Saturday, November 7 & 14, 2015 (2 Saturdays)

9:00 am – 4:30 pm

When people are in an optimal learning state they are referred to as being in the Competent State. As they move out of this state and into the Problem State they become anxious, agitated, aggressive and sometimes assaultive. This course will help you identify and develop new skills that will help individuals who have left the Competent State to return to it. This program is designed to help participants to develop and improve their effective teaching skills.

FACILITATOR: From 1978-2006 **David Thomas** was a High School teacher in the River East Transcona School Division. He was trained in WEVAS by Bob Spencier and Neil Butchard in 1992 and continues as a certified WEVAS Final Edition Trainer (2008): He has written and co-authored 14 workbooks and helped develop 2 screening tools, one for indicating students who will have conflict problems and a pre-mediation readiness tool, which indicates if people are ready for mediation. This past year David wrote and taught a course on Conflict in the Workplace as part of Red River College's 2 year Business Administration Diploma course. David continues to work as an Instructor and the First Year Business Coordinator at Red River College, he can be contacted at criticalskills@mts.net.

Participants are on their own for a 1/2 hour lunch break. MCCA has a fridge, microwave, and a toaster oven for your convenience.

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$140.00 MCCA Member
\$280.00 Non-member

BEST CHOICES: ETHICS PART I



ETH – 001B

Thursday, November 12, 2015

6:30 pm – 9:30 pm

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

The first in the 4 part series explores the relationship among beliefs, values and ethics and how these impact your actions. This also broadens our understanding of others. This session is the pre-requisite for the other three parts of the ethical journey. MCCA provides participants with a certificate which tracks your journey through all four parts.

FACILITATORS: **Sharon Balasko** has worked in the field of early childhood education as an educator, administrator and consultant for over 20 years. Currently, Sharon works for Red River College as the Curriculum Coordinator and Instructor in the Early Childhood Education Program. Sharon also teaches with the University of Manitoba's Department of Family Social Sciences in the Faculty of Human Ecology.

Kisa MacIsaac is an ECE at Freight House Early Learning and Care Inc. She is working towards obtaining her ECE III through the Developmental Studies Degree program at the U of W. Kisa is a member of the MCCA's Ethics committee, and is passionate about her work with children and families, both locally and globally. She has spent time volunteering with children in Africa and plans to return there one day.

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COST: \$40.00 MCCA Member
\$80.00 Non-member

WHAT ARE YOUR PLANS FOR THE FUTURE?

FUT – 001

Monday, November 16, 2015

6:30 pm – 9:30 pm



Looking to leverage your ECE background?
Considering how to make the most of your transferrable skills?
Understanding the need for a personal professional development plan?
Wondering where your career path is taking you?

Explore the answers to these questions as you collaborate with other experienced Early Childhood Educators to elevate your career potential. Have you ever considered how varied and transferrable the skills of the ECE are? This workshop will guide you to:

- Develop the vocabulary to update your resume
- Consider your experiences and challenges
- Document your own professional development needs and desires for future career decisions
- Rate your career satisfaction

FACILITATOR: **Ruth Lindsey-Armstrong** is an ECE III and works at Red River College as an Instructor in the Early Childhood Education Program.

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
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corner of Court Ave. & McPhillips St.

COST: \$40.00 MCCA Member
\$80.00 Non-member

SUPPORTING A CULTURALLY DIVERSE TEAM

SUP – 001

Wednesday, November 18, 2015

9:00 am – 12:00 pm



Supporting a Culturally Diverse Team – As our workforce becomes more and more diverse, we strive to create work environments that welcome and celebrate cultural diversity. A manager or director's success depends on his/her ability to promote a work environment that is inclusive of every person they lead and that allows every employee to reach his or her full potential. In this workshop, we will focus on key ways to do that.

FACILITATOR: **Melenie Olfert** works for Manitoba Start as the Program Coordinator of the Diversity and Intercultural Training Program. With a background in adult education and training, Melenie is now a published writer with expertise in content and materials development, as well as an accomplished speaker and trainer on intercultural and diversity in the workplace, Essential Skills, and language interpreter training. Melenie has also taught english to new immigrant adults in community-based settings.

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$45.00 MCCA Member
\$90.00 Non-member

CONFLICT RESOLUTION FOR SCHOOL AGE CHILDREN

CON - 001

Wednesday, November 18, 2015

6:30 pm - 8:30 pm



This workshop was offered at the past MCCA conference.

Join Momenta (experiencemomenta.com) for an interactive activity-based workshop focused on managing conflicts with school age children.

This workshop will look at how to identify conflict, when to intervene and proven strengths based strategies that resolve current conflict and work to prevent future conflict.

FACILITATOR: Lise Brown (BRS, MRSW) is the co-owner of MOMENTA. She completed her Bachelor of Recreation in 2001 and her Master's of Social Work in 2007. She studied community development, wilderness therapy, program evaluation, and co-occurring disorders. Lise completed a Certificate in Expressive Arts Therapy in 2012. Lise uses these skills to facilitate groups and counsel individuals both in urban and wilderness environments with a focus on physical and emotional safety, successful participation, fun, meaningful activity and group cohesion.

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$40.00 MCCA Member
\$80.00 Non-member

BEST CHOICES: ETHICS PART II

ETH - 002B

Thursday, November 19, 2015

6:30 pm - 9:30 pm



In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

In the second session, the MCCA Code of Ethics is introduced as the field's core professional principles and how they are "lived" in our daily work. The code becomes our primary tool in ethical practice.

****Please bring your ethics certificate and handouts from Part I with you to this workshop.***

FACILITATORS: Sharon Balasko has worked in the field of early childhood education as an educator, administrator and consultant for over 20 years. Currently, Sharon works for Red River College as the Curriculum Coordinator and Instructor in the Early Childhood Education Program. Sharon also teaches with the University of Manitoba's Department of Family Social Sciences in the Faculty of Human Ecology.

Kisa MacIsaac is an ECE at Freight House Early Learning and Care Inc. She is working towards obtaining her ECE III through the Developmental Studies Degree program at the U of W. Kisa is a member of the MCCA's Ethics committee, and is passionate about her work with children and families, both locally and globally. She has spent time volunteering with children in Africa and plans to return there one day.

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COST: \$40.00 MCCA Member
\$80.00 Non-member

UKE CAN DO IT TWO

UKE – 001

Saturday, November 21, 2015

10:00 am – 1:00 pm



This workshop was a hit in the winter so we have brought Kate back for a second ukulele workshop. You did not need to attend the first one if you wish to attend this one.

This workshop will be of interest to both beginners and those who took Kate's workshop last winter. She will review the basics: 'introducing' the parts of the 'ukulele, tuning (both by ear and with digital tuner), basic chords and strum patterns, providing newcomers with what they need to know to play the uke and a review for those who need a 'refresher'. She will continue with more advanced chord variations and strum styles so that you can further your skills and provide a more varied accompaniment to your songs. If you have specific songs you'd like to work out, Kate invites you to contact her (kateferrismusic@gmail.com) prior to the workshop and she will have chord arrangements worked out for Nov. 21st. A songbook of additional songs – other than the ones provided at the last session – will also be provided.

FACILITATOR: Kate Ferris is a Manitoba musician and has been performing since the age of 5 when the bus she and her Ma were travelling in got stuck in a snowstorm and Kate entertained the passengers in the back of the bus (including 3 very nice Nuns) with her own songs and stories. *(She would like to think that her material has improved greatly since then – but she DID get a chocolate bar from one of the Nuns, so who knows . . .)*

After teaching Elementary Music in Thompson, MB for 11 years, Kate quit to pursue her dream of performing and has been chasing that dream across Canada ever since - at concerts and festivals across Canada, on lanais in Hawai'i, pubs in the UK, and for an appreciative crowd in Puerto Rico (although none of them understood English!).

She's performed with groups as diverse as the Blarney Band, Critter Family, Rodeo Riders, Canadian Content Theatre and Small Rooms, and has played gigs that range from being the act right after the local fair's pet contest to opening for Ritchie Havens to twice being guest storyteller with the Winnipeg Symphony.

A long-time member of the Artists in the Schools program, she's conducted workshops in over 200 MB schools, has appeared nationally on television, CBC Radio, has twice been guest storyteller with the WSO, and been a guest artist on various recordings. A confessed 'uke-a-holic', Kate has taught ukulele classes for the Winnipeg Folk Festival since 2012, sharing her love of the little instrument with others. She is presently in the studio working with Dan Donahue, finishing her album "Marie's Forest", which she will debut at 8:00 p.m. at the Park Theatre in Winnipeg on September 10th, 2015.

LOCATION: MCCA
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COST: \$40.00 MCCA Member
\$80.00 Non-member

Don't have a ukulele? No problem you can order one from us.

Ukuleles \$40.00 (payable at the time of registering)
Tuners \$14.00 (payable at the time of registering)



PROVOCATIONS ON PINTEREST: EXTENDING THE PIN

PRO – 001

Monday, November 23, 2015

6:30 pm – 9:30 pm



Come and spend the evening with Cas, Fernanda, and Karen as we share some of our favourite “pins” from Pinterest. Pinterest has become an obsession with many people but once we pin that pin, how do we make it come to life and make it meaningful to children. Participants will spend the evening engaged in invitations, hands on activities, and take home projects. The facilitators will also discuss the value and intention of each of the pins that they are sharing. You don’t have to know how to use Pinterest, to have a Pinterest account, or a device that has the app installed to join us, just bring yourself and your enthusiasm.

We invite participants to bring 3 of their top 3 pedagogical pins that they have tried and found success with. Participants will get a chance to share those pins with the group.

FACILITATORS: **Cassandra Acland** is the Director of the Kennedy Unit of Day Nursery Centre and has been working in early learning and child care for nearly 15 years. She has presented for Day Nursery Centre, Manitoba Child Care Association, Red River College and various child care centres in the province. She enjoys passing on new learning she has acquired through developing workshops and daily learning with her team of educators. She believes that to build a centre dedicated to providing quality care and environments for children you must look at building a team of trusting and open Educators, those that want to grow to be better. She presents a variety of topics including personal development and growth.

Fernanda Hodgson is the Executive Director of Day Nursery Centres.

Karen Houdayer is MCCA’s Professional Development Manager, hosts the Pedagogical Community of Practice group and is a bit of a Pinterest junkie

LOCATION: MCCA
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corner of Court Ave. & McPhillips St.

COST: \$50.00 MCCA Member
\$100.00 Non-member

FOCUSING ON PLAY

FOC – 001

Monday, November 23, 2015



New!! Online workshops that you can complete from home or work.

Manitoba Child Care Association and Science of Early Child Development have partnered to offer online workshops. The workshop content (videos, readings, links, games, discussions) is completely online and available to participants over a two-week period. **Participants have complete flexibility to work through the materials at times that are most convenient for them.** The content is from the **Science of Early Child Development (SECD)**. SECD’s engaging, multimedia resources are used around the world by people who want to learn more about the impact of the early years on lifelong health and wellbeing.

N.B. This is equivalent to a full day workshop for six hours of professional development. Participants should have a reliable internet connection and be comfortable reading and writing in English.

First in the series: **Focusing on play** - November 23 to December 7

“Of all animal species, humans are the biggest players of all. We are built to play and built through play.” Stuart Brown, American psychiatrist

All Early Childhood Educators know the power and absolute necessity of play. This session will provoke participants to reflect on their current practices, to learn from others and to consider new ways to provide play opportunities and support children’s right to play. Topics include:

- Risky play
- Active play
- Outdoor play
- The role of play in self-regulation
- The value of play for learning and development

Participants will watch videos of children playing around the world, hear from experts discussing the topics, do short readings and play interactive review games. Participants will “meet” in online discussions, guided by a facilitator, to hear each other’s ideas, reflect on and apply what they learn. Participants can choose the times that are most convenient for them – between November 23 and December 7.

FACILITATOR: Deb Campbell has been involved in the early childhood education field as an ECE III, a child care centre director as well as a provincial coordinator. She is now working as a member of the SECD team as research faculty at Red River College. She facilitates the online Introduction to the Science of Early Child Development course and enjoys online learning.

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$75.00 MCCA Member
\$150.00 Non-member

THE MENTORING RELATIONSHIP PART 2: TOOLS & STRATEGIES



MEN – 001

Tuesday, November 24, 2015

9:00 am – 12:00 pm

Early Childhood Educators often act as mentors and informal advisors to fellow co-workers, ECEs who are new to the profession and Early Childhood Education students.

A mentor must be experienced, possess certain characteristics, have acquired core knowledge of the profession, understand the principles of mentorship and have the resources to help fulfill the role. This workshop will review the key principles of mentorship along with the tools and strategies essential to developing a positive mentoring relationship.

Please note: you can attend Part II even if you didn't attend Part I.

FACILITATOR: **Kim Hanna**, Early Childhood Education Instructor at Red River College and mentor to Early Childhood Education Workplace students.

"I believe that mentorship is vital to building professional leaders in the promotion of quality care."

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COST: \$45.00 MCCA Member
\$90.00 Non-member

MINDFULNESS PRACTICE FOR ECES AND YOUNG CHILDREN



MIN – 001

Wednesday, November 25, 2015

6:30 pm – 9:30 pm

BACK BY POPULAR DEMAND!

What is "mindfulness"? Why would the practice of mindfulness be valuable to me? Why would this practice be valuable to the children I teach, to our centre, and to our families? How do I practice mindfulness myself and with other educators? What would mindfulness practices look, sound and feel like with young children? These are some of the questions we will explore during this 3-hour, experiential workshop.

Mindfulness is a practice of awareness. When we are being mindful, we are fully present in the "here and now" aware of our thoughts, feelings and bodies, as well as what is happening around us. Mindfulness begins with being aware of our breath, as we quiet and concentrate our minds, and as we bring about a sense of peacefulness. With patience and self-compassion over time we can learn to expand "mindful living" to everything we do, as we pause our thinking and "let go" of our worries, misgivings, and incessant planning. The first part of this workshop will focus on taking care of ourselves as early childhood educators, and as we practice healthy, happy, compassionate and ethical ways of being with children, other adults and the earth. The second part of the workshop will focus on playful ways of bringing mindfulness practice to young children (early childhood practices, stories and songs).

Please dress comfortably for practising.

FACILITATOR: **Wayne Serebrin** was an early childhood teacher and director, and an elementary classroom teacher before becoming a professor in the Faculty of Education at the University of Manitoba in 1990. Wayne's long-time interest in "mindfulness" has been energized by a recent course in "Mindfulness Practice for Children" at the University of Toronto last June, and a "Happy Teachers Will Change the World" summer retreat in New York last July.

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$45.00 MCCA Member
\$90.00 Non-member

BEST CHOICES: ETHICS PART III

ETH – 003B

Thursday, November 26, 2015

6:30 pm – 9:30 pm



In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

In this third session, the complexity of Best Choice decision making becomes more apparent. You will explore what should be considered prior to making the best choice when faced with ethical dilemmas. Using the Code, you will practice developing a mindful process of ethical decision making.

*** Please bring your ethics certificate and handouts from the previous ethics workshops with you to this workshop.**

FACILITATORS: **Sharon Balasko** has worked in the field of early childhood education as an educator, administrator and consultant for over 20 years. Currently, Sharon works for Red River College as the Curriculum Coordinator and Instructor in the Early Childhood Education Program. Sharon also teaches with the University of Manitoba's Department of Family Social Sciences in the Faculty of Human Ecology.

Kisa MacIsaac is an ECE at Freight House Early Learning and Care Inc. She is working towards obtaining her ECE III through the Developmental Studies Degree program at the U of W. Kisa is a member of the MCCA's Ethics committee, and is passionate about her work with children and families, both locally and globally. She has spent time volunteering with children in Africa and plans to return there one day.

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$40.00 MCCA Member
\$80.00 Non-member

LET'S GET THE CHILDREN MOVING

LET – 001

Saturday, November 28, 2015

9:00 am – 12:00 pm



Come prepared to participate in the play!

We will play four or five carefully selected folk song-games. After each game we will gather in small groups for guided reflection:

- To create together a description of how to play the game;
- Identify questioning, as a way of evoking and furthering reflective participation by the children;
- To identify the learning happening in the areas of movement, literacy, cognitive skills and social/emotional skills.

Before leaving the workshop we will record the songs and arrange to make them available to the participants.

What you can hope to leave with:

- Four or five folk song games appropriate for the children in your child care facility
- Questioning strategies to evoke further learning of the children
- A recording of the song games being played

FACILITATOR: **Bethany Beaudry**, B.P.E, B Ed, Masters Student with SelfDesign Graduate Institute has been a classroom teacher and Physical Education Specialist in River East Transcona School Division for 9 years. She is also the owner and an instructor for Funky Monkey Movement Education. Recently as part of her studies leading to a Masters from SelfDesign Graduate Institute, Bethany was introduced to folk song games. To her delight she found that many of the songs incorporate movement, music, literacy, cognitive skills and social/emotional skills in this form of social play. Bethany has been applying these games to the movement classes she offers around the city called Jumping Jelly Beans (Funky Monkey Movement Education). The children love singing and moving, especially because they get to choose the movements! Her hope is to share what she has discovered.

LOCATION: Centennial Recreation and Leisure Centre
90 Sinclair St.
Seniors Community Room – South

COST: \$40.00 MCCA Member
\$80.00 Non-member



DEALING WITH DIFFICULT PEOPLE

DEA – 001

Tuesday, December 1, 2015

9:00 am – 3:30 pm



We all encounter people we find difficult. Typically conversations with them leave us feeling frustrated, stressed, angry and tired. This workshop will analyze what is happening in those exchanges and demonstrate how people can adapt their strategies to bring about more productive conversations with those they find difficult. Individual styles will be explored with an emphasis on understanding and adapting one's style to create different results. Participants will learn how to create the right conditions for a conversation with a person they find difficult. They will also learn how to positively engage the other in a discussion about the pattern of the difficult behaviour. This workshop gives participants a straightforward approach that creates dramatic change in the outcome of conversation with people they find difficult.

FACILITATOR: **Mike Labun** has over 18 years of experience in the mediation and conflict resolution field. He has a Certificate in Conflict Resolution and a Bachelor's degree in Psychology. He has developed several core workshops for ACHIEVE Training Centre including our Train-the-Trainer program and has contributed to many other courses for various organizations. In addition to his work with ACHIEVE Training Centre, he teaches conflict resolution at the University of Winnipeg. Since 2005, he and his wife Jodi have supervised a staff of 50, running a youth and children's program in Winnipeg's impoverished North End. As a facilitator, Mike has an interactive and engaging style that easily motivates participants to incorporate workshop material into their own environments.

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$90.00 MCCA Member
\$180.00 Non-member

SIMPLE BOOKMAKING

SIM – 001

Tuesday, December 1, 2015

6:30 pm – 9:30 pm



Books come in many forms and shapes and they can be used for many purposes. Creating their own books can be a powerful motivational tool for children. This workshop will focus on a number of simple bookmaking techniques. We will explore a number of ways that adults can create books with their children. ArtsJunktion has a vast array of materials that are suitable for bookmaking projects that you will be able to collect to take back to your programs. These books are easy to make, beautiful and can be used in many ways.

ArtsJunktion MB Inc. is a community-based, charitable organization committed to redistributing reusable materials. Bring some bags or use boxes from our supply shelf to take home some great materials for your work with children. (take as much as you want, everything is free!)

FACILITATOR: **Janet Carroll** is a Winnipeg paper marbler and book artist. She has exhibited her work in Canada and elsewhere, and is represented in the Manitoba Arts Council Art Bank. She has worked for 15 years in Manitoba schools making books with children in programs like Learning through the Arts.

LOCATION: ArtsJunktion
312 B William Ave.
(Door is on the east side of the building).



COST: \$40.00 MCCA Member
\$80.00 Non-member

HANDLE WITH CARE - BUILDING BLOCK 7: Relationships With Parents



HAN - 007

Wednesday, December 2, 2015

6:30 PM - 9:30 PM

Handle with Care is a program for promoting the mental health of young children in community based child care. Developed by the Canadian Mental Health Association and the Toronto based Hincks-Dellcrest Centre, this 9 unit program provides child care practitioners with ideas and strategies for promoting the mental health of children between ages 0 - 6.

Good communication with parents and other family members helps practitioners understand and be sensitive to family practices, expectations and values. It also provides opportunities for sharing concerns and strategizing about how children can be supported in the child care setting. Actively involving parents and families in meaningful ways creates partnerships that promote children's mental health. Participants will discuss how strategies linking parents to the centre may impact children's mental health and much more.

Please note: If you have attended a previous Handle With Care workshop you would have received a Handle with Care Participant Training Manual, please bring this manual to this workshop with you. If this is your first HWC workshop a manual will be given to you at this workshop. Replacement manuals can be purchased from MCCA for \$12.00 and must be ordered at the time of registering for one of the workshops.

FACILITATORS: Michele Grant has been involved in Manitoba's early childhood community for many years as an early childhood practitioner, centre director, adult educator and volunteer. She is a past board member of both the MCCA and the CCCF and is chairperson of the MCCA ethics committee.

Barb Wierckx is an ECE III, an MCCA ethics guide, and a Handle With Care facilitator. Barb has served children in many capacities over the years, both within and outside of the Early Childhood field. She highly values quality of life and wants to help equip children to live long, healthy, happy lives.

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$40.00 MCCA Member
\$80.00 Non-member

WEIGHT AND KIDS - A HEAVY BURDEN



WEI - 001

Thursday, December 3, 2015

7:00 pm - 9:00 pm

This workshop had great reviews at the past MCCA conference so we invited Anna back to present it in our workshop series.

We frequently see childhood obesity identified as a serious problem in Canada that puts kids at risk for serious health problems like diabetes, heart disease, high blood pressure and asthma. There may also be social, psychological and emotional consequences like being excluded from activities or being teased. Kids who are unhappy with their weight are also more likely to develop eating disorders or depression. Given the risk of developing severe health consequences and the large potential cost to the health care system, there are many interventions to address overweight and obesity in children and teens. Do they make a difference? Are these interventions helping kids...or do they create another life-long set of problems.

Join Registered Dietitian Anna Pohorecky to discuss this complex issue and explore approaches to raising children who are healthy, happy and competent eaters.

FACILITATOR: Anna Pohorecky is a registered dietitian. She works primarily with teachers and educators, providing them with training and resources to teach nutrition to children in interesting, engaging and fun ways. In her time as part of the nutrition team at Dairy Farmers of Manitoba, Anna has facilitated many workshops all across Manitoba and has presented at numerous conferences. In the past Anna has also taken part in a local cooking show - The Great Tastes of Manitoba - where she regularly developed and demonstrated calcium rich recipes. Anna has also been a volunteer with Osteoporosis Canada, Manitoba Chapter since the late 90's, focusing her attention on delivering prevention messages to children, youth and their parents.

LOCATION: MCCA
2nd floor, 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$30.00 MCCA Member
\$60.00 Non-member

FALL 2015 PROFESSIONAL DEVELOPMENT WORKSHOPS

REGISTRATION PROCEDURES & POLICIES

- You must be a personal member of MCCA to qualify for member pricing. To confirm your membership number check your card or ask your director.
- Please check our website to see which workshops are full or have been postponed/cancelled.
- Your registration will not be processed unless we have received your completed registration form detailing sessions you would like to be registered for with payment enclosed. We do not invoice for workshops.
- Telephone, faxed registrations and post dated cheques will not be accepted.
- Registration deadline is one day prior to each session unless otherwise indicated.
- Methods of Payment:
Cheque, Visa, MasterCard are accepted. Interac is available for in person registration. If paying by cheque, mail your registration and payment to:

**Manitoba Child Care Association
2nd Floor, 2350 McPhillips Street
Winnipeg, Manitoba R2V 4J6**

If you are paying by credit card then you must register online. Go to www.mccahouse.org and click on the professional development button and then the online registration button.

- Receipts will be emailed (registrations by credit card) or mailed (registrations by cheque).
- If you are unable to attend a workshop that you have registered for and would like to send someone in your place (must be from the same centre and must be replacing a member) email Dianne Jones-Pearson before 3:30 pm prior to the workshop at djonespearson@mccahouse.org. Dianne's direct line is 204-336-5065.
- We require the name of the replacement so that a participant certificate can be prepared for the new person attending.
- Any substitutions made after 3:30pm prior to the workshop will require a \$5.00 payment (to be paid at workshop) for a replacement certificate.
- Refunds will not be issued for missed workshops.
- To replace a "Certificate of Participation" the cost is \$5.00.
- You will receive a certificate of participation on the day of your workshop.
- Mark the workshops you have registered for on your calendar as we will not call or send out reminders.
- If enrollment for any workshop is insufficient, MCCA reserves the right to cancel or reschedule it. In such instances, registrants will be notified and the fee refunded.
- In the event that weather prevents a participant (from outside of Winnipeg) from attending a workshop, a workshop credit will be granted if Environment Canada has recommended that a specific highway not be travelled on or is closed. A workshop credit allows the transfer of money from one workshop towards a future workshop and must be used in the same calendar year.
- If a workshop is cancelled due to weather, we will call or email the workplace to advise you the workshop is cancelled.
- We reserve the right to change the workshop location. Registrants will be notified by phone or email.



PROFESSIONAL DEVELOPMENT WORKSHOP REGISTRATION FORM

**NOTE: If you are only registering yourself, your name is not required in the workshop section.
If you are a centre/organization registering more than one individual, please indicate the
name of each person registering beside the workshop they have chosen.**

(Please print names to ensure proper spelling on certificates)

Name: _____ MCCA# _____

Home Address: _____ City/Town: _____ Postal Code: _____

Home Phone: (204) _____ Work Phone: (204) _____ Home Email: _____

Centre/Organization Name: _____ MCCA# _____

Address: _____ City/Town: _____ Postal Code: _____

Phone: (204) _____ Fax: (204) _____ Email: _____

PARTICIPANT NAME	MCCA #	WORKSHOP CODE	WORKSHOP NAME	AMOUNT DUE	
Handle with Care Manual _____ x \$12.00					
Ukulele _____ x \$40.00					
Tuner for Ukulele _____ x \$14.00					
I require a <input type="checkbox"/> vegetarian <input type="checkbox"/> gluten free lunch for workshop code _____					
TOTAL ENCLOSED					

Cheque# _____ Amount \$ _____ Date Received: _____

Mail Registration to : Manitoba Child Care Association, 2nd Floor, 2350 McPhillips Street, Winnipeg, Manitoba R2V 4J6

**** If you wish to pay by credit card please use our online payment options**