



Manitoba Child Care Association

2 - 2350 McPhillips Street

Winnipeg, MB R2V 4J6

(204) 586-8587 or Toll Free 1-888-323-4676

Fax: (204) 589-5613 email: info@mccahouse.org

Visit us online at www.mccahouse.org

2025 WINTER/SPRING Workshop Brochure

Professional Development



Welcome to the Winter/Spring Workshop Series

Welcome to our winter/spring workshop series. We are happy to offer 55 workshops this series. We are continuing with offering in-person workshops and zoom. We have brought back a few workshops that sold out in the fall series quickly and we have a bunch of new workshops. We have also added some information into the brochure about who the workshop is suitable for. So if the workshop is geared for those working with infants someone working with school age children won't sign up, we hope that is helpful in registering for workshops.

Please ensure that you register early to avoid missing out on any workshop that you are hoping to attend. Most workshops are capped at 30 participants and canceled if registration is below 10.

Prior to registering, please read over the workshop descriptions. Ensure you note how the workshop is being delivered as refunds will not be provided. Make sure to read the description so you know if the workshop being offered is the right fit for you and meets your professional development goals.


Information about registration and payment is below. Information about certificates and substitutions is on pages 3 & 4.

If you have any questions about the workshops, please contact Kayla Mauricio at 204-336-5051 or Karen Kowalski at 204-336-5062 (toll-free in MB at 1-888-323-4676) kmauricio@mccahouse.org or kkowalski@mcchouse.org.

If you have any questions about registration or substitutions, please contact Debbie at 204-336-5065 (toll-free in MB at 1-888-323-4676 ext. 227) or dcrampton@mccahouse.org.

WORKSHOP DELIVERY

The brochure is divided into two parts: In-Person Workshops and Zoom Workshops. They are listed chronologically for each type.

In-Person Workshops (pages 6 - 30): Most of these will be held at MCCA. Please watch for the finger icon.  This indicates that the location is elsewhere.

Zoom Workshops (pages 31 - 46): These workshops are all virtual. A reliable internet connection is required for zoom workshops. Please note the zoom policies listed on page 31.

HOW TO REGISTER AND PAY

If you are paying by credit card then you must use our online registration. Go to www.mccahouse.org, click on the professional development button, select workshops and then click on the link to access the online registrations. Please avoid using auto-fill when registering online.

If you are paying by cheque, please complete the registration form (found online) and mail it with your cheque to MCCA. If you are registering people from the same centre, you can fill out one registration form for everyone.

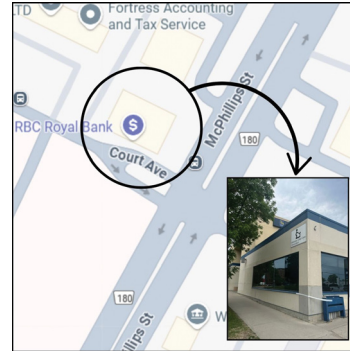
You can also come to MCCA during our office hours to drop off your completed registration form and pay by cash, cheque, or debit/credit.

Please ensure that registration has the correct email address and the correct spelling of the participant's name. Make sure the name is the person who is attending and not who is doing the registering.

WHERE TO FIND US

MCCA is located on the second floor of the Royal Bank Building on the corner of Court and McPhillips Street.

Manitoba Child Care Association
2 - 2350 McPhillips Street
Winnipeg, Manitoba R2V 4J6



POLICIES

Prior to registering for workshops, please read the workshop policies, particularly cancellations and substitutions. The policies can be found on page 47.

PARKING

There is no parking allowed in the parking lot at the strip mall at 1021 Court. If you park there, your vehicle will likely be towed. There is no parking permitted in the Royal Back Parking lot (this includes evenings and Saturdays).

Next to 1021 Court Medical Centre parking lot is a paid parking lot. It is \$8.00 for the full day. You may also download the hangTag app and pay via Visa debit or credit card. There is limited street parking available.



MCCA is not responsible for towed vehicles. Ensure you are parking in the paid parking lot or on the street.

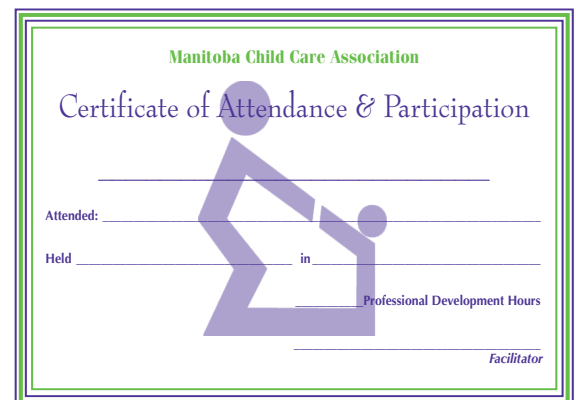
WORKSHOP CERTIFICATES

Please ensure when you register someone for a workshop the name is spelled correctly. The way it is entered will be how it will appear on the certificate. Errors made by the person completing the registration online or on paper will result in a \$10.00 charge to have a new certificate issued.

When you attend an in-person workshop, you will receive a paper certificate of participation. Zoom participants will receive an electronic certificate. Each certificate will have the amount of workshop hours on it to help you track your professional development hours. Best Practices recommends 24 hours of professional development each year.

Replacement certificates for workshops are available for \$10.00 each.

If you are attending Best Choices: Ethics Part II, III, or IV, you will need to bring your certificate and handouts with you.



SUBSTITUTIONS

MCCA does not offer refunds for workshops. If you are unable to attend a workshop for any reason that you have registered for, you can send someone in your place as a substitute. Contact Debbie Crampton at MCCA at 204-336-5065 or dcrampton@mccahouse.org. Substitutions must be made by 3:00 pm the day of the workshop for workshops held Monday – Thursday or 3:00 pm on Friday for Saturday workshops. This will ensure the substitute will receive a certificate.

FEELING UNDER THE WEATHER?

If you are not feeling well, have a fever, coughing, achiness, or sore throat, we ask that you **do not** attend your in-person workshop to reduce the chance of infecting others. If you cannot attend a workshop that you are registered for (for whatever reason, illness or other), there are no refunds. You can send a substitute in your place. Please see above and refer to the workshop policies on page 47 for more information.

GETTING THE MOST OUT OF YOUR WORKSHOP

At MCCA we strive to provide our members with professional development opportunities that are relevant, presented by professionals, and offer opportunities to learn. We want your workshop experience to be an uplifting and valuable one so we have a few suggestions that can help you accomplish this.

Professional goals: You are looking over the workshop line up and deciding what workshops to take. What factors help you to decide what workshops to take? Do you have a goal to work on, are you looking for new ideas on a specific topic, or are you just filling professional development hours?

Arrive on time: Once you have signed up for a workshop, jot down the time and date on a calendar so you remember to attend your workshop on time or log on before the workshop begins. MCCA does not send out reminders. Put a note that if the workshop is in-person and where or if its via zoom

Venture out: People who work together over a period of time will usually have the same work philosophies, experiences, ways in which things get done, etc. How about spreading your wings and connecting with people you don't know? Try sitting with new people or use the break out room as an opportunity to connect with new people, learn from each other, share your ideas, and network.

Participate: If you have signed up for a workshop, it is your obligation to fully participate in that workshop. This can be difficult after a long work day but you will only get out of the workshop what you put in. Sharing your experiences may provide someone else with a solution to a dilemma that they have encountered or maybe your story will give someone a boost, or just a much needed laugh. A Zoom workshop is a live event and participation is expected. Zoom workshops are not webinars.

Evaluate: In order to provide you with quality workshops, MCCA needs your feedback. It is important for us to know what you thought about your workshop, the presenter, and what type of workshops you would like to see offered in the future. Please take the time to complete the online evaluation you are sent after the zoom workshop.

PROFESSIONAL DEVELOPMENT BROUGHT TO YOUR DOOR!

Are you looking for a workshop that would benefit your staff? Are you looking for some professional development for a staff meeting or a staff retreat? Have you attended a workshop and wished your entire staff heard the same message? If you answered yes to any of these questions then perhaps we have the solution. You can contact MCCA to arrange for your personalized professional development. This service is available to child care centres or groups of family child care providers across the province and can be delivered by Zoom or in-person.

Benefits of your own personalized professional development opportunity:

- Everyone hears the same message
- Reduced cost – the cost to bring someone in for 35 people is cheaper than registering 35 people for a workshop
- Topic specific to your needs
- Flexibility with dates and times

MCCA has an extensive database of presenters, many of which have been presenting professional development for many years. Due to this consistent relationship with us, the presenters may be able to provide a discounted rate through MCCA. In 2024, MCCA has organized almost 49 personalized PDs for programs throughout Manitoba. The most popular workshop topic is Team Building.

What do you need to do to book a workshop?

Contact Karen Kowalski at kkowalski@mccahouse.org and provide the following information:

- Topic you are seeking
- Number of staff that will participate
- Possible dates and times for your event
- Budget
- * In-person or Zoom

What MCCA will provide:

MCCA will search our presenter database to match your topic & budget and we will provide the following:

- Initial contact of the presenter
- Contract with the presenter
- Organize audiovisual, handouts, etc.
- Invoice the centre
- Provide participation certificates for your staff
- Provide evaluation forms
- Payment of the facilitator

Cost for the service is dependent on length of event, number of attendees, and other costs.

If you have questions or are interested in having MCCA book your next professional development event, contact Karen Kowalski at kkowalski@mccahouse.org or 204-336-5062 or toll free 1-888-323-4676 ext. 224.

When attending a professional development event we ask:

Please take responsibility for the energy you bring to this event.

Your words matter. Your behaviours matter.

Our Members, Facilitators, Guests & MCCA Staff matter.

Take a slow, deep breath and be mindful of your energy before entering this collaborative meeting and learning environment.

Thank you

IN-PERSON WORKSHOPS



Please ensure you make note of where your in-person workshop is located.

Not all in-person workshops are held at MCCA.

Pedagogical Leaders - Community of Practice

Suitable for: Leaders

PED - 001
Thursday, January 30, 2025
9:00 am - 12:00 pm



Location:
Discovery Children's Centre
367 Hampton St.

PD Hours: 3

Cost:
\$30.00 MCCA member
\$60.00 Non-member

PED - 002
Thursday, April 10, 2025
9:00 am - 12:00 pm



Location:
Discovery Children's Centre
367 Hampton St.

PD Hours: 3

Cost:
\$30.00 MCCA member
\$60.00 Non-member

PED - 003
Thursday, June 12, 2025
9:00 am - 3:00 pm



Location:
Birds Hill Park
Lunch included

PD Hours: 6

Cost:
\$60.00 MCCA member
\$120.00 Non-member

This Community of Practice grew out of a group of directors who wanted to meet to support each other on their pedagogical journey after they attended the 11th Annual Directors Conference – 'Leading a Year of Reflection'. This group has had members come and go but a core group has kept it going. We invite you to join us if you are in a leadership position or may be the pedagogical leader at your centre and mentor or coach staff.

Join us as we share and support each other's pedagogical journey. At each meeting, we spend three hours, getting together to think deeper about topics that are current and relevant to our daily practice. The meeting content includes a round table discussion of a specific questions posed to everyone, discussion of articles, pedagogical focused activities, and sharing of resources. To receive the full benefit of this group we encourage you to register and attend all five of the meetings that happen throughout the year, two in fall and three in winter/spring.



Once you register, approximately one week before the meeting you will be sent an agenda and readings (to discuss at the meeting) by Karen Kowalski. The email will be sent to the email entered on the registration, so if multiple people from one centre are attending then please share with others.

FACILITATOR: Karen Kowalski is MCCA's Assistant Executive Director/Director of Professionalism

WORKSHOP DELIVERY: In-Person

Generations at Work: Bridging the Gap

GEN - 001

Wednesday, February 5, 2025

9:00 am - 3:00 pm

Suitable for: Leaders

PD Hours: 6

In today's diverse workplace, understanding generational differences is key to fostering a harmonious and productive environment. This workshop will explore the unique characteristics, communication styles, and work preferences of Baby Boomers, Generation X, Millennials, and Generation Z. By recognizing and appreciating these differences, participants will learn how to create a more inclusive and effective workplace.

Participants are on their own for lunch. There will be an hour lunch break. MCCA has a fridge, microwave, and a toaster oven for your convenience. There are several restaurants in the area.

FACILITATOR: Melenie Olfert has worked as an independent consultant sharing her knowledge and expertise through leadership projects and workplace training. With a background in adult education and training, Melenie is now a published writer, as well as an accomplished speaker on intercultural & diversity in the workplace, human resources and leadership development. Further to her training experience, Melenie is an instructor with the University of Winnipeg, PACE Program, where she teaches in the Leadership Program. She is also the co-facilitator of the Language Interpreter Training Program which supports language diversity in work and community settings. Outside of work, Melenie volunteers in assisting newcomers in preparing for their Canadian citizenship exams.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$120.00 MCCA Member
\$240.00 Non-member

WATCH FOR THIS!



IT MEANS THE WORKSHOP LOCATION IS NOT AT THE MCCA.

Reading Roots: Cultivating Strong Literacy Skills in Early Childhood

REA - 001

Thursday, February 6, 2025
6:30 pm - 8:30 pm

Suitable for: Front Line
PD Hours: 2

An insightful professional development presentation designed to deepen your understanding of how reading develops and the essential skills involved in becoming a proficient reader. This session will provide an overview of the stages of reading development, from early language acquisition to becoming a skilled reader.

Key topics will include:

1. The Development of Reading: An exploration of the stages of reading development from infancy through early childhood.
2. Skills of a Skilled Reader: Phonemic awareness, phonics, vocabulary, fluency, and comprehension.
3. Strengthening Reading Skills: Practical Activities and tools to support readers at various stages of development.
4. The Foundation of Language: The role of language development in reading proficiency and techniques to foster a rich language environment that supports literacy.

FACILITATORS: **Charlene Mitchell, R.SLP, MSLP** graduated from the University of North Dakota in 2001 and has spent the last 23 years supporting children and their families in the preschool and public school settings. She has extensive experience working with children with diverse needs from preschool to age 21, and is passionate about play-based learning at all ages.

Jessica Palson, R.SLP, M.SLP is a passionate Speech-Language Pathologist and trained Orofacial Myofunctional Therapist with over 20 years of experience working with children aged 2 to 21 years. Jessica believes creativity is key to motivating children and facilitating their growth and development, which gives her work a unique perspective. She has a passion for building connections with children and their families. Having the experience of learning English as her second language as a very young child, Jessica has particular interest in working with children and families who are learning English as an additional language.

Jennifer Tsouras, R.SLP, MSLP graduated from the University of North Dakota in 2003 and has been a school-based Speech-Language Pathologist since then. She recently became a trained Orofacial Myofunctional Therapist. Jenn enjoys connecting with children and their families, believing that positive, trusting relationships and teamwork are key to success.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$60.00 MCCA Member
\$120.00 Non-member

Handle with Care Building Block 1: Developing Trust Between Practitioner and Child

HAN - 001

Saturday, February 8, 2025

9:00 am - 12:00 pm

Suitable for: All

PD Hours: 3

Handle with Care is a program for promoting the mental health of young children in community-based child care. Developed by the Canadian Mental Health Association and the Toronto based Hincks-Dellcrest Centre, this 9-unit program provides child care practitioners with ideas and strategies for promoting the mental health of children between ages 0 & 6.

Building Block 1 of the program focuses on the importance of children's early relationships with their adult caregivers and explores how these relationships lay the foundation for healthy psychosocial development. Using a variety of activities, participants will learn how to promote trusting relationships with the children they care for within the context of their child care centre.

FACILITATOR: Michele Grant has been involved in Manitoba's early childhood community for many years as an early childhood practitioner, centre director, adult educator and volunteer. She is a past board member of both the MCCA and the CCCF and is a founding member and past chairperson of the MCCA Ethics Committee.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$50.00 MCCA Member
\$100.00 Non-member

Signs to Unlock Communication

COM - 001

Monday, February 10, 2025

6:30 pm - 8:30 pm

Suitable for: Front Line

PD Hours: 2

Discover the benefits of using signs to enhance communication with infants and toddlers. Sign Language enables children to express themselves before they can talk! Whether they want 'more' or need to use the 'potty' - these signs can reduce their anxiety and frustration. We will discuss the top signs and learn how to implement them throughout the day.

Did you know that using signs can be playful and fun too? It's true! We will blend signs to songs and learn how it can bring a story to life!

Each participant takes home the Baby Sign Language Step-by-Step Guide.

FACILITATOR: Serena Yong is an author and has 15 years experience teaching Baby Sign Language through her Little Signing Stars program. After learning ASL at the Deaf Center of Manitoba, she realized that every child could benefit from the visual cues that Sign Language offers.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$45.00 MCCA Member
\$90.00 Non-member

Best Choices: Ethics IV

ETH - 004

Tuesday, February 11, 2025

6:00 pm - 9:00 pm

Suitable for: All

PD Hours: 3

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

This capstone workshop will help you to make a commitment of ethical practice in your daily work and enhance your awareness of your own values, beliefs and assumptions. You will also understand why, when faced with an ethical dilemma, it is difficult to follow through with your best choice. This session is a pre-requisite to enroll in future "Train the Guide" sessions which would prepare you to assume the role of an ethics guide.

FACILITATORS: **Michele Grant** has been involved in Manitoba's early childhood community for many years as an early childhood practitioner, centre director, adult educator and volunteer. She is a past board member of both the MCCA and the CCCF and is a founding member and past chairperson of the MCCA Ethics Committee.

Shannon Curtaz is the Executive Director of Horizons Children's Centre. She has been working in the field of Early Childhood Education since 1997 as a front line ECE, a Supervisor and a Director. She believes that the relationships we form with all of the people who come in and out of our lives, both personal and professional, shape the person that we ultimately become and that therefore growth and learning is never ending.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$50.00 MCCA Member
\$100.00 Non-member

Workshop Tip:

Always keep your original workshop certificate.

Give your employer a copy.

Mastering Time: Strategies for Effective Child Care Leadership

MAS - 001

Wednesday, February 12, 2025

9:00 am - 12:00 pm

Suitable for: Leaders

PD Hours: 3

In our business world, the one we wished we had more of is time! Unfortunately, that is not something going to happen! So, what can we do to make the most of the time we have at work and in our personal lives?

In this workshop, we will identify the most important tasks and key time wasters. Together, we will uncover new ways to allocate and manage your time, deal with challenging deadlines, imposing workloads, interruptions, and maddening time wasters. We will uncover ways to make our workloads more manageable, one-step-at-a-time plan. We will talk about SMART goals, managing your energy, delegating, and avoiding procrastination.

By the end of our time together, we will help to determine clear boundaries with others to not allow interruptions or other distractions to diminish your focus. Our goal will be to move from feeling overwhelmed and spinning your wheels to taking action and managing your time effectively.

FACILITATOR: **Ron Sarran** is proud to share that he was born and raised in Winnipeg and embraces what it takes to brave a Prairie Winter and enjoy our beautiful (yet too short!) summers. He is a graduate of the University of Manitoba with a Bachelor's Degree in Business (Commerce) and Adult Learning & Development (Education). This is an addition to completion of his designation from the Canadian Institute of Management with a Professional Manager's Designation and as a Certified Facilitator from Design Dimensions International (DDI). His current role is the Director, Strategy and Consultant Care with Paradigm Consulting Group where he lead a team of professionals who deliver on their unmatched offer across the organization. The 20+ years of work experience has allowed him to learn about banking, retail, telecom, public sectors management and now consulting. His responsibilities have spanned multi-million-dollar Capital and Operating Expense Programs at Bell MTS, Organizational Initiatives such as the updated Strategic Plan for Economic Development Winnipeg to the development of Leadership Programs across multiple companies. These valuable experiences have led to successful outcomes that can be seen at each of these organizations.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$70.00 MCCA Member
\$140.00 Non-member

The Visual Experience

VIS - 001

Wednesday, February 12, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

Incorporating visual supports into children's lives is incredibly powerful for their development across many areas. Visuals provide a tangible way for children to comprehend information, communicate their needs, and navigate the world around them. By catering to different learning styles and needs, visual supports can level the playing field and promote inclusivity in childcare and educational settings.

This interactive and hands-on professional development session will explore various types of visual supports and discuss how each can be tailored to both support entire classrooms of children and meet the specific needs of individual children (ADHD, processing disorders, sensory difficulties, cognitive impairment, learning disabilities, emotional difficulties, language delays, ASD, FASD, and for those children learning English as an additional language). Additionally, practical strategies for creating and implementing visual supports effectively while ensuring they are meaningful and accessible for all learners will be discussed.

By the session's end, participants develop an understanding into the profound impact of appropriate visual support on children's autonomy, language acquisition, and overall well-being, empowering them to enrich their practices and create environments where every child can thrive.

FACILITATORS: **Charlene Mitchell, R.SLP, MSLP** graduated from the University of North Dakota in 2001 and has spent the last 23 years supporting children and their families in the preschool and public school settings. She has extensive experience working with children with diverse needs from preschool to age 21, and is passionate about play-based learning at all ages.

Jessica Palson, R.SLP, MSLP is a passionate Speech-Language Pathologist and trained Orofacial Myofunctional Therapist with over 20 years of experience working with children aged 2 to 21 years. Jessica believes creativity is key to motivating children and facilitating their growth and development, which gives her work a unique perspective. She has a passion for building connections with children and their families. Having the experience of learning English as her second language as a very young child, Jessica has particular interest in working with children and families who are learning English as an additional language.

Jennifer Tsouras, R.SLP, MSLP graduated from the University of North Dakota in 2003 and has been a school-based Speech-Language Pathologist since then. She recently became a trained Orofacial Myofunctional Therapist. Jenn enjoys connecting with children and their families, believing that positive, trusting relationships and teamwork are key to success.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$60.00 MCCA Member
\$120.00 Non-member

Guiding Infants 101

GUI - 001

Thursday, February 13, 2025
6:30 pm - 8:30 pm

Suitable for: All
PD Hours: 2

In this 2-hour workshop, “Behaviour Management” will be reframed as we discuss the meaning behind infant behaviour, what conflict resolution can look like in an infant room, and how to support young children’s emotions. From working through difficult drop offs to preventing biting to what to do when there is a dispute over a toy, we will examine why behaviours happen and simple changes caregivers can make to encourage a peaceful infant room. Warning: this workshop will not give you a “quick fix” to “bad behaviours”. Come prepared to discuss and reflect on situations you’ve had in your infant program and the impact we have as caregivers.

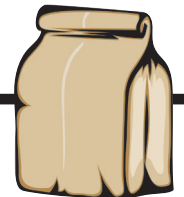
FACILITATOR: **Jenna Poborsa** has been in the child care field for over 20 years, with most of it spent with Infants and Toddlers. She has training in Pedagogy, Resource for Infant Educators (RIE philosophy), and is a facilitator for both Circle of Security and Positive Discipline for Everyday Parenting. After lots of experience and learning, she is looking forward to sharing her passion and wealth of knowledge on infant play, interactions, and learning.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
 2 - 2350 McPhillips St.
 Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$45.00 MCCA Member
 \$90.00 Non-member

Lunch ‘N Learn For Directors



Suitable for: Leaders (Directors & Assistant Directors)
PD Hours: 2.75

*Please join us
 for lunch!*

LUN - 001
Friday, February 21, 2025
11:15 am - 2:00 pm



Location: Caboto Centre
 1055 Wilkes Avenue

Speaker: Don Giesbrecht

Topic: Overview of the
 Canada-Wide Agreements

LUN - 002
Tuesday, April 15, 2025
11:15 am - 2:00 pm



Location: Larters at St. Andrews
 Golf & Country Club
 30 River Road, St. Andrews

Speaker: Dr. Rob Santos,
Research Chair,
 Early Childhood Development
 Research (ECCR)

Topic: Why Evidence-Based ELCC
 Matters More Than Ever Before

LUN - 003
Wednesday, June 18, 2025
11:15 am - 2:30 pm



Location: The Gates on Roblin
 6945 Roblin Blvd.

Speakers: Representatives from
 Post-secondary institutions to
 provide an overview of their ECE
 programs.

Networking & MCCA News: 11:15 am – 12:00 pm

Lunch: 12:00 pm – 1:00 pm
Speaker: 1:00 pm – 2:00 pm

*Please indicate if you require a vegetarian, vegan or gluten free meal.

FACILITATOR: **Karen Kowalski**

WORKSHOP DELIVERY: In-Person

COST: \$60.00 MCCA Member (each)
 \$120.00 Non-member (each)

Best Choices: Ethics I

ETH - 001

Tuesday, February 25, 2025

6:00 pm - 9:00 pm

Suitable for: All

PD Hours: 3

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

This is the first workshop in the MCCA's ethical journey series. In Part I, you will learn about beliefs, values, and ethics and the relationship between them. You will learn to identify your own beliefs, values, and ethics and understand how they impact your actions. You will also learn to understand others' beliefs, values, and ethics.

Starting in 2025, participants will receive a binder to put all their ethics workshop notes in and a protective pocket to keep their certificate.

FACILITATORS: **Keri Waterman** has over 30 years experience within the child care community, working with children of all ages, from front line to finance and administration including four years at the University of Manitoba as practicum supervisor. An Ethics Guide since 2002, she enjoys guiding people along their own ethical journeys.

Kisa Maclsaac is Métis, a mother, an educator, artist, advocate, and volunteer. She is an ECE III and holds a BA degree in Developmental Studies. Kisa jumped into the field of early learning and childcare back in 2002, has been a member of the MCCA Ethics Committee since 2008, and is a proud member of the MCCA Board of Directors. She is passionate about land based curriculum, and loves to garden with children!

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$50.00 MCCA Member
\$100.00 Non-member



Workshops begin promptly at the start time, please ensure you have arrived at your workshop 10 minutes prior to the start time.

Infant Pedagogy Made Simple: Understanding How Infants Learn and How to Apply It

INF - 001

Thursday, February 27, 2025
6:30 pm - 8:30 pm

Suitable for: All
PD Hours: 2

Have you heard about Pedagogy but think it doesn't apply to you because you work with Infants? Are you intimidated by what Pedagogy might be and not sure how to start? Come learn what Pedagogy in Infant Care means and what it can look like. Together we will explore simple ways to practice Infant Pedagogy without all the fancy words and how to explain it to others so it makes sense. At the end of this workshop, you will have a better understanding of how infants learn, realize the value of relationships in infant care, and what it means to reflect on your infant program.

FACILITATOR: Jenna Poborsa has been in the childcare field for over 20 years, with most of it spent with Infants and Toddlers. She has training in Pedagogy, Resource for Infant Educators (RIE philosophy), and is a facilitator for both Circle of Security and Positive Discipline for Everyday Parenting. After lots of experience and learning, she is looking forward to sharing her passion and wealth of knowledge on infant play, interactions, and learning.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$45.00 MCCA Member
\$90.00 Non-member

ETHICS WORKSHOPS INFO

The workshops in the ethics series are a unique set of workshops. Some things to keep in mind when registering for an Ethics workshop:

- You must take the workshops in consecutive order beginning with Part I.
- If you took Part I prior to 2015 you may want to start your journey over.
- There must be at least 4 months between the time you attended Part III and taking Part IV.
- It is a good idea to leave some time between workshops so that you have time to reflect and practice what you have experienced in the workshop.
- Before signing up for an Ethics workshop you should have worked at least 4 months to a year in the child care field to gain some experience, this applies to child care assistants as well as early childhood educators.

The Ethics workshops are like any other workshop, know why you are signing up to take this workshop. If you are a director who is registering staff for the Ethics workshops, make sure it is for the right reason, communication problems cannot be fixed by taking an Ethics workshop.

The Ethics workshops fill up very quickly. Once they are full, the workshop is placed on our full list and no further registrations are taken. If you register for multiple parts and do not attend the first part you registered for, you cannot attend the following part and you will forfeit both workshop fees, eg. you register for Part II & Part III at the same time but do not attend Part II, you will not be able to attend Part III and you will not receive a refund for EITHER workshop. You may still send a substitute, but they must have previously attended the pre-requisite workshop and you need to email Debbie at dcrampton@mccahouse.org with the name of the substitute.

Currently, the Best Choices: Ethics workshops that are held in Winnipeg are at MCCA. We are open to have them held around the city if 5 or more centres in a particular area (for example St. James) want to get together and host an Ethics workshop at one of the locations.

For more information please contact Karen Kowalski at kkowalski@mccahouse.org

Best Choices: Ethics II

ETH - 002

Tuesday, March 4, 2025

6:00 pm - 9:00 pm

Suitable for: All

PD Hours: 3

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

In this second session in your ethical journey, you will be introduced to the MCCA Code of Ethics and understand its benefits. You will also begin to learn the process of ethical decision making. In this session, you will receive your personal copy of the Code of Ethics and a handy wallet size card with the principles to keep at your fingertips.

Bring your binder from part I to receive your part II sticker.

FACILITATORS: Michele Grant has been involved in Manitoba's early childhood community for many years as an early childhood practitioner, centre director, adult educator and volunteer. She is a past board member of both the MCCA and the CCCF and is a founding member and past chairperson of the MCCA Ethics Committee.

Shannon Curtaz is the Executive Director of Horizons Children's Centre. She has been working in the field of Early Childhood Education since 1997 as a front line ECE, a Supervisor and a Director. She believes that the relationships we form with all of the people who come in and out of our lives, both personal and professional, shape the person that we ultimately become and that therefore growth and learning is never ending.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$50.00 MCCA Member
\$100.00 Non-member

The elevator door will be locked 15 minutes past the start of the workshop. If the elevator is locked, press the intercom button to the left of the elevator and the workshop host will let you in.

Developing Critical Thinking Skills

DEV - 001

Wednesday, March 5, 2025

9:00 am - 12:00 pm

Suitable for: Leaders

PD Hours: 3

Critical thinking is the ability to objectively analyze information and draw a rational conclusion. It involves gathering information on a situation and determining which pieces of information apply to the situation and which don't, based on logical reasoning. The ability to think critically helps people in both their personal and professional lives and is a valued and relevant skill in most industries. In this session, we will explore how critical skills are applied in your Educator roles and how you can continue to develop them to respond to real-life critical situations. In addition, we will explore ways on how Educators can develop critical thinking skills in children as well.

FACILITATOR: **Melenie Olfert** has worked as an independent consultant sharing her knowledge and expertise through leadership projects and workplace training. With a background in adult education and training, Melenie is now a published writer, as well as an accomplished speaker on intercultural & diversity in the workplace, human resources and leadership development. Further to her training experience, Melenie is an instructor with the University of Winnipeg, PACE Program, where she teaches in the Leadership Program. She is also the co-facilitator of the Language Interpreter Training Program which supports language diversity in work and community settings. Outside of work, Melenie volunteers in assisting newcomers in preparing for their Canadian citizenship exams.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$70.00 MCCA Member
\$140.00 Non-member

Summer Solutions: A Summer Programming Networking Session

SUM - 001

Thursday, March 6, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

Join Melanie, Kris and Kim from the School Age Committee in curating summer programming ideas not just for school age, but all ages! This networking session will recognize all types of planning - fieldtrips, staying at the centre, inviting people in, the possibilities are endless. Bring your open mind, ideas and enthusiasm to help create your greatest summer program yet!

FACILITATORS: **Melanie Glaser** is the program supervisor at Seven Oaks Child Day Care Centre. She has been in the field of Early Learning and Child Care for over 30 years. She is passionate about making memories and creating joy with the children.

Arthur Mateo is a CCA with 4 years of experience and graduated with Honours from Red River College's Professional Baking and Pastry Program. His experience as a pastry chef in various restaurants, bakeries, and ultimately as a Food Program Manager fuels his passion to educate others and share his knowledge about food.

Kim Rondeau is the Assistant Director for Lord Roberts Children's Programs. Kim has spent decades in the field working in both preschool and school-age settings. She currently volunteers her time to both the MCCA School-Age committee as well as the Manitoba Nature Summit. Kim is a passionate ECE who is dedicated to growing and sharing her knowledge, experience and enthusiasm for early learning and childcare.

WORKSHOP DELIVERY: In-Person

LOCATION: Seven Oaks Child Day Care Centre Inc.
2300 McPhillips St.
Located in the Seven Oaks Hospital –
Use entrance off Court Ave across from Walmart



COST: \$45.00 MCCA Member
\$90.00 Non-member

Handle with Care Building Block 2: Building and Ensuring Positive Self Esteem

HAN - 002

Saturday, March 8, 2025

9:00 am - 12:00 pm

Suitable for: All

PD Hours: 3

Handle with Care is a program for promoting the mental health of you children in community-based child care. Developed by the Canadian Mental Health Association and the Toronto-based Hincks-Dellcrest Centre, this 9-unit program provides child care practitioners with ideas and strategies for promoting the mental health of children between ages 0 – 6.

Building Block 2 of the program centers around how fostering children’s self-esteem involves helping them recognize and appreciate who they are and what they can do. Using a mix of small group activities and large group discussion, participants will learn how self-esteem is a central issue in children’s development and mental health. As well, the importance of temperament, of both children and child care participants, will be explored.

FACILITATOR: **Michele Grant** has been involved in Manitoba’s early childhood community for many years as an early childhood practitioner, centre director, adult educator and volunteer. She is a past board member of both the MCCA and the CCCF and is a founding member and past chairperson of the MCCA Ethics Committee.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$50.00 MCCA Member
\$100.00 Non-member

Best Choices: Ethics III

ETH - 003

Tuesday, March 11, 2025

6:00 pm - 9:00 pm

Suitable for: All

PD Hours: 3

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four-part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

In this third step of your ethical journey, you will use MCCA's Code of Ethics as a tool and examine a process for ethical decision making. Again, the complexity of best choice decision making will be apparent, but you will feel like you know how to decide what should be considered prior to making that best choice.

Bring your binder from part I to receive your part III sticker.

FACILITATORS: **Keri Waterman** has over 30 years experience within the child care community, working with children of all ages, from front line to finance and administration including four years at the University of Manitoba as practicum supervisor. An Ethics Guide since 2002, she enjoys guiding people along their own ethical journeys.

Kisa MacIsaac is Métis, a mother, an educator, artist, advocate, and volunteer. She is an ECE III and holds a BA degree in Developmental Studies. Kisa jumped into the field of early learning and childcare back in 2002, has been a member of the MCCA Ethics Committee since 2008, and is a proud member of the MCCA Board of Directors. She is passionate about land based curriculum, and loves to garden with children.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$50.00 MCCA Member
\$100.00 Non-member

Fueling Change: Innovative Fundraising Ideas

FUE - 001

Wednesday, March 12, 2025

9:00 am - 11:00 am

Suitable for: Leaders

PD Hours: 2

Running a child care program comes with its own set of challenges, but one of the most consistent hurdles is raising the necessary funds to maintain high-quality services. This panel discussion will provide you with innovative, practical, and fun fundraising ideas tailored specifically for child care programs.

FACILITATORS: **Aricelle Mateo, Marja Masotti & Melissa Marion** are three Executive Directors from programs inside and outside of Winnipeg. Each one has fundraising experience within their programs.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$50.00 MCCA Member
\$100.00 Non-member

We Dig Dinosaurs

WED - 001

Monday, March 17, 2025

6:30 pm – 9:00 pm

Suitable for: Front Line

PD Hours: 2.5

Join us as we explore the importance of encouraging, celebrating and building on the ideas and interests of young children in early childhood settings. Together we'll look at stories, rhymes, songs and hands-on activities that can be adapted to the interests of the children in various early learning environments while encouraging numeracy, literacy, gross and fine motor skills. Participants will have the opportunity to work with others to develop their own ready-to-use interest-based lesson/activity plans as we recognize the importance of following the lead of the children in our care. Best for those working with toddlers and pre-school aged children.

FACILITATOR: This workshop will be presented by a **Bookmates Facilitator**. Bookmates is a non-profit organization based in Winnipeg with over 40 years' experience in supporting early learning educators. Bookmates stays current with emerging research and themes related to healthy child development and uses a literacy lens to share strategies, information, resources and practical experiences.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: \$50.00 MCCA Member
\$100.00 Non-member

Effective Interviewing & Hiring

EFF - 001

Wednesday, March 19, 2025

9:00 am - 3:00 pm

Suitable for: Leaders

PD Hours: 6

Hiring is not easy. We can all relate to this statement. But why is it so hard to get it right? There are many factors outside of our control such as quality of applicant pool, pay in the industry, attractiveness of the industry compared to others, shifts in climate and culture, and more.

We can't change what we can't control. So, if we know what we can't control then let's look at what we can. We can control HOW we hire. This means everything from how we promote our organization through job ads and reputation, to how we connect with candidates, to how thorough and directed our hiring efforts are. In this workshop, attendees will learn strategies from an HR expert and recruiter that will improve their hiring process with the goal of making better, more intentional hiring choices.

Participants are on their own for lunch. There will be an hour lunch break. MCCA has a fridge, microwave, and a toaster oven for your convenience. There are several restaurants in the area.

FACILITATOR: Lyndsay Gillon-Seafoot is the founder of Curbridge, an HR Consulting firm focused on recruitment, outsourced HR Services, and leadership training. Lyndsay also founded Standout Staff; a platform created to innovate how employers connect with top talent.

Curbridge supports organizations across Manitoba and Saskatchewan (and growing) with their HR needs. Whether big projects or small questions, Curbridge is here to support owners and executives as they navigate the world of employees and human resources.

Lyndsay is an entrepreneur, mother to two young boys and stepmom to a teenage girl. Emigrating from Scotland as a child, Lyndsay now calls Wawanesa, MB home.



Lyndsay recently presented at the 2024 Directors Conference

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$160.00 MCCA Member
\$320.00 Non-member

You Sing a Song: Make & Take



SON - 001

Saturday, March 22, 2025

9:00 am – 1:00 pm

Suitable for: Front Line

PD Hours: 4

We'll Sing a Song and You'll Sing Along and We'll Sing a Song Together. We're back, and we're still singing!

Join Melanie and Michele for a Saturday sing along. You will leave with their take-home song book and some Make 'n Take props that you will create to use with children in your program. This is a highly participatory and active workshop, so put on your toe-tapping shoes and join them for a morning of joyful song.

FACILITATORS: **Melanie Glaser** is the program supervisor at Seven Oaks Child Day Care Centre. She has been in the field of Early Learning and Child Care for over 30 years. She is passionate about making memories and creating joy with the children.

Michele Grant will be the first to tell you that she grew up as a very shy child, but through stories she was able to see the world as an exciting and adventurous place to explore. Many children have access to books and have caregivers who read to them daily. Think about the power you have to engage children and bring those stories to life!

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$50.00 MCCA Member
\$100.00 Non-member

Centre Tours - The Journey of a Roll Away Program



CEN - 001

Wednesday, April 9, 2025

6:30 pm - 9:00 pm

Suitable for: All

PD Hours: 2.5

Join us in this three-centre tour for those who work in a roll away program. Participants will get the chance to view programs at different stages of their roll away journey, ask questions about how to navigate the realities of a roll away program and more!



Participants will go on the school bus for the tour. The tour will start at MCCA and finish at MCCA.

Roll Away Programs:

Sunny Mountain – Governor Semple Children's Place
O.K Before and After School Child Care Centres – O.V. Jewitt location
Seven Oaks Child Day Care Centre – Morrison School Location

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$60.00 MCCA Member
\$120.00 Non-member

A Morning with the Child Care Whisperer

MOR - 001

Saturday, June 21, 2025

9:00 am – 12:00 pm

Rescheduled Date

Suitable for: All

PD Hours: 3

Get ready for an unforgettable morning with Mr. Ty! His presentations are anything but ordinary—expect to be engaged, inspired, and involved every step of the way.

Throughout the session, he'll dive into three dynamic and thought-provoking topics:

- **Leading With Love:** Discover how love and empathy can transform leadership and create meaningful connections that drive success.
- **Creating a Positive Workplace Culture:** This isn't just about leadership—it's about all of us taking responsibility for building a supportive, inclusive environment where everyone thrives.
- **Educator Self-Care:** We'll explore practical strategies for maintaining balance, well-being, and passion in the fast-paced world of education, whether you're a teacher, early childhood educator, or school staff.

Don't miss this chance to learn, engage, and leave feeling motivated to make a real difference in your own work and community!

FACILITATOR: Mr. Ty, famously known as “The Childcare Whisperer,” is a visionary leader and renowned expert in the field of early childhood education (ECE). With over a decade of experience in both private and corporate childcare settings, Mr. Ty has transformed the lives of countless educators, leaders, and parents through his innovative approaches to childhood development and education. His unique ability to understand the nuanced behaviors of children, coupled with his passion for empowering educators, has earned him recognition as a trusted advisor and speaker worldwide.



As the president of The Empowerment Agency, Mr. Ty offers dynamic solutions through tailored services such as his highly sought-after “TyTalk” sessions and his cutting-edge, three-day intensive program, “The Whisperer Fix My Center.” His influence extends beyond training and consultation, with appearances on major platforms like *The Kelly Clarkson Show* and a social media following that exceeds one million. Through his workshops, like “30 Ways to Enhance Your Life in Childcare,” he provides practical strategies that foster personal and professional growth for teachers, leaders, and parents alike.



Mr. Ty's commitment to excellence shines through in every aspect of his work, making him a beacon of empowerment in the childcare sector. Whether he's guiding educators, inspiring parents, or shaping the next generation of leaders, The Childcare Whisperer's mission is clear: to transform lives, one child and one center at a time.



For Good. Forever.

This workshop is partially funded by the Winnipeg Foundation

WORKSHOP DELIVERY: In-Person

LOCATION: Victoria Inn Hotel & Conference Centre
1808 Wellington Ave.
Winnipeg, Manitoba
Room: Centennial 7, 8, 9



COST: \$30.00 MCCA Member
\$60.00 Non-member

Collaborative Storytelling for School Aged

COL - 001

Tuesday, April 22, 2025

6:30 pm – 8:30 pm

Suitable for: Front Line

PD Hours: 2

We're excited to share how we've brought collaborative storytelling into our programs in ways that are both fun and engaging for school-age learners. We know that getting school-agers excited about literacy can sometimes be a challenge, especially when they can be tough to please. That's why we've created activities that not only capture their imaginations but also keep them coming back for more, craving the next creative adventure! Join us as we show how we've made storytelling dynamic, hands-on experience that keeps school-age learners actively involved, inspired, and eager for the next chapter.

FACILITATORS: **Melanie Glaser** is the program supervisor at Seven Oaks Child Day Care Centre. She has been in the field of Early Learning and Child Care for over 30 years. She is passionate about making memories and creating joy with the children.

Arthur Mateo is a CCA with 4 years of experience and graduated with Honours from Red River College's Professional Baking and Pastry Program. His experience as a pastry chef in various restaurants, bakeries, and ultimately as a Food Program Manager fuels his passion to educate others and share his knowledge about food.

WORKSHOP DELIVERY: In-Person

LOCATION:	MCCA 2 - 2350 McPhillips St. Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.	COST:	\$45.00 \$90.00	MCCA Member Non-member
------------------	---	--------------	--------------------	---------------------------

From Behaviours to Relationships: Reimagining Challenging Behaviours

FRO - 001

Thursday, April 24, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

This workshop is the second of five in a series developed to support and enhance inclusive practices.

ALL children bring gifts, and have the right to be valued, accepted and included. We embrace inclusion and celebrate diversity as the means to foster the well-being of every child and thereby enrich our communities. All are entitled to full participation and support to meet their individual needs using a strength based, family centred approach, whereby we all learn from each other.

The first session of this series reflected on mindset as a vital component of inclusive practices. In this second session, From Behaviours to Relationships: Reimagining Challenging Behaviours, you will be asked to consider your current view of children's challenging behaviours and to imagine new possibilities through a lens of fostering relationships and seeing children's competencies. We will look at the practice of slowing down, upholding children's ideas and thinking together more deeply.

This session is two of five workshops that has been developed in partnership by the Manitoba Child Care Inclusion Committee, Manitoba Child Care Association, and the Manitoba Early Learning and Child Care Division. The workshops are fully funded by the federal government as part of the Canada-Wide Early Learning and Child Care Agreement.



Please note: Only 2 people per centre will be able to attend this workshop.

If you cannot attend this workshop we do keep a waiting list. If you change your mind at the last moment to attend, someone is missing out.

FACILITATORS: **Joanne Vinet** is an instructor and program coordinator at Université de Saint-Boniface. She has worked in a variety of roles, including supporting children with additional support needs.

Brigitte Insull is a member of the Manitoba Child Care Inclusion Committee. She has 40 years of experience in the child care sector, working with preschoolers, as a Centre Director and as a practicum Instructor at Red River College Polytech. She has been retired for the last seven years and has taken on the role of Side-by-Side Mentor, working with a number of centres.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the
corner of Court Ave. & McPhillips St.

COST: FREE
Limit 2 per centre

Sensory Through the Ages

SEN - 001

Saturday, April 26, 2025

10:00 am - 12:00 pm


Suitable for: Front Line

PD Hours: 2

Join us for an exciting tour of Seven Oaks Child Daycare Centre, where you'll explore the world of sensory play across all ages, from infants to school-age children. This hands-on experience will give you the chance to see and engage with a variety of sensory activities that go beyond touch. You'll discover how thoughtfully designed environments invite exploration and stimulate the senses, whether through sight, sound, smell, or movement. We'll also take you through our outdoor space, showcasing how sensory play extends into the yard, providing endless opportunities for discovery and learning. This tour is a great chance to see firsthand how sensory play supports development and sparks curiosity at every age.

FACILITATOR: **Melanie Glaser** is the program supervisor at Seven Oaks Child Day Care Centre. She has been in the field of Early Learning and Child Care for over 30 years. She is passionate about making memories and creating joy with the children.

WORKSHOP DELIVERY: In-Person

LOCATION: Seven Oaks Child Day Care Centre Inc.
2300 McPhillips St.
Located in the Seven Oaks Hospital – 
Use entrance off Court Ave across from Walmart

COST: \$45.00 MCCA Member
\$90.00 Non-member

From Ideas to Impact: Launching Clubs and Promoting Leadership in your School Age Program

LAU - 001

Tuesday, June 3, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

School Age is all the rage, but planning after school clubs that children actually want to sign up for can be a challenge. Do you want to start clubs in your program but aren't sure where to begin? Or maybe you're running clubs but struggling to keep them fresh? In this workshop, we'll explore a variety of creative club ideas and provide strategies for running them effectively. Well also discuss how to empower children to take the lead in their own clubs, including setting expectations and agreements. Plus, we'll cover showcasing the learning happening in your clubs to families. Let's dive in and discover how to make after school clubs exciting, engaging, and educational for all.

FACILITATOR: **Melanie Glaser** is the program supervisor at Seven Oaks Child Day Care Centre. She has been in the field of Early Learning and Child Care for over 30 years. She is passionate about making memories and creating joy with the children.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$45.00 MCCA Member
\$90.00 Non-member

Building Partnerships for Quality Inclusion

BUI - 001

Wednesday, June 4, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

Keeping Support at the Heart of Your Family-Centered Practice

This workshop is the third of five in a series developed to support and enhance inclusive practices.

Join us for an engaging evening where we will explore how to create effective partnerships with families and other stakeholders to transform your Inclusion Support Program by keeping 'support' at the heart of everything you do.

In this workshop we will examine partnerships for the inclusion of children with additional support needs through a Circle of Security® lens while identifying:

- team members, their roles, and how each stakeholder's values and beliefs can shape children's experience in the program.
- how to use observation and documentation to understand and share children's needs.
- how to effectively share information with your centre's team, families, and other stakeholders through informal and formal communications.
- how to support families as they share their expertise, desire for their child, and navigate available community and provincial services.

ALL children bring gifts, and have the right to be valued, accepted and included. We embrace inclusion and celebrate diversity as the means to foster the well-being of every child and thereby enrich our communities. All are entitled to full participation and support to meet their individual needs using a strength-based, family centered approach, whereby we all learn from each other.

This session is the third of five workshops developed in partnership by the Manitoba Inclusion Child Care Committee, Manitoba Child Care Association, and Manitoba Early Learning and Child Care. The workshops are fully funded by the federal government as part of the Canada-Wide Early Learning and Child Care Agreement.

Canada 

Manitoba 

Please note: Only 2 people per centre will be able to attend this workshop.

If you cannot attend this workshop we do keep a waiting list. If you change your mind at the last moment to attend, someone is missing out.

FACILITATORS: Lisa McLaughlin is the Co-Chair of the Manitoba Inclusion Child Care Committee, a Registered Circle of Security Classroom Facilitator, and a Program Supervisor at Aleph-Bet Child Life Enrichment Program Inc. In her 24 years working with children and families, she has kept inclusion at the heart of her early childhood practice.

Paramjit Brar is a member of the Manitoba Childcare Inclusion Committee. She has sixteen years of experience working in childcare in various capacities, including Kitchen Aid, Childcare Assistant, ECE II, Inclusion Coordinator, ECE III, and Centre Director. Currently working as an Instructor at Red River College Polytech. Before teaching at RRC Polytech, I worked as an instructor for almost one year at MITT, five years as an instructor in India, and for one term as a contract instructor at the University of Winnipeg.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: FREE
Limit 2 per centre

First Aid and CPR with AED – Training for Educators by an Educator

AID - 001

Saturday, June 7, 2025

9:00 am - 2:30 pm

Suitable for: All

This is a certified course that covers all the fundamentals required to work in an Early Child Care setting. Students will practise addressing various medical emergencies and first aid techniques including CPR and use of an AED.

This includes Red Cross Certificate

Participants are on their own for lunch. MCCA has a fridge, microwave, and a toaster oven for your convenience. There are several restaurants in the area.

FACILITATOR: Lois Johnson is a retired ECE III and past Director of the MFRC Childcare Centre. In 2017 Lois trained as a Red Cross First Aid Instructor. She was then able to do in-house first aid training and recertification of her staff and volunteers at the Military Family Resource Centre. After retiring in 2021 Lois continues to teach First Aid and enjoys combining First Aid Techniques and procedures as directly related to working in a Early Child Care Facility.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$85.00 MCCA Member
\$100.00 Non-member

Edible Education: Creative Cooking and Meal Planning in an Early Learning Setting

EDI - 001

Tuesday, June 10, 2025

6:30 pm – 8:30 pm

Suitable for: Front Line

PD Hours: 2

Looking for healthy, easy, and fun snack ideas for the children in your care? Join us for a hands-on, no-bake cooking workshop designed specifically for adults who want to learn how to create delicious, nutritious snacks that children will love—without turning on the oven!

In this workshop, you'll learn how to prepare a variety of kid-friendly bake and no-bake snacks that are not only quick, but easy to make. Participants will be able to share their own ideas and walk away with new ones!

FACILITATOR: Arthur Mateo is a CCA with 4 years of experience and graduated with Honours from Red River College's Professional Baking and Pastry Program. His experience as a pastry chef in various restaurants, bakeries, and ultimately as a Food Program Manager fuels his passion to educate others and share his knowledge about food.

WORKSHOP DELIVERY: In-Person

LOCATION: MCCA
2 - 2350 McPhillips St.
Located in the Royal Bank building on the corner of Court Ave. & McPhillips St.

COST: \$45.00 MCCA Member
\$90.00 Non-member

ZOOM WORKSHOPS



POLICIES FOR ZOOM WORKSHOPS

- Please click on the zoom link 10 - 15 minutes before the workshop begins. Our zoom workshop hostess will begin admitting participants in at that time.
- Zoom workshops are live workshops that require participants to keep their video on the entire time.
- Upon entering the workshop everyone will be muted to minimize background sounds. If you wish to make a comment or ask a question you can unmute yourself or comment in the chat feature.
- Please name your device with your full name so that we can check you off on the attendance. We don't know who you are if it just says iPhone 10 or iPad. We want to make sure we have verified your attendance so that you will receive a certificate.



- After the workshop you will be sent a link to complete a workshop evaluation using Survey Monkey. Please do the evaluation within 48 hours.
- Certificates of Participation will be emailed to participants after 75% of participants have completed the evaluation.
- If for any reason we cannot identify who you are, we will need to remove you from the workshop. Unfortunately you will not be let back into the workshop and will not receive a certificate.
- The zoom link we send is only for you. It should not be shared and other people should not be listening to the workshop who have not registered.
- If two or more people are registered and sharing one screen, please let the host/hostess know. It is recommended that each person is on their own device.
- The zoom link is sent out at least 24 hours to the workshop start time. If you have not received the zoom link contact MCCA by 3:00pm so that we can send you the link.

Revitalize Your Work & Life

REV - 001

Wednesday, January 22, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

To acknowledge the importance of mental health, MCCA is offering a low cost workshop to support the sector. We wanted this workshop to take place on Bell Let's Talk Day.

Are you trying to be all things to all people in your role as an Early Childhood Educator?

Do competing priorities, lack of time, energy, or motivation prevent you from bringing your best to both your work and your personal life? Are you giving your 'A' game to the children and coming home with your 'L' (leftover) game?

If that sounds familiar, it's time to *Revitalize Your Work & Life*—because your well-being matters, too! In this special virtual program, we'll explore how you, as an ECE, can top up your psychosocial wellness toolkit. You'll learn simple, purposeful, and deliberate actions to help you revitalize yourself so you can continue to make a difference in the lives of children while caring for your own mental health.

We'll dive into the Kaizen principle—small, continuous improvements that can enhance your quality of life, even in challenging times. This approach isn't about big changes; it's about manageable, daily steps that lead to long-term well-being.

And because this is all about self-care and mental health, we'll also take time to laugh, connect, and enjoy ourselves—because a little fun goes a long way!

FACILITATOR: Master motivator and psychosocial wellness expert **Stephanie Staples** travels internationally as a keynote speaker from the Mayo Clinic to the Middle East delivering idea-packed programs proven to increase feelings of hope, happiness, empowerment and ability to apply actionable, positive change for participants. Plus they are fun!

As a multi-titled author with eclectic qualifications that combine learnings from her background in healthcare, journalism, fitness and communications - Steph has some unique insights and tools to share. Buckle up, we are going for a ride that you, and the people you work with and care about, will benefit greatly from!

Steph is reWired nurse, mom of three, Lolli of two and wife of one and a (last-placed) Triathlete!



WORKSHOP DELIVERY: Zoom



COST: \$5.00 MCCA Member
\$10.00 Non-member

THE WINNIPEG FOUNDATION
For Good. Forever.

This workshop is partially funded by the Winnipeg Foundation

Pro-Social Learning

PRO - 001

Monday, February 3, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

Play is the primary way children make meaning of their world. Play is how children research and learn. Play is also a way for children to make connections with their peers however, it may be hard for some children to engage in co-operative and collaborative forms of play. This workshop is designed for Early Childhood Educators who want to learn how to support children through different types of play and play scenarios to support pro-social learning.

In this workshop educators will learn about the following:

- Enhancing opportunities to play.
- Facilitating play skills and peer relationships.
- Play partnering outside of their comfort zone.

FACILITATOR: Ana Valle Rivera is a proud mother of three, a public speaker, a consultant, and the founder of Early Years Thriving. Since 2007, Ana has worked with children and families with complex needs using inclusive and trauma-informed approaches. Ana has a background in ECE, a Bachelor's Degree in Child & Youth Care, and is currently completing a Master's Degree in Professional Education in ECE.

WORKSHOP DELIVERY: Zoom



COST: \$50.00 MCCA Member
\$100.00 Non-member

Documentation and Planning in the Outdoors

DOC - 001

Tuesday, February 4, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

Drawing on the Manitoba Early Learning Framework this workshop explores the “why” and “how” of documenting children’s learning outdoors. This workshop explores the different ways that educators can work collectively with children, colleagues and families to provide authentic, unique and meaningful documentation that truly enhances and provides insight into the children’s interests and understandings.

FACILITATOR: Laura Molyneux (She/her) is the co-founder of Cloudberry Forest School in St John’s, NL, now the Cloudberry Outdoor Play and Education Centre. Cloudberry is a place-based early years program with programs for children and families 18 months to adult as well as a teaching site for ECE students and in-service educators and has been operating since 2014. Over the past two years Cloudberry has been working alongside the provincial department of education creating a pilot program and research space to explore the barriers and benefits to licensing outdoor play programs and “outside the fence” policies to support risky play, natural and loose parts but more importantly informing policy makers to consider reflective policy making that benefits children, adults, inspectors and policy makers.

WORKSHOP DELIVERY: Zoom



COST: \$45.00 MCCA Member
\$90.00 Non-member

Successful and Sensible Potty Training in Early Childhood Settings

SUC - 001

Wednesday, February 5, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

In this session we will look at how participants can guide young children – and the adults in their lives – through potty training. We will approach potty training as a process that is a good fit with children's development. The session will start with a perspective on potty training as a self-help skill and include a close look at readiness, practical matters, and sensible potty-training practices. We'll consider problems that arise in potty training and also examine factors that can hinder potty training. Throughout the session, we'll discover how we can partner with families to share potty training information and insights. This workshop is based on the presenter's book *Good Going: Successful Potty Training for Children in Child Care*.

FACILITATOR: **Gretchen Kinnell** has worked in the early childhood and adult education fields for over 50 years. Her experience includes teaching special education in Washington DC, serving as the education director of a Child Care Resource and Referral agency in Central New York, teaching child development courses at Onondaga Community College and consulting on a number of early literacy and social emotional development projects. She is the author of two books and accompanying booklets for parents on toddler care in child care settings. She has also been featured in Parent Magazine and was a contributing advice columnist on parenting issues for the Syracuse Post Standard for several years.

During her career she has developed and presented over a thousand workshops for people who work with young children and is known for presentations that feature practical approaches to issues, humor and warmth. She currently lives in Durham, North Carolina where she continues to develop and present workshops on important issues for people who work with young children and their families. She has a large family of her own, with four children and eight grandchildren. Right now in 2025, four grandchildren are in college, three are in high school and one is in diapers!

WORKSHOP DELIVERY: Zoom



COST: \$50.00 MCCA Member
\$100.00 Non-member

What if Today was their Only Day

WHA - 001

Wednesday, February 19, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

Lisa shares the powerful story of her first day of school. Through engaging storytelling, Lisa brings you back to this first day by taking you on a tour of Mary's Nursery School. Lisa will share the sights and sounds of the place where, at the young age of three, she decided to become a teacher and identifies how one day solidified this decision. This inspiring presentation gets participants back in touch with their own personal why which is at the heart of providing quality care - why do we show up every day and do this work? And, if it was a child's only day, what will they remember?

FACILITATOR: **Lisa Murphy** has been involved in early childhood education for over 35 years. She has written five books, produced numerous training videos, serves on several early childhood advisory boards, lectures both domestically and internationally, is a frequent guest on various early childhood podcasts and is the founder and CEO of Ooey Goey, Inc.

In 2013 she received a Masters in Early Childhood Education from Champlain College, in 2018 she received the Patricia Monighan Nourot Award for Play Advocacy, in 2020 her book, *Lisa Murphy On... Being Child Centered* was nominated for "Best in Education" by Midwest Book Awards and in 2022 she was awarded the "Doctor of Play" award by the U.S. affiliate of the International Play Association. She is currently awaiting notice of acceptance from Hollins University to begin her second Masters degree; this time in Children's Literature. Lisa presents hundreds of workshops a year and is forever grateful knowing her presentations have been called: humorous, energetic, content-rich and inspiring. She currently resides in Central Florida where she continues to be an outspoken advocate who is committed to protecting a child's right to play.



WORKSHOP DELIVERY: Zoom



COST: \$25.00 MCCA Member
\$50.00 Non-member

**THE
WINNIPEG
FOUNDATION** 
For Good. Forever.

This workshop is partially funded by the Winnipeg Foundation

Truth, Tact and Grace: Delivering Difficult Messages to Parents

TRU - 001

Wednesday, February 26, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

Many of us have experienced feeling “tongue tied” when we must give difficult messages to parents. We may not be sure how to approach such situations or even whether we should try; it may seem easier to simply avoid such conversations. Even when we do decide to talk with parents about difficult matters, we may not know what to say or how to say it. In this session we will consider such situations and messages from our own experiences, and we’ll acknowledge our own feelings about approaching them. Then we’ll turn our attention to doing more than “finding the right words.” We’ll start with creating a communication framework to develop confidence and competence in this important aspect of our work. And we’ll continue with specific suggestions and strategies to give messages that are truthful, tactful and gracious.

FACILITATOR: **Gretchen Kinnell** has worked in the early childhood and adult education fields for over 50 years. Her experience includes teaching special education in Washington DC, serving as the education director of a Child Care Resource and Referral agency in Central New York, teaching child development courses at Onondaga Community College and consulting on a number of early literacy and social emotional development projects. She is the author of two books and accompanying booklets for parents on toddler care in child care settings. She has also been featured in Parent Magazine and was a contributing advice columnist on parenting issues for the Syracuse Post Standard for several years.

During her career she has developed and presented over a thousand workshops for people who work with young children and is known for presentations that feature practical approaches to issues, humor and warmth. She currently lives in Durham, North Carolina where she continues to develop and present workshops on important issues for people who work with young children and their families. She has a large family of her own, with four children and eight grandchildren. Right now in 2025, four grandchildren are in college, three are in high school and one is in diapers!

WORKSHOP DELIVERY: Zoom



COST: \$50.00 MCCA Member
\$100.00 Non-member



**Workshops begin promptly at
the start time, please ensure you have
joined the Zoom workshop 10 minutes
prior to the start time.**

Protecting Little People

PRO - 001

Monday, March 3, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

In our childcare spaces we do our best to protect children from hazards and other accidents in the environment. But what happens when harm happens outside of our control? Is there any way to prevent it or prepare children? This workshop will give Early Childhood Educators insights, tips and strategies to help protect and advocate for children.

In this workshop educators will cover:

- The ECEs duty to keep children safe in childcare spaces.
- Public outings and teaching situational awareness.
- Teaching children about body awareness and tricky people.
- Duty to report and other considerations.

FACILITATOR: Ana Valle Rivera is a proud mother of three, a public speaker, a consultant, and the founder of Early Years Thriving. Since 2007, Ana has worked with children and families with complex needs using inclusive and trauma-informed approaches. Ana has a background in ECE, a Bachelor's Degree in Child & Youth Care, and is currently completing a Master's Degree in Professional Education in ECE.

WORKSHOP DELIVERY: Zoom



COST: \$50.00 MCCA Member
\$100.00 Non-member

Gender in the Learning Environment

GEN - 001

Wednesday, March 5, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

This workshop examines how we represent gender in the classroom in an inclusive environment. Looking at critical literacy with the power books hold on children's images of gender through representation. Workshop also looks at addressing how we as educators may be influenced by our ideas of gender roles and how they become portrayed in the classroom, discussing ways to make our classrooms inclusive for all children, regardless of gender. Does touch on the topics of trans & non-binary families & children and pronouns.

FACILITATOR: Ashleigh Davies is an early childhood educator with her bachelors in ECCE and has worked with children in a variety of roles over the last decade. Ashleigh has worked as a post-secondary instructor, leading ECE post-basic courses, and currently is the head coordinator of the Burnaby Community & Continuing Education's ECE program. Ashleigh presents her workshops throughout Canada, bringing her passion for ECE into every session and can be found online as @pedagogyandchill.

WORKSHOP DELIVERY: Zoom



COST: \$45.00 MCCA Member
\$90.00 Non-member

Play Theory and Outdoor Play

PLA - 001

Monday, March 10, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

This workshop dives into the play theories of some of the great historical theorists and applies their ideas to outdoor play and learning; as well as sharing with educators what contemporary research is saying about it all.

FACILITATOR: Laura Molyneux (She/her) is the co-founder of Cloudberry Forest School in St John's, NL, now the Cloudberry Outdoor Play and Education Centre. Cloudberry is a place-based early years program with programs for children and families 18 months to adult as well as a teaching site for ECE students and in-service educators and has been operating since 2014. Over the past two years Cloudberry has been working alongside the provincial department of education creating a pilot program and research space to explore the barriers and benefits to licensing outdoor play programs and "outside the fence" policies to support risky play, natural and loose parts but more importantly informing policy makers to consider reflective policy making that benefits children, adults, inspectors and policy makers.

WORKSHOP DELIVERY: Zoom



COST: \$45.00 MCCA Member
\$90.00 Non-member

Making the Most of your MCCA Membership

MAK - 001

Wednesday, March 12, 2025

6:30 pm - 8:00 pm

Suitable for: All

PD Hours: 1.5

MCCA often says, "together we are stronger" and #membershipmatters, but what does that really mean? This workshop is ideal for MCCA members who are looking to gain a deeper understanding of what their MCCA membership offers. Whether you are a new member or have been a member for years, this workshop will help unpack what is included in your membership and help you utilize your membership to its fullest!

FACILITATOR: Kayla Mauricio is MCCA's Program Services Administrator.

Ashley Peters is MCCA's Membership & Management Assistant.

WORKSHOP DELIVERY: Zoom



COST: Free for Current MCCA Members
Registration Limit: 2 Per Centre

Utilizing your Space to Meet your Children's Needs

SPA - 001

Saturday, March 15, 2025
10:00 am - 12:00 pm

Suitable for: FCCP
PD Hours: 2

The goal of this workshop is for family child care providers to find inspiration by using the resources available to them in order to create beautiful physical spaces for children that also meet their individual and developmental needs.

FACILITATOR: **Kayla Papalia** is an Early Childhood Educator who has been working in the field for over 10 years, Her passions lie in advocacy; with her good friend and former co-educator, the two started the ECE, Honestly Podcast as a way to bring a voice to the subjects that may not be as openly discussed in the world of ECE. Sometimes that means talking about the challenges in the field, as well as using the podcast and social media account as a platform to help elevate the voices of those educators who feel they are not being heard. Kayla is also the owner on an In-Home Multi Age childcare centre. She was able to take advantage of her privilege and leave working in group childcare. She began working for herself while still having the ability to work directly with children and families.

WORKSHOP DELIVERY: Zoom



COST: \$45.00 MCCA Member
\$90.00 Non-member

Lisa Murphy on Being Child Centered

LIS - 001

Wednesday, March 19, 2025
6:30 pm - 8:30 pm

Suitable for: All
PD Hours: 2

This session is an in-depth exploration of the nine points outlined in the framework that Lisa presents in her book, *Lisa Murphy On... Being Child Centered*. Via interactive lecture, true-to-life examples, anecdotes and her signature "learning and laughing" style, this workshop debunks the myth that being child centered means kids running around naked all day and instead outlines what it really means to be a child centered program.

FACILITATOR: **Lisa Murphy** has been involved in early childhood education for over 35 years. She has written five books, produced numerous training videos, serves on several early childhood advisory boards, lectures both domestically and internationally, is a frequent guest on various early childhood podcasts and is the founder and CEO of Ooey Gooley, Inc.

In 2013 she received a Masters in Early Childhood Education from Champlain College, in 2018 she received the Patricia Monighan Nourot Award for Play Advocacy, in 2020 her book, *Lisa Murphy On... Being Child Centered* was nominated for "Best in Education" by Midwest Book Awards and in 2022 she was awarded the "Doctor of Play" award by the U.S. affiliate of the International Play Association. She is currently awaiting notice of acceptance from Hollins University to begin her second Masters degree; this time in Children's Literature. Lisa presents hundreds of workshops a year and is forever grateful knowing her presentations have been called: humorous, energetic, content-rich and inspiring. She currently resides in Central Florida where she continues to be an outspoken advocate who is committed to protecting a child's right to play.



WORKSHOP DELIVERY: Zoom



COST: \$25.00 MCCA Member
\$50.00 Non-member

This workshop is partially
funded by the
Winnipeg Foundation



From Behaviours to Relationships: Reimagining Challenging Behaviours

BEH - 001

Thursday, March 20, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

This workshop is the second of five in a series developed to support and enhance inclusive practices.

ALL children bring gifts, and have the right to be valued, accepted and included. We embrace inclusion and celebrate diversity as the means to foster the well-being of every child and thereby enrich our communities. All are entitled to full participation and support to meet their individual needs using a strength based, family centred approach, whereby we all learn from each other.

The first session of this series reflected on mindset as a vital component of inclusive practices. In this second session, From Behaviours to Relationships: Reimagining Challenging Behaviours, you will be asked to consider your current view of children's challenging behaviours and to imagine new possibilities through a lens of fostering relationships and seeing children's competencies. We will look at the practice of slowing down, upholding children's ideas and thinking together more deeply.

This session is two of five workshops that has been developed in partnership by the Manitoba Child Care Inclusion Committee, Manitoba Child Care Association, and the Manitoba Early Learning and Child Care Division. The workshops are fully funded by the federal government as part of the Canada-Wide Early Learning and Child Care Agreement.

Canada 

Manitoba 

Please note: Only 2 people per centre will be able to attend this workshop.

If you cannot attend this workshop we do keep a waiting list. If you change your mind at the last moment to attend, someone is missing out.

FACILITATORS: Joanne Vinet is an instructor and program coordinator at Université de Saint-Boniface. She has worked in a variety of roles, including supporting children with additional support needs.

Brigitte Insull is a member of the Manitoba Child Care Inclusion Committee. She has 40 years of experience in the child care sector, working with preschoolers, as a Centre Director and as a practicum Instructor at Red River College Polytech. She has been retired for the last seven years and has taken on the role of Side-by-Side Mentor, working with a number of centres.

WORKSHOP DELIVERY: Zoom



COST: Free
Limit 2 per centre

Creating an Eco-Friendlier Environment in the Early Years

CRE - 001

Tuesday, April 1, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

Navigating a multi-cultural workplace can sometimes feel tricky. During this virtual workshop we will talk about cultural differences and how they influence our work, values, and experiences. We will touch on global context, discuss how miscommunication can sometimes happen, and some suggestions for collaborating well in a multicultural environment to meet the needs of the program and better serve our community. Participants will walk away with a new lens to apply to their work and some tips for reducing and dealing with communication differences.

FACILITATOR: **Lobna Ajaini** is an Early Childhood Leader with an Honours Bachelor of Early Childhood Leadership Degree and an Early Childhood Education Diploma from Sheridan College. She is completing MPED, a Master's Degree of Professional Education in ECE through Western University. Lobna is a multi-award-winning educator and leader who received the 2022 Honours Bachelor of Early Childhood Research Award about Forest Schools, the 2019 Sylvia Leal Leadership Award, and the 2016 Davis Campus Commemorative Award. Recently, Lobna was featured in the prestigious Hoinser Media Group book as one of the 100 top powerful global leaders.

Lobna is the founder of Childhood Empowerment, a platform dedicated to fostering growth and development for early childhood educators. She is currently working as an ECE college instructor in Ontario where she was nominated several times in the Above and Beyond program for supporting her students and for her teaching style. She previously worked as a Family Support Facilitator, site director and Montessori French teacher. Lobna is passionate about Diversity, Equity, and Inclusion (DEI), humanitarian and environmental community projects. Her love for creativity and innovation stems from her educational background in the engineering field. She values lifelong learning and facilitating workshops to empower educators, children and families.

WORKSHOP DELIVERY: Zoom



COST: \$50.00 MCCA Member
\$100.00 Non-member

**The Best Practices Licensing Manual recommends
24 hours of professional development
for Directors, ECEs, and CCAs.**

Lisa Murphy on Play! The Importance of Early Experiences

MUR - 001

Thursday, April 3, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

In this workshop Lisa presents the seven things we must do with children each day which she outlined in her book, *Lisa Murphy on... PLAY*. This workshop continues to be Lisa's most requested session because it shows how these seven things make up the foundation that supports the house of higher learning. There is nothing wrong with the "academic" expectations of the house such as reading, writing, math... the trouble is that many early childhood educators are being pressured to build a house where there is no foundation. Play is the foundation and through an investigation of the seven things Lisa shows you how.

FACILITATOR: **Lisa Murphy** has been involved in early childhood education for over 35 years. She has written five books, produced numerous training videos, serves on several early childhood advisory boards, lectures both domestically and internationally, is a frequent guest on various early childhood podcasts and is the founder and CEO of Ooey Goey, Inc.

In 2013 she received a Masters in Early Childhood Education from Champlain College, in 2018 she received the Patricia Monighan Nourot Award for Play Advocacy, in 2020 her book, *Lisa Murphy On... Being Child Centered* was nominated for "Best in Education" by Midwest Book Awards and in 2022 she was awarded the "Doctor of Play" award by the U.S. affiliate of the International Play Association. She is currently awaiting notice of acceptance from Hollins University to begin her second Masters degree; this time in Children's Literature. Lisa presents hundreds of workshops a year and is forever grateful knowing her presentations have been called: humorous, energetic, content-rich and inspiring. She currently resides in Central Florida where she continues to be an outspoken advocate who is committed to protecting a child's right to play.



WORKSHOP DELIVERY: Zoom



COST: \$25.00 MCCA Member
\$50.00 Non-member

THE
WINNIPEG
FOUNDATION



For Good. Forever.

*This workshop is partially
funded by the
Winnipeg Foundation*

Embracing Tensions: Encounters with Tough Topics

EMB - 001

Monday, April 7, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

In educational settings we often encounter tough topics, topics such as death, divorce, global warming, racism, sexism, colonial histories, disability awareness, and LGBTQ2S+ topics. How do we respond when tensions around tough topics arise? This workshop addresses why it's important to critically engage with children, how to have conversations with families, and ways to engage with tough topics. We will look at what it means to embrace the tensions in our educational settings and what can grow from engaging with said tensions. The goal of this workshop is that educators will leave feeling more confident in their abilities to engage with tensions and tough topics within their settings.

FACILITATOR: Ashleigh Davies is an early childhood educator with her bachelors in ECCE and has worked with children in a variety of roles over the last decade. Ashleigh has worked as a post-secondary instructor, leading ECE post-basic courses, and currently is the head coordinator of the Burnaby Community & Continuing Education's ECE program. Ashleigh presents her workshops throughout Canada, bringing her passion for ECE into every session and can be found online as @pedagogyandchill.

WORKSHOP DELIVERY: Zoom



COST: \$45.00 MCCA Member
\$90.00 Non-member

They Said What? Analyzing ELCC Data

HEY - 001

Tuesday, April 8, 2025

9:00 am - 11:00 am

Suitable for: All

PD Hours: 2

Understanding key features of Manitoba's ELCC policy landscape can help make you a better ECE practitioner, leader, and advocate. Every year, Manitoba publishes important information in an annual report - and learning how to read these reports, and to track changes over time, can be tricky. In this hands-on workshop, we will learn about the Annual Reports, how to 'de-code' the information, and how to watch for year-over-year changes. We will also review some national reports that help to put Manitoba data in context. At the end of this workshop, participants will have the skills and confidence to make accurate claims about Manitoba ELCC policy and spending.

FACILITATOR: Susan Prentice is a professor of Sociology at the University of Manitoba, where she specializes in childcare policy. She is a member of MCCA's Public Policy Committee and the Child Care Coalition Manitoba.

WORKSHOP DELIVERY: Zoom



COST: \$20.00 MCCA Member
\$40.00 Non-member

Understanding Pedagogy

UND - 001

Tuesday, April 8, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

We have heard the term Pedagogy within our field of childcare over the past several years, but what does it really mean? Why is it important to our field? How can it impact and strengthen our daily practice with children? Knowledge is power, and with an understanding of the pedagogical approach and why this knowledge is important to our practice, we can continue our journey in strengthening early childhood education.

In this workshop, we will define Pedagogy and explore what it means to be a pedagogical leader in your program. When we understand what this means then we can engage in a pedagogical practice.

FACILITATOR: Cindy Curry loves learning, sharing her passion for child-led play and is energized when she can inspire others along the way. She has dedicated over 35 years to Early Childhood Education and has worked in many types of programs including group family child care and forest and nature school.

Currently, she is the director of a rural child care program, instructs at Red River College Polytechnic, facilitates workshops, and advocates for children to connect with nature. In the fall of 2023, she was recognized as an Exchange Leader through the Exchange Leadership Initiative and was published in the summer 2024 edition of *Play Outdoors Magazine*.

WORKSHOP DELIVERY: Zoom



COST: \$45.00 MCCA Member
\$90.00 Non-member

Video Review: PLAYed

VID - 001

Wednesday, April 16, 2025

6:30 pm - 8:30 pm

Suitable for: Front Line

PD Hours: 2

This is not your traditional workshop. There is so much to talk about and unpack in this video. It shares many ECE voices heard at the International Play Iceland gathering in 2020. This gives us the opportunity to hear from others from around the world who are dedicated to children and the care that is meaningful and appropriate for the children we work with.

Join me for a discussion about the importance of play and its impact on children who are dealing with more challenges and issues than ever before.

FACILITATOR: Cindy Curry loves learning, sharing her passion for child-led play and is energized when she can inspire others along the way. She has dedicated over 35 years to Early Childhood Education and has worked in many types of programs including group family child care and forest and nature school.

Currently, she is the director of a rural child care program, instructs at Red River College Polytechnic, facilitates workshops, and advocates for children to connect with nature. In the fall of 2023, she was recognized as an Exchange Leader through the Exchange Leadership Initiative and was published in the summer 2024 edition of *Play Outdoors Magazine*.

WORKSHOP DELIVERY: Zoom



COST: \$25.00 MCCA Member
\$50.00 Non-member

Building Partnerships for Quality Inclusion

BUI - 001

Thursday, April 17, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

Keeping Support at the Heart of Your Family-Centered Practice

This workshop is the third of five in a series developed to support and enhance inclusive practices.

Join us for an engaging evening where we will explore how to create effective partnerships with families and other stakeholders to transform your Inclusion Support Program by keeping 'support' at the heart of everything you do.

In this workshop we will examine partnerships for the inclusion of children with additional support needs through a Circle of Security® lens while identifying:

- team members, their roles, and how each stakeholder's values and beliefs can shape children's experience in the program.
- how to use observation and documentation to understand and share children's needs.
- how to effectively share information with your Centre's team, families, and other stakeholders through informal and formal communications.
- how to support families as they share their expertise, desire for their child, and navigate available community and provincial services.

ALL children bring gifts, and have the right to be valued, accepted and included. We embrace inclusion and celebrate diversity as the means to foster the well-being of every child and thereby enrich our communities. All are entitled to full participation and support to meet their individual needs using a strength-based, family centred approach, whereby we all learn from each other.

This session is the third of five workshops developed in partnership by the Manitoba Inclusion Child Care Committee, Manitoba Child Care Association, and Manitoba Early Learning and Child Care. The workshops are fully funded by the federal government as part of the Canada-Wide Early Learning and Child Care Agreement.

Canada 

Manitoba 

Please note: Only 2 people per centre will be able to attend this workshop.

If you cannot attend this workshop we do keep a waiting list. If you change your mind at the last moment to attend, someone is missing out.

FACILITATORS: **Lisa McLaughlin** is the Co-Chair of the Manitoba Inclusion Child Care Committee, a Registered Circle of Security Classroom Facilitator, and a Program Supervisor at Aleph-Bet Child Life Enrichment Program Inc. In her 24 years working with children and families, she has kept inclusion at the heart of her early childhood practice.

Paramjit Brar is a member of the Manitoba Childcare Inclusion Committee. She has sixteen years of experience working in childcare in various capacities, including Kitchen Aid, Childcare Assistant, ECE II, Inclusion Coordinator, ECE III, and Centre Director. Currently working as an Instructor at Red River College Polytech. Before teaching at RRC Polytech, I worked as an instructor for almost one year at MITT, five years as an instructor in India, and for one term as a contract instructor at the University of Winnipeg.

WORKSHOP DELIVERY: Zoom



COST:

Free

Limit 2 per centre

Love and Limits: What Every Child Needs

LOV - 001

Wednesday, April 23, 2025

6:30 pm - 8:30 pm

Suitable for: All

PD Hours: 2

When it comes to children, we know how we feel about love, but limits are another matter. There is so much to wonder about: Are limits good or bad? How many limits are enough? What kinds of limits are we talking about here? Who makes the limits? Who makes them work? Do they even work? All of these are valid questions, but in this session, it's really a matter of perspective; that is, how we look at limits. And we are going to consider limits as gifts we give children. We'll take a close look at this concept. Then we'll get down to the business of creating useful limits, communicating them to children and helping children thrive within the limits. We'll also examine how to say "no" in ways that are good for us as adults and good for children. This session reveals how beneficial good, strong limits are for young children, and how to "do limits" well.

FACILITATOR: **Gretchen Kinnell** has worked in the early childhood and adult education fields for over 50 years. Her experience includes teaching special education in Washington DC, serving as the education director of a Child Care Resource and Referral agency in Central New York, teaching child development courses at Onondaga Community College and consulting on a number of early literacy and social emotional development projects. She is the author of two books and accompanying booklets for parents on toddler care in child care settings. She has also been featured in *Parent Magazine* and was a contributing advice columnist on parenting issues for the Syracuse Post Standard for several years.

During her career she has developed and presented over a thousand workshops for people who work with young children and is known for presentations that feature practical approaches to issues, humor and warmth. She currently lives in Durham, North Carolina and where she continues to develop and present workshops on important issues for people who work with young children and their families. She has a large family of her own, with four children and eight grandchildren. Right now in 2025, four grandchildren are in college, three are in high school and one is in diapers!

WORKSHOP DELIVERY: Zoom



COST:	\$50.00	MCCA Member
	\$100.00	Non-member

WINTER/SPRING 2025 PROFESSIONAL DEVELOPMENT WORKSHOPS REGISTRATION PROCEDURES & POLICIES

- You must be a personal member of MCCA to qualify for member pricing. To confirm your membership number check your card or ask your director.
- Please check our website to see which workshops are full or have been postponed/cancelled.
- Your registration will not be processed unless we have received your completed registration form detailing sessions you would like to be registered for with payment enclosed. We do not invoice for workshops.
- Telephone, faxed registrations and post dated cheques will not be accepted.
- Registration deadline is one day prior to each session unless otherwise indicated.
- Methods of Payment:
Cheque, Visa, MasterCard are accepted. Interac is available for in person registration. If paying by cheque, mail your registration form and payment to:

**Manitoba Child Care Association
2 - 2350 McPhillips Street
Royal Bank Building
Winnipeg, Manitoba R2V 4J6**

If you are paying by credit card then you must register online. Go to mccahouse.org and click on the professional development button, select workshops, and then click on the link for online registration. Please avoid using auto-fill.

- Receipts will be emailed.
- If you are unable to attend a workshop that you have registered for and would like to send someone in your place (must be from the same centre and must be a replacing a member) email Debbie Crampton before 3:00 pm prior to the workshop at dcrampton@mccahouse.org. Debbie's direct line is 204-336-5065. We require the name and email of the replacement so that the Zoom link, any handouts, and certificate can be sent to the new person attending.
- There are no workshop refunds and this includes if the participant misses the workshop.
- To replace a "Certificate of Participation" the cost is \$10.00.
- Participants for Zoom workshops will receive a certificate of participation via email once 75% of participants have completed the workshop survey. Participants for in-person workshops will receive a paper certificate at the workshop.
- Mark the workshops you have registered for on your calendar as we will not call or send out reminders.
- If enrollment for any workshop is insufficient, MCCA reserves the right to cancel or reschedule it. In such instances, registrants will be notified and the fee refunded.
- In the event that weather prevents a participant (from outside of Winnipeg) from attending a workshop, a workshop credit will be granted if Environment Canada has recommended that a specific highway not be travelled on or is closed. A workshop credit allows the transfer of money from one workshop towards a future workshop and must be used in the same calendar year.
- If a workshop is cancelled due to weather, we will call/email to advise you the workshop is cancelled.
- If you are ill please do not attend your in person workshop, send a substitute.
- We reserve the right to change the workshop location. Registrants will be notified by phone or email.