



Manitoba Child Care Association

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Fax: (204) 589-5613 email: info@mccahouse.org

Visit us online at www.mccahouse.org



Professional Development

2021 SPRING Workshop Brochure

Welcome to the Spring Workshop Series

We are pleased to bring you this line up of workshops. There are 19 professional development opportunities listed in this brochure. All the workshops are being held by Zoom.

Before registering for a workshop please ensure that you read the entire description in the brochure as the workshop may be geared to leaders.

Each workshop has a minimum of 10 registrants for the workshop to take place, so please register early so that your workshop selection is not in jeopardy of being cancelled.

Prior to registering for a workshop, please read over the Policies and Procedures on page 19. If a workshop is being cancelled the registrant can select another workshop or a full refund will be provided.

If you are registering by cheque, then download the registration form and mail it in with the cheque. If you are paying by credit card (Visa/Mastercard) please go to our website at www.mccahouse.org, click on professional development, then click on workshops, then click on the registration link. Remember to use Google Chrome or Firefox, you won't be able to register using your phone or tablet. If your registration has gone through you WILL receive an email. If you don't then contact Dianne at djonespearson@mccahouse.org.

If you have any question concerning professional development, you can email Karen Kowalski at kkowalski@mcchouse.org.

PROFESSIONAL DEVELOPMENT BROUGHT TO YOUR SCREEN VIA ZOOM!

Are you looking for a workshop that would benefit your staff? Are you looking for some professional development for a staff meeting or a staff retreat? Have you attended a workshop and wished your entire staff heard the same message? If you answered yes to any of these questions then perhaps we have the solution. You can now contact MCCA to arrange for your personalized professional development. This service is available to child care centres across the province and is currently delivered by Zoom.

Benefits of your own personalized pd opportunity:

- Everyone hears the same message
- Reduced cost – the cost to bring someone in for 35 people is cheaper than registering 35 people for a workshop
- Topic specific to your needs
- Flexibility with dates and times

MCCA has an extensive database of presenters, many of which have been presenting professional development for many years. Due to this consistent relationship with us, the presenters may be able to provide a discounted rate through MCCA. We have now booked workshops for over +30 child care centres in and outside of Winnipeg. Some of the popular topics have been MCCA's pedagogical workshops (learning stories, etc.), guiding children's behaviour, and respectful workplaces.

What do you need to do to book a workshop?

Contact Karen Kowalski at kkowalski@mccahouse.org and provide the following information:

- Topic you are seeking
- Number of staff that will participate
- Possible dates and times for your event
- Budget

What MCCA will provide:

MCCA will search our presenter database to match your topic & budget and we will provide the following:

- Initial contact of the presenter
- Contract with the presenter
- Organize audiovisual, handouts, etc.
- Invoice the centre
- Provide participation certificates for your staff
- Provide evaluation forms
- Payment of the facilitator

Cost for the service is dependent on length of event and number of attendees.

If you have questions or are interested in having MCCA book your next professional development event, contact Karen Kowalski at kkowalski@mccahouse.org or 204-336-5062 or toll free 1-888-323-4676 ext. 224.



COVID-19 Novel Coronavirus

Do not enter if you should be self-isolating as a result of possible exposure to COVID-19 within the last 14 days due to:

- Contact with someone that is suspected or confirmed to have COVID-19
- Return from international travel, or from Ontario (east of Terrace Bay), Quebec or the Atlantic provinces (travel restrictions are subject to change; up-to-date information is available at: <https://www.gov.mb.ca/covid19/soe.html>)

Do not enter if you have a new onset of any of the following symptoms:

Fever/chills
Shortness of breath
Cough
Vomiting or diarrhea for more than 24 hours
Loss of taste or smell
Sore throat/hoarse voice

Do not enter if you have a new onset of two or more of the following symptoms:

Runny nose
Muscle aches
Fatigue
Conjunctivitis
Headache
Nausea or loss of appetite
Skin rash of unknown origin

You can send someone else to attend the workshop in your place. Please contact MCCA by 3:00 pm so that we can have a new certificate ready for that person.

Important information to note:

- In person workshop size is limited to current health orders and tables are physically distanced from one another.
- Upon entering MCCA to attend a workshop you will be asked to wash your hands or use the hand sanitizer provided.
- Attendance will be taken at the start of the workshop by the workshop hostess.
- Coffee and tea will no longer be available, you may provide your own.
- The library is not available to browse but the workshop hostess can assist you in retrieving any resources. At this time we are not lending out curriculum kits.

GETTING THE MOST OUT OF YOUR WORKSHOP

At MCCA we strive to provide our members with professional workshops that are relevant, presented by professionals, and offer some food for thought. We want your workshop experience to be an uplifting and valuable one so we have a few suggestions that can help you accomplish this.

Professional goals: You are looking through the spring brochure's line up and deciding what workshops to take. What factors help you to decide what workshops to take? Do you have a goal to work on, are you looking for new ideas on a specific topic, or are you just filling professional development hours?

Arrive on time: Once you have signed up for a workshop, jot down the time and date on a calendar so you remember to attend your workshop and can ensure that you click on the zoom link before the workshop begins. MCCA does not send out reminders.

Venture out: So you have signed up for a workshop with your co-workers and you arrive at MCCA and find a table for all of you to sit at, but what about meeting some new people? People who work together over a period of time will usually have the same work philosophies, experiences, ways in which things get done, etc. How about spreading your wings and joining a table with people you don't know? This could be a great opportunity to share and network and who knows maybe you might even get a new idea or two.

Participate: If you have signed up for a workshop it is your obligation to fully participate in that workshop. This can be difficult after a long work day but you will only get out of the workshop what you put in. Sharing your experiences may provide someone else with a solution to a dilemma that they have encountered or maybe your story will give someone a boost, or just a much needed laugh.

Evaluate: In order to provide you with quality workshops MCCA needs your feedback. It is important for us to know what you thought about your workshop, the presenter, and what type of workshops you would like to see offered in the future. Please take the time to fill out your evaluation form at the end of the workshop and hand it in before you leave.

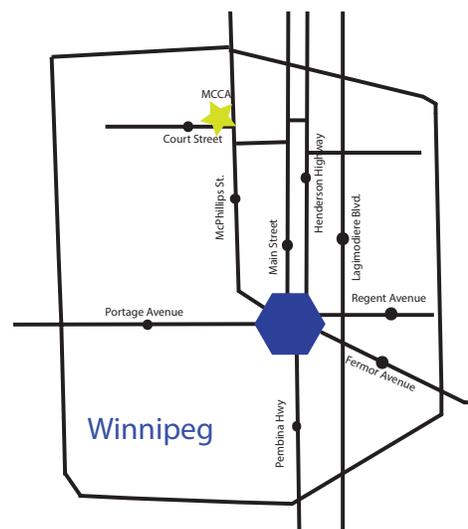
PAYING BY CREDIT CARD

If you are paying by credit card then you must use our online registration. Go to www.mccahouse.org, click on the professional development button, select workshops and then click on the link to access the online registrations. We will not accept faxed registrations for workshops.

If you are paying by cheque then fill out the registration form at the back of this brochure and submit it with your cheque and mail to MCCA. If you are registering people from the same centre you can fill out one form for all.

Where to find us:

MCCA is located on the second floor of the Royal Bank Building on the corner of Court and McPhillips Street.



POLICIES FOR ZOOM WORKSHOPS

- Please click on the zoom link 10 - 15 minutes before the workshop begins. Our zoom workshop hostess will begin allowing participants in at that time.
- To ensure that we know participants are there and for workshop engagement we ask that participant's video is on during the entire workshop.
- Upon entering the workshop everyone will be muted to minimize background sounds. If you wish to make a comment or ask a question you can unmute yourself or comment in the chat feature.
- Please try to name your device you are using so that we can check you off on the attendance. We don't know who you are if it just says iPhone 10 or iPad and we want to make sure we have checked you off so that you will receive a certificate.
- After the workshop you will be sent a link to complete a workshop evaluation using Survey Monkey please do the evaluation within 48 hours. Once we receive 75% of the evaluations we will then email the certificates.
- If for any reason we cannot identify who you are, we will need to remove you from the workshop and unfortunately will not be let back into the workshop and will not receive a certificate.
- The zoom link we send you is only for you. It should not be shared and other people should not be listening to the workshop with you who have not registered.
- We will admit people into the workshop for the first 30 minutes.
- We send the zoom link at least 24 hours in advance. It is the participant's responsibility to ensure they have received the link. If they have not, they must contact MCCA by 3:30pm on the day of the workshop (evening workshops) or Friday before 3:30pm for Saturday workshops.





WHERE TO PARK?

There is no parking permitted in the Royal Bank Parking lot at any time (this includes evenings and Saturdays).

There is no parking allowed in the parking lot at the strip mall at 1021 Court. If you park there, your vehicle will likely be towed.

Next to 1021 Court Medical Centre parking lot is a paid parking lot. It is \$4.00 for the whole day. So remember to bring loonies or toonies and purchase a ticket.

MCCA is not responsible for towed vehicles so ensure that you are parking in the paid parking lot or on the street.



WORKSHOP CERTIFICATES

Please ensure when you register a person for a workshop the name is spelled correctly as that is how it will appear on the certificate. Errors made by the person doing the registration will result in a \$7.00 charge to have a new certificate issued.

When you attend a workshop you will receive a certificate of participation. Each certificate will have the amount of workshop hours on it to help you track your professional development hours.

We would like to remind you if you are sending a substitute for a workshop and we do not receive a phone call with the name of the substitute before 3:00 pm prior to the workshop it will cost \$7.00 to re-issue the certificate.

If you are substituting an individual you must call Dianne Jones-Pearson at MCCA (204-336-5065) or email her by 3:00pm at djonespearson@mccahouse.org.



FEELING UNDER THE WEATHER?

If you have flu like symptoms such as a fever, tiredness and a cough, we ask that you do not attend your workshop at MCCA to reduce the chance of infecting others. If you cannot attend a workshop (for whatever reason, illness or other) that you are registered for, there are no refunds but you can send a substitute in your place. Please refer to the workshop policies on page 35 for substitutions.

Indigenous Awareness In The Early Years



IND – 002
Wednesday, April 21, 2021
7:00 pm – 8:30 pm

Back By Popular Demand

This workshop will take the participants on a journey to understand pre-contact, contact and today's realities for Indigenous people. This journey will allow the participants to understand challenges brought on by colonization with discussion on the Indian Act, residential school, 60's/millennial scoop and ways to bring Indigenous people's resilience into the classroom in an authentic way. This journey will be facilitated with respect and vulnerability. Come and ask all the questions you always had regarding Indigenous people.

FACILITATOR: Anin nitisinihkas **Jade Brass** nitonci The Key iskinokanir Treaty four. Coast Sallish Territory known as Vancouver ndidaa. I have just completed the Aboriginal Early Childhood Education Diploma program at Native Education College and I will be continuing my studies this fall at UBC to obtain my bachelor of Indigenous education. I work at Langara Child Development Centre and East Side Family Place and I love how the centres connects families with community. As an Indigenous woman my goal is to continue to be a positive role model in our community and do this work for our children and our unborn babies.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
\$70.00 Non-member

Invitations To Play



INV – 001
Thursday, April 22, 2021
7:00 pm – 8:30 pm

Join me in discovering the value and importance of provocations. We as educators can support child development by following the children's interests as we create environments and experiences for children to explore.

FACILITATOR: **Julie Hansen** became an Early Childhood Educator in the year 2000. Since then, she has gained experience in a variety of areas within the field of Early Childhood Education: director of a preschool, supervisor of after-school care as well as 3-5 and Infant Toddler programs. Her primary focus has evolved to encompass team leadership, management training and program development. She has had articles published in provincial and national ECE journals on the topic of emergent curriculum and leadership. Julie's goal as an Early Childhood Educator and facilitator is to support fellow educators and early years professionals in providing high quality early learning experiences for children and families.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
\$70.00 Non-member

5 More Minutes Are Up!



MIN – 001

Tuesday, April 27, 2021

6:30 pm – 8:30 pm

So you've given the age old warning and now it's time to move the children through a transition to another activity. Let's have a frank conversation about transitions and children, how they work, if they work, how many is too many and how to minimize as many as possible. Let's talk about what works best and plan ways to make your transitions as smooth as possible with the fewest upsets for everyone.

FACILITATOR: Join **Marilyn Valgardson** to discuss transitions in your programs and learn how to minimize and manage those you really have to have. Be ready to share your best ideas in this session and learn from each other while we examine your every day practices.

WORKSHOP DELIVERY:



COST: \$35.00
\$70.00

MCCA Member
Non-member

Colouring Outside The Lines



COL – 001

Thursday, April 29, 2021

6:30 pm – 8:30 pm

This literacy framed workshop will explore the concept that creativity is a bridge to learning and an important part of a young child's development. It is designed to share practical skills, tips, and resources for how early learning educators can engage children with open-ended process art activities to extend literacy concepts. Content includes:

- Discussing the difference between arts and crafts
- Exploring how art supports healthy child development
- Sharing how literacy and language skills are developed through art
- Providing ideas for hands-on literacy activities connected to art

FACILITATOR: This workshop will be presented by a Bookmates Facilitator. Bookmates is a non-profit organization based in Winnipeg with over 33 years' experience developing and delivering family literacy training. Bookmates' trainings are created with the goal of enhancing pre-school children's development and learning capabilities to help prepare them for success as they enter the school years."

WORKSHOP DELIVERY:



COST: \$35.00
\$70.00

MCCA Member
Non-member

**The Best Practices Licensing Manual recommends
24 hours of professional development
for Directors, ECEs, and CCAs.**

Connections In Nature For All Children



CIN – 001
Monday, May 3, 2021
7:00 pm – 9:00 pm

Back By Popular Demand

Developing a connection with nature is an integral piece of childhood. Through interactions with the natural world, children develop a sense of wonder, calm, joy, and fascination. In this interactive session, we explore play based learning with children of all ages. We discuss ways of moving past challenges, engaging stakeholders, and exploring simple and meaningful open-ended play ideas and learning invitations that bring children outside and bring nature in. Participants will leave with a nature play idea kit filled with strategies and inspiration, including ideas that require little to no preparation or materials and ideas that include Aboriginal perspectives and understandings.

FACILITATOR: Karen Begley supports and empowers educators to feel fantastic about the work they are already doing by making connections between their underlying values, everyday programming, and pedagogical theory. Her playful style makes for interactive workshops that generate new ideas and increase participants' confidence and competency to bring practical and enriching experiences to the children in their care.

WORKSHOP DELIVERY:



COST: \$30.00 MCCA Member
\$60.00 Non-member

Resilient Conversations For Leaders



RES – 002
Tuesday, May 4, 2021
9:30 am – 11:30 am

Back By Popular Demand

Would you like to remain calm in difficult conversations? Do you want to be more skillful in navigating conflict with staff? This session designed for formal and informal leaders provides skills for working through day-to-day challenging interactions for better conversations in different settings. Whether you are in a challenging meeting, giving and receiving feedback or navigating a tense dialogue, learn the strategies that protect relationships and enhance teamwork when it comes to communication and conflict.

From this interactive and dynamic session, participants will learn:

- How to skillfully use awareness & manage your stress response for staying grounded
- The skills that transform conflict into conversations
- When and how to de-escalate intense interactions
- Steps to deal with rumination that comes from unresolved conflict
- The bounce back factor after difficult dialogues that is integral to protecting relationships

FACILITATOR: Shannon Gander is a Mental Health and Resiliency Strategist. She has an academic background that spans corporate health, mental health and conflict resolution. Shannon founded Life Work Wellness, a company that empowers individuals and workplaces to achieve their goals for better mental health. She has worked with multiple clients over the years whose stress level has impacted their ability to thrive at work, which drives her passion for empowering people with skills for mastering stress and preventing burnout. Shannon also demonstrates how everyone can contribute to healthy organizational culture. Drawing on her dynamic background, Shannon has a way of bringing wellness topics to life in a way that is authentic and engaging teaching participants skills to apply right away and into the future in all areas of life.

WORKSHOP DELIVERY:



COST: \$40.00 MCCA Member
\$80.00 Non-member

Baby Talk: Encouraging Language Development with Infants and Toddlers



BAB – 001

Wednesday, May 5, 2021

6:30 pm – 8:30 pm

This workshop focuses on how we can support children's language development in the early years. Included will be practical, interactive strategies to help children engage and communicate with their caregivers. Some of the topics covered will be:

- Children's conversational styles
- The roles caregivers play
- Knowing how and why children communicate and how we can more effectively support them
- Strategies we can use to encourage interaction and conversation
- How to use rhymes and stories to help build emergent literacy skills
- Ways of supporting families as partners in building language skills

FACILITATOR: This workshop will be presented by a Bookmates Facilitator. Bookmates is a non-profit organization based in Winnipeg with over 33 years' experience developing and delivering family literacy training. Bookmates' trainings are created with the goal of enhancing pre-school children's development and learning capabilities to help prepare them for success as they enter the school years."

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
 \$70.00 Non-member

Art! Why It's All About The Process



ART – 001

Monday, May 10, 2021

7:00 pm – 9:00 pm

Why is the process (not the product) so important for children? What is it about the process of art that children need to be able to explore? We will look at the differences between art and craft and how open-ended art supports child development in all developmental domains and curriculum areas. We will also unpack how we as adults can push ourselves into some potentially uncomfortable discussions about our role in supporting children's exploration and developmentally appropriate practices with art.

FACILITATOR: **Cindy Curry** is an ECE III and has been in the Early Childhood Education field for over 30 years. She has worked at a variety of programs in a variety of roles over the years. Currently she operates a group family child care program, instructs part time in the ECE program at Red River, Portage Campus, facilitates a variety of workshops, and runs a forest and nature school program.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
 \$70.00 Non-member

Engaging Program Activities For Infants And Toddlers



ENG – 001

Wednesday, May 12, 2021

7:00 pm – 8:30 pm

Incorporating new activities and experiences on children's interests and needs can be a challenge in infant and toddler settings. Discover how one source of inspiration can inspire activities in your program. Learn great ideas for adding interactive, creative hands on learning opportunities for infants and toddlers.

FACILITATOR: Julie Hansen became an Early Childhood Educator in the year 2000. Since then, she has gained experience in a variety of areas within the field of Early Childhood Education: director of a preschool, supervisor of after-school care as well as 3-5 and Infant Toddler programs. Her primary focus has evolved to encompass team leadership, management training and program development. She has had articles published in provincial and national ECE journals on the topic of emergent curriculum and leadership. Julie's goal as an Early Childhood Educator and facilitator is to support fellow educators and early years professionals in providing high quality early learning experiences for children and families.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
 \$70.00 Non-member

Decoding Difficult Behaviour: An Attachment Perspective



DEC – 002

Saturday, May 15, 2021

9:00 am – 3:00 pm

Back By Popular Demand

Using an attachment lens we will explore the functionality of behaviour as communication, reflective of attachment patterns existing in a family, and marry that with our way of working with a child. We will use an attachment program called Circle of Security to understand the emotional needs of the child, and how to meet them.

FACILITATOR: Joanne Brown has been a social worker with New Directions Reaching Out Project for nearly 30 years supporting child care centres and the families identified within them.

WORKSHOP DELIVERY:



COST: \$60.00 MCCA Member
 \$120.00 Non-member

Mindfulness And Yoga For Children



YOG – 001

Monday, May 17, 2021

7:00 pm – 8:30 pm

Are you wanting to offer children the benefits of mindfulness and bring more calm moments into their day? Do you deal with feelings of stress, worry, anxiety and irritability and wish you had more tools to increase their capacity to be more mindful?

We will explore how yoga and mindfulness can help with self-regulation, focus, stress management, to process big emotions and to balance their behaviour.

Participants will have a chance to connect to their inner child and engage in mindfulness activities, so that they can feel prepared and supported in offering the benefits of mindfulness while being engaging and fun!

Topics:

- 1) How to make concepts like mindfulness and yoga digestible for kids!
- 2) Benefits of mindfulness and how to adapt activities and tools for different age groups
- 3) Introduction to breathing techniques and how our breath can help calm our big emotions.
- 4) How to create a simple yoga plan for any age. Use of visuals, props, art work and music to support a mindful home or centre.

**No previous yoga experience necessary*

FACILITATOR: Felecia Nanassy is the founder of Rise and Shine Kids Yoga. She believes in the power of love and a strong cup of coffee! She completed her YTT back in 2014 without any intention to ever teach but soon fell in love with the kids yoga unit and started to share it with her 3 children at home. Gabby 14, Izzy 10 and Max 8. Immediately seeing the benefits that yoga brought to her kids, her connection to them, and her inner self she went to further her studies, first in Vancouver, BC and later that year in Los Angeles, CA. She graduated with a 95 hour specialized Kids Yoga Teacher Training with Rainbow Kids Yoga . She is a Registered Children's Yoga Teacher (CYA-CYT) with The Canadian Yoga Alliance and has completed Level 1 Yoga for Children with Autism and Special Needs in Boston, MA. She is a Dynamic Mindfulness Teacher, DMT, and has completed all requirements of The Niroga Institute's Dynamic Mindfulness Foundations and DMT Training in Dallas, TX. Trained in Trauma Informed Yoga for Youth with Yoga in My School. Felecia is one of two official Wobblyoga Teachers in Canada.

Felecia has over 200 hours of teacher trainings specialized in teaching mindfulness and yoga to kids. Focused in continuing her education in wellness for youth she has completed the workshop ADHD: From Struggling to Thriving (2018), Classroom Mental Health (2020) and The impact of Technology on Children and Youth (2020), with The Institute of Child Psychology.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
 \$70.00 Non-member

Exploring Pathways To Play With Infants, Toddlers & Children



PTP – 002

Wednesday, June 2, 2021

7:00 pm – 8:30 pm

Back By Popular Demand

At each stage of development play looks different. In this workshop participants get to share ideas about how play might look and feel for infants, toddlers, and children. Through exploring the importance of play educators can reimagine the space, place and time they make to honour play for young children. In this workshop participants also get a chance to think about using an attachment-based approach to strengthen play relationships.

FACILITATOR: Ana Valle Rivera is an ECE, Special Needs and Infant Toddler Educator, Contract Instructor and Facilitator. Raised in a large and lively family in East Vancouver BC, Ana knew her life's purpose was working with children. She began working in the childcare field in 2007. Since earning a Diploma in ECE, Special Needs and IT Education (2010), she has worked with children of all ages with different developmental needs in various childcare settings. Ana is currently completing a degree in Child and Youth Care with a Specialization in Early Years. Ana is a parent and a children's book author. Ana is the Owner and Founder of Early Years Workshops and Training. Ana has made it her mission to share her passion and knowledge of Early Years through creating and facilitating her own workshops and writings.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
\$70.00 Non-member

The Pedagogical Leader Community Of Practice



PED – 003

Tuesday, June 8, 2021

9:00 am – 12:00 pm

Join us as we share and support each other's pedagogical journey. This community of practice grew out of a group of directors who wanted to keep the learning alive from the 11th Annual Directors Conference – 'Leading a Year of Reflection'. This group has now grown to over 50 members and we invite those who have a pedagogical leadership role in their program to attend.

It is advantageous if you have attended one of MCCA's institutes or pedagogical workshops but it is not necessary.

Once you register, approximately one week before the meeting you will be sent an agenda and readings (to discuss at the meeting) by Karen Kowalski. The email will be sent to the email entered on the registration, so if multiple people from one centre are attending then please share with others.

The meeting content includes a round table discussion of a specific question posed to everyone, discussion of articles, pedagogical focused activities, and sharing of resources.

FACILITATOR: Karen Kowalski is MCCA's Professional Development Manager

WORKSHOP DELIVERY:



COST: \$25.00 MCCA Member
\$50.00 Non-member

Lunch 'N' Learn For Directors



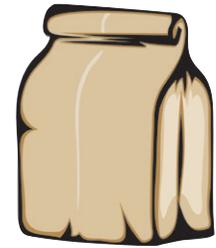
UNL – 002
Friday, June 4, 2021
11:15 am – 1:00 pm

Speaker: Michelle Stephen-Wiens

Bring your lunch to your desk and join us for a bit of “zoom networking” . MCCA will share news from 11:15 am – 11:30 am, Networking will take place from 11:15 am – 12:00 pm and speaker 12:00 pm – 1:00 pm.

WORKSHOP DELIVERY: 

COST: \$10.00 MCCA Member
\$20.00 Non-member



***Please join us
for a virtual lunch!***

***Directors will be given first opportunity to register. Assistant Directors, Site Directors can register after May 1st, 2021 providing there are still spaces.*

WORKSHOP CERTIFICATES

Please ensure when you register a person for a workshop the name is spelled correctly as that is how it will appear on the certificate. Errors made by the person doing the registration will result in a \$7.00 charge to have a new certificate issued.

When you attend a workshop you will receive a certificate of participation. Each certificate will have the amount of workshop hours on it to help you track your professional development hours. Certificates for Zoom Workshops will be emailed within two business days following the workshop.

We would like to remind you if you are sending a substitute for a workshop and we do not receive a phone call with the name of the substitute before 3:00 pm prior to the workshop it will cost \$7.00 to re-issue the certificate.

If you are substituting an individual you must call Dianne Jones-Pearson at MCCA (204-336-5065) or email her by 3:00pm at djonespearson@mccahouse.org.

Reflecting Together Through A Community Of Practice Meeting



REF – 003

Monday, June 7, 2021

6:30 pm - 8:30 pm

Are you missing your Community of Practice? Do you want to talk to others and see where they are at? Pedagogy.....Continue the Journey!

Ahh...you have come to the end of your work day! Does it stop there for you? Do you reflect on the day....were there moments of joy and delight? How will you capture those moments and build on them the next day? Do you ask, what energizes me, what drains me? What does professional development mean to me?

Come and have a meaningful and thought provoking conversation with your colleagues about some of these topics. Learn to “dig deeper” into your own personal values and understand how they become embedded in the culture of your organization. Together we will build the momentum and engage each other in new ways of understanding children. This will be an interactive meeting rather than a workshop style presentation. After registering you will receive an email of an article that will provoke your thinking and will be discussed at each meeting.

Those who have not attended previous sessions are encouraged to register and begin their pedagogical journey. A week prior to the meeting you will receive an email of an article that will be discussed at the gathering along with an agenda.

FACILITATORS: **Giovanna Rossing** is a proud Early Childhood Educator of 20 years at K.I.D.S. Incorporated Montrose Location. The passion of early childhood education has resulted in a Developmental Studies Degree in Inclusion and an Advanced Diploma in Leadership in Early Childhood Education, along with many other professional development opportunities throughout the years. Giovanna loves sharing this passion for learning as it is a never-ending journey in this field.

Cindy Curry is an ECE III and has been in the Early Childhood Education field for over 30 years. She has worked at a variety of programs in a variety of roles over the years. Currently she operates a group family child care program, instructs part time in the ECE program at Red River, Portage Campus, facilitates a variety of workshops, and runs a forest and nature school program. .

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
 \$70.00 Non-member

Shining Bright – Bringing Passion, Intentionality, And Engagement Into All Aspects Of Our Work



SHI – 001

Tuesday, June 8, 2021

6:30 pm – 8:30 pm

How can you infuse positive energy into all aspects of your work? How do you embrace the current challenges and re-connect with your passion for your work? How can you make a positive impact on the early childhood field? These are the questions we will explore through reflective, interactive, and engaging learning experiences. You will leave this session recharged and refocused on the new skills and strategies you can weave into your professional work!

FACILITATOR: Susan MacDonald is passionate about inspiring positive change in the early childhood field. Her expertise is reflected in her professional speaking, coaching and her books, *Inspiring Early Childhood Leadership* and *Inspiring Professional Growth*. Susan is the founder of Inspiring New Perspectives, a consultancy focused on empowering educators and school leaders to create programs that deeply respect and nurture the possibilities that lie within each child, parent and teacher. Susan has been developing and delivering inspirational courses and workshops for over 25 years. Her background includes director of a Reggio inspired preschool program, adjunct faculty at Lesley University and Wheelock College and Commonwealth of Massachusetts licensing supervisor. Susan holds a Master's degree in Instructional Design, and several professional coaching certifications. She is the past president of Boston Area Reggio Inspired Network and past vice president of the Massachusetts Association for the Education of Young Children.

WORKSHOP DELIVERY:



COST: \$45.00 MCCA Member
\$90.00 Non-member

Express Yourself: The Arts For Young Children



YOU – 001

Wednesday, June 9, 2021

7:00 pm – 9:00 pm

Back By Popular Demand

WIn this session we will explore principles and strategies for creating enjoyable and enriching opportunities for young children to explore fundamentals of visual art, music, dance, and drama as avenues for creativity, expression, performance, and more. Some portions will be participatory and we will move, create, laugh and learn in a safe supportive environment. Participants will leave the session with detailed plans for a variety of tested activities for children ages 1-6 (with extensions for school aged children) and increased confidence to bring more art into their programs.

FACILITATOR: Karen Begley supports and empowers educators to feel fantastic about the work they are already doing by making connections between their underlying values, everyday programming, and pedagogical theory. Her playful style makes for interactive workshops that generate new ideas and increase participants' confidence and competency to bring practical and enriching experiences to the children in their care.

WORKSHOP DELIVERY:



COST: \$30.00 MCCA Member
\$60.00 Non-member

Supporting Resilient Narratives In Young Children



SUP – 001

Tuesday, June 15, 2021

7:00 pm – 8:30 pm

The stories that inform our practices shape us whether we are aware of it or not. It is important critical and ethical practice to think about the words we use to see, think and describe what a child is doing. The phrases and words we use can shape a child's world and internal narrative. In this workshop, educators will get a chance to think together about what words diminish and what words empower. Collaboratively, educators will devise a strength-based, solution-based positive perspective to describe children, behaviours, gifts and play.

FACILITATOR: **Ana Valle Rivera** is an ECE, Special Needs and Infant Toddler Educator, Contract Instructor and Facilitator. Raised in a large and lively family in East Vancouver BC, Ana knew her life's purpose was working with children. She began working in the childcare field in 2007. Since earning a Diploma in ECE, Special Needs and IT Education (2010), she has worked with children of all ages with different developmental needs in various childcare settings. Ana is currently completing a degree in Child and Youth Care with a Specialization in Early Years. Ana is a parent and a children's book author. Ana is the Owner and Founder of Early Years Workshops and Training. Ana has made it her mission to share her passion and knowledge of Early Years through creating and facilitating her own workshops and writings.

WORKSHOP DELIVERY:



COST: \$35.00 MCCA Member
 \$70.00 Non-member

Expressing Yourself: Healthy Communication Strategies For Work And Personal Relationships



HEA – 001

Thursday, June 17, 2021

7:00 pm – 8:30 pm

Have you ever worked up your courage to speak up and then backed out at the last moment? Do you have difficulty expressing your needs? Assertive communication skills are both learned and require practice. When it's hard to speak up, this can lead to swallowing our emotions and feelings of resentment. This workshop is perfect for anyone who wants to get curious about how they communicate (whether you have ever been referred to as passive or aggressive). Together we'll explore strategies for better expressing yourself at work and in your personal life.

From this interactive and dynamic session, participants will learn:

- Common communication myths
- Indirect methods of speaking up that prevent being heard
- How to access your voice despite feeling anxious and how to cool your jets if you need to
- What assertive communication sounds and feels like in conversation
- Common challenging scenarios: asking for a raise, setting a boundary, asking for help, etc.
- How to bounce back after a difficult dialogue to help you for the next time

FACILITATOR: Shannon Gander is a Mental Health and Resiliency Strategist. She has an academic background that spans corporate health, mental health and conflict resolution. Shannon founded Life Work Wellness, a company that empowers individuals and workplaces to achieve their goals for better mental health. She has worked with multiple clients over the years whose stress level has impacted their ability to thrive at work, which drives her passion for empowering people with skills for mastering stress and preventing burnout. Shannon also demonstrates how everyone can contribute to healthy organizational culture. Drawing on her dynamic background, Shannon has a way of bringing wellness topics to life in a way that is authentic and engaging teaching participants skills to apply right away and into the future in all areas of life.

WORKSHOP DELIVERY:



COST: \$40.00 MCCA Member
 \$80.00 Non-member



Workshops begin promptly at
the start time, please ensure you have joined
the Zoom workshop 10 minutes prior.

SPRING 2021 PROFESSIONAL DEVELOPMENT WORKSHOPS

REGISTRATION PROCEDURES & POLICIES

- You must be a personal member of MCCA to qualify for member pricing. To confirm your membership number check your card or ask your director.
- Please check our website to see which workshops are full or have been postponed/cancelled.
- Your registration will not be processed unless we have received your completed registration form detailing sessions you would like to be registered for with payment enclosed. We do not invoice for workshops.
- Telephone, faxed registrations and post dated cheques will not be accepted.
- Registration deadline is one day prior to each session unless otherwise indicated.
- Methods of Payment:
Cheque, Visa, MasterCard are accepted. Interac is available for in person registration. If paying by cheque, mail your registration and payment to:

**Manitoba Child Care Association
2nd Floor, 2350 McPhillips Street
Royal Bank Building
Winnipeg, Manitoba R2V 4J6**

If you are paying by credit card then you must register online. Go to www.mccahouse.org and click on the professional development button and then select workshops, and then click on the link for online registration. Please use Chrome/Firefox as your browser and use a computer, not a cell phone.

- Receipts will be emailed.
- If you are unable to attend a workshop that you have registered for and would like to send someone in your place (must be from the same centre and must be a replacing a member) email Dianne Jones-Pearson before 3:00 pm prior to the workshop at djonespearson@mccahouse.org. Dianne's direct line is 204-336-5065.
- We require the name of the replacement so that a participant certificate can be prepared for the new person attending.
- Any substitutions made after 3:00 pm prior to the workshop will require a \$7.00 payment (to be paid at workshop) for a replacement certificate.
- Refunds will not be issued for missed workshops (In person and Zoom).
- To replace a "Certificate of Participation" the cost is \$7.00.
- You will receive a certificate of participation on the day of your workshop or within 48-72 hours for Zoom workshops.
- Mark the workshops you have registered for on your calendar as we will not call or send out reminders.
- If enrollment for any workshop is insufficient, MCCA reserves the right to cancel or reschedule it. In such instances, registrants will be notified and the fee refunded.
- In the event that weather prevents a participant (from outside of Winnipeg) from attending a workshop, a workshop credit will be granted if Environment Canada has recommended that a specific highway not be travelled on or is closed. A workshop credit allows the transfer of money from one workshop towards a future workshop and must be used in the same calendar year.
- If a workshop is cancelled due to weather, we will call to advise you the workshop is cancelled.
- We reserve the right to change the workshop location. Registrants will be notified by phone or email.