



Manitoba Child Care Association

Virtually Presents Via Zoom

Engaging Minds, Empowering Success

May 28, 2021



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KEYNOTE - 9:00 am - 10:00 am

KEY-001

Popping the Bubble Wrap: Making Space for Risky Play



It used to be normal for children to spend long hours outdoors with the freedom to play and take risks. Today, children spend more time indoors, closely supervised, and in structured activities. The evidence is clear that children need regular and repeated access to outdoor play – with its risks - yet also indicates that children’s engagement in it has never been lower. This interactive keynote will explore the effects of changing childhoods, as well as strategies to restore balance.

Dr. Mariana Brussoni is an Associate Professor in the Department of Pediatrics and the School of Population and Public Health at the University of British Columbia. She is an investigator with the British Columbia Children’s Hospital Research Institute and the British Columbia Injury Research & Prevention Unit. Mariana combines research in injury prevention, developmental psychology and risk to develop evidence-based interventions for parents, educators, practitioners and policy makers that support children’s outdoor risky play. She has published her research extensively and been widely featured in international media. Mariana was awarded the 2019 inaugural Outdoor Play Canada Dr. Mariana Brussoni award and the 2020 UBC Faculty of Medicine Excellence in Clinical and Applied Research Award. Further details are available at <https://brussonilab.ca>.

AM WORKSHOPS (select 1) - 10:30 am - 12:30 pm

A-001

Bang! Bang! You’re Dead! Power Playing in the Classroom

This workshop is a discussion, NOT an argument. We will talk about facilitating power playing in any and all of its manifestations, NOT debating whether it is “ok” or not. If you are pro, awesome let’s take your facilitation of it and your comfort deeper. If you are on the fence, come ready to unpack your hesitation. If you are solid in the anti camp, come ready to consider both the benefits of power playing and the concerns that are linked to simply banning it.



Presenter: Lisa Murphy, M.Ed., Early Childhood Specialist Founder and CEO of Ooey Gooley, Inc. Lisa has been in the field of early childhood education for 30 years; she is the oldest of five, grew up in a family child care home and eventually moved from being the neighborhood babysitter while in high school to being a nanny for many families while attending college. She has spent most of her adult/professional life teaching and working with children in various environments including Head Starts, elementary schools, private preschools, family child care homes, Park and Rec centers, group homes and many child care centers. Lisa is the founder and CEO of Ooey Gooley, Inc. where her mission is to assist in the transformation of the industry of early childhood education by offering 1) the best workshops and trainings; 2) the most up to date materials and resources; and 3) insightful conversations and connections through the power of social media. Lisa presents hundreds of ONLINE and LIVE IN-PERSON workshops each year to both domestic and international audiences on various ECE related topics. Lisa has an M.Ed. (2013) in early childhood education from Champlain College in Vermont.

A-002

The Lives of Those We Live With: A Chat on Rituals & Traditions



“Traditions are the inventions of people who mean to routinely put love and comfort and meaning into their lives and in the lives of those they live with.” Elizabeth Berg

I am told that traditions were the beliefs and values handed down by the old to the young and rituals were the actions that help connect those traditions to the people. When these two acts work together they can facilitate a sense of culture and community. As an Early Childhood Educator, I felt it was a big part of my job to create a place of traditions and rituals that resonated with the community of kids that I was working at. However, not all traditions and rituals are positive and some are just plain old and irrelevant.

We will delve into an honest conversation about rituals and traditions in child care through a variety of questions and thoughts. We will explore positive and negative traditions and rituals with an understanding on how they, if done in a meaningful way, can create a sense of belonging for everyone?

Presenter: Marc Battle is an Instructor in ECE at Red River College.

PM WORKSHOPS (select 1) - 1:30 pm – 3:30 pm

P-001

Supporting Children's Natural Dispositions for Empathy, Compassion and Fairness to Foster a more Equitable World

Children are born with an amazing capacity to make connections and a desire to belong. Current research suggests that children are focused social scientists, with innate skills, dispositions and strengths for cultivating caring relationships. Join us as we share stories of our informal teacher research of the many ways children, infants through 5-year-olds, regularly show compassion, empathy and fairness in their day to day interactions.

We believe that the empathy and compassion children naturally bring to their relationships is the root of social justice. It is imperative that we see their abilities and make them visible to ourselves and the children. We cannot expect children to care about the vast social and political injustices, if we don't see how children deeply care about the child sitting next to them or the world before them. Join us for a time of hopeful, heartfelt storytelling that can support our work toward a more joyful and equitable world for all of our children. Look for our book from Redleaf Press focused on these ideas in 2022.



Presenters: Deb Curtis, MA. Is a passionate advocate for children and childhood. She has spent many, many years working with children and teachers in early childhood programs, observing and studying children and child development. Her experiences have led her to a deep respect for children and their abilities, and a strong commitment to work in their behalf. She is a strong advocate for social justice and anti-bias, anti-racist education in early childhood programs. Along with teaching children, Deb also works with teachers in child care programs, college settings, seminars and institutes all over North America, New Zealand and Australia. Currently she spends her time with children at Interlaken Child Care Center in Seattle, WA. She is the co-author of 10 books related to working with young children. You can learn more about these resources at readleafpress.org.



Rukia Rogers is the Founder and Curriculum Director of the Highlander School in Atlanta Georgia. Originally a native of Wisconsin, she has worked with young children and their families for over 20 years in a number of ways, including work as a preschool & toddler teacher, an Atelierista or studio teacher and as a Curriculum Coordinator for The Clifton School. She has been inspired by the educators of Reggio Emilia, Dr. Martin Luther King Jr. and many others, who saw education as a fundamental right as well as a catalyst for social change. She has credits towards her Master's in Early Childhood Education at Pacific Oaks College education, She has a Bachelor of Science in Education from Georgia State University, which includes an endorsement in special education as well as an Associate in Early Childhood Education from Chattahoochee Technical College with a specialization in Program Administration. She has helped to forge an on-going collaboration with Emory University and Georgia State University, researching the rights of young children and the cultural context of Development Appropriate Practices. She has a unique interest in reflective practices especially as it relates to curriculum planning for young children.

P-002

Helping Children Cope During COVID



The social limitations, limited physical activity options, a lot of uncertainty heightening anxiety, and coping with different classroom and school arrangements can create challenges for anyone, but especially children who thrive off of routine. In the two-hour workshop we will discuss various ways in which you can actively and directly help children cope with their challenges, thought processes, and actions related to COVID-19. Despite the struggles that many children and their caregivers have experienced over the year that has passed, we will work on stress management techniques, cognitive reframing tools, relaxation exercises, and expanding their mindset to help them respond more positively to the obstacles they have been faced with.

Presenter: Dr. Jay M. Greenfeld, Ph.D., C.Psych., has an extensive background working with children, adolescents, college students, and adults with a variety of presenting concerns. Jay has a special interest in using Rational Emotive Behaviour Therapy and exercise as an intervention for the treatment of psychological concerns. His areas of interest include Exercise and Motivation, Men & Masculinity, Body Image, Anxiety, Depression, and Stress Management. He is a lecturer on Stress Management and Well-Being, with research primarily focusing on integrating exercise and other health-related behaviors into everyday life.

Registration Form for May 28, 2021

Registrant's Name: _____ MCCA #: _____

Organization or Facility Name: _____

Business/Home Address: _____

Business/Home Phone: _____

Work Email: _____ Personal Email: _____

(This is the email the Zoom link will be sent to)

Registration Instructions

- Each person who registers for the day will attend the keynote presentation, an am workshop and a pm workshop.
- There are no 1/2 days.
- A registration form is required for each person.
- If you register 4 people you can send a 5th person for free (all must be from the same organization and all must be MCCA members and the free person must also submit a registration form).
- Each registered person will receive a Zoom link.

AM Workshop Choice	PM Workshop Choice
Code: _____	Code: _____

If you are an organization registering 4 people and sending a 5th for free, please write down all of their names. This needs to be written down only once. All 5 people must be MCCA members.

1. _____ 2. _____

3. _____ 4. _____

5. _____

Payment:

Individual Fees _____ x _____ \$ _____

\$70.00 (MCCA Member) \$140.00 (Non-Member)

Method of Payment:

Cheque enclosed in the amount of \$ _____

Visa or Mastercard: go to our website at www.mccahouse.org and register online.

Date processed: _____ Cheque No. _____ Amount: _____

Mail completed registration form and payment to:

Manitoba Child Care Association, 2nd Flr., Royal Bank Building, 2350 McPhillips Street, Winnipeg, MB R2V 4J6