



Manitoba Child Care Association

Presents

Explore *Dream* Discover



42nd Early Learning and Child Care Conference

May 23 - 24, 2019

Victoria Inn Hotel and Convention Centre, Winnipeg

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Please keep in mind:

- Everyone will receive an individual conference confirmation via fax or email. Please ensure you provide the fax number and/or email address on the registration form.
- If you are mailing in your registration please check our website to see if there are any workshops that are full.
- Please ensure you have made a 2nd & 3rd choice if registering by mail.
- Need a vegetarian, vegan or gluten free meal, don't forget to check off the box on the registration form and then ensure that your confirmation states you have ordered a special meal. We cannot accommodate vegetarian/ gluten free requests at the conference, you must pre-order.
- If you are going to submit a travel subsidy request please read the information on page 23 prior to driving to the conference.
- Lunch is the only meal provided. Coffee, tea and a bread product are offered in the am but this is not breakfast so please eat before you come.

50/50 Draw

Here's your chance to walk away with a cash prize.



Tickets are 5 for \$2.00 and can be purchased from a conference committee member or in the ballroom foyer. The winner keeps 50% of what is collected and MCCA keeps the other 50% to use towards the purchase of library and workshop resources.

The draw will take place at 2:55pm each day in the Centennial Ballroom.

Brochure Development: Karen Kowalski
Design & Layout: On Parr Graphics
Printing: JRS Print Services

**The conference is being held at the
 Victoria Inn and Convention Centre, 1808 Wellington Avenue**

Explore *Dream* Discover



I'm excited to invite and welcome you to MCCA's 42nd Conference; **Explore, Dream, Discover**. The title of this year's conference makes me think of my journey in the child care field. To be honest one of the things that I was looking forward to when I decided to become an Early Childhood Educator was finishing school and starting my career. I was naïve and didn't really know what professional development meant or how important it was. I definitely didn't want to think of more schooling! Having the opportunity to learn from others and have knowledge of what is up and coming has so much value. To be open to continued learning and know how to be our best in our chosen profession is the key to growth. **EXPLORE** all possibilities, **DREAM** of what could be and make those dreams come true, and **DISCOVER** the opportunities. My wish for you is to experience all you can at this year's conference!

This year you may have noticed a significant difference – we have gone to a 2-day conference instead of a 3-day conference. As a committee we have wrestled with making this change for quite a few years. Each year the enrollment has dropped significantly for Saturday, as well we have noticed that many workshops had low numbers due to non-attendance at Saturday afternoon workshops. Unfortunately the cost of running the conference on Saturday was costing more than the enrollment. We didn't want to take away from Thursday and Friday to make up for the loss on Saturday; we want to ensure that we are always providing you with quality workshops.

If you've never attended the Friday evening conference banquet, I encourage you to do so. How often do we as Early Childhood Educators get to dress up a little, enjoy a lovely 3 course meal, see our colleagues recognized for their accomplishments, maybe win a prize and enjoy some entertainment? Come alone or bring a friend, chances are someone you know will be there. Treat yourself!

We are happy to say that we are paper free in 2019. Download the app and use all the different features - fill in your schedule, post pictures, connect/network with colleagues, and fill out the evaluations to let us know how things are going. The app will be available at the beginning of May.

See you at conference!

Bernadette Rozybowski
Conference Committee Chair

The 2019 Conference Committee:

Committee Members: Sheila Argue, Tracy Bijl, Melanie Glaser, Pam Shambo, Adam Manicom, Aricelle Mateo, Kayla Mauricio, Brenda McCarthy, Melodie Meakin, Francene Pehinec, Lynda Raible, Marilyn Valgardson, Pina Zammito

Chairperson: Bernadette Rozybowski

Staff: Karen Kowalski, MCCA's Professional Development Manager

What should I bring to the conference?



A pen - to write with, unfortunately we don't have a supply of pens to hand out.



Paper - to write on, a small notebook works best especially if you are in a workshop with no tables.



A sweater - the workshop rooms can be cool especially first thing in the morning but once 64 people are in there, it can get quite warm. Layers of clothing work best.



Labels with your name on them - this will make it much easier to purchase your raffle or 50/50 tickets.



Cash - to purchase items at the MCCA boutique. We do take credit cards and debit but cash moves the line more quickly and will reduce your wait time to pay for your item.



And lastly, bring your enthusiasm, energy, and your eagerness to learn and network!

Important Information for Conference 2019

We are continuing with our conference being paperless. As was the case last year we encourage all those who have a smart phone to download the conference app (which is free) and will be available in early May.

Once the app is ready, delegates will find the app in the apple app store or google play and search for the Attendee Hub app. Once you download that app you can search to find our event, then you will be ready to add your schedule. You may still have the app on your phone from last year, in that case you would look up the name of the 2019 conference, **Explore, Dream, Discover**.

When you register online or by mail you receive an email confirmation of what you or your staff have been registered for. We then print your choices to create your confirmation that includes the name badge and will email those confirmations to the centre or to the individual after May 3rd.

We are planning on having the workshop location printed directly on your conference confirmation so that delegates who do not have a smart phone will know where their workshop is located.

We cannot provide special meals on the day of the conference, please ensure you pre-order a vegetarian, vegan, or gluten free meal.

Sessions Legend

Type of Presentation:



Hands On



Seminar
(some participation)



Lecture

Geared for adults who work with:



All Ages



Infant / Toddler



Preschool



School Age

Geared for adults who are:



Everyone



Frontline with more experience



Frontline with less experience



Managers / Leaders



The school bus means that you will be taken offsite for your workshop and travelling by bus.



The clock means that there is something to note regarding the workshop time.



Holly Elissa Bruno

THURSDAY KEYNOTE - 9:00 am - 10:00 am

Hats Off to You: Everyday Miracle Workers in Children’s Lives

Do you give yourself credit for the difference you are making? Or, do you keep up the hard work without taking a quiet moment to appreciate the good that you do? We educators are so expert at putting everyone else’s needs first that we rarely have time left over for ourselves. Let’s instead step back to acknowledge our contributions, take better care of ourselves, and reclaim the joy that is rightfully ours. After all, each time you change the life of a child, you are changing the world.

Book Signing: Holly will be available to sign her books, which you can purchase from the MCCA boutique.

Thursday AM (TAM) workshops: 9:15 am – 12:15 pm

TAM-01 Best Choices: Ethics Part IV (9:15 am – 12:15 pm)



In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here’s your chance to join us in some serious fun!

This capstone workshop will help you to make a commitment of ethical practice in your daily work and enhance your awareness of your own values, beliefs and assumptions. You will also understand why, when faced with an ethical dilemma, it is difficult to follow through with your best choice. This session is a pre-requisite to enroll in future “Train the Guide” sessions which would prepare you to assume the role of an ethics guide.

*** Please note you must have completed Ethics Part III at least 6 months from the date of taking Part IV. * Please bring your ethics certificate and handouts from the previous ethics workshops with you to this workshop.**

Presenters: Sarah Nick, Shannon Curtaz & Keri Waterman

Thursday AM (TAM) workshops: 10:30 am – 12:30 pm

TAM-02 Colouring Outside The Lines



This family literacy framed workshop will explore the concept that creativity is a bridge to learning and an important part of a young child’s development. Creativity means having the power to express yourself in your own way. This workshop is designed to share practical skills, tips, and resources for implementing art-based activities in early learning environments.

Content includes:

- Discussing the difference between arts and crafts
- Exploring how art supports healthy child development
- Sharing how literacy and language skills are naturally developed when children are engaged in art activities
- Understanding the developmental stages of writing
- Sharing literacy extension ideas connected to art
- Brainstorming strategies to create an environment that supports creative thinking and kinesthetic learning through the arts
- Providing a suggested children’s book list with titles that incorporate art and literacy related themes

Presenter: Nancy Tovell

TAM-03 Infant Nutrition: Feeding Baby Solid Foods



This workshop will help you support your families to safely and confidently introduce solid foods to their infants. In this workshop we will present the current recommendations for introducing solid foods, review signs of readiness for solids and discuss appropriate foods and textures for infants. We will discuss a variety of community resources and information sources to provide additional support to families.

Presenters: Kerri Cuthbert & Martina Gornik-Marion

TAM-04 Expanding Outdoor Play Beyond The Playground



The benefits of spending time in nature has become a popular news item. Risky Play has become a buzzword in the early childhood profession. How does your centre respond to this encouragement to go beyond the playground in nature and engage in risky play? This workshop will explore components involved in taking children into natural spaces. A risk/benefit process will be shared. Bring your questions and be prepared for lively discussion.

Presenter: Mavis Lewis-Webber

TAM-05 Abecedarian in Manitoba: Outcomes for Children, Families and Community



Healthy Child Manitoba (HCM), Manidoo Gi Miini Gonan (Manidoo), and Red River College (RRC) have been involved in an Abecedarian early years intervention project in Winnipeg’s inner city neighbourhood of Lord Selkirk Park since 2012. The Abecedarian Approach is an internationally recognized early childhood intervention program focusing on vulnerable children from birth to age 5. The Abecedarian Approach is particularly focused on supporting early language development as the foundation for communication, self-regulation, literacy, and academic success. Come hear what HCM’s analysis of the child data is showing. Learn about options for Abecedarian training in your centre and some simple strategies you can put into place now to foster children’s language and literacy.

But what about parents and families? The early childhood educators? How might they be impacted through their involvement with the Abecedarian Approach? Red River College, funded by the Social Sciences & Humanities Research Council, has explored the broad, and sometimes unobserved influence of an intervention of young children on the adults around them. Hear about the ripple effect of the Abecedarian Approach on parents/guardians, early childhood educators and even the community.

Presenters: Jamie Koshyk, Carly Sass, Melanie D’Souza, Shelley Jonasson

TAM-06 Passion, Professionalism and Peanuts!



- Does your workplace need to be rejuvenated?
- Do you need to increase compassion, support and recognition?
- Is morale a bit low?
- Are you looking to generate more positive energy?

If you answered yes, these are all excellent reasons to attend this workshop.

In this workshop we will explore tools that create awareness around compassion, gratitude and quality of life. We will also identify the workplace bad habits that can be turned around to create champions in your workplace.

After attending this session participants will be able to:

- Create a process for implementing workplace wellness audits
- Address the “Peanut” syndrome
- Set realistic rewards and recognition targets
- Adopt an approach to sustain personal and professional growth

Presenter: Rolande Kirouac

Thursday AM (TAM) workshops: 10:30 am – 12:30 pm

TAM-07 I Am A New CCA....Now What?



Congratulations, you have decided to become a child care assistant! Maybe you are wanting to be a substitute, an aspiring ECE or the most sought after CCA in the field! Joining the world of child care can be daunting! What is expected of you by your new team members, your boss, and the families you serve? There are a lot of responsibilities that go along with educating and caring for the most vulnerable group in our society. Topics include: regulations, child development, play-based learning, guidance, policies and procedures, how to dress, and how to work JOYFULLY within a team! Come and get the basics so you can be an EXCEPTIONAL Child Care Assistant.

Created by facility directors, this is what every child care facility wants you to know in order to be the best CCA you can be! There will be lots of opportunities for discussion, questions and networking. This workshop is good for CCAs new to the field, or CCAs wanting to gain more information on how to excel at their job!

This workshop will include a slide show, examples of transition songs activities ie: role play, learning new songs, role playing with 'team mates' and 'parents', as well as discussion, brainstorming and lots of demos.

Presenters: Jenn Cullen & Tara Mills

TAM-08 Hands-On with the Science of Early Child Development: Tour and Exploration



You may already know that the Science of Early Child Development (SECD) online resources include a wealth of information on topics such as, advocacy, brain development, early experiences, family, guiding, play, and so much more. You may also know that professionals around the world use the SECD online resources for teaching and learning, to narrow the gap between research and practice for those who work with children and families.

Did you know that many of the SECD resources are now open access and free throughout Manitoba at mb.scienceofecd.com? Join this hands-on session for an online "tour" of the SECD early years resources that include hundreds of videos, interactive elements, readings, web links and questions for reflection. We will discuss how you can make the most of these engaging resources whether you need tools for professional development, staff training, workshops and classes, or parent education. Please bring earbuds/headphones and a smartphone, tablet or laptop to access the internet so you can go online to explore.

Manitoba access to the Science of Early Child Development (SECD) resources is part of Manitoba's Action Plan, under the Canada-Manitoba Early Learning and Child Care Agreement for residents of Manitoba.

Presenters: Mia Elfenbaum & Karen Riediger

Thursday PM (TPM) workshops: 1:45 pm – 4:00 pm

TPM-01 Managing Power Dynamics When Women Work With Women



In predominantly female organizations, marvelous dynamics evolve: support, humour, and creativity. However, our research shows that 68% of early childhood professionals also experience gossip, negativity, back-biting and sabotage at work. Children mimic our behaviour. For their sake and ours, we need proven strategies and policies to lead an uplifting transformation at work. Let's replace indirect manipulation with respectful communication.

Presenter: Holly Elissa Bruno

TPM-02 Setting Up The Perfect Environment



Setting up a room can be a daunting undertaking, where do I put the furniture, am I selecting the right products? All questions we need to consider. The most important question is, will the room I design engage children and encourage discovery and endless play opportunities. We will discuss, sleep needs, science area, creative areas and how to add natural elements to inspire your little ones. New and innovative furniture will be on display.

Come join our infant/toddler seminar where we explore the needs of the child and the ECE and how the perfect environment engaged all of us. Inspiring environments, 3-D drawings and hands on furniture to work with will make the task of setting up your next infant/toddler room a wonderful experience.

Presenters: Julie Belair-Bak & Catherine Babb

Thursday PM (TPM) workshops: 1:45 pm – 4:00 pm

TPM-03 Why Do Children Act the Way They Do? Understanding How a Child is "Wired"

This session examines how children are genetically 'wired' with temperament traits that make each child's reaction to the world unique. Using a variety of fun, interactive learning activities, the 9 temperament traits and 3 temperament clusters are introduced. Participants learn effective strategies for working with children with all types of temperaments.

Presenter: Theresa Suderman

TPM-04 All the Components of Risky Play: A Fireside Chat

Although it is not mandatory for participants to attend the morning workshop **Expanding Outdoor Play: Beyond the Playground**, these two workshops are a great blend.

This fireside chat will delve into an honest conversation which will help you demystify Risky Play and all the components involved. Bring your fears, questions, observations so we can chat about them.

Presenter: Mavis Lewis-Webber

TPM-05 How Do I Take My Team To The Next Level?

Increasing team building knowledge and skills is essential to stepping up to any leadership position in the child care industry. By implementing the 5 fundamental steps: motivation, communication, support, positive politics and negotiation you will be building teams where everyone will succeed and work together to make their workplace great.

Presenter: Rolande Kirouac

TPM-06 Someone's Trash Is Another Person's Treasure

You can take almost anything and with a little imagination, you can give it a new purpose in a child's environment. In a society that places a lot of value on the 3 Rs, Reduce, Recycle, Reuse, join in a discussion about how we can take some of our garbage and create play opportunities for children. Turn your trash into treasures!

Presenter: Michele Grant

TPM-07 Fireside Chat with Jenn & Tara – How To Be a Positive Leader When Faced With Challenges!

This positive based, open discussion workshop is a safe place for directors, supervisors and team leaders to discuss, share and support each other in the challenges they face leading their teams to greatness! Touching on a variety of topics that can cause stress to the leaders of the organization, as well as coping mechanisms and brainstorming for 'stress-relief', Jenn and Tara will guide the group to support each other in their leadership roles in a strength-based manner. Good Vibes Only!

This workshop will include large group discussion as well as small group work.

Presenters: Jenn Cullen & Tara Mills

TPM-08 Schema Theory Investigation

Ever wonder why Infants drop things from their highchair? Do you find it annoying after the 10th time? Why is crawling into and under things so enchanting for children? Hanging upside down from a tree is awesome, but what else is going on? Ever notice that children seem to do things over and over and over again? Schemas are described as patterns of repeated behaviours that allow children to develop ideas and thoughts through play and exploration. It is known that the attainment of new skills and concepts increase when adults observe and respond to children's schema-related play. Let's look at the loose parts we offer to children, both indoors and outdoors. Understanding schema theory will enhance our role as practitioners to collaborate and move towards saying, "Yes, and..." to children's natural urges.

Presenters: Brigitte Insull & Cindy Curry

Thursday PM (TPM) workshops: 1:45 pm – 4:45 pm

TPM-09 Best Choices: Ethics Part I (1:45 pm – 4:45 pm)



In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to join us in some serious fun!

The first in the 4 part series explores the relationship among beliefs, values and ethics and how these impact your actions. This also broadens our understanding of others. This session is the pre-requisite for the other three parts of the ethical journey. MCCA provides participants with a certificate which tracks your journey through all four parts.

Presenters: Sarah Nick & Keri Waterman

Thursday Full Day (TFD) workshops: 10:30 am – 4:00 pm

TFD-01 Commit to Kids - Child Sexual Abuse Prevention Training



This workshop is for individuals who work with children, either through employment or on a volunteer basis. Attendees will watch various training modules as a group and participate in breakout session activities which will address the following issues: child sexual abuse, grooming, disclosures of child sexual abuse, impact of child sexual abuse, and the importance of a Child Protection Code of Conduct.

**This session is an in-person facilitated version of the Canadian Centre for Child Protection's online training. All modules and discussion will be done in-person at the session but all attendees will be required to/and provided with steps to:*

- Pre-session: create an account in the Canadian Centre for Child Protections online training system
- Post-session: log-in to your online training account and complete a Knowledge Validation Test to obtain a certificate of completion

Presenter: Karyn Kibsey

TFD-02 How To Lead Without The Title of Leader



Many see leaders as those with power, position along with the leadership title. This view of leadership assumes that leaders are the few people at the top of the business. Nothing could be further from the truth! Leadership is not an actual position or title. Ken Blanchard once wrote that "The key to successful leadership today is influence, not authority." So how can you be a positive and productive influence in your workplace?

Join us for this full-day session to explore and practise the leadership skills people can demonstrate to be regarded as a leader within the organization. Learn how to be prepared for the unexpected, communicate with confidence, demonstrate assertiveness, and much more!

Presenter: Melenie Olfert

TFD-03 How To Measure Inclusion Quality In Child Care Centres and Why



Early Childhood Educators work extremely hard to effectively include children with disabilities in their child care classrooms. They have often had some training in working with children with disabilities, but think it just isn't enough. So they try to make things work: How do we juggle the needs of a child with a disability with the needs of the other children in our care? How do we improve the quality of inclusion in our classrooms?

How to Measure Inclusion Quality in Child Care Centres and Why provides a road to high quality inclusion. It gently guides the practitioner and the leader through seventeen items and 250 indicators involved in high quality inclusion. It outlines the next step to take, and the one after that.

We will practice using the *SpecialLink Early Childhood Inclusion Quality Scale* during the workshop. Participants will fill out several items in the Scale, watching videos of inclusive setting and then reflecting on their own classrooms. They will plan the next steps to take on the road to high quality inclusion.

Presenter: Sharon Hope Irwin

TFD-04 Awaken the Virtues Within: Nurture a Culture of Character



If you are wanting to be reminded of what it was that called you to care for children; if you are looking for simple effective tools to reach and awaken the spirit of the children in your care; if your professional wish is to mentor children to have a sense of meaning and purpose, help them combat the pull of violence, and encourage them to cultivate their inherent idealism, this workshop is for you!

The Virtues Project™ is a global Canadian made initiative, co-created by Linda Kavelin-Popov, a psychotherapist, her husband Dr. Dan Popov, a clinical pediatric psychologist, theologian and senior computer scientist; and John Kavelin, an art director with Walt Disney Imagineering. Researching the world's sacred texts, they found that at the heart of all spiritual traditions are virtues, the essence of the human spirit and the content of our character. They developed 5 strategies with language and context for nurturing those necessary qualities of character. A wonderful by-product of mindful implementation of this project in a school essentially eradicates bullying. It cuts across all boundaries including race, religion, ethnic background, culture, age, gender and economic strata.

Presenter: Christine Ayling

SpecialLink

THE NATIONAL CENTRE FOR EARLY CHILDHOOD INCLUSION



How to Measure Inclusion Quality in Child Care Centres —and Why!

JOIN US FOR A DAY'S WORKSHOP TRAINING FOR PEOPLE COMMITTED TO INCLUSION OF CHILDREN WITH DISABILITIES USING *The SpecialLink Scale* – THE ROADMAP ON YOUR JOURNEY TO FULLY INCLUSIVE CHILD CARE.

Join Us on Thursday, May 23, from 10:30 to 4 p.m.

Bring your interest. We will provide materials.

Contact:

Dr. Sharon Hope Irwin
 speciallink@ns.sympatico.ca
 902-562-1662 or 902-539-3817



Special Meals



The MCCA Conference offers delegates the option of requesting a gluten free meal, vegan or a vegetarian meal for lunch options. These meals must be requested at the time of registering. Please ensure that you check off the box for yourself or for your staff to ensure that they will have the special meal that they requested. We cannot accept requests at the conference for specialized meals.



MCCA's Annual General Meeting

Thursday, May 23, 2019

5:00 pm – 6:00 pm

Registration begins at 4:30 pm

Location: Embassy A & B

Attend our Annual
General Meeting!

Elect the new Board of Directors!
Hear more about MCCA's plans
for 2019/2020!

Refreshments will be provided.

Please pre-register using page 25

Family Child Care Networking Evening

Thursday, May 23, 2019

6:30 pm – 10:00 pm

Location: Room 167, Victoria Inn

All conference and non-conference delegates are invited to spend an evening networking and sharing programming ideas for mixed age groups. If you are a licensed family childcare provider, considering licensing, in the process of becoming a licensed provider or just interested in learning more about this exciting career please feel welcome to attend this gathering. Please bring and share stories, photos, suggestions, and documentation of some of the favorite activities from your program.

Food and beverages will be served – you must register for this event. Cost is \$10. Register online with a credit card or download page 25 & 26 from the conference brochure and remit with a cheque. You do not need to be a MCCA member or registered for the conference to attend this meeting. Space is limited so register early to reserve your spot.

Cost \$10.00 pp

Thursday, May 23, 2019 Cultural Evening – 6:30 pm – 9:00 pm

Participants will be able to choose from two different cultural events.

Event #1

Indigenous People Event

Participants will have a chance to listen to an elder as they talk about traditional medicines and meanings. Participants will make a medicine bag and do some beading and then a Pow Wow demonstration and Round Dance will be performed.

Please indicate on the registration form if you wish to attend Event #1 or #2.

Cost: \$50.00 for conference and non-conference delegate.

Register online with a credit card or download page 25 & 26 from the conference brochure and remit with a cheque. You do not need to be an MCCA member or registered for the conference to attend this event. Space is limited so register early to reserve your spot.

Event #2

Filipino Event

MagdaragatCompany will be doing a traditional dance, showcasing traditional attire as well as sharing traditional Filipino teachings and/or a folklore story. Participants will also have a demonstration by Gil Buenaventura, a Filipino chef on how to make lumpia which participants will get to sample.

Friday Full Day offsite workshops: 9:00 am – 4:00 pm

When registering for these workshops please keep the following in mind:



- Buses will leave by the Wellington doors
- If you miss your bus you must find your own transportation to the field trip location, attending another workshop at the Victoria Inn is not an option
- You will not be present for the keynote address
- Lunch is included with all field trips, please indicate if you require a vegetarian, vegan or gluten free meal.
- Delegates cannot drive their own vehicles to the offsite locations
- Space is limited on all offsite workshops and MCCA reserves the right to limit the amount of registrants from one centre/organization
- Delegates will be picked up at approximately 3:30 pm at their location and brought back to the Victoria Inn for 4:00 pm.

FFO-01 It's All Fun & Games



Steal dragons, steal fire and collect treasures!

In this workshop you will learn how to facilitate group games for children of all ages and abilities. Plot twist! You will need limited equipment or materials to accomplish these activities, just an open field and willing participants! In this hands on, interactive day we will also cover topics relating to participation incentives, the value of risk and knowing when to let go of the rules and go with the flow. Some of the types of games that will be covered include: ice breakers, team building, personal best, interactions with nature and a flare for the dramatic.

There is a maximum of 48 spots for this workshop and no more than 4 people per centre, so register early so you are not disappointed. This workshop will take place at Assiniboine Park and lunch will be served in the Tamarack Room and dress to be outside all day.

Bus leaves Victoria Inn at 9:00 am.

Presenters: Corine Anderson, Madigan Newall & Leah Smith

FFO-02 Exploring In The Exchange



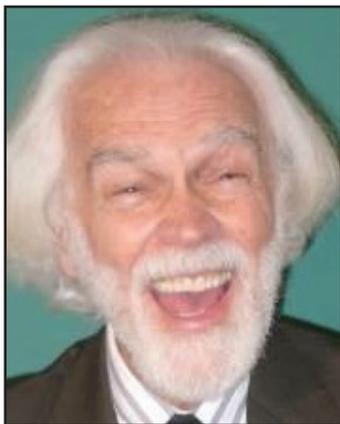
Spend the day in the beautiful historic Exchange district of Winnipeg. Delegates will participate in two activities for the day.

In the morning delegates will have a guided tour to explore the rich cultural history steeped in the West Side of the Exchange District including Newspaper Row, high class hotels, the first car dealership in Western Manitoba, and much more! Visit Red River College's award-winning Duff Roblin Campus and Paterson GlobalFoods Institute with two interior stops that showcase both heritage and innovative green building designs. The West Exchange Tour highlights the history and architecture on the west side of Main Street.

After the West Exchange Tour delegates will walk over to **Across the Board Café** which is a full service restaurant and coffee house that provides patrons the opportunity to play their library of over 1200 board games. This is where delegates will have lunch and then be able to play as many games as they like and a game expert will be provided who can help recommend and teach games. This is a great opportunity to try out some games that you may want to purchase for your school agers but not sure if it would be a good purchase. If you enjoyed a game so much that you would like to take a copy home, they also have a game store with a wide selection of your favourite titles.

There is a maximum of 48 spots for this workshop and is limited to no more than 4 people per centre.

Bus leaves Victoria Inn at 9:15 am



Dr. Paul McGhee

FRIDAY KEYNOTE - 9:00 am - 10:00 am

Lighten Up! Humour is FUNdamental to Providing Quality Care & Education to Young Children

This keynote shows how humour helps cope with the stress associated with teaching or caring for young children and helps you continue to provide quality education and care day after day—even on your toughest days. It is entertaining and fun and guaranteed to get you laughing, but also discusses substantive issues related to the education and care of young children. Paul always gets the audience actively involved in fun activities related to the substantive part of his program.

Friday AM (FAM) workshops: 10:30 am – 12:30 pm

FAM-01 The Playful Brain: Development of Young Children's Humour



This workshop describes basic developmental changes in young children's humour from infancy until about age seven, along with the social, emotional and cognitive developmental benefits resulting from young children's humour. The use of humour to support "pre-reading" skills, and learning in general, is also discussed.

Presenter: Dr. Paul McGhee

FAM-02 Fraud. Could It Happen To Us?



In this workshop we will discuss practical internal controls, and procedures to prevent fraud in an organization.

Presenter: Joelle Régnier

FAM-03 Reggio Emilia Principles & Co-Construction At Work



In this workshop we will study some of the principles and concepts of the Reggio Emilia approach. Educators will explore the complexities and challenges of topics such as curriculum, co-construction, project work, and provocation.

This workshop will focus on co-construction of knowledge through loose parts exploration and project work.

To begin the session, you will be walked through a presentation of a project from the Junior Kindergarten program, "The Sun, The Moon, and The Stars." This was a project that took place in the 4-year-old – Junior Kindergarten Program at Balmoral Hall School. You will follow the journey of the children and educators through their research, discussions and collaboration along with highlighting various activities. Several principles of the Reggio Emilia approach will be examined, in relation to how they were incorporated in this particular learning opportunity.

The session will also feature a more in-depth examination of some of the principals of the Reggio Emilia approach followed by a hands-on opportunity to connect loose parts exploration to the principals.

Presenters: Simone Penner & Gabriele Martens

FAM-04 I See You!

Indigenous children under six (not including those who live in First Nations communities) represent 19% of all children under six in Manitoba, compared to 5% in Canada (Healthy Child Manitoba). How does your early childhood classroom reflect your own image of the children you teach and the First Nations and Métis of this land? Where do Indigenous children see themselves, their families, cultures and communities reflected in your playroom? How does your learning environment facilitate rich playful learning, extend and build upon children's own interests and experiences, and support emergent literacy and numeracy goals in developmentally and culturally appropriate ways? Finally, what is our response, as ECEs, to the Truth and Reconciliation Commission?

Presenters: Debra Mayer & Tania Munroe

FAM-05 Empathic Communication

To attune with another, is the most effective form of communication we can engage in. Boundaries disintegrate, trust increases, authenticity develops, as we share parts of ourselves that would rather remain hidden. Taking risks to show our vulnerabilities in a way that inspires others to mirror our actions, and explore truth beyond basic daily engagement. With the help of interactive group exercises we will explore this topic and move from concept to experience.

Objectives:

- Identify components of effective communication.
- Explore the role empathy has in constructive dialogue.
- Learn the stages of empathic communication.
- Practice exercise which enhance communication including reflective listening and creative attunement.

Presenter: Loncen Gray

FAM-06 Promoting Healthy Workers and a Healthy Workplace

This workshop will share information on the new Standard "Psychological Safety in the Workplace" and explore strategies to assist in creating a safe and healthy workplace, promoting the concept of self responsibility for wellness. The following questions will be explored:

How do leaders know when someone is struggling?

How do I approach an individual who seems unwell?

How do I promote self care/self responsibility?

Where can I refer?

What is my responsibility as a leader in creating/promoting a psychologically safe work environment?

Presenter: Maureen Grace

FAM-07 Exposing Parents to Risky Play

When Adam Bienenstock, Nature Play Advocate and Founder of Bienenstock Natural Playgrounds, co-authored "Risky Outdoor Play and Health in Children: A Systematic Review," he discovered parents, and other caregivers, were one of many obstacles early childhood educators faced in introducing risky play into their facilities. What emerged from the review was the need to distinguish between injuries that required hospital visits and "learning injuries" – the bumps, bruises and scrapes that are fundamental to a child's healthy development, and that can also serve as educational tools to prevent catastrophic injuries among children. Beginning with a talk about positive risk in play versus hazard, this workshop will include table-by-table problem-solving exercises using real-life examples. It will also review the tools early childhood education providers can deploy to move parents and teachers away from fear-based decisions to choices that will instead encourage optimal social, cognitive, and physical development in children.

Presenter: Adam Bienenstock

Friday AM (FAM) workshops: 10:30 am – 12:30 pm

FAM-08 Supervision For The Gentle Spirit: Five Steps To Holding Resistant Employees Accountable



For the “I just want to make everyone happy,” conflict-avoidant administrator, supervision can be daunting. Holding resistant staff members with “attitude” accountable for their professional behavior takes courage. Are you ready to say good bye to gossip, whining, lateness and other behaviour issues? Bring the butterflies in your stomach and expect to depart with a belly laugh of confidence as you learn and practice 5 proven steps for holding resistant staff accountable.

Presenter: Holly Elissa Bruno

Friday PM (FPM) workshops: 1:45 pm – 4:00 pm

FPM-01 Life's Too Short To Do Anything But Enjoy it Daily, Especially at Work



When's the last time you felt free of stress? Accomplished everything on your “to do” list so you could kick back and take it easy? For most educators, stress-free days are dreams more than realities. Demands on our time and energy don't quit. Given that reality, we can choose to do things that help us keep our sense of humor, maintain healthy perspective and enjoy the ride. In this session, we will practice how to eliminate whining in the workplace, kick gossip to the curb, partner with change rather than feel at the mercy of change, and rediscover why our work is a calling, not just a job. Did you know laughter is the shortest distance between two people and that the team that plays together stays together? You will after this workshop! Life's too short to do anything but enjoy it daily.

Presenter: Holly Elissa Bruno

FPM-02 Are We On-Side with CRA?



Review accounting and tax issues related to Registered Charities and Not-for Profit organizations including GST, source deductions, rules and regulations for maintaining the entities charitable status.

Presenter: Joelle Régnier

FPM-03 Anxiety and Behaviour Challenges



What if it was anxiety?

Behaviours is a big part of any early childhood educator. What if all those behaviours were related to anxiety?

Come experience the PedaYoga approach. It has kid's cognitive, physical and emotional development at heart. The benefits are numerous and equal for children and adults. It will increase kid's concentration levels, self-confidence and self-regulation, lowers anxiety and it might just make you a little more ZEN...

Interactively learn to incorporate yoga, breathing, mindfulness and more to transform education and the future of the next generation.

Presenter: Ariane Gouault

FPM-04 Solving Sensory and Over Stimulation in the Classroom



In our fast paced world, children are seeing more and more sensory overload with less meaningful interaction throughout their day. In this workshop, we will look at all the ways children can be overstimulated or have sensory overload, including the reasons why and how we can help. Learn to evaluate if your centre is helping or hindering the child with sensory needs. What can you do to keep the atmosphere engaging for children without overloading? What behind the scenes work can you do to cut down on the impact? The workshop will also take a look into what children are trying to tell you through their behaviour in the room and how to identify sensory issues that they may be having. The workshop will include time for group discussion, reflection and networking. Participants will leave with a toolkit they can use in their own lives to create an inclusive learning environment.

Presenter: Debbie Majeau

FPM-05 Putting The FUN Into Centre Events

Are you interested in hosting events that families really want to participate in? Are your in-services consisting of the same activities each year, but in a different order?

In this hands-on collaborative workshop, participants will hear about planning centre events encouraging family involvement, starting centre traditions and in-service ideas that are easy on the budget and fun for everyone. Be prepared to share your experience and walk away with a great list to inspire you in the planning of your upcoming centre events!

Presenter: Kayla Mauricio

FPM-06 Mentoring: Is It The Answer To Retention?

This lecture-format session will consider the question of mentoring as an answer to retention of Early Childhood Educators. Ruth Lindsey-Armstrong is currently researching the topic of mentor training in her Doctor of Education (Distance) journey and would like to share information gathered from the literature review.

Questions to be pondered are, do ECEs want to be mentored and does mentor-training need to be available? The benefits of mentorship versus supervision, and can the two be joined? An exploration of Australia's move to establishing Educational Leaders in licensed child care programs and how this need is being/or can be met in the Manitoba sector. The seminar will appeal to future/current mentors and administrators of ELCC programs, although all those who are interested are welcome.

Presenter: Ruth Lindsey-Armstrong

FPM-07 Family Meals in Child Care – What Is Your Role?

Think back to your childhood. Can you remember sharing a meal with your family? What was the conversation about? Was there laughter? How did the food taste? These memories usually bring back warm and fuzzy feelings. When adults and children share food around a table, there are many benefits including social connection, improved nutrition, better academic performance, among many others. Then why do family meals happen so seldomly in the home environment, these days? Our changing society and busy families make family mealtime more difficult. The good news is that child care sites have a unique opportunity to provide family meals for the children they care for.

In this workshop, Registered Dietitian, Janine LaForte (from Nutrition for Early Learning and Child Care) will discuss:

- What is a family meal?
- The benefits of family meals.
- How to help families address barriers.
- The importance of, and how-to include family meals in child care.
- What is your role in family meals.

Presenter: Janine LaForte

FPM-08 The Boss of Us: Understanding the Roles & Responsibilities of Centre Board of Directors

Centre directors and staff rely on their boards for guidance with many things: programs and planning; policy; HR, finances and stakeholder relationships. In fact, in legal terms, the governing board is the child care centre. For staff that may not regularly interact with the board, understanding the role of boards (and directors!) in centre governance, and how to support the work of the board enables stronger relationships and clearer communications within the centre. This session will provide an overview of board responsibilities and an introduction to by-laws and the process of board meetings. This session is designed for those with low to moderate experience working directly with boards, or those who serve on boards in their communities.

Presenter: Kim Hunter

FPM-09 Where The Injuries Really Happen



Some of the best data on pattern mapping and injury rates related to play in natural settings has been collected in Winnipeg, MB., and is being published by leading pediatricians at the University of Calgary in Alberta. This data directly correlates to examples from similar research in Sweden, and Ithaca, N.Y., West Virginia, Tennessee, and by the University of Chicago in the U.S. Fortified with peer-reviewed research, sarcasm, and real-life examples from his own projects, join Adam Bienenstock, Nature Play Advocate and Founder of Bienenstock Natural Playgrounds, as he takes participants through an informative talk and workshop about where injuries really happen among children at play.

Presenter: Adam Bienenstock

FPM-10 Learning To Use Humour To Cope With Stress: The 7 Humour Habits Program



This workshop focuses on Dr. McGhee's research-based Humour Training Program (whose success has been documented by research in 5 countries). This program (the *7 Humor Habits Program*) first builds the basic foundation skills of a good sense of humour and then shows how to extend those skills/habits to managing the daily stress that goes with one's personal life and (sometimes) working with young children.

Presenter: Dr. Paul McGhee

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Friday Full Day (FFD) workshops: 10:30 am – 4:00 pm

FFD-01 Best Choices: Ethics Part II & III



Please note: This workshop begins at 10:15am - 4:15pm. In order to include 6 hours of workshop content, delegates will have a lunch in the workshop room (45 mins) in order to finish at 4:15pm.

In Manitoba and Canada, those who work in early learning and child care environments have a Code of Ethics to guide our standards of practice. Using this code is a professional obligation. This four part series occurs in a specific order, with each workshop a pre-requisite for the following session. The series helps us to use this code in our daily practice and continues to receive rave reviews. Here's your chance to complete two parts on the same day and join us in some serious fun!

In the second session, the MCCA Code of Ethics is introduced as the field's core professional principles and how they are "lived" in our daily work. The code becomes our primary tool in ethical practice.

In this third session, the complexity of Best Choice decision making becomes more apparent. You will explore what should be considered prior to making the best choice when faced with ethical dilemmas. Using the Code, you will practice developing a mindful process of ethical decision making.

*** Please bring your ethics certificate and handouts from Part I with you to this workshop.**

Presenters: Mariella Carr & Jenn Cullen

FFD-02 Organic Free Range Play: Making The Most of Your Outdoor Classroom



Join Theresa in this engaging session exploring how to plan, design and create an inspiring, wondrous outdoor play space without breaking your bank account. You will learn how to transform your outdoor classroom into an environment where children can freely play and connect with nature. Wondering how to create a mud kitchen? We will cover that too! Educators will leave with many practical, creative ideas to spark discovery and engage children in the GREAT outdoors.

Presenter: Theresa Suderman

FFD-03 The Dysregulated Child: What's Going On With That Kid?



We often meet children who are so dysregulated and we struggle with how to describe them, we mistakenly search for their triggers rather than learn how to settle them, and we hold off attending to them for fear we need full and proper assessments. In this workshop we will find language to describe children, recognize that assessment is ongoing, discuss ADHD and attachment wounds as possible things to consider in understanding the child, and learn about the children's mental health system and how it would approach this child. Most importantly, we will focus on what we can offer that child, here and now.

Presenter: Joanne Brown

A Starry Night Conference Banquet

Friday, May 24, 2019 • 6:15 pm – 10:30 pm

As part of the evening festivities we will honour MCCA award recipients and those celebrating career milestones. Everyone is welcome to join us, so bring along your family and friends for this evening.

Tickets are only \$50.00 and include a delicious dinner, entertainment and a silent auction with an abundance of wonderful prizes. You must purchase your tickets in advance (see page 26 in the conference brochure). When sending in your payment please provide names of those who are purchasing tickets. Deadline for purchasing tickets is May 9, 2019. Tickets will be mailed out the week prior to the event.

Leader of the Year Award
Exceptional Early Childhood Educator Award
Exceptional Family Child Care Provider Award
Volunteer of the Year Award
Dr. Gretta Brown Scholarship Awards
Educaring Award
5+ Year Career Milestones



One Plus One

One Plus One is a music duo featuring Reno Gerl and Steve Denby. Reno and Steve play with a number of Winnipeg ensembles and are music educators. Steve plays guitar, provides most of the lead vocals, and utilizes a Helicon vocal harmonizer to provide full, live vocal voicings. Reno plays bass, sings lead/harmonies and plays Salgo footdrums, live, to contribute to the full sound of the band. Both musicians reside in Winnipeg.



Corine Anderson is an ECE III and the Director of Norwood Nursery School. She is the current Co-Chair and founding member of the Manitoba Nature Summit. She is a Board Member of the Manitoba Child Care Association and she is passionate about unstructured, outdoor play in licensed Early Learning & Child Care programs. Corine won't be happy until all children in Manitoba are able to climb all the trees and jump in all the puddles.

Christine Ayling has been a medical social worker for 21 years and is current chair of the Trauma Healing Committee for Virtues Project International. She has served provincially as president, for the Alberta Home and School Council's Association. She has facilitated Virtues Project™ workshops since 2005 receiving Master Facilitator standing in 2014. She has presented to staff at the Parent Link Centers, Day care staffs and Childcare Conferences in Alberta. As a mom, wife, grandmother, singer, and virtues activist, she believes this project holds the potential for sustainable, transformative change in our families, communities and the world by providing actual tools to access and grow the best within all of us.

Catherine Babb has been at Scholar's Choice for 20 years at their Winnipeg Retail location supporting centres in Manitoba and the Western Provinces. She has a background in ECE and is a qualified teacher as well.

Julie Belair-Bak HBSc MEd early learning (2020). Julie has 20 years experience in the early learning environment. Working with directors, centres and others working in the early years space to support and facilitate inspiring environments through the perfect furniture and toys.

Adam Bienenstock is an internationally acclaimed designer, builder, and researcher of nature-based play spaces, and the founder of Bienenstock Natural Playgrounds. Adam has traveled globally to advocate for children's rights to nature play, and to design spectacular natural parks and playgrounds. Adam lives and works at the forefront of the movement to connect children to nature. His bold, charismatic personality sets the tone for the entire company, and he's at his happiest when he's pushing executives, municipal managers, and educators out of their comfort zones. Known for his wit and humour as a public speaker, Adam invites us to shed our inhibitions and play in the mud.

Joanne Brown is a Clinical Social Worker at the New Directions Parenting Centre with over 25 years of practice serving families who struggle with parenting or experiencing life events that get in the way of effective parenting. With the Reaching Out Project, Joanne works with those in child care to develop ways to attend to the child's emotional needs as a way to effectively create security and manage behavior. Joanne also co-chairs the Attachment Network of Manitoba www.attachmentnetwork.ca and has extensive training in many elements of attachment and interventions, including Circle of Security.

Mariella Carr is the School Age Program supervisor at Discovery Children's Centre Inc. where she has worked since October 2000. She started in the child care field in 1990 and has loved all of her different roles over the years. Mariella has been an ethics guide since 2008 and is on the MCCA Ethics and the School Age committees.

Jenn Cullen is the Executive Director of Wawanese Wee Care, a 51 space center in Westman, as well as the Ethics Committee Chairperson. She loves weaving the MCCA code of Ethics into everyday learning for her staff and her workshop participants. She boasts being able to put a positive spin on almost anything, and truly believes 'it will all work out in the end!'

Cindy Curry has been in the field of Early Childhood Education for 30 years. She graduated in 1989 from Assiniboine College with a diploma in Child Care Services. Since then she has also taken Studies in Aboriginal Child Care, Early Childhood Program Management, the Abecedarian Approach as well as a Certificate in Adult Education. She has worked the front lines for many years as well as been a team leader, supervisor,

and director of a group centre and a nursery school program. She also enjoys attending and facilitating workshops. Currently she operates a licensed group family child care program and instructs part time at Red River College, Portage Campus in the Early Childhood Education program.

Shannon Curtaz is the Director of Winnipeg Montessori School. She has been working in the field of Early Childhood Education since 1997 as a front line ECE, a Supervisor and a Director. She believes that the relationships we form with all of the people who come in and out of our lives, both personal and professional, shape the person that we ultimately become and that therefore growth and learning is never ending.

Kerri Cuthbert, RD Public Health Dietitian received her Bachelor of Science in Human Nutrition Sciences from the University of Manitoba in 2011 and completed her dietetic internship with the Manitoba Partnership Dietetic Education Program in 2012. She is a Masters of Public Health student at the University of Waterloo. She has been working for the Winnipeg Regional Health Authority for the past 5 years in Public Health. Kerri has been involved in many projects and workshops related to child feeding and nutrition, including creating resources for home visiting programs, training service providers and providing dozens of workshops to caregivers.

Mia Elfenbaum has been in the early childhood education field for over 30 years - as an Early Childhood Educator, centre director, and college and university instructor. Since 2005, Mia has been part of the Science of Early Child Development (SECD) team, in Red River College's Research Department in the School of Health Sciences and Community Services, in Winnipeg, Manitoba. The SECD team develops multimedia tools, online resources, courses and workshops, to explain child development concepts and research.

Holly Elissa Bruno, MA, JD, award-winning and best-selling author specializing in emotionally intelligent leadership and preventing legal risks, is an international keynote speaker. iTunes ranked her radio program, *Heart to Heart Conversations on Leadership: Your Guide to Making a Difference* in its top 200 k-12 podcasts. An alumna of Harvard University's Institute for Educational Management, she teaches leadership courses for Wheelock College, most recently in Singapore. Her first book, *Leading on Purpose* was published by McGraw-Hill in 2008. Its sequel, *What You Need to Lead: Emotional Intelligence in Practice* has been one of NAEYC's best-sellers. *Managing Legal Risks*, Teachers College Press, is another best-seller. *The Comfort of Little Things* received the Living Now Award for books in any field that "uplift the quality of life". Her current writing focuses on transforming childhood trauma into healing wisdom.

Ariane Gouault is passionate and specializes in early childhood education. Currently a trainer and official partner with PedaYOGA inc. She has traveled across Canada and Europe to share her mission to transform the education system, armed with a holistic approach that uses yoga as a main tool. Always keeping children's cognitive, emotional and physical development at heart, she offers programs for children, their parents and the educational professional to live mindfully.

Maureen Grace is trained as a Mental Health Works trainer with the Canadian Mental Health Association delivering sessions to managers, unions, Health and Safety Committees, Human Resources, and Occupational Health Nurses in Manitoba and Saskatchewan and has spoken at many conferences in Manitoba and across Canada. She is co-author of, "*Stress Management with an Attitude*", a book focusing on personal and workplace stress.

Michele Grant grew up in a home where being "thrifty" was the norm not the fad. She learned to reexamine everything that was considered garbage and assess whether it could have another purpose. In early childhood that is almost everything!

Martina Gornik-Marion, RD Public Health Dietitian received her Bachelor of Human Ecology, Foods & Nutrition from the University of Manitoba and completed her dietetic internship at the Health Sciences Centre here in Winnipeg. She has been working for the Winnipeg Regional Health Authority for the past 9 years in Public Health. Martina has a special interest in sharing her knowledge of children and nutrition and has provided similar workshops on infant feeding to other community groups and agencies. She has also been a routine contributor to the Winnipeg Free Press providing information on feeding children.

Loncen Gray is committed to his Vision: "To Foster Deep Transformational Experiences for individuals and groups, helping them embody their full potential." Currently in the process of receiving a designation as a professional certified coach, he combines his knowledge skills and experience into a unique offering to help organizations work through communication, leadership, and team development challenges. In his workshops, he takes an integrative approach to development, utilizing movement, games, and immersive techniques to help staff to experience shifts in perspective, and become more self generative.

Dr. Sharon Hope Irwin, the director of SpecialLink: The National Centre for Early Childhood Inclusion, left the fully inclusive child care centre that she pioneered in order to promote high quality, fully inclusive, accessible child care across Canada. Her passion for fully inclusive child care grew as she watched families struggle to maintain their own employment while parenting children with special needs. Over the years she has learned a great deal from the work of Manitobans.

Kim Hunter – Senior Consultant at People First HR Services. A skilled and engaging facilitator and trainer, Kim is happiest when she's working with clients to support them to develop operational and human resource solutions that fit their unique needs. Kim's business background includes extensive sales, management and marketing experience as a regional manager in both Western Canada and the Middle East. Prior to joining People First, Kim was the managing partner in a consulting firm specializing in HR solutions, community-based research and reporting for community and Aboriginal organizations. She has extensive recruitment experience and is passionate about developing successful cross-cultural partnerships with the Aboriginal and newcomer communities.

Brigitte Insull is the past Director of the Seven Oaks Child Day Care Centre, Inc. Having been retired for a year, she has been involved in a number of workshops with the Manitoba Child Care Association including the new Side by Side Mentoring. Brigitte also works with Red River College as a practicum instructor and values the time she is able to spend supporting students as they begin their journey with young children. Laughter and fun, family and friends, reading, camping, cycling and photography are just a few of the other things that matter to Brigitte.

Shelley Jonasson has worked for the Manitoba Government for over 15 years, and has been a Program and Policy Consultant with Healthy Child Manitoba Office (HCMO) for the past five years. Her work at HCMO focuses on early childhood development and family resource programs. Shelley has experience in the non-profit and public sectors in areas including domestic violence, women's issues and gender equity, developmental disabilities, and child care. She holds a Bachelor of Arts (Hon.s) from the University of Manitoba and a Master of Arts in Applied Social Psychology from the University of Saskatchewan.

Karyn Kibsey is the Manager of Training and Education for the Canadian Centre for Child Protection. The Canadian Centre's goal is to reduce the incidence of missing and sexually exploited children by providing programs and services to Canadians. It operates Cybertip.ca – Canada's tipline to report the online sexual exploitation of children. Karyn works with professionals in sport, education, child serving-organizations and child protection to provide insights into issues of child sexual abuse and exploitation, misconduct, policies and

procedures to protect children, emerging issues and trends impacting youth, and the online safety of children.

Rolande Kirouac is president and founder of Spadrole Training and Development: a business dedicated to getting breakthrough results for individuals, companies and associations. With over 25 years of experience as an author, keynote speaker and trainer, Rolande helps organizations and individuals become more effective and efficient. Spadrole Training and Development offers a variety of advisory support services, in English or French, to help our clients meet and exceed their goals. Our office is situated in Winnipeg, Manitoba, Canada. We work best with people who are interested in setting great foundations and improving performance.

Jamie Koshyk has worked in the Early Childhood Education field for over 30 years. She is currently a faculty member in the Research Department, School of Health Sciences and Community Services at Red River College and is the lead on the college's Social Sciences & Humanities Research Council grant exploring the influence of the Abecedarian Initiative on parents and staff. She has a B.A. (Developmental Studies) from the University of Winnipeg and a Master's of Science, Family Social Services (Developmental Health) from the University of Manitoba.

Janine LaForte has been working as a registered dietitian for 19 years. She has experience working in different areas of public and community health but has found her passion in childhood nutrition. Her love for working with children began when she started having her own family. She has three children ages 13, 11 and 10. Janine manages the Nutrition for Early Learning and Child Care initiative in Manitoba. She enjoys collaborating with child care facilities across the province to support and promote healthy eating environments. This initiative offers an exciting opportunity to make a difference in the lives of many children.

Mavis Lewis-Webber is a trained forest school educator who is passionate about getting children and adults to engage in the natural world.

Ruth Lindsey-Armstrong is an Instructor in the Early Childhood Education Workplace Program at Red River College in Winnipeg, MB.

Kayla Mauricio is an Early Childhood Educator and the Assistant Director at Dawn and Dusk Before and After School Program. A graduate from the Red River College Workplace Program, Kayla has worked in the Early Childhood field for 10 years. She is currently a member of the MCCA Conference Committee and is working towards her ECE III at the U of W and is completing her Forest School Practitioners Course.

Debbie Majeau has been working with children and adults with sensory needs for more than 25 years. Beginning her career as a preschool teacher in 1994, she then went on to specialize in Developmental Services and Special Needs Education while finally earning her ECE III in Aboriginal Studies. Working with people who have a variety of abilities has always been a passion for Debbie, she became proficient in sensory discovery when her daughter was diagnosed with ADHD at a young age. Solving sensory needs in Early Childhood Education and the K-12 School System has become a driving force for Debbie and she is always thrilled when someone else wants to take these important educational issues to heart.

Gabriele Martens graduated with a degree in Human Ecology from the University of Manitoba and after graduation decided to complete an Early Childhood Education diploma. She has been in the child care field ever since. In 2011, she began employment at Balmoral Hall School in the child care program. She moved into the Junior Kindergarten program in September 2017. She is responsible for planning and setting up play-based learning centres, as well as providing opportunities for inquiry, exploration and creative expression within the classroom. She has a passion for play-based learning, inquiry as well as the Reggio

Emilia philosophy and continues to study and bring new ideas into her day to day routines and activities.

Debra Mayer, MA, ECE III, is the Early Childhood Consultant with Manitoba Education and Training where she promotes a play-based approach to literacy, numeracy and the Kindergarten curriculum and pedagogical alignment between ECEs and early years teachers. Debra has facilitated workshops and offered keynotes that have inspired and energized early childhood folks in every province of Canada and the Yukon, as well as the US, Israel and Jamaica.

Dr. Paul McGhee is President of The Laughter Remedy in Wilmington, Delaware, USA. With a PhD in Developmental Psychology, he is internationally known for his own research on humour. He has published many scientific articles and 15 books on humour, including *Understanding and Promoting the Development of Children's Humour: A Guide for Parents and Teachers*. Paul has received lifetime achievement awards from Oakland University, the Association for Applied and Therapeutic Humour and the International Society for Humour Studies for both his basic research on humour and work on practical applications of humour. His 7 Humour Habits training program for learning to use humour to cope with stress (contained in his book, *Humor as Survival Training for a Stressed-Out World*) has been successfully tested in five countries. He has provided keynotes and workshops to early childhood organizations across the USA, as well as in Canada, Germany, Australia and Singapore.

Tara Mills is the Executive Director of Busy Nest Day Care and Kids on the Corner School Age located in Morris, MB. In addition to working as an Executive Director, Tara has also worked as a CCA, Front Line ECE and a Program Supervisor. Early learning has always been Tara's passion. She believes every family has the right to quality early learning and child care.

Tania Munroe, MEd is an Oji-Cree woman from Garden Hill First Nation in northern Manitoba and the First Nations, Métis and Inuit Perspectives Consultant with Manitoba Education and Training. With many years of experience as a middle years and high school teacher in the north, she has also taught at the University of Brandon. Along the way, Tania has gathered best practices to develop strong relationships within the classroom and in the school.

Madigan Newell started off their experience in a traditional classroom setting, working with special needs students. When they began to see a pattern of children not being served by traditional educational models, they wanted to be part of the solution. Full of excitement and possibility, Maddie began traveling throughout Canada to visit Forest Schools that were already established. Now that Maddie has settled in Winnipeg, they want to dig deep and make an impact on the community. Maddie holds an ECE II and is a certified Forest School Practitioner.

Sarah Nick works at Riverside Day Care in Thompson, MB as a floor supervisor and ECE II. She has been working in the childcare field since 2006 in a variety of positions. She has recently completed her training to become an Ethics Guide and looks forward to continuing her journey as well as being able to help others start theirs.

Melenie Olfert has worked for several years as an independent consultant sharing her knowledge and expertise through leadership projects and workplace training. With a background in adult education and training, Melenie is now a published writer, as well as an accomplished speaker on intercultural & diversity in the workplace, human resources and leadership development. Further to her training experience, Melenie is an instructor with the University of Winnipeg, PACE Program, where she teaches Cultural Studies and Business Communication. She is also the co-facilitator of the Language Interpreter Training Program which supports language diversity in work and community settings. Outside of work, Melenie volunteers in assisting newcomers in preparing for their Canadian citizenship exams.

Simone Penner graduated as an Early Childhood Educator III from Red River College in 1992 and has worked in the field since. She has always been passionate about programming and was instrumental in moving her previous centre from theme-based planning to the emergent curriculum. In 2009, she had the incredible opportunity to introduce a Reggio Emilia influenced child care program at Balmoral Hall School. In 2015, she had the opportunity to attend a Canadian Study Group in Reggio Emilia, Italy. The RE approach continues to inspire her and she has since had numerous professional development opportunities to continue studying it. Along with serving on the Manitoba RICE executive committee, she is committed to fostering a deeper knowledge of the RE approach both at BH Beginnings Child Care as well as within the MB child care community.

Joelle Régnier has worked with the Talbot & Associates team for 17 years and is fluent in both English and French. In addition, Joelle has several years of auditing and accounting experience with KPMG and as a senior financial advisor in private industry. Joelle is now a partner at Talbot & Associates as the Assurance and Compliance Leader. She is currently the engagement partner of over 20 childcare facilities. Joelle has an enthusiasm for helping people comprehend the financial information they are responsible for in a language her audience can understand. Joelle has been a Board Member of Les Toupiers Inc. (Daycare) since 2013 and President from 2015 - 2018.

Karen Riediger has been involved with the field of early childhood education for 30+ years, with experience as an Early Childhood Educator, child care coordinator for nine First Nation communities, and college instructor. Karen currently works with the Science of Early Child Development (SECD) team in the Research Department and with the Early Childhood Education team in the Community Services Department in Red River College's School of Health Sciences and Community Services.

Leah Smith has over 12 years of experience working with children in a variety of settings. From large early learning centres to private family child care, she brings the love of nature and the passion for the outdoors to those around her. Leah is an ECE II, Forest School Practitioner and parent of two wild children whose experience brings a holistic approach to working with children and the adults in their lives.

Theresa Suderman has been teaching at Grande Prairie Regional College for the past 15 years spreading the message that children are our most valuable resource and deserve to be treated with respect and dignity. In her spare time you'll find Theresa advocating for outdoor play; inventing new recipes for messy play; creating mud kitchens or seeking treasures in thrift stores. Her absolute favourite thing to do is spend time with her grandbabies who get to try all of the new ideas. Theresa has presented at numerous national Early Learning Conferences and participants consistently comment on her passion and enthusiasm.

Nancy Tovell is the Program Coordinator at Bookmates Inc. Nancy graduated from the University of Manitoba with a Bachelor of Commerce (Honours) degree and spent several years travelling five continents and collecting a million special memories. Included in these memories are working with creative early childhood education programs in London, England, as well as creating spontaneous "language sharing and literacy sessions" from Bodrum, Turkey to Cape Town, South Africa. As part of the team at Bookmates, she provides skills and resources to parents, caregivers, volunteers and professionals with the goal of enhancing preschool children's development and learning capabilities.

Keri Waterman has over 30 years experience with the ECE community, working with children of all ages, from front line to financial and administration. She has been involved with the Ethics Committee since 2002 and looks forward to guiding people through their own ethical journey.

Travel & Accommodation Subsidy

- **To qualify for subsidy you must be a personal member of MCCA as of January 1, 2019.**
- Travel and accommodation subsidies are available to all MANITOBA MCCA members and will be reimbursed as funds allow.
- Travel Subsidy Forms are available on our website and will be available at the MCCA Registration table.
- Subsidy requests must be received at MCCA no later than **June 7, 2019**. ALL receipts MUST be included with the Subsidy Application.
- Reimbursement cheques will be made payable to the name indicated on the form and will be sent out by the end of June.
- Accommodation subsidy will be calculated at \$35.00 per person per night to a maximum of \$70.00 per room, limited to Wednesday & Thursday night(s). Please attach hotel receipts.
- **Gas receipts: Please fill your tank up prior to driving to the conference and then again upon your arrival at home. Submit all receipts along with the subsidy form and we will reimburse the difference.**

Conference Accommodation

- Our conference site is the Victoria Inn Hotel and Convention Centre, 1808 Wellington Avenue, located near the Winnipeg Airport and is easily accessible via Winnipeg Transit.
- Victoria Inn, 1808 Wellington Avenue
For direct reservations call 204-786-4801.
- Room rates are \$129.99 (sgl/dbl, triple/quad) plus taxes per night. When booking please quote Group Block #767367 and indicate that you are a delegate of the MCCA Conference.
- **Please note:** The hotel is smoke free, including the rooms.

Questions About Conference

Call or email Dianne at 204-336-5065 or toll free 1-888-323-4676 ext. 227, djonespearson@mccahouse.org.

If you have a question regarding:

- Online registration
- MCCA membership
- Making a substitution

Call or email Teresa at 204-336-5061 or toll free 1-888-323-4676 ext. 223, tbially@mccahouse.org.

- Registration process, forms, bulk buys
- Tradeshow

You can also contact Karen Kowalski for any conference related question. She can be reached at 204-336-5062 or toll free 1-888-323-4676 ext. 224 or kkowalski@mccahouse.org.

Information is also available on our website www.mccahouse.org.

To cancel a registration by the deadline please email Karen Kowalski. Cancellation requests must be submitted in writing.

Registration Deadlines

March 22, 2019 Early Bird Registration

Registrations received prior to March 22, 2019 will be entered in a draw for a complimentary full conference package for 2020.

Regular Registrations

Regular registrations will be accepted up to and including May 3, 2019 by mail, online or walk-in.

May 3, 2019 Registration Deadline

Registrations WILL NOT be accepted after 4:00 pm, May 3, 2019.
Substitutions accepted until May 15, 2019.

Registration Policies



Photo Release Policy: By virtue of your attendance, you agree to usage of your likeness in still and video photography without compensation or notification. MCCA reserves the right to include your photo in Child Care Bridges, MCCA's website, Facebook, Instagram or any other MCCA publication/presentation.

Registration Policies

- Registrants **MUST** be personal members of MCCA to qualify for the member rate.
- MCCA Centre Membership allows one board member to attend on the Centre Membership; this membership is **not** transferable to any of the centre staff.
- Organizations that have an MCCA Associate Membership can send one person at the member rate.
- Bulk Packages are available to MCCA members only!

Centres may register MCCA Individual members in multiples of four, employed by the same centre on one conference package. A separate registration form (page 25) for each individual is required and they do not need to be attending the same day.

- We do not accept faxed registrations, registrations by phone, or registrations at the conference.
- Post dated cheques are not accepted and all NSF cheques will be charged a \$25.00 fee.

- Invoices can be issued to sponsoring organizations (government/agencies). The registrations must be accompanied by a Purchase Order indicating the name, address, postal code, phone number of the organization and must be signed with a designate officer and their direct phone number. MCCA reserves the right to decline any Purchase Order.

Cancellation Policies

- *Individual registrations:* Cancellations will be accepted until May 3, 2019 and only 75% of the registration fee will be refunded. A written request must be submitted to Karen Kowalski at kkowalski@mccahouse.org. No refunds will be granted after this date.
- *Bulk packages:* no cancellations or refunds granted - only substitutions. Substitutes must be MCCA members, attend the workshops that are currently registered and must be made by May 15, 2019.

Special Requirements

If you should require ASL interpretive services or any other service, please call Karen Kowalski at 204-336-5062 or Toll Free (Manitoba only) 1-888-323-4676 ext. 224 or email kkowalski@mccahouse.org.

Registrant's Name: _____ MCCA #: _____

Organization or Facility Name: _____

Business/Home Address: _____

Business/Home Phone: _____

Work Email: _____ Personal Email: _____

Classification: CCA ECE II ECE III FCCP OTHER

FOOD: I require a vegetarian meal **Vegan meal** **Gluten free meal**

**These are the only three dietary requests we can accommodate.*

I will attend the following Thursday evening events:

- MCCA's Annual General Meeting (4:30 pm – 6:00 pm) - No cost to attend
- Cultural Evening (6:30 pm – 9:00 pm) - Tickets \$50.00 pp Event #1 Event #2 (select 1)
- FCCP Networking Evening (6:30 pm – 10:00 pm) - Tickets \$10.00 pp

Registration Instructions

- **If you choose to take two different workshops in a day, you must select an AM and a PM workshop for your 1st, 2nd, or 3rd choice. You can also choose to take a full day workshop. You can select a combination of either 2 ½ day workshops or a full day workshop for your 1st, 2nd or 3rd choices.**
- Every conference day includes the keynote address (unless otherwise noted) and lunch.
- ½ day registrations are not accepted and registrants cannot share days or two day packages.
- Each person must fill out their own registration form.
- If registering online you will not need to make a 2nd & 3rd choice because if the workshop is full it will not show up as an option.

Day & Session	1st Choice	2nd Choice	3rd Choice
Thursday AM			
Thursday PM			
Thursday Full Day			
Friday AM			
Friday PM			
Friday Full Day			
Friday Offsite			

Turn over for conference fees, submit pages 25 & 26 to register.

Purchase Options

	Individual Member	Non Member
2 Day Conference	\$275.00 \$ _____	\$550.00 \$ _____
1 Day Conference	\$165.00 \$ _____	\$330.00 \$ _____

Bulk Package Purchase

MCCA Members Only: Take advantage of bulk buying and save!! (All delegates must be from the same centre/organization and must be individual MCCA members).

Package "A" Four (4) Two Day Conference Packages \$940.00 \$ _____

(Save \$160.00) (Entitles four (4) individual members to attend 2 full days of conference.) List All Delegates:

1: _____ 2: _____
 3: _____ 4: _____

Package "B" Four (4) One Day Conference Packages \$560.00 \$ _____

(Save \$100.00) (Entitles four (4) individual members to attend 1 full day of conference.) List All Delegates:

1: _____ 2: _____
 3: _____ 4: _____

Individual Fees _____ x _____ \$ _____

Bulk Purchases: Package _____ x _____ \$ _____

Cultural Evening: \$50.00 x _____ \$ _____

FCCP Networking Evening \$10.00 x _____ \$ _____

Conference Banquet Tickets: \$50.00 x _____ \$ _____

Names of the people attending Banquet:

Keynote only: \$25.00 x _____ \$ _____

(Thursday or Friday)

Please Circle One: T, F

TOTAL PAYMENT ENCLOSED \$

Method of Payment

Cheque enclosed in the amount of \$ _____

Visa or Mastercard: go to our website at www.mccahouse.org and register online.

Date processed: _____ Cheque No. _____ Amount: _____

Mail completed registration forms (pages 25 & 26) and payment to:

Manitoba Child Care Association, 2nd Flr., Royal Bank Building, 2350 McPhillips Street, Winnipeg, MB R2V 4J6

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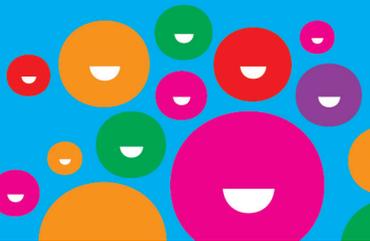
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- a 3 hour workshop for employees
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- **Workplace Stress** - 3 - 3.5 hours
maureengrace@shaw.ca www.hamiltongraceandassociates.com

Registration opens daily at 7:30 am (Thursday and Friday) outside of the Centennial Ballrooms – Doors on Berry Street entrance.

Thursday, May 23

- 8:45 am - Welcome
- 9:00 am - 10:00 am - Keynote
Holly Elissa Bruno
- 10:00 am - 10:30 am - Transition Break
- 10:30 am - 12:30 pm - **AM session**
- 12:30 pm - 1:45 pm - **Lunch**
- 2:45 pm - 3:00 pm - Break
- 1:45 pm - 4:00 pm - **PM session**
- 4:30 pm - AGM registration
- 5:00 pm - 6:00 pm - Annual General Meeting
- 6:30 pm - 10:00 pm - Family Child Care Networking Evening
- 6:30 pm - 9:00 pm - Cultural Events

Friday, May 24

- 8:30 am - Welcome
- 9:00 am - 10:00 am - Keynote
Dr. Paul McGhee
- 10:00 am - 10:30 am - Transition Break
- 10:30 am - 12:30 pm - **AM session**
- 12:30 pm - 1:45 pm - **Lunch**
- 2:45 pm - 3:00 pm - Break
- 1:45 pm - 4:00 pm - **PM session**
- 6:15 pm - Conference Banquet

The Trade Show will be open on
Thursday and Friday
from 7:30 am – 3:00 pm.

The MCCA Boutique is open from
7:30 am – 3:00 pm (Thursday)
7:30 am – 2:00 pm (Friday)

Please ensure you fill out
your evaluation at the end
of your last conference day.

We have helped over 50 childcare centers

Our wealth of expertise allows us to provide management of the organization and the Board of Directors with insight and advice on opportunities and weaknesses



"We want to see your organization succeed, and we will do this by providing our knowledge and advice in a language you can understand."

Joelle Régnier CPA, CGA



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