



MCCA's 19th Annual Directors Conference

Let
your
light
shine

September 27 & 28, 2018

Lakeview Hecla Resort
Hecla, Manitoba

Workshops

Thursday, September 28

(9:15 am – 4:00 pm)

Soft Skills for Tough Cookies

Do you work with a difficult person? Someone who seems short tempered and “snaps” under stress? Someone who really dislikes change? Perhaps you work with someone who sees problems instead of solutions and spreads doom and gloom around freely. If so, help is at hand.

Based on her latest release, “Soft Skills for Tough Cookies”, Genella Macintyre will present 12 types of managers whose distinct and sometimes extreme styles might be called “difficult” such as the Ginger Snap, the Oatmeal Raisin and the Fortune Cookie. They are “tough cookies”. How do you work with a tough cookie? What do you do and say? How do you know if you are a tough cookie? Tough cookies are everywhere. They are not only managers, although they stand out more when in positions of authority. A fun and enlightening workshop, participants will identify specific strategies for dealing with tough cookies.

Objectives:

- Identify the 12 types of “Tough Cookie Managers”
- Understand how to deal with each type
- Select from a list of specific responses to work with tough cookie
- Discover if you are a tough cookie
- Understand when you might be a tough cookie and when you are not
- Increase your self-awareness so that you become a “Monster Cookie” (which is a good thing)
- Identify behaviours to make you less “tough” by increasing your soft skills

Facilitator: **Genella Macintyre**, is an author and international trainer and consultant with a focus on improving the quality of personal and professional living. With experience in human resources management, executive leadership, personal and executive coaching, individual and family counseling, and program development and evaluation, she helps organizations large and small develop productive, profitable and psychologically safe workplaces.



Friday, September 27

(9:30 am – 12:00 noon)

Your Inner Battery: Stopping the Energy Drains

Stressed about how to manage stress? Are you taking a binge/purge approach to stress, binging through the day and purging at the gym or in front of the tv at night? This contributes to greater drains on your inner battery. When you stop the drain from stress, in the moment, you keep your inner battery charged helping you stay “in charge” of how you think, feel, and act. Join Louise as she simplifies stress management. Become your own stress expert and stop the drain on your inner battery.

Facilitator: **Louise Sanders**, started her career as a Physical Therapist but soon realized that stress was playing a larger role in her clients’ complaints...and their lives...than she was originally taught. After further study into stress, emotional regulation and the power of the heart, she co-founded The Stress Experts. She empowers people to be their own stress expert so they can conquer stress, big and small, helping them feel better, do better and be better.



Friday, September 27

(1:00 pm – 3:00 pm)

Leading With Grace

If people had to describe you in one word, what do you think they’d say about you? By way of how we treat others each of us has an opportunity to influence others in a positive and significant way. Join Dr. Lew Bayer, leading expert on civility at work and learn five personal best practices for harnessing your personal power and leaving a legacy of human-kindness, grace, integrity, and civility.

Facilitator: **Dr. Lewena Bayer**, for almost 20 years Lew has been internationally recognized as the leading expert on civility at work. With a focus on social intelligence and culturally-competent communication, the team at Civility Experts - which includes 367 affiliates in 43 countries has supported 100’s of organizations in building better workplaces. In addition to her role as CEO of international civility training group Civility Experts Inc. www.CivilityExperts.com which includes The Civility Speakers Bureau and Propriety Publishing. Lew is Chair of the International Civility Trainers’ Consortium, President of The Center for Organizational Cultural Competence www.culturalcompetence.ca, and Founder of the In Good Company Etiquette Academy Franchise Group www.ingoodcompanyetiquette.com.



REGISTRATION INFORMATION

Where is the conference being held? Lakeview Hecla Resort, Hecla, MB

How do I register and pay? Online with Visa or Mastercard or by mail/in person with cheque.

What will the conference cost to attend?

| | | |
|--|---------------------|------------|
| Single (<i>very limited amount of rooms</i>) | \$575.00 pp | Member |
| | \$1150.00 pp | Non-member |
| Double | \$475.00 pp | Member |
| | \$950.00 pp | Non-member |
| Triple | \$375.00 pp | Member |
| | \$750.00 pp | Non-member |
| Quad | \$350.00 pp | Member |
| | \$700.00 pp | Non-member |

What is included in my conference fee?

- Wednesday welcome reception
- Wednesday & Thursday accommodations
- 2 full days of workshops
- Thursday & Friday breakfast & lunch
- Thursday Dinner & Social evening

Good stuff to know!

- If you are sharing a room, don't forget to write down the name of the person you are sharing with.
- The workshops planned for this Directors Conference have been designed to meet the needs of people currently in leadership/management positions (Directors/Assistant Directors)
- There are only 25 single rooms so once they are filled we can no longer accept single accommodation requests
- You must be a personal member of MCCA as of Jan. 1/18 to qualify for the member rate. You cannot use the centre's membership to obtain the member rate
- All conference fees must accompany the registration. (Purchase Orders and faxed registrations are not accepted)
- Cheques or money orders are payable to MCCA
- Registrations are on a first come first serve basis. If you are sharing a room the other person must register at the same time to confirm your booking
- Registration deadline is Sept. 4, 2018 at 4:00 pm.
- If you have any inquiries regarding the venue, please contact Karen at MCCA, not the hotel.
- Cancellations and refunds will be accepted until Sept. 4/18, less a \$50.00 administrative fee.
- No refunds after Sept. 4th, 2018
- Please ensure you fill out the entire registration form (paper or online)

For more information call Karen Kowalski at 1-888-323-4676 ext. 224 or 204-336-5062
or email kkowalski@mccahouse.org

DIRECTORS CONFERENCE REGISTRATION FORM

Name: _____ MCCA # _____ Non-Member

Organization: _____

Work Phone: _____ Email: _____

I have been a director for: 1 - 5 years 6 - 10 years 11 - 25 years +25 years

Accommodations *(Please select 1)*

SINGLE *(very limited amount of rooms)* **\$575.00** pp Member
\$1150.00 pp Non-member

DOUBLE **\$475.00** pp Member
\$950.00 pp Non-member

Sharing with: _____

TRIPLE **\$375.00** pp Member
\$750.00 pp Non-member

Sharing with: _____

QUAD **\$350.00** pp Member
\$700.00 pp Non-member

Sharing with: _____

I require vegetarian meals

I require gluten free meals

**Deadline for registering and cancelling is Sept. 4, 2018.*

| | | |
|----------------|-----------------|------------------|
| Cheque # _____ | Amount \$ _____ | Date Rec'd _____ |
|----------------|-----------------|------------------|

Mail registration to:
Manitoba Child Care Association
2nd floor, Royal Bank Building, 2350 McPhillips Street, Winnipeg, MB R2V 4J6

Paying by credit card? Register online at www.mccahouse.org

Questions: Email Karen Kowalski at kkowalski@mccahouse.org
or call 204-336-5062 or toll free 1-888-323-4676 ext. 224