

**MCCA INTERLAKE REGION SPRING WORSHOPS 2011  
PLEASE JOIN US FOR A FULL DAY OF WORKSHOPS  
ALONG WITH OUR ANNUAL GENERAL MEETING**

**SATURDAY APRIL 9, 2011**

**Winnipeg Beach Tiny Tots  
Winnipeg Beach MB  
(Registration & Refreshments 8:15 a.m.-9:00)**

**Choice of one 9:00-12:00**

**Workshop A – Morning Session (Gym)  
*Fetal Alcohol Spectrum Disorder (FASD)*  
*(Facilitator: Sherrise Picklyk-Dear)***

**Workshop B - Morning Session (Daycare)  
*Creating a Positive Workplace*  
*(Facilitator: Michele Grant)***

***Lunch Break and Annual General Meeting 12:00-1:00***

**Choice of one 1:00-4:00**

**Workshop A – Afternoon Session (Gym)  
*Building Community Through Song-An ECE Jamboree*  
*(Facilitators: Kim Hannah and Marc Battle)***

**Workshop B Afternoon Session (Daycare)  
*School Age Care: More than Just Video Games*  
*(Facilitator: Donna Tom-Brannan)***

**Days agenda at a glance:**

8:15 a.m. - 9:00 am Registration/Networking/Refreshments  
9:00 a.m. – 12:00 p.m. FASD **or** Creating a Positive Workplace  
12:00-12:15p.m. Annual General Meeting

- Approval of agenda
- Opening Remarks: Tami Karsin Chairperson
  - Minutes of last meeting
  - Financial Statement
  - Elections of Officers
    - Open Floor
    - Adjournment

12:15-1:00 p.m. Lunch (Soup/Wraps/Desert included in Registration fee)

1:00-4:00 p.m. ECE Jamboree **or** School Age Care: More than Just Video Games  
*(Professional Development Certificates will be available after each workshop)*

**Each session a.m., p.m. or full day includes lunch from 12:00-1:00**

**Networking, Learning, Good Food, Prizes, Treats and fun with your colleagues.....  
Who could ask for anything more!!**

## *Workshop and Facilitator Profiles*

**1. Building Community through Song: An ECE Jamboree:** It's Kumbaya time, here's a chance to come and sing and play all the old folk and camp song favorites from yester-year.

In early North American culture, people would come from far and wide for a hootenanny; musical party where folk songs were swapped and shared, everyone joined in and nobody went home until the sun came up. So bring a music maker of choice i.e. drums, shakers, tambourines and be prepared to "sing yo head off"

**Marc Battle:** is an instructor in the Early Childhood Education Program at Red River College

**Kim Hannah:** is currently the Co-ordinator of the Early Childhood Education Workplace Diploma Program at Red River College aside from teaching her interests include making music.

**2. Creating a Positive Workplace:** Being involved in the early childhood community for over 30 years hasn't always been "fun". But Michele Grant chooses to live by something Gandhi said. "I will not let anyone walk through my mind with their dirty feet". Join her as she shares her positive attitude and the choices she makes to neutralize the negativity that emerges in her world.

**Michele Grant** has been involved in Manitoba's early childhood community for many years as an early childhood practitioner, centre director, adult educator and volunteer. She is a past board member of both the MCCA and the CCCF and a member of the ethics committee.

### **3. Fetal Alcohol Spectrum Disorder (FASD): Power Point Presentation Outline:**

- Basics of what is FASD: cause, differential diagnoses
- What is the MB FASD Centre
- What is the MB FASD Network
- What does an FASD Diagnostic Coordinator do
- The referral process: criteria, how to make a referral, what happens after referral
- What does an FASD assessment look like
- What happens after an assessment
- Education and community links
- Handouts
- Questions

**Fetal Alcohol Spectrum Disorder** is an umbrella term that encompasses a spectrum of brain differences that result in different learning, behavioural and daily living problems. Pre-natal exposure to alcohol can result in growth and facial deformities and brain abnormalities in the developing fetus. Abstinence from alcohol is always recommended to pregnant women as it is impossible to accurately and safely determine an amount of alcohol that won't affect a developing fetus.

### **Sherisse Picklyk : FASD Diagnostic Coordinator for the IRHA**

Sherisse Picklyk Dear is the Interlake Regional Health Authority's Fetal Alcohol Spectrum Disorder (FASD) Diagnostic Coordinator. Sherisse began her employment with the region in January 2010. Previously she was at Child and Family Services as a Protection Social Worker for the Interlake region and she also worked in Winnipeg for the General Authority branch of CFS for several years. Sherisse brings a wealth of over 20 years of Social Service experiences as a Social Worker, clinician, counselor, direct service worker and advocate. She holds a BA with a major in Psychology, a BSW and is also registered Social Worker (RSW). She has furthered her education via many conferences, courses and workshops over the years in the fields of

addictions, child protection, vulnerable persons, mental health, sexual abuse, sexual assault, trauma and critical incident stress management. She has also worked as Medical Social Worker at Concordia Hospital for several years.

Sherisse is a member of the Manitoba FASD Network, which is a provincial initiative that works in conjunction with the Manitoba FASD Centre. The provincial initiative was announced in September 2009 with the goal to increase the overall diagnostic capacity for FASD assessments throughout the province and to make the process more accessible in rural and northern communities.

**4. School Age Care-More than just Video Games:** This will be an interactive workshop which will lead participants through active games and other activities for school age children. This workshop is recommended for those who have access to large play spaces, indoors and out. Wear your running shoes and comfortable clothes and be prepared to run, jump and play.

**Donna Tom-Brannan:** is an ECE III with over 20 years experience in the field. She has held positions as an ECE, Resource Consultant supporting children with additional support needs, Director and Instructor for Distance Education Courses at the college level. She has worked primarily in Ontario, having been in Winnipeg for 3 years with her husband and 2 school aged children.

**Spring Workshop/AGM Registration Form  
Saturday April 9, 2011**

Name: \_\_\_\_\_ MCCA # \_\_\_\_\_

Center/Family Daycare: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Home Email: \_\_\_\_\_ (important)

Registration Fee: Half day: MCCA Members \$25.00 Non members: \$50.00  
Full day: MCCA Members \$40.00 Non Members \$80.00

**Workshop "A" 9:00-12:00 (Gym) FASD \_\_\_\_\_**

**Workshop "B" 9:00-12:00 (Daycare) Creating a Positive Workplace \_\_\_\_\_**

**Attending lunch Yes: \_\_\_\_\_ No: \_\_\_\_\_ (Very important for our food order!)**

**Workshop "A" 1:00-4:00 (Gym) ECE Jamboree \_\_\_\_\_**

**Workshop "B" 1:00-4:00 (Daycare) School Age Care: More than just Video Games \_\_\_\_\_**

Paid by: Cheque (Total amount of cheque) \_\_\_\_\_ (Made payable to MCCA Interlake Region)

Mail or fax registration forms along with payment to  
**(Deadline for Registrations March 25, 2011)**  
Tami Karsin Box 215 Fisher Branch, MB ROC OZ0  
Ph: 372-6460 Cell: 280-0245 Fax: 204-372-8818  
Email: [carealot@mts.net](mailto:carealot@mts.net) or [tbkarsin@highspeedcrow.ca](mailto:tbkarsin@highspeedcrow.ca)  
Please copy more forms if needed.

**Workshop spaces may be limited.....  
Please register early to avoid disappointment  
Registrations will be accepted on a first come first serve basis and must be accompanied by  
payment.**

**Workshop registration forms and information can also be found on the  
MCCA website Regional page**

**Annual General Meeting  
Call For Nominations**

**Interlake Branch of the Manitoba Childcare Association**

Nominations for MCCA Interlake Regional Branch are now being accepted in preparation for the Annual General Meeting to be held on April 9, 2011. The Term of office will be from the AGM 2011 to the AGM 2012. The objective of the Interlake Regional Branch shall be:

- × To carry out the mandate of the MCCA branch membership
- × To promote the resources of the MCCA on a regular basis
- × To communicate member concerns and share in the democratic decision making process of the MCCA provincial board
- × To participate in the advocacy process in consultation with the provincial board of directors.

**MCCA Regional Bi-Law 5.1:** *The affairs of the Branch shall be governed by a Board of Directors of at least 4 persons together with such additional members at large as may be elected at the annual general meeting of this branch*

**MCCA Regional Bi-Law 5.3:** *Within one month after the annual general meeting, the board shall meet to elect from it's members a chairperson, vice chairperson, secretary and treasurer.*

**Annual General Meeting Information  
MCCA Interlake Region Board 2010-2011**

Chairperson: Tami Karsin/Fisher Branch  
 Vice Chairperson: Cynthia Thomsen/Riverton  
 Treasurer: Sharon Waluk-Green/Teulon  
 Secretary: Lori Malcolm/Teulon  
 Members at Large: Nienke Shutz-Kolster/Teulon  
 Michele Broadhurst/Gimli

Nominations are now being accepted and encouraged for all positions for the upcoming term. If you would like to add your name to the slate of nominees and are unable to attend the AGM, Please call Tami @ 372-6460 cell: 280-0245 Email [carealot@mts.net](mailto:carealot@mts.net) or [tbkarsin@highspeedcrow.ca](mailto:tbkarsin@highspeedcrow.ca)

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**MCCA Interlake Region Board Nominations 2011-2012**

Please fill out the Nomination form below and send it back to Tami by March 25, 2010

Position	Name	Center
Chairperson	_____	_____
Vice Chair	_____	_____
Treasurer	_____	_____
Secretary	_____	_____
Member at Large	_____	_____

